



Ballard Pool



Summer 2026 Drop-In Schedule

August 3rd to August 23rd

Closed: 7/4 and 9/7

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6am to 7:30am Early Morning Lap Swim		6am to 7:30am Early Morning Lap Swim		6am to 7:30am Early Morning Lap Swim		
8am to 9:30am Lap Swim	8am to 9:30am Lap Swim	8am to 9:30am Lap Swim	8am to 9:30am Lap Swim	8am to 9:30am Lap Swim	8am to 9am Lap Swim	8am to 9am Lap Swim
9:30am to 11am Swim Lessons*	9:30am to 11am Swim Lessons*	9:30am to 11am Swim Lessons*	9:30am to 11am Swim Lessons*	9:30am to 11am Swim Lessons*	9am to 10am Swim Lessons*	9am to 10am Swim Lessons*
11:10am to 11:55am Shallow Water Exercise	11:10am to 11:55am Deep Water Exercise	11:10am to 11:55am Shallow Water Exercise	11:10am to 11:55am Deep Water Exercise	11:10am to 11:55am Shallow Water Exercise	10am to 11am Recreation Swim	10am to 11am Shallow Water Exercise
12pm to 1:15pm Adult Swim	12pm to 1:15pm Adult Swim	12pm to 1:15pm Adult Swim	12pm to 1:15pm Adult Swim	12pm to 1:15pm Adult Swim		12:15pm to 1pm Swim Lessons*
1:30 to 2:50pm Recreation Swim & (Jr. Lifeguard Camp)	1:30 to 2:50pm Recreation Swim & (Jr. Lifeguard Camp)	1:30 to 2:50pm Recreation Swim & (Jr. Lifeguard Camp)	1:30 to 2:50pm Recreation Swim & (Jr. Lifeguard Camp)	1:30 to 2:50pm Recreation Swim & (Jr. Lifeguard Camp)		1pm to 2pm Recreation Swim
3pm to 4pm Swim Lessons & Jr. Lifeguard Camp*	3pm to 4pm Swim Lessons & Jr. Lifeguard Camp*	3pm to 4pm Swim Lessons & Jr. Lifeguard Camp*	3pm to 4pm Swim Lessons & Jr. Lifeguard Camp*	3pm to 4pm Swim Lessons & Jr. Lifeguard Camp*		2pm to 4pm Swim Lessons*
4pm to 5:30pm Junior Lifeguarding Camp*	4pm to 5:30pm Junior Lifeguarding Camp*	4pm to 5pm Junior Lifeguarding Camp*	4pm to 5:30pm Junior Lifeguarding Camp*	4pm to 5:30pm Junior Lifeguarding Camp*		
5:30pm to 7:30pm Swim Lessons*	5:30pm to 7:30pm Swim Lessons*	5pm to 6:30pm Swim Lessons*	5:30pm to 7:30pm Swim Lessons*	5:30pm to 6:45pm Lap Swim		
		6:30pm to 7:30pm Recreation Swim		6:45pm to 7:25pm Swim Lessons*		
7:45pm to 8:45pm Lap Swim	7:40pm to 8:25pm Deep Water Exercise	7:45pm to 8:45pm Lap Swim	7:40pm to 8:25pm Deep Water Exercise	7:30pm to 8:30pm Recreation Swim	12:30pm to 8pm Pool Available for Rentals	4:15pm to 5:30pm Family Swim

*Pool closed except to those pre-registered for lessons or rental.

1471 NW 67th St Seattle, WA 98117 - (206)684-4094



Seattle
Parks & Recreation

Program Descriptions

Fitness Programs:*

Deep Water Exercise--A fitness class in the deep end of the pool. Classes are led by an instructor. Great class for those needing no-impact exercise.

Shallow Water Exercise--A fitness class in the shallow end of the pool. Classes are led by an instructor. Great class for those needing low-impact exercise.

*Drop-in use of Spa not permitted during Fitness programs.

Recreation Programs:**

Adult and Senior Swim--A recreation swim reserved for people 18 and older. 3 lap lanes are available, with the other half of the pool open for those that would like to float, jog, or swim in an unstructured setting.

Lap Swim--A recreation swim with lane lines in the water. There are different styles of lap swim available:

" 6 lane lap swim - 6 lanes are available for lap swimming.

" 4 lane lap swim - 4 lanes are available for lap swimming.

" Early Morning Lap Swim - 6 lanes are available early in the morning. QuickCard, exact change or a check required for entry.

Half Lap / Half Recreation-- Pool is divided into three lap lanes and an open area for Recreation swim. Children under the age of 6 and/or under 4ft tall need to have an adult in the water with them at all times while in the pool. Diving board is open for use.

Recreation Swim--A recreation swim for families and kids. Come play in the water with toys and floats. Children under the age of 6 and/or under 4ft tall need to have an adult in the water with them at all times while in the pool. Diving board and slide are available for use. Rope swing is available for the last 15 minutes of the swim.

Family Swim--A recreation swim for families. Come play in the water with toys and floats. Children under the age of 18 must have an adult in the water with them at all times while in the pool. Diving board and slide are available for use. Rope swing is available for the last 15 minutes of the swim.

**Drop-in use of Spa permitted during Recreation swims.

<u>2026 Pricing:</u>	<u>Rec Drop-In</u>	<u>Rec 10 Visits</u>	<u>Fit Drop-In</u>	<u>Fit 10 Visits</u>	<u>30 Day</u>
Adult	\$8.00	\$72.00	\$8.50	\$76.50	\$91.50
Youth/Senior/Adaptive	\$6.00	\$54.00	\$6.50	\$58.50	\$66.50

Slide: An additional fee of \$1 may be charged for the use of the slide for Recreation or Family swims lasting longer than one hour. **Slide users must be over 6 year olds, over 4ft tall and have passed the swim test without a lifejacket.**