

SEATTLE OFFICE OF  
**SUSTAINABILITY & ENVIRONMENT**



# Seattle Food Action Plan

## 2016 PROGRESS REPORT

Seattle's Food Action Plan lays out strategies to get more healthy food to more Seattle residents, expand opportunities to grow food in the city, strengthen our regional food economy, and reduce food related waste.

The Food Action Plan is a five-year plan that was adopted by the Mayor and City Council in 2013. The plan contains 40 actions that are recommended to be implemented by 2018. Coordination and monitoring of plan implementation is led by the City's Office of Sustainability and Environment.

### PLAN GOALS

#### **HEALTHY FOOD FOR ALL**

All Seattle residents should have enough to eat and access to affordable, local, healthy, sustainable, culturally appropriate food.

#### **GROW LOCAL**

It should be easy to grow food in Seattle and in our region, for personal use or for business purposes.

#### **STRENGTHEN THE LOCAL ECONOMY**

Businesses that produce, process, distribute, and sell local and healthy food should grow and thrive in Seattle

#### **PREVENT WASTE**

Food-related waste should be prevented, reused, or recycled.

# 2016 by the numbers

## Grow Local: Transfer of Development Rights

Transfer of Development Rights (TDR) preserves King County farmland by allowing urban developers to purchase development rights from landowners in rural areas. These development rights allow developers to increase the square footage of their urban projects while protecting rural land for farming. Since the adoption of TDR in 2013, 18 farms and 1,150 acres of farmland have been placed into permanent protection. These are acres that grow local food for farmers markets and restaurants in and around Seattle.

## Healthy Food for All: Fresh Bucks

In 2016, The City of Seattle—along with Odessa Brown Children's Clinic, Harborview Medical Center, and Seattle and King County farmers markets and farm stands—launched Fresh Bucks Rx, a program aimed at improving health outcomes for low-income patients with diet-related disease. Fresh Bucks Rx builds on Seattle's Fresh Bucks program. The Rx refers to how participating health care providers "prescribe" fruits and vegetables to their patients and give them a voucher to redeem at farmers markets or farm stands. In the first year, the program provided \$8,340 in fresh fruits and produce.

## Strengthen Local Food Economy: Fruit Science Summer Camp

In 2016, Seattle Parks and Recreation partnered with local non-profit City Fruit to connect youth to the local food economy and address historical disparities of food access through youth community-building activities. The two, weeklong camps developed skills for dozens of young South Seattleites in the Rainier Beach neighborhood through gardening, culinary arts, team-building, and cultural food writing workshops.

47,711

Pounds of produce contributed to local food banks through the P-Patch Community Garden Program

6,076

King County seniors receiving Farmers Market Nutrition Program vouchers

\$19,273

Produce sales through P-Patch Community Supported Agriculture and Farm Stands

21

Farmers markets accepting Fresh Bucks in Seattle and 10 more throughout King County

5,795

Low-income shoppers using Fresh Bucks, including **1,321** that had never before used SNAP at a farmers Market

\$143,000

Dollars Fresh Bucks brought into the local food economy

6,800

P-Patch community gardeners stewarding over **3,033** plots of land

80

Preschools received organic, local products through Farm-to-Table program

20,000

New residents received recycling and food waste bucket vouchers

18,000

Pounds of food grown in gardens, orchards, and farms on Seattle Parks and Recreation property

75

Fruit trees distributed for neighborhood planting through Trees for Neighborhoods

1,150

Acres of King County farmland protected by Transferring of Development Rights from farmland to Seattle's urban core

\$8,340

Dollars of fresh, local produce provided to low-income patients with diet-related diseases through Fresh Bucks Rx