



Get your health questions answered anywhere, anytime

Informed Health® Line

Call a 24-hour nurse line for your health questions

When your health question can't wait, you have a resource to turn to — the Informed Health Line.

With one call, you can:

- Get information on a wide range of health and wellness topics
- Make smarter health care decisions
- Find out more about a medical test or procedure
- Get help preparing for a doctor's visit

It's toll-free. And you can call as many times as you need to — at no extra cost.

Health insurance plans are offered, underwritten or administered by Aetna Life Insurance Company and its affiliates (Aetna).

Health information programs provide general health information and are not a substitute for diagnosis or treatment by a physician or other health care professional. Information is believed to be accurate as of the production date; however, it is subject to change. For more information about Aetna plans, refer to www.aetna.com.

Browse a health topic in our audio library

Just call **1-800-556-1555**. Thousands of health topics are available, in English and Spanish. And you can transfer to a nurse anytime.

Get health information online, too

If you like to dig for health information on the web, you'll love this site.

You can:

- Use the symptom checker
- Learn about a medical test that's coming up
- Research a new medication you're taking and more

Log in to your secure member website at www.aetna.com. Choose "Health Programs," then "Talk to a nurse."

3 ways to get health information fast

1. Call a nurse at **1-800-556-1555**.
2. Browse topics in our audio health library.
3. Visit your secure member website at www.aetna.com.

Get health information — when and where you need it.

**Call 1-800-556-1555.
Or log in to
www.aetna.com.**