

MAGNUSON PARK NEWS



NEWS AND INFORMATION FROM
WARREN G. MAGNUSON PARK



Summer 2016



Brian M. Judd, Manager, Warren G. Magnuson Park

News and Notes from Brian

This season's newsletter highlights many of the moving parts in the campus, including updates from Solid Ground housing, the Magnuson Environmental Stewardship Alliance (MESA), Sail Sand Point, and Seattle Waldorf High School. These are a small sampling of the many projects and events occurring within the park.

Magnuson Park is dynamic ecosystem, where changing one part has an impact on the others. This is why collaboration and communication are key to the success of the park – all of the projects highlighted in this newsletter contain strong elements of both, showcasing how well each of these partners works cooperatively with all other entities in the park. This translates into a positive experience for park visitors and customers. Well done!

My team and I wish you a happy, safe, and joyful summer. Take some time to enjoy the sun and recreational opportunities in the park!



Photos Courtesy Adrienne Karls

University of Washington Center for Pediatric Dentistry



Photo Courtesy of UW

Magnuson Park and the families in our region are fortunate to have the University of Washington Center for Pediatric Dentistry (CPD) as a resource that is convenient and offers the highest level of care for all children.

Opened in Magnuson Park in 2010, the CPD welcomes children from throughout the region, including those needing specialized dental services, those with special needs such as autism or Down syndrome, and those enrolled in Apple Health.

It has been proven that dental disease is the leading chronic childhood disease, accounting for approximately 50 million hours of school missed each year. When a child experiences dental problems it affects their nutrition, the ability to concentrate, and results in missed school days.

Nationally-recognized teaching faculty and a team of dental residents provide oral health services that help young patients thrive “Our goal is to provide the preventative

and restorative care that children need in order to achieve the best overall oral health,” said Dr. Travis Nelson, Clinical Assistant Professor at the CPD. “Our clinical services ensure access to every level of care, including specialized services such as general anesthesia. We provide comprehensive dental services on-site so patients can receive all their treatment in one location. With 16 chairs devoted only to children, we are often able to see multiple children in the family at one time with short notice. This helps parents reduce the number of visits they must make to keep all of their children healthy.”

The CPD provides unique services to facilitate care for all our patients. We have an in-house social work team that helps parents navigate the insurance system, arranges transportation, and coordinates interpretation in 120 languages. We also offer several clinical sessions that are focused specifically on children with autism and other special needs. Our confident team is equipped with the knowledge and skills to provide the care that these individuals need.

“Summer is a great time to schedule an appointment at the clinic,” said Nelson. “There are many other recreational activities available at Magnuson Park, so children can take care of their smile and have a fun day.”

Appointments can be made by calling 206-543-5800 or visiting www.thecenterforpediatricdentistry.com. The staff is happy to arrange tours and to present oral health education programs to schools or community groups.

The Center for Pediatric Dentistry is a part of the University of Washington School of Dentistry. Children from throughout the state are welcome to visit. If enrolled in Apple Health, transportation and/or interpretation may be arranged.

Sail Sand Point

Sail Sand Point is excited to be ushering in another season of sailing, stand-up paddleboarding, kayaking and community events in the North Shore Recreation Area of Magnuson Park. 2015 was a banner year for SSP—more than 7,500 members of the community had access to boating because of Sail Sand Point’s programming—and we hope to encourage even more of our community to get out on the water this year. At Sail Sand Point, our mission is to make sailing and boating accessible to everyone, regardless of age, ability or background. We do this by offering camps, classes, boat rentals, boat storage, outreach programs and community events to the public, without requiring membership or a major financial commitment.

We love seeing familiar faces return to Sail Sand Point year after year, but it is equally rewarding for us to have new visitors every season as well. Our goal is to break down traditional barriers in the world of boating, in order to grow the sport and spread the joy of being on the water to kids and adults alike.

Many of our incredibly popular youth camps are already full for the season, and we have booked outreach visits for the majority of the season as well, so if you or anyone you know has ever been curious about sailing now is the perfect time to learn! We offer a variety of options and dates for our classes, as well as scholarship opportunities and rental pass discounts.



Photo Courtesy of Sail Sand Point

Sail Sand Point (Continued from page 2)

Sail Sand Point will be hosting a Community Speaker Series Potluck on the fourth Thursday of every month this summer, as well as free Saturday Sails for the community. Potluck season officially kicked off on May 26th with a guest talk from Thomas Nielsen about his experience prepping for the Race to Alaska.

We are extremely honored to be hosting the US Sailing Women's Youth Radial Championship for the first time this summer. The event will take place July 26-31, and will feature young women racers from around the country. Be sure to stop by and check it out!

There are many ways to get involved and become a part of the Sail Sand Point community. If you're not sure where to start, just stop by the office and say hi. See you on the water!

Magnuson Park Pump House

New WFRC Pump-house in Magnuson Park Provides Water for Scientific Research, Wetlands, Wildlife and Recreation

This month, the U.S. Geological Survey announced the completion of its new Western Fisheries Research Center (WFRC) pump-house structure in the southeast part of Magnuson Park in Seattle. The pump-house brings in water from nearby Lake Washington allowing WFRC's Seattle laboratory to conduct research in its wet lab facilities. The pump-house provides water for scientific research, nearby wetlands and associated wildlife and recreation.

In the early 2000s, new regulations, safety concerns and pump wear-and-tear indicated that a new pump-house

was needed. WFRC worked together with the City of Seattle Parks and Recreation Department, Magnuson Environmental Stewardship Alliance (MESA) and other interested parties to come up with a plan that would allow the construction of a new pump structure, while improving the park for both wildlife and visitors.

"Thank you to the USGS for their work to improve Magnuson Park for visitors and wildlife through the thoughtful design and construction of the new pump house," said Seattle Mayor Ed Murray. "USGS has been a good neighbor in the past by providing water for wetlands construction, improving wildlife passage and aesthetics, and by helping restore park land adjacent to their WFRC," said Tom Kelly of MESA.

The coordinated effort involved a design for the new pump-house, which serves a pipeline underground through an easement to USGS, and directing cleaned water from WFRC into the Magnuson Park wetlands. Since the project required removal of some trees and vegetation, restoration and mitigation efforts were included in the plan. The pump structure needed to be an above-ground structure, so the WFRC had local Seattle artist Jeff Jacobson create an environmentally themed mural on its walls and local interpretive designer and illustrator, Denise Dahn, provide educational signage near the structure and associated wetlands.

The wetlands in Magnuson Park—receiving year-round water from the USGS WFRC—provides habitat for a multitude of wildlife species, including waterfowl and other birds, frogs, insects and aquatic invertebrates, and is a wonderful place for wildlife watching and otherwise enjoying nature. "The USGS conducts cutting-edge fisheries research at this facility, this new pump ensures that vital management information is generated here," said Jill Rolland, Director of the USGS WFRC.

The WFRC's Seattle Headquarters and Seattle Laboratory are located at Sand Point near Lake Washington, from which the pump-house draws water for its wet lab. This laboratory, completed in 1994 replaced a World War II-era Navy building in which it had occupied for nearly three decades. The laboratory is a world-class facility, unique to USGS, and to the Nation's scientific community. The Seattle Laboratory was designed to support fish health and ecology needs in the West.



Interpretive signage created by designer and illustrator Denise Dahn, with murals on USGS WFRC Pump House created by Jeff Jacobson in background. Photo by Kyle Sato, USGS.

To see more pictures of the new pump structure in Magnuson Park, visit us on Facebook <https://goo.gl/NmwioM>.

To learn more about the Seattle laboratory, visit our website <http://goo.gl/qMegPF>.

Solid Ground Updates

Solid Ground is completing a minor renovation on Sand Point Family, buildings 26N and 26S. The buildings had not had any significant work done on the interiors for more than 30 years and the renovation includes new flooring in all units and common areas, resurfacing kitchen counters, resurfacing bathtubs and tub surrounds, wiring the buildings for WI-FI, and installing a new security and intercom system. This is the first phase of improvements to the buildings and in the next phase we hope to install: new windows, a new roof, insulate attic spaces, and install energy efficient lighting throughout. The renovated units are in the process of being leased up as permanent supportive housing for families.

In the next phase of improvements, in addition to the improvements to Sand Point Family, we hope to renovate the interior of all units at Santos Place. These units, like Sand Point Family, have not had major improvements for over 30 years. Units at Santos are all studios and include full bathrooms and kitchens. The renovation will include all new flooring, new kitchen cabinets, counters, appliances, and remodeled bathrooms. The exterior of Santos was renovated two years ago and included removing all asbestos siding and installing insulation throughout the exterior, sheathing, and new siding. We installed a new roof membrane, and new energy efficient boilers which provide heat and hot water throughout the building.

We anticipate work on the next phase of renovations to begin in late 2017.

Humberto Alvarez, Planning Development & Operations Director, Solid Ground



Photo Courtesy Solid Ground

Magnuson Park: A Great “Move” for Seattle Waldorf High School



Photo Courtesy The Waldorf School

The teachers, staff, and students of Seattle Waldorf High School feel so fortunate to call Magnuson Park *home*. We are nearing the end of our second school year here, and every day we appreciate more and more of what this incredible park has to offer.

One basic premise of Waldorf education is that it engages the whole child. Often, we characterize this as educating the “head, heart, and hands” or developing the “thinking, feeling, and willing” capacities in each student. Our students not only engage in rigorous academics (the head), they also engage in physical and artistic development (hands and heart) on a daily basis--all of which are as vital as intellectual growth.

Waldorf high school students take P.E. classes several times per week for all four years of their high school journey. Our typical P.E. classes include soccer, basketball, volleyball, ultimate frisbee, kickball, football, dodgeball, and more. Multiple park amenities serve as the setting for these movement classes: the Magnuson Community Center gym, the outdoor sports fields, The Mountaineers’ climbing wall, Arena Sports’ indoor fields, and our beloved Lake Washington.

In the fall and spring school terms, our eleventh and twelfth grades “take to the lake” for stand-up paddleboarding during their weekly P.E. classes. Stand-up paddleboarding is a low impact, full body workout that builds strength, endurance, and demands great balance! All year long in a variety of ways, Waldorf students engage in movement activities that build grace, nimble thinking, coordination, cooperation, and connection with the natural world. Now that the sun is shining, our students are thrilled to be out on the lake again thanks to Sail Sand Point’s expert guidance and equipment.

Seattle Waldorf School (Continued from page 4)

Movement education is absolutely essential for every student in so many ways--in promoting agility, health, strength, stamina, cooperation and teamwork, self-expression, relaxation, and a genuine appreciation of the great outdoors. Thanks to the abundant opportunities of Magnuson Park, if you were to drop by Seattle Waldorf High School on any given day...it's highly unlikely you'll find us sitting still!

Article submitted by: Brenda Baker, 206-522-2644, bbaker@seattlewaldorf.org

DanceSport International

DanceSport International has been a Seattle ballroom institution for the past 26 years providing quality dance instruction for all ages.

Robert & Monique Hrouda, owners of DanceSport International, have a long standing in the dance community. Both are certified dance instructors, judges and choreographers for professionals and amateur dancers. Monique Hrouda is a national examiner for the U.S. Terpsichore Association and Robert has a long standing as a top teacher.

Monique and Robert moved their studio from Lake City to their new location in Magnuson Park in 2015 and absolutely love it! "Magnuson is such a great community! Our students love being in the park!" says Robert.

Currently DanceSport is building its youth dance program. Having classes on Fridays from 4:00pm—7:30pm and Saturday mornings starting in June. Classes for adults are offered almost everyday of the week.

If you are in the mood to go out dancing they have a practice party on Saturday nights to try out your new moves and make new friends. Try a class or go to a party, get out and enjoy yourself. Once you try it you will want more and more!

Come build ballroom dance in the park and join a community of dancers of all ages at DanceSport International. Give Robert and Monique a call at 206-550-6461 or visit our website at www.dancesportseattle.com and they'll get you started!



Photos Courtesy DanceSport International

Magnuson Ecological Restoration Continues

People looking north from the cross-park trail might be wondering about the many orange flags now visible on the southwest slope of Sand Point Head (also known as Kite Hill).

The answer is that they mark native trees, shrubs, and ground cover plants installed by a team of University of Washington Restoration Ecology Network students working with the Magnuson Environmental Stewardship Alliance (MESA). Over this last school year the team mapped and studied the site, then with the help of numerous volunteers removed invasive plants, planted native plants, and mulched the site with wood chips.

Although this site contained black cottonwoods and some madrone, desirable native plants couldn't regenerate or grow well due to the dense understory and ground cover of invasive ivy, holly, one-seed hawthorn, Norway maple, Himalayan blackberry, Portuguese laurel, clematis, and other invasive plants. New plantings include Douglas fir, western hemlock, western red cedar, Sitka spruce, cascara, big leaf maple, vine maple, Indian plum, red twig dogwood, salmonberry, evergreen huckleberry, salal, sword fern, lady fern, deer fern, dull Oregon grape, bleeding heart, fringe cup, and more. Some of these diverse new plantings or their progeny could live for centuries.

In other parts of the park the Green Seattle Partnership with EarthCorps, MESA, Magnuson park crews, and hundreds of volunteers also installed, planted and maintained other sites around the park over the past planting season. This combined with work over the past three decades is gradually making progress in changing what had been a largely denuded and sterile airfield into thriving natural area.

Opportunities to participate as a volunteer in similar work continues year around. To learn more about volunteering for publicly advertised work events in the natural areas check the Green Seattle Partnership volunteer calendar at:

<http://seattle.cedar.greencitypartnerships.org/event/calendar/>

To learn more about arranging a group event, becoming a steward, or adopting a site check out the websites below:

- 1) The Green Seattle Partnership - <http://greenseattle.org/>
- 2) Magnuson Environmental Stewardship Alliance - <http://www.magnusonstewardship.org/>
- 3) EarthCorps - <http://www.earthcorps.org/>



Photo Courtesy Tom Kelly—Magnuson Environmental Stewardship Alliance

S.P.A.C.E. (Sand Point Arts & Cultural Exchange)

The Magnuson Park Gallery is pleased to welcome a special summertime exhibit, *Archaeologies of the Extraordinary Everyday IV*, featuring the work of Anne Grgich with collaborative elements from Steve Fisk, a 2015 Stranger Genius award winner for music. Artist reception and exhibit opening (free and open to the public)

Sunday, June 5, 4 - 7 pm

Exhibit June 5 - July 30

Magnuson Park Gallery

Building 30 West—7448 63rd Avenue NE

Phone: 206.245.5457

www.spaceatmagnuson.org



Anne Grgich is one of the most original and innovative of the group of American artists known as Outsiders. Completely self-taught, and on the cover story of *Raw Vision Magazine* (#22), she became known for her one-of-a-kind books filled with page after page of impassioned, expressionistic faces and figures. Grgich often employs collage and vigorously applies layer after layer of overpainting, covering found texts and images, yet allowing some of the underneath to remain visible. This layering suggests generations of mystery and mystique to her exotic characters."

-Phil Demise-Smith, Gallery A Studio , NY