

2026 League Information Sheet

Registration for new teams: Your team can be place on a league’s waiting list at any time by contacting Jayson Powell - adult sports program coordinator at 206-684-7092 or email at jayson.powell@seattle.gov. We will begin adding new teams to leagues on **Monday, March 2, 2026 (New teams can be added before this date if an opening is available)**. Any league openings after the returning team registration ends, will be filled from the league waiting list. Teams will be placed on this list, in order of when the team’s captain/representative called or emailed Adult Sports.

We have updated our gender rules, so they are more inclusive. More information about those changes is listed below.

Softball Rules Updates (Coed Leagues Only)

Ball/Strike Count: 1/1 with a courtesy

Ball: Everyone will use the 12-inch approved ball for their SB Association.

Batting: You do not have to alternate by gender, but you must bat your through your entire lineup.

Defense: If 4 female players on the field defensively, the ratio is 4/4 or 4/5. If 5 female players, the ratio is 5/5. Max number of defensive players is 10. There never can there be (6) men on the field defensively.

Exception: In co-ed play, a team may begin a game with eight (8) players if that team has three (3) female players. 3/5 ratio on defense.

Automatic Out: An out will be recorded at the top of the inning if there are only 3 female players in the batting line up.

The above co-ed rule exception only applies to regular season play.

Leagues with Bating Rule/Restriction Rule: ALL players must use shorter bats (maximum 30” in length and 32 oz. in weight). Short bats do not need to be ASA approved but **cannot** be a wooden or composite bat. Metal only (**This rule only applies to the following leagues: Miller, Queen Anne, and Ballard**). **All players in these leagues must use short bats. If your league one of these three leagues, your league will continue to use regulation sized bats)**

Courtesy Runner: Last batter out.

Bases on Ball Rule: If any batter walks, regardless of strikes, they are awarded 1st base, and the next batter MUST bat.

Encroachment: All players must play their position but the normal backing up of a position is allowed. EXCEPTION: the pitcher may cover home plate. In any other situation, any obvious playing of a ball for a teammate will result in the batter being awarded 1st base, and all base runners will advance one (1) base. Encroachment is a judgment call by the umpire and cannot be protested.

Fields, league fees, league’s start, end, and playoff dates are approximate and may change when schedules are finalized

North - Spring/Summer Leagues (Updated 1/14/2026)

#	League	2026 Team Fee	League Activity #	Fee Due Date	Max # of Teams	# of Games Played	Fields	Day(s) of the Week	Game Time	*Regular Season Start	*Regular Season End	*Playoff Start	*Playoff/Season End	Available
1	Ballard Coed*	\$1550		April 6, 2026	8	9 plus playoffs	Ballard 1 and 2 Green Lake 1 and 2	Wednesday	6:15 p.m. to 8:45 p.m.	May 13, 2026	TBA	TBA	July 22, 2026	
2	Cascade Coed Weeknight	\$1475		April 6, 2026	8	9 plus playoffs	L Woodland 3 and 6 Green Lake 1 and 2	T/W/TH	6:15 p.m. to 1015 p.m.	May 6, 2026	TBA	TBA	Jul 29, 2026	
2	Green Lake/ Interbay Men’s	\$1575		April 6, 2026	8	11 plus playoffs	Interbay AC 2 Bitter Lake 1 Green Lake 1 and 2	Thursday Friday	6:15 p.m. to 10:30 p.m.	May 14, 2026	TBA	TBA	Jul 31, 2026	
3	Green Lake Men’s Masters (40+ League)	\$1475		April 6, 2026	8	9 plus playoffs	Green Lake 1 and 2	Monday	6:15 p.m. to 9:00 p.m.	May 4, 2026	TBA	TBA	Jul 20, 2026	
4	Green Lake Men’s Thursday	\$1475		April 6, 2026	8	9 plus playoffs	Green Lake 1 and 2	Thursday	6:15 p.m. to 9:00 p.m.	April 30, 2026	TBA	TBA	Jul 16, 2026	
5	Green Lake Men’s Tuesday	\$1475		April 6, 2026	8	9 plus playoffs	Green Lake 1 and 2	Tuesday	6:15 p.m. to 9:00 p.m.	April 28, 2026	TBA	TBA	Jul 14, 2026	
6	Lower Woodland Metro Women’s	\$1375		April 6, 2026	8	9 plus playoffs	L Woodland 3 and 6	Tuesday Thursday	6:15 p.m. to 10:15 p.m.	May 14, 2026	TBA	TBA	Jul 9, 2026	
8	Magnolia Men’s Div. I (Upper division)	\$1575		April 6, 2026	8	10 Plus double elimination playoffs	Magnolia 3 and 4	M/T/W/TH	6:15 p.m. to 9:00 p.m.	June 2, 2026	TBA	TBA	Jul 30, 2026	
9	Magnolia Men’s Div. II (Mid division)	\$1575		April 6, 2026	12	11 plus playoffs	Magnolia 3 and 4 Interbay AC 2	M/T/W/TH	6:15 p.m. to 9:00 p.m.	June 1, 2026	TBA	TBA	Jul 29, 2026	
10	Magnolia Men’s Div. III (Lower division)	\$1575		April 6, 2026	12	11 plus playoffs	Magnolia 3 and 4 Interbay AC 2	M/T/W/TH	6:15 p.m. to 9:00 p.m.	June 1, 2026	TBA	TBA	Jul 29, 2026	

North Spring/Summer Leagues Cont.

#	League	2026 Team Fee	League Activity #	Fee Due Date	Max # of Teams	# of Games Played	Fields	Day(s) of the Week	Game Time	*Regular Season Start	*Regular Season End	*Playoff Start	*Playoff/Season End	Available
11	Montlake/View Ridge Men's Combined League	\$1575		April 6, 2026	8	10 Plus double elimination playoffs	Montlake 1 View Ridge 1 and 2	M/T/W/TH	6:15 p.m. to 9:00 p.m.	May 26, 2026	TBA	TBA	July 23, 2026	
12	Queen Anne Coed Tuesday	\$1475		April 6, 2026	8	9 plus playoffs	Queen Anne 1 and 2	Tuesday	6:00 p.m. to 10:00 p.m.	May 26, 2026	TBA	TBA	Jul 28, 2026	
13	Queen Anne Coed Wednesday	\$1475		April 6, 2026	8	9 plus playoffs	Queen Anne 1 and 2	Wednesday	6:00 p.m. to 10:00 p.m.	May 27, 2026	TBA	TBA	Jul 29, 2026	
14	View Ridge Coed	\$1475		April 6, 2026	8	9 plus playoffs	View Ridge 1 and 2	Tuesday Thursday	6:15 p.m. to 9:00 p.m.	May 28, 2026	TBA	TBA	Jul 30, 2026	

South/Central Spring/Summer Leagues

#	League	2026 Team Fee	League Activity #	Fee Due Date	Max # of Teams	# of Games Played	Fields	Day(s) of the Week	Game Time	*Regular Season Start	*Regular Season End	*Playoff Start	*Playoff/Season End	Available
15	Metro Men's Div. I and II Combined	\$1375		April 6, 2026	8	9 plus playoffs	Riverview 1,2,3 and 4	Monday Thursday	6:15 p.m. to 9:00 p.m.	May 7, 2026	TBA	TBA	July 23, 2026	
16	Miller Coed*	\$1575		April 6, 2026	8	9 plus playoffs	Miller 1 and 2	Tuesday	6:15 p.m. to 9:00 p.m.	May 12, 2026	TBA	TBA	Jul 14, 2026	
17	West Seattle Metro Coed	\$1375		April 6, 2026	8	9 plus playoffs	Riverview 1,2,3 and 4	Tuesday Thursday	6:15 p.m. to 9:00 p.m.	May 12, 2026	TBA	TBA	July 21, 2026	

Fall Leagues - League registration opens in June.

Fields, league fees, league’s start, end, and playoff dates are approximate and may change when schedules are finalized

#	League	2026 Team Fee	League Barcode #	Fee Due Date	Max # of Teams	# of Games Played	Fields	Day(s) of the Week	Time	*Regular Season Start	*Regular Season End	*Playoff Start	*Playoff/Season End	Available
1	Summer/Fall Coed Thursday Lower Woodland*	\$1475		TBD	8	8 including playoffs	L Woodland 3 and 6	Thursday	6:15 p.m. to 10:15 p.m.	Aug. 6, 2026	TBA	TBA	Oct. 15, 2026	
2	Fall Rainier Coed - Monday	\$1550		TBD	6	8 including playoffs	Rainier Playfields	Monday	6:15 p.m. to 10:15 p.m.	Aug. 17, 2026	TBA	TBA	Oct. 19, 2026	
3	Summer/Fall Coed Tuesday Lower Woodland*	\$1475		TBD	10	8 including playoffs	L Woodland 3 and 6	Tuesday	6:15 p.m. to 10:15 p.m.	Aug. 4, 2026	TBA	TBA	Oct. 26, 2026	
4	Fall Men's Metro (SW)	\$1375		TBD	8	8 including playoffs	Southwest Athletic Complex	Monday Tuesday Wednesday	7:00 p.m. to 9:45 p.m.	Sept. 2, 2025	TBA	TBA	Oct. 27, 2025	

*NOTE: The following leagues have a batting restriction. The reason for the rule is the outfielders in these leagues are shallow and/or back up to each other.

- Ballard Coed
- Miller Coed
- Queen Anne Coed (Tues. and Wed.)

*Restricted bats in length and/or weight do not have to be ASA approved. They can be little league baseball bats, but their dimensions must be clearly marked for the umpire and other teams to verify.