

Ballard Pool

Fall 2026 Drop-In Schedule

September 8th to December 18th

Closed: 9/7, 9/24, 10/12, 11/11, 11/26, 11/27, 12/10, 12/25, 1/1

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	6am to 7:30am Early Morning Lap Swim		6am to 7:30am Early Morning Lap Swim		6am to 7:30am Early Morning Lap Swim	
8am to 9am Lap Swim						8am to 9am Lap Swim
9am to 10am Swim Lessons*	8:45 to 9:45am 5-Lane Lap Swim**	8:45 to 9:45am 5-Lane Lap Swim	8:45 to 9:45am 5-Lane Lap Swim	8:45 to 9:45am 5-Lane Lap Swim	8:45 to 9:45am 5-Lane Lap Swim	9am to 10am Swim Lessons*
10am to 11am Shallow Water Exercise	10am to 11am Swim Lessons*	10am to 11am Swim Lessons*	10am to 11am Swim Lessons*	10am to 11am Swim Lessons*	10am to 11am Swim Lessons*	10am to 11am Recreation Swim
11am to 12:15pm Lap Swim	11:10am to 11:55am Shallow Water Exercise	11:10am to 11:55am Deep Water Exercise	11:10am to 11:55am Shallow Water Exercise	11:10am to 11:55am Deep Water Exercise	11:10am to 11:55am Shallow Water Exercise	11pm to 12pm Swim Lessons*
12:15pm to 1pm Swim Lessons*	12pm to 1:15pm Adult Swim	12pm to 1:15pm Adult Swim	12pm to 1:15pm Adult Swim	12pm to 1:15pm Adult Swim	12pm to 1:15pm Adult Swim	12:30pm to 8pm Pool Available for Rentals
1pm to 2pm Recreation Swim						
2pm to 4pm Swim Lessons*	1:30 to 2:30pm 4-Lane Lap Swim	1:30 to 2:30pm 4-Lane Lap Swim	1:30 to 2:30pm 3-Lane Lap Swim & Recreation Swim	1:30 to 2:30pm 4-Lane Lap Swim	1:30 to 2:30pm 4-Lane Lap Swim	
			2:30 to 3:30pm Swim Lessons*			
	3pm to 4pm Swim Lessons*		3pm to 4pm Swim Lessons*			
4:15pm to 5:30pm Family Swim	3:30pm to 5:30pm Swim Team Rental*	4pm to 5:30pm Swim Team Rental*	3:30pm to 5pm Swim Team Rental*	4pm to 5:30pm Swim Team Rental*	3:30pm to 6pm High School Swim Meet*	
	5:30pm to 7:45pm Swim Lessons*	5:30pm to 7:30pm Swim Lessons*	5pm to 6:30pm Swim Lessons*	5:30pm to 7:30pm Swim Lessons*	6pm to 6:45pm Lap Swim	
			6:30pm to 7:30pm Recreation Swim		6:45pm to 7:25pm Swim Lessons*	
			7:30pm to 8:30pm Recreation Swim			
	7:45pm to 8:45pm Lap Swim	7:40pm to 8:25pm Deep Water Exercise	7:45pm to 8:45pm Lap Swim	7:40pm to 8:25pm Deep Water Exercise		

*Pool closed except to those pre-registered for lessons or rental.

**Adult Swim Clinic in one lane, fitness pricing applies.



Seattle
Parks & Recreation

1471 NW 67th St Seattle, WA 98117 - (206)684-4094

Program Descriptions

Fitness Programs:

Deep Water Exercise--A fitness class in the deep end of the pool. Classes are led by an instructor. Great class for those wanting no-impact exercise.

Shallow Water Exercise--A fitness class in the shallow end of the pool. Classes are led by an instructor. Great class for those wanting low-impact exercise.

Adult Swim Clinic--This clinic offers feedback on your swim stroke from a swim instructor. Participants should be comfortable in deep water and able to float on their back. No need to register for this drop-in program. Fitness pricing applies.

Recreation Programs:

Adult and Senior Swim--A recreation swim reserved for people 18 and older. 3 lap lanes are available, with the other half of the pool open for those that would like to float, jog, or swim in an unstructured setting.

Lap Swim--A recreation swim with lane lines in the water. There are different styles of lap swim available:

" 6 lane lap swim - 6 lanes are available for lap swimming.

" 4 lane lap swim - 4 lanes are available for lap swimming.

" Early Morning Lap Swim - 6 lanes are available early in the morning. QuickCard, exact change or a check required for entry.

Half Lap / Half Recreation--Pool is divided into three lap lanes and an open area for public swim. Children under the age of 6 and/or under 4ft tall need to have an adult in the water with them at all times while in the pool. Diving board is open for use.

Recreation Swim--A recreation swim for families and kids. Come play in the water with toys and floats. Children under the age of 6 and/or under 4ft tall need to have an adult in the water with them at all times while in the pool. Diving board and slide are available for use. Rope swing is available for the last 15 minutes of the swim.

Family Swim--A recreation swim for families. Come play in the water with toys and floats. Children under the age of 18 must have an adult in the water with them at all times while in the pool. Diving board and slide are available for use. Rope swing is available for the last 15 minutes of the swim.

<u>2026 Pricing:</u>	<u>Rec Drop-In</u>	<u>Rec 10 Visits</u>	<u>Fit Drop-In</u>	<u>Fit 10 Visits</u>	<u>30 Day</u>
Adult	\$8.00	\$72.00	\$8.50	\$76.50	\$91.50
Youth/Senior/Adaptive	\$6.00	\$54.00	\$6.50	\$58.50	\$66.50

Slide: An additional fee of \$1 may be charged for the use of the slide for Public or Family swims lasting longer then one hour. **Slide users must be over 6 year olds, over 4ft tall and have passed the swim test without a lifejacket.**