

SPECIALIZED PROGRAMS

ADULT SUMMER 2023



Seattle
Parks & Recreation



EXPLORE MORE!

www.seattle.gov/parks

GENERAL INFORMATION

WHERE TO FIND US

Specialized Programs

4554 NE 41st St., Seattle, WA 98105

206-684-4950

www.seattle.gov/parks/find/specialized-programs

PARKS MANAGEMENT

Anthony-Paul Diaz, Superintendent

Daisy Catague, Recreation Division Director

Lori Chisholm, Manager

RECREATION STAFF

Kyle Bywater, Coordinator, Specialized Programs

Tori Fernau, Adult Sr. Recreation Specialist

Hannah White, Recreation Leader

Patrick Aspinwall, Recreation Leader

Hanna O'Donnell, Recreation Attendant

INCLEMENT WEATHER POLICY

We will cancel outdoor programs if continuous rain or thunderstorms are in the forecast, or if it is predicted to be above 90 degrees during program hours, or if the Air Quality Index (AQI) is predicted to be "Harmful for Sensitive Groups." For further information, please call Specialized Programs at 206-684-4950 before venturing out to our programs.

DISCLAIMER

Although we strive to be accurate, this brochure is published for information purposes only. Changes may be necessary to the content depending on levels of participation or other factors. Fees may change after printing and after City Council action on the City budget each year. Please visit www.seattle.gov/parks for updated information.

CODE OF CONDUCT

Any participants conduct that is disruptive or unsafe to participants or staff may result in being sent home early that day or unable to attend on a permanent basis for the quarter.

This will be decided on a case-by-case basis and is at the discretion of the program leadership staff. Such conduct includes, but is not limited to: Destruction of property, harming oneself or another, or refusal to follow the minimum safety requirements to participate in activities. All incidents will be documented and reported to direct caregivers in a timely manner.



GENERAL INFORMATION

NOTICES

- Please refer to the “Keep me home...” information on page 4 before attending program. Do not come to program if you are sick or have Covid symptoms.
- We encourage that you still wear a face mask when attending our indoor programs to support people that might be at higher risk. Face masks are encouraged for outdoor programs if social distancing cannot be maintained. We will notify you if these requirements change.
- Please do not bring food to any programs unless noted.
- All participants attending Specialized Programs must have a Participant Information Form (PIF) on file before they can attend program. If you have attended in person programs in 2021 or 2022, the PIF we have on file is still good. If you don't have a PIF on file, we can mail one to you or you can find it online here: <http://seattle.gov/parks/find/specialized-programs>

REGISTRATION INFORMATION

When calling, tell us if you are using Access and if you are using DDA Respite Care or if you have qualified for a scholarship. Once approved for scholarship, it can be applied towards reducing the amount to be paid from 50 - 90%.

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reduce your carbon footprint at*

www.seattlecan.org



PAYMENT

Please make checks payable to “City of Seattle”. Mail to: Specialized Programs, 4554 NE 41st St., Seattle 98105. Due Friday, June 16.

REFUND POLICY

It is the policy of Seattle Parks and Recreation and the Associated Recreation Council that:

- Anyone who registers for a class, special event or program that is cancelled for any reason by Parks and Recreation will receive a full refund.
- Anyone who registers for a trip, special event, or class and who requests a refund 14 days or more before its start (or before the second session of a class), may receive a refund minus a service charge of 10% of the class fee.
- Anyone who registers for a special event or program and withdraws from the activity fewer than 14 days before its start, or anyone who registers for a class and withdraws after the second session of a class, will receive no refund.
- There are no refunds or make-up classes for sessions missed due to illness or vacations.

PERSONS WITH DISABILITIES

Reasonable accommodations will be made on request for persons with disabilities. If you need sign language interpretation, auxiliary aids or other accommodations, call V/TDD 206-233-1509. If possible, please allow 10 working days advance notice for sign language interpretation or auxiliary aids. If a class or activity is scheduled in an area that is not barrier-free for wheelchairs, we will make every effort to help you find a similar program in an accessible location. As a matter of policy, law, and commitment, Seattle Parks and Recreation does not discriminate on the basis of sexual orientation, political ideology, age, creed, religion, ancestry, national origin, or presence of any sensory, mental, or physical handicap. (Seattle Municipal Code 18.12.180).



PLEASE KEEP ANY PARTICIPANT AT HOME WITH ANY OF THE FOLLOWING SYMPTOMS:

ILLNESS SYMPTOMS

- Fever of at least 100.4°
- Diarrhea, more than two loose stools per day or a stool contains a drop of blood or mucus
- Vomiting, twice or more in the past 24 hours
- Rash, any not associated with heat or allergic reaction
- Drainage from eye, redness of eyelid lining, swelling and discharge of pus
- Appearance/Behavior: Unusually tired, lack of appetite, confused, irritable, unable to participate in program
- Sore throat: especially with fever or swollen glands
- Head lice or nits: until no lice or nits are present
- Scabies: until after treatment
- Open or oozing sores, unless properly covered and 24 hours have passed since.

COVID-19 SYMPTOMS

- A cough
- Shortness of Breath or difficulty breathing
- A fever of 100.4 or higher or a sense of having fever
- A Sore throat
- Chills
- New loss of taste or smell
- Muscle or body ache
- Nausea/vomiting/diarrhea
- Congestion/running nose – not related to seasonal allergies
- Unusual fatigue
- If you have tested positive for Covid 19 in the past 5 days, please contact Specialized Programs staff before returning to program.



SCHOLARSHIPS AVAILABLE!

Specialized Programs has a significant scholarship fund available. We are offering year round scholarships for all ages. Scholarships can reduce the amount of registration fees starting from 50% to 90% based on total annual income and number of people supported on that income.

If you need assistance completing the form, please call Kyle Bywater at 206-684-7548.

REGISTRATION INFORMATION

► **ADULTS:** Participants are limited to one program per location. **Registration starts at 9 a.m. on the dates listed below** by calling the Specialized Programs Office, 206-684-4950. When calling, tell us if you are using Access and if you are using DDA Respite Care or if you have qualified for a scholarship. Once approved for scholarship, it can be applied towards reducing the amount to be paid from 50-90%.

ADULTS (Ages 21 and up)

Golf & Field Games	Friday, June 2	Can sign up for Golf or Field Games and be on the waiting list for the other.
Sunshine Social	Monday, June 5	Can sign up for 1 of the 4 sessions.
Summer Day Trips	Tuesday, June 6	Can sign up for 2 of the 7 outings and be on a waiting list for the others.
Active Summer Club	Wednesday, June 7	Can sign up for 1 of the 2 sessions.
Saturday at Camp Long	Friday, June 9	

► **APPLICATION:** Pages 9-14

► **SCHOLARSHIP FORM:** Page 15

PAYMENT INFORMATION:

Payments due by **Friday, June 16**

Payments for classes can be made by credit card OR check.

Please make check payable to: **City of Seattle**

MAIL CHECKS TO:

Specialized Programs

4554 NE 41st St.
Seattle, WA 98105



SUNSHINE SOCIAL

This weekly program offers structured group activities that build social skills, independence, and friendships. Join us for themed celebrations, games, crafts, and more.

Registration: Refer to page 5 for registration information.

Dates	Times	Locations	Cost
Tuesdays, June 20 - Aug. 22 No program on July 4	Session 1: 10 a.m. - noon OR Session 2: 1:30 - 3:30 p.m.	Meadowbrook CC 10517 NE 35th Ave. Seattle, 98125	▶ \$35 per session

Dates	Times	Locations	Cost
Fridays, June 23 - Aug. 25	Session 1: 10 a.m. - noon OR Session 2: 1:30 - 3:30 p.m.	Van Asselt CC 2820 S Myrtle St. Seattle, 98108	▶ \$35 per session

Access Drop-Off Time	Access Pick-Up Window
Session 1: Drop-Off Appointment Time: 10:15 a.m.	Pick-Up Window: 11:45 a.m. - 12:15 p.m.
Session 2: Drop-Off Appointment Time: 1:45 p.m.	Pick-Up Window: 3:15 - 3:45 p.m.

ACTIVE SUMMER CLUB

This weekly program takes place outside! Each session starts with group stretches followed by new activities such as disc golf, lawn games, and themed nature walks. Bring a water bottle and dress for the weather.

Registration: Refer to page 5 for registration information.

Dates	Times	Locations	Cost
Wednesdays, June 21 - Aug. 23	Session 1: 10 a.m. - 12 p.m. OR Session 2: 1:30 - 3:30 p.m.	Seward Park, Audubon Center 5902 Lake Washington Blvd. S Seattle, 98118	▶ \$10

Access Drop-Off Time	Access Pick-Up Window
Session 1: Drop-Off Appointment Time: 10:15 a.m.	Pick-Up Window: 11:45 a.m. - 12:15 p.m.
Session 2: Drop-Off Appointment Time: 1:45 p.m.	Pick-Up Window: 3:15 - 3:45 p.m.



GOLF

Learn to golf from the pros at Jackson Park Golf Course! Everyone can learn to golf whether you are a beginner or experienced. We encourage all levels to join us at this fun program. If you are interested in competing in Special Olympics Tournaments this Summer you must turn in a current AFP.

Registration: Refer to page 5 for registration information.

Dates	Times	Locations	Cost
Tuesdays, June 20 - Aug. 22 No program on July 4	6:30 - 8 p.m.	Jackson Park Golf Course 1000 NE 135th St. Seattle, 98125	▶ FREE

Access Drop-Off Time	Access Pick-Up Window*
Drop-Off Appointment Time: 6:30 p.m.	Pick-Up Window: 8 - 8:30 p.m.

FIELD GAMES

Spend the summer evening outside with friends! Each session will start out with group stretches followed by a variety of active group field games. Bring a water bottle and dress for the weather.

Registration: Refer to page 5 for registration information.

Dates	Times	Locations	Cost
Wednesdays, June 21 - Aug. 23	6:30 - 8 p.m.	Riverview Playfield 7226 12th Ave. SW Seattle 98106	▶ FREE

Access Drop-Off Time	Access Pick-Up Window
Drop-Off Appointment Time: 6:30 p.m.	Pick-Up Window: 8 - 8:30 p.m.

SUMMER DAY TRIPS

Join us as we travel around the Seattle area to visit local sites, businesses and parks. Dress in weather appropriate clothing. Bring cash day of to pay for the activities. Come with a sack lunch and drink.

Registration: Refer to page 5 for registration information.

Dates	Times	Locations	Cost
Thursdays (see dates below)	10 a.m. - 3 p.m.	Densmore Building 8061 Densmore Ave. N. Seattle 98103	▶ *Varies each week, see below

Access Drop-Off Time	Access Pick-Up Window
Drop-Off Appointment Time: 10 a.m.	Pick-Up Window: 3 - 3:30 p.m.

June 22: Woodland Park Zoo

Lions and tigers and bears, oh my! Today we will visit the zoo and see all our favorite animals. ▶ \$5

June 29: Tour the Seahawks Training Facility

Get a behind the scenes tour of the training facility. ▶ FREE

July 6: Nature Walk at Gold Creek Pond

We will be traveling up to the top of Snoqualmie Summit for this 1 mile hike. Mostly flat and paved, some uneven terrain. ▶ FREE

July 13: Ballard Locks & Shilshole Marina

Come check out this engineering marvel and then take a walk at the marina. ▶ FREE

July 20: Disc Golf in North Bend

Let's test our skills on the Disc Golf Course. Supplies will be provided. No experience necessary. Will be mostly unpaved, grassy areas. ▶ FREE

August 10: Beach Day & Lawn Games

Bring your swim suit and towel because we're heading to the beach. We will play lawn games until the Lifeguards come on duty at noon. ▶ FREE

August 24: Out to the Movies

Beat the heat and let's head inside to watch a new release. ▶ \$20



SPECIALIZED PROGRAMS

4554 NE 41st Street

Seattle, WA 98105

Change Service Requested

Presorted Standard

U.S. POSTAGE

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SEATTLE, WA.

PERMIT NO. 152



SATURDAY AT CAMP LONG

A program for participants ages 21 and up.

Join us for a fun day at Camp Long and take part in some of our favorite activities from Adult Camp such as: group games, arts and crafts, learning about nature, and spending time with friends new and old!

Please bring a sack lunch and drink.

SATURDAY, JULY 29 ▶ \$30

10 a.m. - 4:30 p.m.

Camp Long, 5200 35th Ave. SW

(Entrance at SW Dawson)

Seattle, 98126

Access: Drop-Off Appointment Time 10 a.m.

Pick-Up Window: 4:15 - 4:45 p.m.

Registration begins 9 a.m. on Friday, June 9 by calling the Specialized Programs Office at 206-684-4950.

Space is limited to 30 participants. Please provide your t-shirt size at time of registration.