

SPECIALIZED PROGRAMS

FALL 2023



Seattle
Parks & Recreation



EXPLORE MORE!

www.seattle.gov/parks

GENERAL INFORMATION

WHERE TO FIND US

Specialized Programs

Magnuson Building 30, 6310 NE 74th St.
Seattle, WA 98115
206-684-4950
www.seattle.gov/parks/find/specialized-programs

PARKS MANAGEMENT

Anthony-Paul Diaz, Superintendent
Daisy Catague, Recreation Division Director

RECREATION STAFF

Kyle Bywater, Coordinator, Specialized Programs
Tori Fernau, Adult Sr. Recreation Specialist
Savannah Seiple, Youth Sr. Recreation Specialist
Hannah White, Recreation Leader
Patrick Aspinwall, Recreation Leader
Dorothy Rake, Recreation Leader
Hanna O'Donnell, Recreation Attendant

INCLEMENT WEATHER POLICY

If Seattle Public Schools are closed due to weather, our programs will also be cancelled. For further information, please call Specialized Programs at 206-684-4950 before venturing out to our programs.

DISCLAIMER

Although we strive to be accurate, this brochure is published for information purposes only. Changes may be necessary to the content depending on levels of participation or other factors. Fees may change after printing and after City Council action on the City budget each year. Please visit www.seattle.gov/parks for updated information.

CODE OF CONDUCT

Any participants conduct that is disruptive or unsafe to participants or staff may result in being sent home early that day or unable to attend on a permanent basis for the quarter.

This will be decided on a case-by-case basis and is at the discretion of the program leadership staff. Such conduct includes, but is not limited to: Destruction of property, harming oneself or another, or refusal to follow the minimum safety requirements to participate in activities. All incidents will be documented and reported to direct caregivers in a timely manner.



NOTICES

- Please refer to the “Keep me home...” information on page 4 before attending program. Do not come to program if you are sick or have Covid symptoms.
- Masks are optional but we encourage you to wear a face mask when attending programs to support people that might be at higher risk.
- Please only bring food to programs when asked to bring a sack lunch.
- All participants attending Specialized Programs must have a Participant Information Form (PIF) on file before they can attend program. If you have attended in person programs in 2021 or 2022, the PIF we have on file is still good. If you don't have a PIF on file, we can mail one to you or you can find it online here: <http://seattle.gov/parks/find/specialized-programs>

REGISTRATION INFORMATION

When calling, tell us if you are using Access and if you are using DDA Respite Care or if you have qualified for a scholarship. Once approved for scholarship, it can be applied towards reducing the amount to be paid from 50 - 90%.

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www.seattlecan.org



GENERAL INFORMATION

PAYMENT

Please make checks payable to “City of Seattle”.
Mail to: Specialized Programs, Magnuson Building 30,
6310 NE 74th St., Seattle WA 98115
Due Friday, September 22.

REFUND POLICY

It is the policy of Seattle Parks and Recreation and the Associated Recreation Council that:

- Anyone who registers for a class, special event or program that is cancelled for any reason by Parks and Recreation will receive a full refund.
- Anyone who registers for a trip, special event, or class and who requests a refund 14 days or more before its start (or before the second session of a class), may receive a refund minus a service charge of 10% of the class fee.
- Anyone who registers for a special event or program and withdraws from the activity fewer than 14 days before its start, or anyone who registers for a class and withdraws after the second session of a class, will receive no refund.
- There are no refunds or make-up classes for sessions missed due to illness or vacations.

PERSONS WITH DISABILITIES

Reasonable accommodations will be made on request for persons with disabilities. If you need sign language interpretation, auxiliary aids or other accommodations, call V/TDD 206-233-1509. If possible, please allow 10 working days advance notice for sign language interpretation or auxiliary aids. If a class or activity is scheduled in an area that is not barrier-free for wheelchairs, we will make every effort to help you find a similar program in an accessible location. As a matter of policy, law, and commitment, Seattle Parks and Recreation does not discriminate on the basis of sexual orientation, political ideology, age, creed, religion, ancestry, national origin, or presence of any sensory, mental, or physical handicap. (Seattle Municipal Code 18.12.180).



PLEASE KEEP ANY PARTICIPANT AT HOME WITH ANY OF THE FOLLOWING SYMPTOMS:

ILLNESS SYMPTOMS

- Fever of at least 100.4°
- Diarrhea, more than two loose stools per day or a stool contains a drop of blood or mucus
- Vomiting, twice or more in the past 24 hours
- Rash, any not associated with heat or allergic reaction
- Drainage from eye, redness of eyelid lining, swelling and discharge of pus
- Appearance/Behavior: Unusually tired, lack of appetite, confused, irritable, unable to participate in program
- Sore throat: especially with fever or swollen glands
- Head lice or nits: until no lice or nits are present
- Scabies: until after treatment
- Open or oozing sores, unless properly covered and 24 hours have passed since.

COVID-19 SYMPTOMS

- A cough
- Shortness of breath or difficulty breathing
- A fever of 100.4 or higher or a sense of having fever
- A Sore throat
- Chills
- New loss of taste or smell
- Muscle or body ache
- Nausea/vomiting/diarrhea
- Congestion/running nose – not related to seasonal allergies
- Unusual fatigue
- If you have tested positive for Covid 19 in the past 5 days, please contact Specialized Programs staff before returning to program.



SCHOLARSHIPS AVAILABLE!

Specialized Programs has a significant scholarship fund available. We are offering year round scholarships for all ages. Scholarships can reduce the amount of registration fees starting from 50% to 90% based on total annual income and number of people supported on that income.

If you need assistance completing the form, please call Kyle Bywater at 206-684-7548.

REGISTRATION INFORMATION

► **ADULTS:** Participants are limited to one program per location. **Registration starts at 9 a.m. on the dates listed below** by calling the Specialized Programs Office, 206-684-4950. When calling, tell us if you are using Access and if you are using DDA Respite Care or if you have qualified for a scholarship. Once approved for scholarship, it can be applied towards reducing the amount to be paid from 50-90%.

ADULTS (Ages 21 and up)

Sunshine Social	Wednesday, Sept. 13 - 9 a.m.	Can sign up for 1 of the 4 sessions
Fitness with Friends	Thursday, Sept. 14 - 9 a.m.	Can sign up for 1 of the 3 sessions.
Health	Thursday, Sept. 14 - 9 a.m.	
Adult Pottery	Thursday, Sept. 14 - 9 a.m.	
Saturday Travels	Friday, Sept. 15 - 9 a.m.	Sign up for 1 of the 3 trips.
Fright Night Ball	n/a	Call anytime.

► **YOUTH, TEEN, TRANSITION:** Registration begins on Tuesday, September 12. Email Savannah.Seiple@seattle.gov to register for the programs below. After your registration email is received, you will get a confirmation email back from Savannah. No registrations can be taken before September 12 at 9 a.m. Participants are limited to one program per location a day.

YOUTH (Ages 4 - 21)

Sensory Friendly Saturdays	Can sign up for 1 session and wait list for 1 session.
Crossroads Afterschool Program	

TEEN (Ages 12 - 21)

Teen Social	Participants can sign up for 4 and wait list for 3.
Saturday Activities	Can sign up for 2 and wait list for 2. Can sign up for either Sensory Friendly Saturdays or Saturday Activities; not both.

TRANSITION (Ages 16 - 30)

Pottery	
Afternoon Hangout	
Let's Learn Something New	
Fright Night Ball	n/a Call anytime.

PAYMENT INFORMATION:

Payments due by **Friday, September 22**
 Payments for classes can be made by credit card OR check.
 Please make check payable to: **City of Seattle**

MAIL CHECKS TO:

SPECIALIZED PROGRAMS
 Magnuson Building 30
 6310 NE 74th St
 Seattle WA 98115



SENSORY FRIENDLY SATURDAYS

A program for participants ages 4 - 21.

Engage in games, science, art, music, sensory exploration, indoor and outdoor activities, and some free play. Activities are fun, purposeful, and emphasize each child's strengths to promote independence. This program is designed for youth who need a HIGH level of support to transition, complete activities, and socialize. (Please discuss with staff if this program is appropriate for your child.)

Registration: Participants can sign up for 1 session and wait list for 1 session. Refer to page 5 for registration information.

*Note: Between **Sensory Friendly Saturdays** and **Saturday Activities** (page 8), for this quarter, you can only pick one of these programs, not both.

Bring: Sack lunch and drink

Dates	Times	Locations	Cost
Session #1: Saturdays, Oct. 14, Oct. 21, Oct. 28 Session #2: Saturdays, Nov. 4, Nov. 18, Dec. 9	9:30 a.m. - 1:30 p.m.	Garfield Teen Life Center 428 23rd Ave. Seattle, 98122	▶ \$45 per session

Access Drop-Off Time	Access Pick-Up Window
Drop-Off Appointment Time: 9:45 a.m.	Pick-Up Window: 1:15 - 1:45 p.m.

CROSSROADS AFTERSCHOOL PROGRAM

A program for participants ages 4 - 21.

Come participate in enriching group activities such as arts and crafts, sports, active games, cooking, and more. Activities are designed to promote socialization, increase independence, and explore new leisure interests.

Registration: Refer to page 5 for registration information.

Note: You do not need to be a student at Aki Kurose Middle School to attend this program.

Transportation: We can work with Seattle Public Schools to schedule school bus transportation upon request.



Dates	Times	Locations	Cost
Thursdays, Oct. 12-Dec. 7	3:45 - 5 p.m.	Aki Kurose Middle School S. Graham St. Seattle, 98118	▶ FREE

TEEN SOCIAL

A program for participants ages 12 - 21.

Let's get out into the community and have a fun Friday night! Participants will experience different activities around Seattle while focusing on socializing and experiencing new things. 1 on 1 supervision is not provided.

Registration: Space is limited to 12 participants. Participants can sign up for 4 and wait list for 3. Refer to page 5 for registration information.

Dates	Times	Locations	Cost
Fridays: Sept. 29, Oct. 13, 20, Nov. 3, 17, Dec. 1, 8 No Teen Social on Oct. 27. If 16 and up, look for info to sign up for the Fright Night Ball!	4:30 - 8:30 p.m.	North End Drop-Off/Pick-Up: 8061 Densmore Ave. N Seattle, 98103 South End Drop-Off/Pick-Up: Jefferson Community Center 3801 Beacon Ave. S Seattle, 98108	Please bring cash day of; amount in descriptions.

Access Drop-Off Time	Access Pick-Up Window
Drop-Off Appointment Time: 4:30 p.m.	8061 Densmore Ave. N ONLY Pick-Up Window: 8:30 - 9 p.m.

Sept. 29: Game Night! Let's have a game night with friends; dinner will be provided. ▶ \$15

Oct. 13: Football Game! Let's go watch local teams West Seattle High School vs Ingraham High school play some football and cheer them to victory; dinner will be provided. ▶ \$30

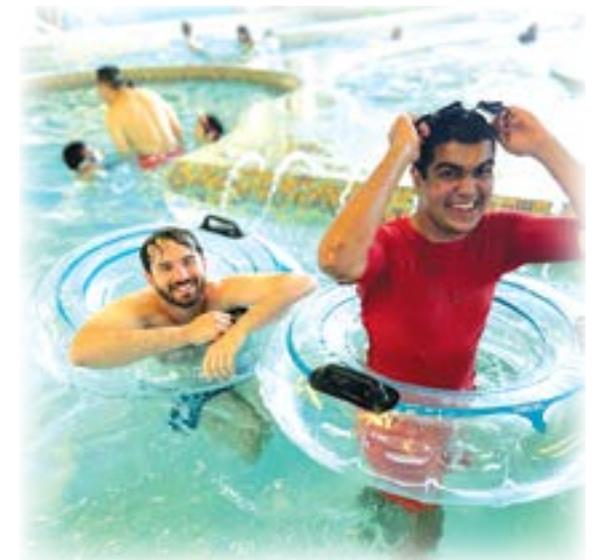
Oct. 20: Pumpkin decorating and dinner. We will get some pumpkins as a group and then decorate and eat dinner at a community center. ▶ \$15

Nov. 3: Swimming and Dinner Out. Let's swim and then get dinner together; please bring a swimsuit and towel. ▶ \$30

Nov. 17: Dinner and a Movie. Let's have some fun watching a movie on the big screen and grabbing some dinner together. ▶ \$40

Dec. 1: Cookie Making and Decorating. Let's bake and decorate cookies together; dinner will be provided. ▶ \$15

Dec. 8: Snowflake Lane! Let's celebrate by visiting the famous Snowflake Lane in Bellevue. On our way, we'll grab some dinner. ▶ \$25



SATURDAY ACTIVITIES

A program for participants ages 12-21.

Come enjoy some fun, group outings while socializing with friends! We will explore Seattle and the surrounding areas while promoting social skills, trying new things, and making independent choices. This program has many transitions from site-to-site and is ideal for participants able to transition easily and follow multi-step directions. Let's have some fun!

Registration: Space is limited to 12 participants. Participants can sign up for 2 and wait list for 2.* Refer to page 5 for registration information.

*Note: Between **Sensory Friendly Saturdays** (page 6) and **Saturday Activities**, for this quarter, you can only pick one of these programs, not both.

Bring: Sack lunch and drink

Dates	Times	Locations	Cost
Saturdays: Sept. 30, Oct. 21, Nov. 4, Dec. 9	9 a.m. - 2 p.m.	North End Drop-Off: 8061 Densmore Ave. N Seattle, 98103 South End Drop-Off: Jefferson Community Center 3801 Beacon Ave. S Seattle, 98108	Please bring cash day of; amount in descriptions

Access Drop-Off Time	Access Pick-Up Window*
Drop-Off Appointment Time: 9 a.m.	*8061 Densmore Ave. N ONLY FOR EVERYONE , not just Access. Pick-Up Window: 2 - 2:30 p.m.

Sept. 30: Gold Creek Pond Loop Hike and Picnic!

Let's head to Snoqualmie pass to enjoy some time in the outdoors with friends. *Note: This is a paved, accessible trail. ▶ \$15

Oct. 21: Pumpkin Patch! Let's head to a local pumpkin patch and pick out a pumpkin and a treat! ▶ \$15

Nov. 4: Brunch and Books! Let's head to brunch with friends and explore a bookstore after! Lunch will be provided for this program. ▶ \$40

Dec. 9: Seattle Aquarium! Let's head to the Seattle Aquarium and learn about marine life and the ocean they live in. ▶ \$15



POTTERY

A program for participants ages 16-30.

Let's create something! In this class, a Pottery Instructor will teach us hand building clay pottery techniques such as coil, slab and pinch to make cups, bowls, and other decorative and seasonal items. Specialized Programs staff will be in the class to support.

Registration: Space is limited to 10 participants. Refer to page 5 for registration information.

Dates	Times	Locations	Cost
Mondays, Sept. 25 - Dec. 4 No program Oct 9, Nov. 20	5 - 6 p.m.	Ballard CC 6020 28th Ave. NW Seattle, 98107	▶ \$40

Access Drop-Off Time	Access Pick-Up Window
Drop-Off Appointment Time: 5 p.m.	Pick-Up Window: 6 - 6:30 p.m.

AFTERNOON HANGOUT

A program for participants ages 16-30.

Participate in enriching group activities such as arts and crafts, sports, games, puzzles, and more. Activities are designed to promote socialization, increase independence, and explore new leisure interests.

Registration: Refer to page 5 for registration information.



Dates	Times	Locations	Cost
Tuesdays: Sept. 26 - Dec. 5 No program Nov. 21	4 - 5:30 p.m.	Meadowbrook CC 10517 NE 35th Ave. Seattle, 98125	▶ \$40

Access Drop-Off Time	Access Pick-Up Window
Drop-Off Appointment Time: 4:15 p.m.	Pick-Up Window: 5:15 - 5:45 p.m.

LET'S LEARN SOMETHING NEW!

A program for participants ages 16-30.

Transition program for participants ages 16-30. Come participate in enriching group activities that help teach life skills with a group of your peers! These activities consist of basic cooking skills, nutrition, problem solving, volunteer experience, learning about job skills, and much more! Activities for this class are designed to help participants learn something new, promote socialization, and increase independence.

Registration: Refer to page 5 for registration information.

Dates	Times	Locations	Cost
Wednesdays, Sept. 27 - Dec. 6 No program Nov. 22	5 - 7 p.m.	Miller Community Center 330 19th Ave. E Seattle, 98122	▶ FREE

Access Drop-Off Time	Access Pick-Up Window
Drop-Off Appointment Time: 5 p.m.	Pick-Up Window: 6:30 - 7 p.m.



ADULT PROGRAMS

APPROPRIATE FOR AGES 21 AND OLDER

Please call Specialized Programs at **206-684-4950** starting on the time/dates listed on page 5. Please let us know if you are using Access and if you are using DDA Respite Care or have qualified for a scholarship.

PAYMENT INFORMATION:

Payments due by **Friday, September 22**

Payments for classes can be made by credit card OR check.

Please made check payable to: **City of Seattle**

MAIL CHECKS TO:

SPECIALIZED PROGRAMS

Magnuson Building 30
6310 NE 74th St
Seattle WA 98115

POTTERY

Let's create something! In this class, a Pottery Instructor will teach us hand building clay pottery techniques such as coil, slab, and pinch to make cups, bowls, and other decorative and seasonal items. Specialized Programs staff will be in the class to support.

Registration: Space is limited to 10 participants. Refer to page 5 for registration information.



Dates	Times	Locations	Cost
Mondays, Sept. 25 - Dec. 4 No program Oct. 9, Nov. 20	3 - 4 p.m.	Ballard Community Center 6020 28th Ave. NW Seattle, 98107	▶ \$40

Access Drop-Off Time	Access Pick-Up Window
Drop-Off Appointment Time: 3 p.m.	Pick-Up Window: 4 - 4:30 p.m.



FITNESS WITH FRIENDS

A movement-based program where we stretch, play games, and try new exercise routines. All activities can be adapted to meet participant's mobility levels.

Registration: You may register for 1 of the 3 sessions. Space is limited to 10 participants. Refer to page 5 for registration information.



SESSION 1

Dates	Times	Locations	Cost
Tuesdays, Sept. 26 - Dec. 5 No program Nov. 21	10 - 11:15 a.m.	Meadowbrook Community Center 10517 NE 35th Ave. Seattle, 98125	▶ \$10

Access Drop-Off Time	Access Pick-Up Window
Drop-Off Appointment Time: 10:15 a.m.	Pick-Up Window: 11 - 11:30 a.m.

SESSION 2

Dates	Times	Locations	Cost
Tuesdays, Sept. 26 - Dec. 5 No program Nov. 21	Noon - 1:15 p.m.	Meadowbrook Community Center 10517 NE 35th Ave. Seattle, 98125	▶ \$10

Access Drop-Off Time	Access Pick-Up Window
Drop-Off Appointment Time: 12:15 p.m.	Pick-Up Window: 1 - 1:30 p.m.

SESSION 3

Dates	Times	Locations	Cost
Tuesdays, Sept. 26 - Dec. 5 No program Nov. 21	2 - 3:15 p.m.	Meadowbrook Community Center 10517 NE 35th Ave. Seattle, 98125	▶ \$10

Access Drop-Off Time	Access Pick-Up Window
Drop-Off Appointment Time: 2:15 p.m.	Pick-Up Window: 3 - 3:30 p.m.

HEALTH

We will start each program with active time in the gym and learn about nutrition and wellness. We will not be making food in this program this quarter. Activities will be planned with social distancing in mind and can be adapted to meet various mobility levels.

Registration: Space is limited to 20 participants. Refer to page 5 for registration information.

Dates	Times	Locations	Cost
Fridays, Sept. 29 - Dec. 8 No program Nov. 10, Nov. 24	1 - 3 p.m.	Van Asselt Community Center 2820 S. Myrtle St. Seattle, 98108	▶ FREE

Access Drop-Off Time	Access Pick-Up Window
Drop-Off Appointment Time: 1:15 p.m.	Pick-Up Window: 2:45 - 3:15 p.m.





SUNSHINE SOCIAL

This weekly program offers structured group activities that build social skills, independence, and friendships. Join us for themed celebrations, games, crafts, and more.

Registration: Call the Specialized Programs Office at 206-684-4950. Sign up for 1 of the 4 sessions. Space is limited to 15 participants per session. Refer to page 5 for registration information.

Dates	Times	Locations	Cost
Wednesdays, Sept. 27 - Dec. 6 No program Nov. 22	Session 1: 10 a.m. - noon Session 2: 1:30 - 3:30 p.m.	Rainier Beach Community Center 8825 Rainier Ave. S Seattle, 98118	▶ \$35

Dates	Times	Locations	Cost
Thursdays, Oct. 5 - Dec. 7 No program Sept. 28, Nov. 23	Session 1: 10 a.m. - noon Session 2: 1:30 - 3:30 p.m.	Bitter Lake Community Center 13035 Linden Ave. N Seattle, 98133	▶ \$35

SESSION 1 Access Drop-Off Time	SESSION 1 Access Pick-Up Window
Drop-Off Appointment Time: 10:15 a.m.	Pick-Up Window: 11:45 a.m. - 12:15 p.m.

SESSION 2 Access Drop-Off Time	SESSION 2 Access Pick-Up Window
Drop-Off Appointment Time: 1:45 p.m.	Pick-Up Window: 3:15 - 3:45 p.m.



SATURDAY TRAVELS

Join us as we travel around the Seattle area to visit local sites, businesses, and parks. Come with a sack lunch and dress in weather-appropriate clothing to eat outside at a picnic shelter. Please bring cash day of to pay for the activities. Please bring a sack lunch and drink.

Registration: Space is limited to 12 participants each day. Sign up for 1 of the 3 outings and be on the waiting list for the others. Refer to page 5 for registration information.

Dates	Times	Locations	Cost
Saturday, Oct. 14, Oct. 28, Nov. 18	9 a.m. - 2 p.m.	Densmore Building 8061 Densmore Ave. N Seattle, 98103	Varies each week, see below.

Access Drop-Off Time	Access Pick-Up Window
Drop-Off Appointment Time: 9 a.m.	Pick-Up Window: 2 - 2:30 p.m.

October 14: Museum of History and Industry

Today we will be visiting MOHAI to learn about the history and culture of the Puget Sound region! Thanks to MOHAI's Open Doors program we can offer this trip free of charge. ▶ FREE



October 28: King Con NW

This is a family-oriented, educational event, that focuses on science, creatives, and gaming communities. Come check out 3 different realms, starting with Scientia: the realm of science and exploration where we can meet scientists and learn about robots on Mars. Then on to Innovatia: the realm of innovators and creatives where we can meet makers, cosplayers, and artists. And finally Adventia: the realm of games and adventures ▶ \$15

November 18: Seattle Aquarium

Let's head down to the Seattle waterfront today to visit the Seattle Aquarium. ▶ \$5

SPECIALIZED PROGRAMS

Magnuson Building 30
6310 NE 74th St.
Seattle, WA 98115
Change Service Requested

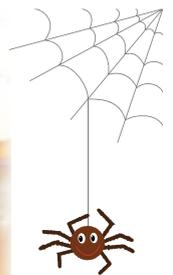
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FRIGHT NIGHT BALL

For Specialized Programs participants ages 16 and older. Join us for a night of dancing and fun with friends! Wear a costume if you want but not required. Please note: no food at this event. Water will be available.

Registration: Call the Specialized Programs Office at 206-684-4950 anytime. Refer to page 5 for registration information.



Dates	Times	Locations	Cost
Friday, Oct. 27	6:30 - 8 p.m.	Golden Gardens Bathhouse 8498 Seaview Ave NW Seattle 98117	▶ FREE

Access Drop-Off Time	Access Pick-Up Window
Drop-Off Appointment Time: 6:45 p.m.	Pick-Up Window: 7:45 - 8:15 p.m.