

Summer 2026 Weekly Programming at
Southwest Teen Life Center

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
12:00 PM – 8:00 PM	12:00 PM – 8:00 PM	12:00 PM – 8:00 PM	12:00 PM – 8:00 PM	3:00 PM – 12:00 AM	5:00 PM – 12:00 AM
Open Gym 12:00 PM – 8:00 PM	Open Gym (Half Court) 12:00 PM – 8:00 PM	Open Gym 12:00 PM – 4:30 PM	Open Gym (Half Court) 12:00 PM – 8:00 PM	Open Gym 3:00 PM – 12:00 AM	Open Gym 5:00 PM – 12:00 AM
Game Room 12:00 PM – 8:00 PM	Game Room 12:00 PM – 8:00 PM	Game Room 12:00 PM – 8:00 PM	Game Room 12:00 PM – 8:00 PM	Game Room 3:00 PM – 12:00 AM	Game Room 5:00 PM – 12:00 AM
	Cooking Class 4:00 PM – 6:00 PM	Girl Squad Support Group 4:30 PM – 5:30 PM	Weight Lifting 5:00 PM – 7:00 PM	Life Skills 4:00 PM – 6:00 PM	Late Night 7:00 PM – 12:00 AM
	Life Skills 4:00 PM – 6:00 PM	Study Hall 5:00 PM – 6:30 PM	Mile by Mile Youth Walk 6:00 PM – 7:30 PM	Late Night 7:00 PM – 12:00 AM	
	Fitness & Nutrition 5:00 PM – 7:00 PM				

Facility Closures:
June 19th - Juneteenth Day
July 4th - Independence Day

** Drop-in programs are subject to change with little to no notice.
Please call ahead to ensure your favorite programs are taking place.*

*** The Late Night program is open for teens ages 13-19.*

Teen Hub Programs are TBD - Programs include Arts and Crafts and Lyricist Lounge.