











From left: WW members Joe K., Shannon M., and Beatriz F.

GET MORE WELLNESS BENEFITS FOR LESS

Developed by nutrition and behavior change scientists, the WeightWatchers program guides you toward healthier habits with an individualized nutrition plan and innovative tools rooted in science. Get **50**% off select memberships when you sign up through City of Seattle—that's as low as **\$8.48**.

Customized plan

WW's new PersonalPoints™ Program was created with nutrition and behavior change experts to be your most individualized path to weight loss. It's built to fit your body, your goals, and the foods you love!

Award-winning app

The tools you need to succeed—are at your fingertips. The WW app has food and sleep trackers, workouts, meditations, and 10,500-plus recipes.

Always-on Coaching

Digital 360 Coaches motivate and offer strategies to help you find success. Access 24/7 live and ondemand Coaching in the WW app.†

Face-to-face accountability

Get stay-on-track guidance from expert WW Coaches and support from fellow members through Virtual and in-person Workshops.**

Tailored diabetes support

With WW for Diabetes, you'll get unlimited access to a Certified Diabetes Educator via email and phone to help you build healthy coping skills, problem solve, and reduce risks.^{††}

Start saving on your health today!

Sign up at WW.com/CityofSeattle.

Already a WW member? Sync your current account to get The City of Seattle pricing or call WW Customer Service at 866-204-2885.

*"As low as" price reflects WW Digital plan for your organization's employees. Monthly payment required in advance. You'll be automatically charged each month in accordance with company pricing until you cancel, your employment with your organization terminates, or the agreement between your employer and WW terminates.
*Digital 360 membership only

^{**}Unlimited Workshops + Digital membership only

^{**}WW for Diabetes only