



**Seattle
Parks & Recreation**

FALL 2024 PROGRAMS

**SEATTLE CITYWIDE
RECREATION PROGRAMS**

COMMUNITY CENTERS:

ZONE ONE

- DELRIDGE
- HIAWATHA
- HIGH POINT
- INT'L DISTRICT/CHINATOWN
- JEFFERSON
- RAINIER
- RAINIER BEACH
- SOUTH PARK
- VAN ASSELT

ZONE TWO

- GARFIELD
- MILLER
- MONTLAKE
- NORTHGATE
- QUEEN ANNE
- YESLER

ZONE THREE

- BALLARD
- BITTER LAKE
- GREEN LAKE
- LAKE CITY
- LAURELHURST
- LOYAL HEIGHTS
- MAGNUSON
- MEADOWBROOK
- RAVENNA-ECKSTEIN

VIRTUAL PROGRAMS

ENVIRONMENTAL LEARNING



**REGISTER
AUGUST 13**

**REGISTER ONLINE:
https://bit.ly/spr_activity_reg**





REGISTER AUGUST 13

Seattle Parks and Recreation is pleased to offer several options to register for programs and activities.

We hope our registration options listed on this page will guide you to a choice that works best for you. While some of our Community Centers continue to operate on limited hours and with limited staff, we ask for your patience and understanding if we are not able to respond as quickly as you may expect.

Thank you for your continued support of Seattle Parks and Recreation.

FINANCIAL AID/SCHOLARSHIPS

NEW online application, it's easy to apply. Available in 8 languages.



Visit [CiviForm](https://www.seattle.gov/parks/find/scholarships-and-financial-aid) to learn more and apply. For more information, contact your local recreation facility or visit: <https://www.seattle.gov/parks/find/scholarships-and-financial-aid>

Note: Funds are limited. Apply early as applications can take up to two weeks to process and must be approved prior to registration.



FIRST CHOICE

Check out Seattle Parks and Recreation's online registration software at http://bit.ly/spr_registration_account. Sign in or create an account if this is your first time registering for classes with the new software. Once you are logged in you can choose your programs and pay online.



SECOND CHOICE

Call select recreation centers during their hours of operation at the phone number listed at: www.seattle.gov/parks/centers.asp.



THIRD CHOICE

Register by phone with our Business Service Center (BSC) at 206-684-5177, Monday-Friday between 8:30 a.m.-6 p.m. Email questions to: ParksBSC@seattle.gov



We will no longer be doing vaccination screening or requiring masks to enter SPR recreation facilities. Please feel free to continue wearing a mask for your own comfort. We are asking that you self-screen prior to coming to a recreation facility to stop the spread of illness. If you are ill, please stay home.

GENERAL INFO

ENVIRONMENTAL LEARNING CENTERS

CAMP LONG

5200 35th Ave SW
Seattle, WA 98126
PH: 206-684-7434

CARKEEK PARK

950 NW Carkeek Park Rd
Seattle, WA 98177
PH: 206-386-4236

DISCOVERY PARK

3801 Discovery Park Blvd
Seattle, WA 98199
PH: 206-386-4236

ZONE ONE COMMUNITY CENTERS

DELRIDGE CC

4501 Delridge Way SW
Seattle, WA 98106
PH: 206-684-7423
Fax: 206-684-7424

HIAWATHA CC*

2700 California Ave SW
Seattle, WA 98116
PH: 206-684-7441

HIGH POINT CC

6920 34th Ave SW
Seattle, WA 98126
PH: 206-684-7422
Fax: 206-684-7402

INT'L DISTRICT/ CHINATOWN CC

719 8th Ave S
Seattle, WA 98104
PH: 206-233-0042
Fax: 206-233-5036

JEFFERSON CC

3801 Beacon Ave S
Seattle, WA 98108
PH: 206-684-7481
Fax: 206-684-7483

RAINIER CC

4600 38th Ave S
Seattle, WA 98118
PH: 206-386-1919
Fax: 206-386-1904

RAINIER BEACH CC

8825 Rainier Ave S
Seattle, WA 98118
PH: 206-386-1925
Fax: 206-386-1510

SOUTH PARK CC*

8319 8th Ave S
Seattle, WA 98108
PH: 206-684-7422

VAN ASSELT CC

2820 S Myrtle St
Seattle, WA 98108
PH: 206-386-1921
Fax: 206-386-1894

ZONE TWO COMMUNITY CENTERS

GARFIELD CC

2323 E Cherry St
Seattle, WA 98122
PH: 206-684-4788
Fax: 206-684-4380

MAGNOLIA CC*

2550 34th Ave W
Seattle, WA 98199
PH: 206-386-4235
Fax: 206-386-4230

MILLER CC

330 19th Ave E
Seattle, WA 98112
PH: 206-684-4753
Fax: 206-684-4397

MONTLAKE CC

1618 E Calhoun St
Seattle, WA 98112
PH: 206-684-4736
Fax: 206-233-7140

NORTHGATE CC

10510 5th Ave NE
Seattle, WA 98125
PH: 206-386-4283
Fax: 206-684-4990

QUEEN ANNE CC

1901 1st Ave W
Seattle, WA 98119
PH: 206-386-4240
Fax: 206-386-4284

YESLER CC

917 E Yesler Way
Seattle, WA 98122
PH: 206-386-1245
Fax: 206-684-7787

ZONE THREE COMMUNITY CENTERS

BALLARD CC

6020 28th Ave NW
Seattle, WA 98107
PH: 206-684-4093
Fax: 206-684-7199

BITTER LAKE CC

13035 Linden Ave N
Seattle, WA 98133
PH: 206-684-7524
Fax: 206-684-0858

GREEN LAKE CC

7201 E Green Lake Dr N
Seattle, WA 98115
PH: 206-684-0780
Fax: 206-684-7550

LAKE CITY CC*

12531 28th Ave NE
Seattle, WA 98125
PH: 206-256-5645

LAURELHURST CC

4554 NE 41st St,
Seattle, WA 98112
PH: 206-684-7529

LOYAL HEIGHTS CC

2101 NW 77th St
Seattle, WA 98117
PH: 206-684-4052

MAGNUSON CC

7110 62nd Ave NE
Seattle, WA 98115
PH: 206-684-7026

MEADOWBROOK CC

10517 35th Ave NE
Seattle, WA 98125
PH: 206-684-7522
Fax: 206-684-4921

RAVENNA-ECKSTEIN CC

6535 Ravenna Ave NE
Seattle, WA 98115
PH: 206-684-7534
Fax: 206-233-3973

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*Location is closed, see page 32 regarding our Community Center Improvement Project

GENERAL INFO

HAVE A GOOD CLASS IDEA?

INTERESTED IN TEACHING A CLASS OR WORKSHOP AT SEATTLE COMMUNITY CENTERS?

Please contact the Assistant Coordinators listed to the below with your programming idea(s).

CLASSES ARE SCHEDULED APPROXIMATELY SIX MONTHS IN ADVANCE.

COORDINATORS/ASST. COORDINATORS

BALLARD CC

C: Tim Ewings | timothy.ewings@seattle.gov
AC: Carmen Lau-Woo | carmen.lau-woo@seattle.gov

BITTER LAKE CC

C: Cynthia Etelamaki | cynthia.etelamaki@seattle.gov
AC: Richard By | richard.by@seattle.gov
AC: Liam McFeely | liam.mcfeely@seattle.gov

CAMP LONG

C: Matt Kastle | matt.kastle@seattle.gov

CARKEEK PARK (Closed)

C: Becca Reilly | becca.reilly@seattle.gov

DELRIDGE CC

C: Kiki Kennedy | kiki.kennedy@seattle.gov
AC: Julie Nguyen | julie.nguyen@seattle.gov

DISCOVERY PARK

C: Becca Reilly | becca.reilly@seattle.gov

GARFIELD CC

C: Derryn Anderson | derryn.anderson@seattle.gov
AC: Jennifer Romo | jennifer.romo@seattle.gov

GREEN LAKE CC

C: Jewels Jugum | jewels.jugum@seattle.gov
AC: Mary Pat Byington | marypat.byington@seattle.gov

HIAWATHA CC (Closed, but has off-site programs)

C: Andrea Wooley | andrea.wooley@seattle.gov

HIGH POINT CC

C: Tamela Thomas | tamela.thomas@seattle.gov
AC: Buck Buchanan | buck.buchanan@seattle.gov

INTERNATIONAL DISTRICT/CHINATOWN CC

C: Zara Soares | zara.soares@seattle.gov

JEFFERSON CC

C: Paul Davenport | paul.davenport@seattle.gov
AC: Karyn Leung | karyn.leung@seattle.gov

LAKE CITY CC (Closed)

C: Jarod Okano | jarod.okano@seattle.gov
Recreation Facilities Manager:
Penny Atwood | penny.atwood@seattle.gov

LAURELHURST CC

C: Rob Bellm | rob.bellm@seattle.gov
AC: Trixie Magsarili | trixie.magsarili@seattle.gov

LOYAL HEIGHTS CC

C: Nick White | nick.white@seattle.gov
AC: Xavier Walker | xavier.walker@seattle.gov

CLOSURES



9/2	Labor Day
9/26	In-Service Day
10/14	Indigenous People's Day
11/11	Veteran's Day
11/28-11/29	Thanksgiving Holiday
12/12	In-Service Day
12/25	Christmas Day

PARKS MANAGEMENT

A.P. Diaz Superintendent	Brian Judd Interim Recreation Director
Mike Plympton Aquatics Manager	Barb Wade Recreation Manager
Tia Scott Facilities & Youth Sports Manager	Daryl Look Recreation Manager
Chukundi Salisbury Environmental Programs & Sustainable Operations Manager	Tom Walsh Recreation Manager

MAGNOLIA CC (Closed)

C: Chris Easterday | chris.easterday@seattle.gov
AC: Robin Brannman | robin.brannman@seattle.gov

MAGNUSON CC

C: Kim LeMay | kim.lemay@seattle.gov
AC: Penny Atwood | penny.atwood@seattle.gov

MEADOWBROOK CC

C: Douglas Oaksford | douglas.oaksford@seattle.gov
AC: Heather Wyatt | heather.wyatt@seattle.gov

MILLER CC

C: Jacqueline Oaksford | jacqueline.oaksford@seattle.gov

AC: Alice Barney | alice.barney2@seattle.gov

MONTLAKE CC (Closed)

C: Stefan Schmidt | stefan.schmidt@seattle.gov
AC: Emily Whybra | emily.whybra@seattle.gov

NORTHGATE CC

C: Katie Fridell | katie.fridell@seattle.gov
AC: Santy Villarico | santy.villarico@seattle.gov

QUEEN ANNE CC

C: Gina Saxby | gina.saxby@seattle.gov
AC: Bethany Woolsey | bethany.woolsey@seattle.gov

RAINIER CC

C: George Yasutake | george.yasutake@seattle.gov
AC: Dawn Bennett | dawn.bennett@seattle.gov

RAINIER BEACH CC

C: Martha Winther | martha.winther@seattle.gov
AC: Heather Nguyen | heather.nguyenhuynh@seattle.gov
AC: Betty Ayneta | betty.ayneta@seattle.gov

RAVENNA-ECKSTEIN CC

C: Cameron Rivera-Flodine | cameron.rivera-flodine@seattle.gov
AC: Trixie Magsarili | trixie.magsarili@seattle.gov

SOUTH PARK CC (Closed, but has off-site programs)

C: Tom Walsh | tom.walsh2@seattle.gov

VAN ASSELT CC

C: Darin Olsen | darin.olsen@seattle.gov

YESLER CC

C: Gary Alexander | gary.alexander@seattle.gov
AC: Faizah Osayande | faizah.osayande@seattle.gov

Learn more about site closures on page:

PRESCHOOL

2024-2025 PRESCHOOL PROGRAMS | AGES 3-5

PRESCHOOL PROGRAM

Seattle Parks and Recreation offers half-day or full-day preschool programs at various locations across Seattle. These low-cost early childhood programs provide a safe, happy, healthy learning environment for preschool children.

Seattle Preschool Program (SPP) utilize *Creative Curriculum for Preschool* from Teaching Strategies Gold (TSG). This research-based curriculum offers early childhood educators a comprehensive collection of resources and assessment tools to help them build high-quality programs. Children will be observed and assessed using the Creative Curriculum developmental objectives.

Our school-readiness preschool programs meet the developmental needs of young children, focusing on emotional, social, physical, and cognitive skills. Classrooms are set up with rich environments, fun-filled learning areas, consistent schedules and routines, and both large and small group times. Preschool activities include art, blocks, dramatic play, library time, cooking, discovery science, singing, and outdoor play.

SEATTLE PRESCHOOL PROGRAM (SPP)* (Full-Day/6 hour Programs)

ALKI @ SCHMITZ PARK ELEMENTARY SCHOOL

BALLARD COMMUNITY CENTER

BITTER LAKE COMMUNITY CENTER

MEADOWBROOK COMMUNITY CENTER

NATURE KIDS PRESCHOOL (Half-Day/3.5 hour Program)

DISCOVERY PARK VISITOR CENTER



CLOSURE DATES:

9/2	Labor Day
10/14	Indigenous People's Day
11/11	Veteran's Day
11/28-11/29	Thanksgiving Holiday
12/25	Christmas Day

Check with your local community center for additional closures.

DETAILS:

- **Ages:** 3-5 years
- **Cost:** Varies by program. For more information, visit: <https://bit.ly/ps2324> For questions, contact Early Learning Program Coordinator: Katie Sifford at katie.sifford@seattle.gov
- Low teacher-child ratio of 1:8
- Staff is trained in Early Childhood Education, CPR/First Aid, and safe food handling practices.

REGISTRATION

- Registration is now open!
- Seattle Preschool Programs must be registered through the Department of Education and Early Learning (DEEL). For more information and access to the 2024-2025 SY application, please visit: <https://www.seattle.gov/education/for-parents/child-care-and-preschool/seattle-preschool-program>
- Participation requires submittal of the appropriate registration forms PRIOR to the start of program, including the Participant Information and Authorization Form (E-13) or ePact. If you have a child with special needs (e.g. asthma, allergies, etc.) and/or disabilities, there will be additional forms to be completed.

FINANCIAL AID SCHOLARSHIPS AVAILABLE!

Visit CiviForm to learn more and apply. For more information, contact your local recreation facility or visit: <https://www.seattle.gov/parks/find/scholarships-and-financial-aid>

Note: Application can take up to two weeks to process and must be approved prior to registration when funds are available.

*The Seattle Preschool Program (SPP) calculates tuition on a sliding scale. For more information visit: www.seattle.gov/education/for-parents/child-care-and-preschool/seattle-preschool-program. These programs are NOT registerable through Seattle Parks and Recreation.

SCHOOL AGE CARE

2024-2025 SCHOOL-AGE CARE AFTER SCHOOL PROGRAMS | AGES: 5-12

Do you want your child to have fun, engaging opportunities that support continued learning and personal growth outside of school?

The focus of our program is to provide children with opportunities to develop socially, emotionally, and physically. The atmosphere at our program is one that emphasizes community relationships, but also recognizes individual achievement, creativity, and original thinking.

We make it our mission to promote self-awareness, self-control, conflict resolution skills, and positive decision-making abilities. We like to work in partnership with our local schools to make sure your child's educational experience is constantly being enriched. Our trained staff works daily to offer activities in areas such as: arts and culture, environmental stewardship, health and fitness, academic support, and more.

HIGHLIGHTS:

- Quality and consistent care with qualified staff.
- We welcome all members of the community!
- Scholarship are available and WCCC subsidies are also accepted.
- Break Camps are offered for an additional charge at hub locations throughout the city for November Parent/Teacher Conferences, Winter Break, Mid-Winter Break, and Spring Break.

REGISTRATION IS NOW OPEN

- \$50 registration fee is required for signing up and balance of September fees are due 14-days prior to first program day.
- Additional participant information and medically verified immunization form will be required in ePACT prior to participation.
- Scholarship applications are now available for the Seattle Parks and Recreation Scholarship Cycle, Summer 2024-Spring 2025. More information can be found online: <https://www.seattle.gov/parks/scholarships-and-financial-aid>
- Registration can be done at your community center or online. Program details may change. If you have questions or concerns, please contact the community center.
- Prices vary per month by amount of days program is offered and can be found online at: <https://bit.ly/childcare-pricing-2024-25>



CLOSURE DATES:

- 9/2 Labor Day
- 10/14 Indigenous People's Day
- 11/11 Veteran's Day
- 11/28-11/29 Thanksgiving Holiday
- 12/25 Christmas Day

Check with your local community center for additional closures.

ZONE ONE

- ALKI @ SCHMITZ PARK ELEMENTARY SCHOOL
- HIAWATHA @ GENESEE HILL ELEMENTARY SCHOOL
- HIAWATHA @ LAFAYETTE ELEMENTARY SCHOOL
- HIGH POINT COMMUNITY CENTER
- JEFFERSON COMMUNITY CENTER
- RAINIER COMMUNITY CENTER
- RAINIER @ JOHN MUIR ELEMENTARY SCHOOL
- RAINIER BEACH COMMUNITY CENTER
- VAN ASSELT COMMUNITY CENTER

ZONE TWO

- MAGNOLIA @ BLAINE K-8
- MONTLAKE @ MCGILVRA ELEMENTARY SCHOOL
- NORTHGATE COMMUNITY CENTER
- QUEEN ANNE COMMUNITY CENTER

ZONE THREE

- BALLARD COMMUNITY CENTER
- BITTER LAKE @ BROADVIEW THOMSON K-8
- MEADOWBROOK COMMUNITY CENTER
- RAVENNA-ECKSTEIN @ THORTON CREEK ELEMENTARY SCHOOL
- RAVENNA-ECKSTEIN @ WEDGWOOD ELEMENTARY SCHOOL

TOT DROP-IN PROGRAMS

A FREE drop-in program in fall, winter and spring! Limited offerings continue during the summer.

Tot Gyms and Tot Rooms are available at most community centers during the fall, winter and spring seasons when weather is not favorable for outdoor play. Tot Gyms are a warm, dry, place to let your child play with toys, mats, and slides. Tot Rooms offer quieter activities with toys, coloring, and games.

Tot Gym & Tot Room rules

1. Children must be 5 or under, and Caregiver must be 14 or older.
2. Check-in. You must check-in with your Quick Card and have an Active Net account. You can set these up for free on your first visit.
3. No food or drink. Sealed water is OK.
4. Closed-toed shoes must always be worn.
5. Caregiver responsibilities:
 - a. Direct supervision
 - b. Follow posted rules and SPR Code of Conduct.
 - c. Clean up spills and messes, and notify SPR staff.
6. No toileting, diapering, or changing in Tot Rooms or Tot Gyms.
7. No rentals of Tot Rooms, Tot Gyms, or Tot Toys.

TOT GYM

▼ BALLARD CC	Ages 5 and Under		
70155	9/4-12/20	M/W/F	10 a.m.- 12:30 p.m. FREE
▼ BITTER LAKE CC	Ages 5 and Under		
70450	9/4-12/30	Su/M/W	10:30 a.m.- 12:30 p.m. FREE
▼ GARFIELD CC	Ages 5 and Under		
69583	9/4-12/30	M/W	10 a.m.-1 p.m. FREE
▼ HIGH POINT CC	Ages 5 and Under		
			FREE
▼ LOYAL HEIGHTS CC	Ages 5 and Under		
67990	9/10-12/31	Tu/Th	10 a.m.- 1 p.m. FREE
▼ JEFFERSON CC	Ages 5 and Under		
69753	9/10-12/19	Tu/Th	10 a.m.- 2 p.m. FREE
▼ MAGNUSON CC	Ages 5 and Under		
69606	9/4-12/28	Wednesday	9:30-11:30 a.m. FREE
		Saturday	12:30-2:30 p.m. FREE
▼ MILLER CC	Ages 5 and Under		
69788	9/3-12/31	Tu/Th	10 a.m.- 1 p.m. FREE
▼ NORTHGATE CC	Ages 5 and Under		
70343	9/3-12/31	Tu/Th	9 - 11:30 a.m. FREE
▼ QUEEN ANNE CC	Ages 5 and Under		
69727	9/3-12/31	Tu/Th	9:30 a.m.-12:30 p.m. FREE
▼ RAINIER CC	Ages 5 and Under		
70552	9/4-12/31	M/W	10 a.m.-Noon FREE
▼ RAINIER BEACH CC	Ages 5 and Under		
70831	10/7-12/30	M/Th/F	9 a.m.-Noon FREE
▼ RAVENNA-ECKSTEIN CC	Ages 5 and Under		
67805	9/3-12/31	Mon-Thu	12:30-2:30 p.m. FREE
▼ VAN ASSELT CC	Ages 5 and Under		
70151	10/1-12/19	Tu/Th	11 a.m.-2 p.m. FREE
▼ YESLER CC	Ages 5 and Under		
70445	9/4-12/30	M/W/F	11 a.m.-1 p.m. FREE

TOT ROOM

▼ BALLARD CC	Ages 5 and Under		
70193	9/3-12/24	Sunday	10 a.m.-2 p.m. FREE
		Mon-Fri	10 a.m.-7 p.m. FREE
		Saturday	10 a.m.-5 p.m. FREE
▼ DELRIDGE CC	Ages 5 and Under		
69549	9/9-12/21	Mon-Fri	9 a.m.-3 p.m. FREE
		Saturday	10 a.m.-3 p.m. FREE
▼ DISCOVERY PARK VISITOR CENTER	Ages 5 and Under		
66175	9/3-12/31	Tue-Sat	9 a.m.-4:30 p.m. FREE
▼ GREEN LAKE CC	Ages 5 and Under		
69814	9/3-12/31	Mon-Fri	10 a.m.-8 p.m. FREE
		Saturday	8:30 a.m.-4:30 p.m. FREE
No program: 9/2, 9/26, 10/14, 11/11, 11/28, 11/29, 12/12 and 12/25. Closed for cleaning 1-2pm daily.			
▼ LAKE CITY CC	Ages 5 and Under		
70250	9/3-12/26	Tu/Th	10 a.m.-Noon FREE
Program held at: Akin's North Seattle Family Resource Center, 12360 Lake City Way NE			
▼ LAURELHURST CC	Ages 5 and Under		
70848	10/21-12/30	M/W	2:30-6 p.m. FREE
70858	10/22-12/31	Tu/Th	9:30 a.m.-1 p.m. FREE
▼ MEADOWBROOK CC	Ages 5 and Under		
70390	9/4-12/20	M/W/F	12:30-2:30 p.m. FREE
▼ MILLER CC	Ages 5 and Under		
69782	9/3-12/31	Mon-Fri	10 a.m.-6:30 p.m. FREE
▼ QUEEN ANNE CC	Ages 5 and Under		
69951	9/3-12/31	Mon-Fri	9 a.m.-7:30 p.m. FREE
		Saturday	9 a.m.-4:30 p.m.
▼ RAVENNA- ECKSTEIN CC	Ages 5 and Under		
70891	9/6-12/30	M/F	3-7 p.m. FREE
		Saturday	9:30 a.m.-4:30 p.m. FREE
Please call the community center for updated hours: 206-684-7534			

DROP-IN PROGRAMS

Register for a free Quick Card in order to participate in all drop-in programs. Check-in at the front desk.



LATE NIGHT RECREATION PROGRAMS

Late Night is a safe and supportive environment for teens focusing on positive interactions and engagement where all teens are welcome.

BITTER LAKE CC	Ages 13-19
F/Sa	7 p.m.-Midnight FREE
GARFIELD TEEN LIFE CENTER	Ages 13-19
Friday	7 p.m.-Midnight FREE
MEADOWBROOK TEEN LIFE CENTER	Ages 13-19
Friday	7 p.m.-Midnight FREE
Saturday	5 p.m.-Midnight FREE
RAINIER CC	Ages 13-19
F/Sa	7 p.m.-Midnight FREE
RAINIER BEACH CC	Ages 13-19
67812 9/6-12/28	F/Sa 7 p.m.-Midnight FREE
SOUTH PARK @ CONCORD ELEMENTARY SCHOOL	Ages 9-19
	Ages 9-12
Saturday	6:30-9 p.m. FREE
	Ages 13-19
Friday	6:30-10:30 p.m. FREE
SOUTHWEST TEEN LIFE CENTER	Ages 13-19
Friday	7 p.m.-Midnight FREE
Saturday	7 p.m.-Midnight FREE
VAN ASSELT CC	Ages 13-19
Friday	7 p.m.-Midnight FREE

BALLARD CC

JUGGLING

All Ages

Part of the gym will be available to the juggling club. Learn this impressive skill and show your friends. They'll want to join you next time so they can learn too!

70194 9/11-12/11 Wednesday 5:15-8:45 p.m. FREE

FUTSAL

Ages 16 and Older

Come join us for fast-paced indoor futsal! Show us your skills and practice your footwork in short games on an indoor court. This drop-in event is geared towards players of intermediate to advanced ability.

70192 9/12-12/5 Thursday 6:15-8:45 p.m. FREE

HANDBALL

Ages 16 and Older

Combining speed, strength, stamina, agility, technical precision, skill and teamwork, handball has become one of the fastest paced and exciting Olympic sports. Drop-in to try it out!

70145 9/7-12/14 Saturday 3-5 p.m. FREE

BITTER LAKE CC

COMMUNITY CHOIR

Ages 10 and Older

Warm up your vocal chords and have fun singing along in an informal choir setting with other members of your community. No experience is required, but you are welcome to bring any instruments or songs with you to participate!

70454 9/9-12/30 Monday 7-8:30 p.m. FREE

FAMILY SKATE NIGHT

Ages 5 and Older

Join us for this popular Bitter Lake family tradition as we put on our skates and get moving! We will have great music and play fun games. Bring your own skates and blades, or borrow a pair of ours. **Please note:** No toy skates allowed.

Takes place at Bitter Lake Annex at Broadview Thompson K-8.

70451 9/6-12/27 Friday 6:30-8:15 p.m. \$6

DROP-IN PROGRAMS

Register for a free Quick Card in order to participate in all drop-in programs. Check-in at the front desk.

GARFIELD CC

SOUL LINE DANCE

Ages 18 and Older

Join this FREE, fun, and energetic class for all ages. Moving to R&B music will push you through several stages of line dance intensity as we get our heart rates up while inches fall off. This exercise caters to all fitness levels. Brought to you by Seattle Parks and Recreation's Rec4All Grant.

69582 9/7-12/28 Saturday 5:30-7:30 p.m. FREE

TAI CHI

Ages 16 and Older

Stretch and relax your mind, body, and spirit. This is an opportunity to practice your technique with other Tai Chi players. This drop-in does not have formal instruction.

69796 9/12-12/19 Thursday 2:30-3:30 p.m. FREE

READ WITH ME! TEEN/TODDLER READ-ALONG

Ages 6 and Under

Your child will delight in this opportunity to read with the "big kids"! Join us for story time with local teen volunteers reading books hand-picked by librarians.

69327 9/24, 10/29, and 11/26 Tuesday 4:30-5:15 p.m. FREE



GREEN LAKE CC

ACTIVE FUN ZONE: GET MOVING AT OPEN GYM!

Ages 6-11

Welcome to our weekly Elementary School Open Gym, where kids enjoy physical activities in a supervised and safe environment. Children can explore various sports and games, from basketball, soccer, dodgeball to tag and relay races. All youth must be accompanied by an adult.

69816 9/4-12/18 Wednesday 2-3:25 p.m. FREE

CARTOONS AND CRAFTS

Ages 1-9

What's more fun than relaxing together on a Saturday morning with cartoons and crafts? Join us in comfy clothes to watch your little one's favorite show and get crafty together. Kids must be accompanied by an adult. Check the monthly calendar for dates and activities on Green Lake Community Center's Facebook page.

69771 9/7-12/28 Saturday 9:30-11 a.m. FREE

TEEN - AFTER SCHOOL HANGOUT

Ages 11-17

This is a safe place for teens to gather, socialize and play mind-stimulating games. Join us and have a good time. **No program on 11/29 and 12/25.**

69792 9/4-12/27 W/F 2:30-8:30 p.m. FREE

FRIDAY TEEN NIGHT: SWIM AND GYM TIME

Ages 11-18

Come and enjoy a Friday night with your friends. Play games in the gym, or video games, pool, table tennis, or foosball in the Teen Room from 6-9 p.m. Swimming is open from 7-8 p.m. (All swimming levels welcome). Food is available from 8-9 p.m. Please, bring a swimsuit and towel for the pool. **No program 11/29.**

69793 9/6-12/27 Friday 6-9 p.m. FREE

DROP-IN PROGRAMS

Register for a free Quick Card in order to participate in all drop-in programs. Check-in at the front desk.

INTERNATIONAL DISTRICT/CHINATOWN CC

50 & UP FUN Ages 50 and Older

Come play a variety of games, including ping pong and Mahjong! Five Donic Delhi 25 tables and two Mahjong tables will be set up for your enjoyment.

70129	9/3-12/16	Tu/Th	3-5:45 p.m.	FREE
70108	9/3-12/27	M/W/F	3-4:45 p.m.	FREE

50 & UP EXERCISE Ages 50 and Older

Exercise and physical activity are good for just about everyone, including older adults. Come and sweat it out to your favorite aerobic DVDs. Hand weights and resistance bands provided.

70125	9/4-12/20	W/F	11 a.m.-12:30 p.m.	\$2/\$3
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CHINESE DANCE Ages 18 and Older

Through music and movement, dancers will be immersed in culture and community in this Chinese dance class.

70116	9/3-12/26	Tu/Th	11:15 a.m.-1 p.m.	\$2/\$3
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GENTLE YOGA Ages 50 and Older

Relax using disciplined techniques of traditional yoga to enhance strength and well-being.

70130	9/5-12/26	Thursday	9:45-11 a.m.	\$3
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ZUMBA Ages 16 and Older

Zumba® combines high energy, motivating music, and unique moves that allow you to dance away your worries. The routines feature aerobic/fitness interval training, combining fast and slow rhythms that tone and sculpt the body.

70131	9/7-12/28	Saturday	10-11 a.m.	\$5
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DROP-IN PROGRAMS

Register for a free Quick Card in order to participate in all drop-in programs. Check-in at the front desk.

JEFFERSON CC

AFTER SCHOOL HANGOUT Ages 12-17

Enjoy this safe place for teens to gather, socialize and play games. Activities include foosball, board games, video games, music sharing and more. FREE Wi-Fi access.

70325	9/3-12/20	M/Tu/Th/F	3:30-6 p.m.	FREE
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TEEN CHEF & GARDENING Ages 12-17

Learn from chefs and create a menu. We will use a budget to gather ingredients available. We will also create healthy snacks and meals with our own teen tended garden, and then plan on what to plant.

70326	9/4-12/11	Wednesday	3-5 p.m.	FREE
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FIBER ARTS GROUP Ages 18 and Older

Bring your quilting, textile arts and crafts projects to work on. Share ideas and enjoy the company of other crafters. No formal instruction provided.

69751	9/6-12/20	Friday	11 a.m.-2 p.m.	FREE
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BALLROOM & LINE DANCE Ages 18 and Older

Come dance to the rhythm of ballroom or line dance. Come with a partner or by yourself for a fun day of dancing. No experience necessary.

69749	9/4-12/18	Wednesday	1-3 p.m.	FREE
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ADULT TAI CHI Ages 18 and Older

Stretch and relax your mind, body, and spirit in our Tai Chi class. Suited for all levels. Dress in comfortable clothing that allows you to move freely.

69747	9/4-12/18	Wednesday	9:30-11 a.m.	FREE
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LAKE CITY CC

MINDFULNESS FOR MIDDLE SCHOOLERS Ages 11-14

Middle Schoolers! Join us to learn about simple tools for self-care at the Lake City Branch Library. We'll have games, activities, and art projects to help focus the mind on peaceful recreation
Program held at: Lake City Branch Library, 12501 28th Ave NE Seattle, WA

70265	9/11-12/18	Wednesday	3-4 p.m.	FREE
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MAGNUSON CC: ROCK THE PARK

AFTER SCHOOL MOVIE NIGHT Ages 12-17

Join us for some old-school and new-school classics, as well as seasonal films. Oh, and there's popcorn, too!

69603	10/7-12/30	Monday	6-8:30 p.m.	FREE
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AFTER SCHOOL PAINTING Ages 12-17

Express yourself through brush strokes and create whatever comes to your mind. There is no formal teacher, but don't let that stop you from painting beautiful landscapes, lush fruits, or dashing portraits. Bob Ross would be proud.

69604	10/2-12/18	Wednesday	5-6 p.m.	FREE
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AFTER SCHOOL ACADEMIC TIME Ages 13-17

Flex your mind muscles with games like chess or take some time to finish up that homework so you can do whatever you want at home!

69607	10/7-1/3	Mon-Fri	4-6 p.m.	FREE
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AFTER SCHOOL TEEN COUNCIL Ages 12-17

Support your community by participating in the Magnuson Teen Council! Plan community cookouts, organize a park clean up, host a donation event, or spread the word on the local radio station. This is your chance to give back!

69608	10/2-12/18	Wednesday	3-4 p.m.	FREE
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AFTER SCHOOL BOARD GAMES Ages 12-17

Drop in and game with us! From casual to competitive gaming, fun is at your fingertips!

69602	10/3-12/26	Thursday	6-7:30 p.m.	FREE
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DROP-IN PROGRAMS

Register for a free Quick Card in order to participate in all drop-in programs. Check-in at the front desk.

MEADOWBROOK CC

BOARD GAMES Ages 7 and Older

Bring your favorite game or try one of ours during some community fun! All ages are welcome, but children under 12 must be accompanied by an adult. Come match with members of your community.

70384 9/7-12/28 Saturday 9:30 a.m.-4:30 p.m. FREE

CRAFT GROUP Ages 16 and Older

Bring supplies and craft alongside other inspired crafters. From beading to scrapbooking, students can easily find help from others for their individual projects. This is not a class, just crafting and discussions. Everyone is welcome.

70385 9/14, 10/12, and 11/9 Saturday 12:30-4:30 p.m. FREE

MILLER CC

AFTERSCHOOL TEEN PROGRAM Ages 11-14

This is a daily after-school tween/teen program filled with a variety of activities: sports, arts, music, cooking, and more! Activities are designed for middle-school aged youth.

69789 9/4-12/20 M/Tu/Th/F 4-6 p.m. FREE
Wednesday 2:30-6 p.m. FREE

FLOOR DANCE Ages 18 and Older

Dance freely and expressively at our drop-in floor dancing session! Practice your routines or improvise to the music. Join us for a fun, energetic atmosphere where you can groove to the music.

70632 9/9-12/30 Monday 5-8 p.m. FREE

ADULT ROLLER SKATING Ages 18 and Older

Lace up, drop in, and roll out! Join the fun of roller skating in a safe and welcoming environment. Whether you're experienced or new to skating, we welcome all! Glide in and enjoy the ride. Please bring your own skates.

70093 9/5-12/26 Thursday 1:30-3:30 p.m. FREE



DROP-IN PROGRAMS

Register for a free Quick Card in order to participate in all drop-in programs. Check-in at the front desk.

QUEEN ANNE CC

ESL CLASS: ENGLISH CONVERSATION All Ages

Practice English in a friendly, relaxed setting and work at a more experienced level. The focus will be on conversation, but can also include grammar, reading, and writing as needed.

70078 9/3-12/26 Tuesday 9:30-10:30 a.m. FREE

TEEN ROOM Ages 16 and Older

The Teen Room is a space to hang out, play video/board games, make art, and participate in special events. Free WI-FI and free food! (Please check the monthly teen calendar for updated times and events).

69955 9/3-12/31 M-F 3:45-6:30 p.m. FREE

RAINIER CC

BRIDGE Ages 50 and Older

Drop in bridge.

70546 9/4-12/18 Wednesday 11 a.m.-2 p.m. FREE

HIP HOP SPIN Ages 16 and Older

Join this Get Moving sponsored FREE spin class to release stress, socialize, and energize your evening. Endure intervals, hills, sprints, and upper body movements for a full-body workout set to hip hop and R&B. All levels welcome. Challenge yourself and make progress toward your fitness goals.

70550 9/3-12/31 Tuesday 6-7 p.m. FREE

ADULT THERAPEUTIC TAI CHI Ages 18 and Older

Stretch and relax your mind, body, and spirit. Suited for all levels. Dress in comfortable clothing that allows you to move freely.

70549 9/6-12/27 Friday 1-1:45 p.m. \$3

MAH JONGG Ages 50 and Older

Join friends or make new ones as you try your luck in this game of skill, strategy, and calculation. Bring your set if you have one and a snack to share. This is for participants with some experience.

70551 9/5-12/26 Thursday 11 a.m.-2 p.m. FREE

RAINIER BEACH CC

DETECTIVE COOKIE'S CHESS CLUB Ages 7-19

Children and teens are invited to join this Chess Club. Family and community members are also welcome. Drop by to learn and play chess!

67807 9/7-12/28 Saturday Noon-2 p.m. FREE

HIP HOP SPIN Ages 16 and Older

Join this Get Moving sponsored FREE spin class to release stress, socialize, and energize your evening. Endure intervals, hills, sprints, and upper body movements for a full-body workout set to hip hop and R&B. All levels welcome. Challenge yourself and make progress toward your fitness goals.

67813 9/9-12/30 Monday 6-7 p.m. FREE

TEEN DROP-IN: HOOP IT UP Ages 12-17

Build a team, have fun, and enjoy sharing your skills in 3-on-3 basketball games after school in the gym.

67821 10/3-12/19 Thursday 4-5 p.m. FREE

TEEN DROP-IN: PRE-TEEN COOKING Ages 10-12

Learn to cook with your fellow pre-teens! We meet on the 2nd & 4th Wednesdays of each month. E-13 form is required.

67823 9/11-12/11 Wednesday 3-4 p.m. FREE

TEEN DROP-IN: TEEN COOKING Ages 12-17

This program focuses on encouraging teens to explore the kitchen and find healthy alternatives to what they normally eat. Youths will research recipes and be responsible for preparing a budget and menu. This program will familiarize teens with basic cooking instructions, preparation, and kitchen safety under the supervision of center staff. We meet on the 2nd & 4th Wednesdays of each month. E-13 form is required.

67824 10/23-12/11 Wednesday 4-5 p.m. FREE

DROP-IN PROGRAMS

Register for a free Quick Card in order to participate in all drop-in programs. Check-in at the front desk.

RAVENNA-ECKSTEIN CC

BAKING CLUB Ages 10-17

Baked goods make any day better. Come learn some basic baking skills and work with a team as we explore a new recipe each week.

70680 9/4-12/18 Wednesday 4-5 p.m. FREE

CHESS CLUB Ages 10-17

Chess Club is a hub for players of all skill levels to enhance their critical thinking abilities through engaging lessons. Improve your chess skills while socializing and having fun with like-minded members who share your passion for strategy. Free food and drink!

70679 9/6-12/20 Friday 4-5 p.m. FREE

COOKING CLUB Ages 10-17

Come cook with us! We will explore a new recipe every week. No experience necessary. Learn kitchen safety and have fun creating delicious meals with peers.

70893 9/9-12/23 Monday 5:30-6:30 p.m. FREE

QUIET TIME (TEEN ROOM) Ages 10-17

Shhhh. Time to sit in a quiet, low light room with fidget toys, a hammock, blankets, and yoga mats. Tea provided.

70688 9/9-12/23 Monday 4-5 p.m. FREE

TEEN INDOOR SOCCER Ages 10-15

Come play soccer with us in the Ravenna-Eckstein gym! This unstructured time would include pick-up games or any soccer-related game that the group decides.

70682 9/4-11/27 Wednesday 3:30-4:30 p.m. FREE

TEEN PLAYSPACE GAMES Ages 10-15

Have fun playing indoor tag, Hide and Seek, or building forts in our multi-Purpose Room. We have large gymnastic mats, tubes, and more to explore.

70678 9/5-12/19 Thursday 4-5 p.m. FREE

TEEN ROOM Ages 10-17

The Teen Room is a space to hang out, play video/board games, make art, and participate in special events. Free WI-FI and free food! (Please check the monthly teen calendar for updated times and events.)

70677 9/3-12/24 Mon-Thu 4-6:30 p.m. FREE
Wednesday 3-6:30 p.m. FREE

YOUTH ULTIMATE FRISBEE Ages 9-17

Play and practice your ULTIMATE skills on the Ravenna upper playfield! Volunteer coaches will lead a fun practice with some skill development and games.

70866 9/4-11/20 Wednesday 3:30-4:30p.m. FREE



DROP-IN PROGRAMS

Register for a free Quick Card in order to participate in all drop-in programs. Check-in at the front desk.

VAN ASSELT CC

BEACON WRESTLING CLUB Ages 11-17

Cleveland High School coaching staff will be providing an opportunity for middle and high school youth to learn the basics and fundamentals of wrestling. Normal gym attire is appropriate.

70147 9/30-12/20 M/F 4:15-5:45 p.m. FREE



YESLER CC

AROMA, A COOKING CLASS Ages 12-18

This easy-to-follow cooking class will teach you basic culinary skills like chopping, slicing, dicing, and sautéing. Take control of your kitchen by learning how to meal plan, shop for food, and help another chef

70843 9/4-12/18 Wednesday 4-6:30 p.m. FREE

ARTS AND CRAFTS Ages 10-18

Are you creative and like to paint or design things from scratch? Join our program and find freedom of expression as we make tie dye t-shirts, bracelets, scented candles, paint, and much more.

70440 9/3-12/24 Tuesday 4-6:30 p.m. FREE

BOARD GAMES Ages 7 and Older

Bring your favorite game or try one of ours during some community fun! All ages are welcome, but children under 12 must be accompanied by an adult. Come match with members of your community.

70428 9/7-12/28 Saturday 9:30 a.m.-3:30 p.m. FREE

HOMEWORK LAB Ages 12-17

If you need a little extra help with your homework or a quiet space to study, meet-up every Mon-Thurs at Yesler CC from 3:30-5:30 p.m. for homework time.

70441 9/3-12/26 Mon-Thu 3:30-5:30 p.m. FREE

NAIL GLAM Ages 12-18

Teens and tweens who want to give their nails a little pop of color, get your nails GLAMMED with a Gel Polish or a Powered Dip. Enjoy this simple yet fun way to be beautiful starting at your fingertips. BY APPOINTMENT ONLY.

70844 9/9-12/23 Monday 3:30-6 p.m. FREE

SHINE FOR GIRLS Ages 12-18

This program gives young ladies a platform to be seen, heard, and empowered to lift each other up. Young women will have a safe space to discuss and share their truth as they foster meaningful relationships while mentoring each other and becoming exemplary leaders.

70444 9/5-12/26 Thursday 4-6:30 p.m. FREE

DROP-IN SPORTS

Register for a free Quick Card in order to participate in all drop-in athletic programs. Check-in at the front desk.

BASKETBALL

BALLARD CC	Ages 16 and Older	MAGNUSON CC (Continued)
70160 9/9-12/16 Monday 6:15-8:45 p.m. FREE		ADULT Ages 18 and Older
DELRIDGE		69599 9/3-12/24 M/Tu 2-3:30 p.m. FREE
MEN'S Ages 18 and Older		69599 9/3-12/24 Wednesday Noon-3 p.m. FREE
69554 9/10-11/19 Tuesday 4-6:30 p.m. FREE		69599 9/3-12/24 Thursday 6-7:30 p.m. FREE
WOMEN'S Ages 18 and Older		MEADOWBROOK CC
69556 9/12-11/21 Thursday 4-6:30 p.m. FREE		TEEN BASKETBALL Ages 11-18
GARFIELD CC		70387 9/9-11/18 Monday 5-6:30 p.m. FREE
YOUTH Ages 12-18		ADULT BASKETBALL Ages 18 and Older
69584 9/4-12/27 W/F 2:30-5:30 p.m. FREE		70379 9/9-11/25 Monday 6:45-8:15 p.m. FREE
ADULT Ages 18 and Older		MILLER CC
69579 9/3-12/31 Tu/Th 12:30-3:30 p.m. FREE		ADULT Ages 18 and Older
GREEN LAKE CC		69778 9/4-11/27 Wednesday 6-8:30 p.m. FREE
ADULT Ages 18 and Older		Friday 6-8 p.m. FREE
69813 9/7-12/28 Saturday 1-2:30 p.m. FREE		YOUTH Ages 11-14
HIGH POINT CC		69805 9/5-11/27 M/Tu/Th/F 4-6 p.m. FREE
YOUTH Ages 10-18		Wednesday 2:30-6 p.m. FREE
Saturday 12:30-5 p.m.		WHEELCHAIR BASKETBALL Ages 10 and Older
Sunday 2-7 p.m. FREE		69783 9/3-11/26 Tuesday 6-8:30 p.m. FREE
FAMILY All Ages		RAINIER CC
Sunday Noon-2 p.m. FREE		YOUTH Ages 12-17
ADULT Ages 18 and Older		70547 9/3-12/24 Mon-Fri 4-6 p.m. FREE
Saturday 12:30-5 p.m. FREE		ADULT Ages 18 and Older
INT'L DISTRICT/CHINATOWN CC Ages 18 and Older		70544 9/3-12/31 Mon-Fri 6-8 p.m. FREE
70111 9/4-12/27 M/W/F 11:30-1:30 p.m. FREE		VAN ASSELT CC
JEFFERSON CC Ages 16 and Older		YOUTH Ages 11-18
69750 9/9-12/16 Monday 6-8:30 p.m. FREE		70152 9/10-12/20 Tue-Fri 3:30-5 p.m. FREE
LOYAL HEIGHTS CC Ages 18 and Older		ADULT Ages 18 and Older
9/9-12/20 M/Tu/W/F 2-5 p.m. FREE		70149 9/10-12/19 M/Tu/Th 6-7:45 p.m. FREE
MAGNUSON CC		YESLER CC
TEEN Ages 12-17		ADULT Ages 18 and Older
69605 9/3-12/31 Monday 3:45-5:30 p.m. FREE		70425 9/7-12/28 Saturday 8:30-11:30 a.m. FREE
Tuesday 3:45-6:15 p.m. FREE		
Tuesday 8-8:45 p.m. FREE		
Wednesday 3-5:30 p.m. FREE		
Thursday 3:45-5:45 p.m. FREE		
Friday 4-8:45 p.m. FREE		

DROP-IN SPORTS

Register for a free Quick Card in order to participate in all drop-in athletic programs. Check-in at the front desk.

BADMINTON

BALLARD CC	All Ages
70143 9/1-12/15 Sunday 10 a.m.-1 p.m. FREE	
INT'L DISTRICT/CHINATOWN CC Ages 18 and Older	
70109 9/3-12/31 Tu/Th 10 a.m.-2 p.m. FREE	
JEFFERSON CC Ages 16 and Older	
69748 9/3-12/17 Tuesday 6-8:45 p.m. FREE	
MAGNUSON CC Ages 18 and Older	
69598 11/20-11/27 Wednesday 6-7:30 p.m. FREE	
69598 9/9-11/27 Monday 7-8:30 p.m. FREE	
MEADOWBROOK CC Ages 18 and Older	
70378 9/13-11/22 Friday 5-8:15 p.m. FREE	
MILLER CC Ages 18 and Older	
70095 9/9-12/30 Monday 1:30-3:30 p.m. FREE	
RAVENNA-ECKSTEIN CC Ages 16 and Older	
70892 9/3-12/31 Tuesday 5-7 p.m. FREE	
YESLER CC Ages 18 and Older	
70424 9/7-12/28 Saturday 12:30-2:30 p.m. FREE	

DODGEBALL

BALLARD CC	Ages 16 and Older
70144 9/7-12/14 Saturday 12:30-2:30 p.m. FREE	
GREEN LAKE CC Ages 18 and Older	
69809 9/4-12/18 Wednesday 7-8:45 p.m. FREE	
LOYAL HEIGHTS CC Ages 16 and Older	
67988 9/9-12/30 Monday 7-8:45 p.m. FREE	
QUEEN ANNE CC Ages 10 and Older	
69911 9/13-12/13 Friday 6-8 p.m. FREE	

FITNESS ROOM

DELRIDGE CC	Ages 18 and Older
69551 9/9-12/21 Mon-Fri 9 a.m.-6 p.m. FREE	
Saturday 10 a.m.-5 p.m. FREE	
GARFIELD CC Ages 18 and Older	
69581 9/3-12/31 Mon-Fri 9 a.m.-7:30 p.m. FREE	
Saturday 10 a.m.-4:30 p.m. FREE	
INT'L DISTRICT/CHINATOWN CC Ages 18 and Older	
70118 9/4-12/30 M/W/F 11 a.m.-9 p.m. FREE	
70119 9/3-12/31 Tu/Th 9:30 a.m.-6 p.m. FREE	
70120 9/7-12/28 Saturday 9 a.m.-5 p.m. FREE	
LOYAL HEIGHTS CC Ages 18 and Older	
9/9-12/30 M/W/F 9 a.m.-9 p.m. FREE	
9/10-12/31 Tu/Th Noon-7:30 p.m. FREE	
MEADOWBROOK CC Ages 18 and Older	
70386 9/3-12/31 Mon-Sat 8:30 a.m.-8:15 p.m. FREE	
NORTHGATE CC Ages 18 and Older	
70339 9/3-12/31 Mon-Fri 9 a.m.-7:45 p.m. FREE	
QUEEN ANNE CC Ages 18 and Older	
69949 9/3-12/31 Mon-Fri 9 a.m.-7:45 p.m. FREE	
9/7-12/28 Saturday 9 a.m.-4:45 p.m.	
RAINIER BEACH CC Ages 18 and Older	
67809 9/6-12/28 F/Sa 8:30 a.m.-6:45 p.m. FREE	
67810 9/9-12/31 Mon-Thu* 2-3:45 p.m. FREE	
*Tu/Th - Closed 2-3:45 p.m.	
67811 9/8-12/29 Sunday 9 a.m.-6:45 p.m. FREE	
YESLER CC	
70430 9/3-12/28 Mon-Fri 7:15 a.m.-6:30 p.m. FREE	
9/7-12/28 Saturday 8:30 a.m.-4:45 p.m.	

DROP-IN SPORTS

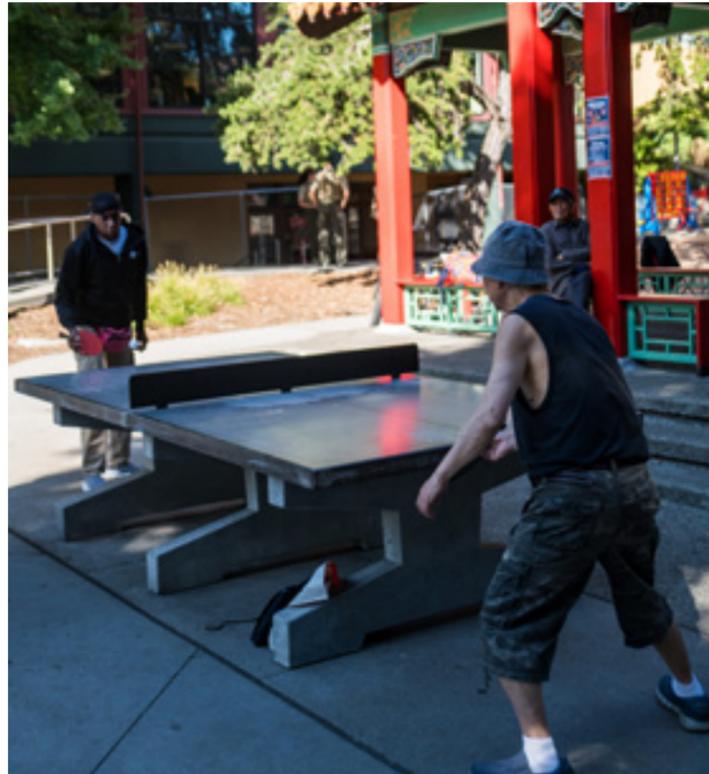
Register for a free Quick Card in order to participate in all drop-in athletic programs. Check-in at the front desk.

OPEN GYM

BITTER LAKE CC	Ages 5 and Older
70453 9/3-12/31 Everyday 2-6 p.m. FREE	
DELRIDGE CC	Ages 10 and Older
69553 9/9-11/30 M/W 12:30-4:30 p.m. FREE	
Tu/Th 12:15-3:45 p.m. FREE	
Friday 9 a.m.-Noon FREE	
Saturday 2:30-5:30 p.m. FREE	
GREEN LAKE CC	Ages 5 and Older
69815 9/7-11/30 Saturday 2:30-4:45 p.m. FREE	
HIGH POINT CC	Ages 10-18
69762 9/9-11/27 M/W/F 3:30-7:45 p.m. FREE	
INT'L DISTRICT/CHINATOWN CC	
ALL AGES	
70115 9/9-12/30 Monday 3-6 p.m. FREE	
70202 9/12-12/19 Thursday 4-6 p.m. FREE	
FAMILY	All Ages
70117 9/7-12/28 Saturday 2-5 p.m. FREE	
YOUTH	Ages 11-17
70124 9/4-12/18 Wednesday 3-6 p.m. FREE	
70123 9/6-12/27 Friday 3-9 p.m. FREE	
MAGNUSON CC	All Ages
FAMILY	
69600 9/7-12/28 Saturday 12:30-2:30 p.m. FREE	
MILLER CC	All Ages
70689 9/3-12/31 Tuesday 1:30-3:30 p.m. FREE	
RAVENNA-ECKSTEIN CC	Ages 12.5 and Older
70890 9/3-12/31 Monday 2:45-5:15 p.m. FREE	
Tuesday 2:45-4:45 p.m. FREE	
Saturday 11:45 a.m.-4:45 p.m. FREE	
Please call the community center for updated hours: 206-684-7534	
YESLER CC	
YOUTH	Ages 12-18
70446 9/4-12/18 Wednesday 2-4 p.m. FREE	
70431 9/7-12/28 Saturday 11:30 a.m.-12:30 p.m. FREE	
OPEN GYM	All Ages
70442 9/6-12/27 Friday 3-6:30 p.m. FREE	

PING-PONG / TABLE TENNIS

GREEN LAKE CC	Ages 18 and Older
69811 9/3-12/17 Tuesday 6-8:45 p.m. FREE	
69810 9/4-12/18 Wednesday 10 a.m.-1 p.m. FREE	
69811 9/6-11/22 Friday 2:30-5:30 p.m. FREE	
INT'L DISTRICT/CHINATOWN CC	
ADULT	Ages 18 and Older
70126 9/3-12/31 M/W/F 1-2:55 p.m. \$2	
9/3-12/31 Tu/Th 1:30-2:55 p.m. FREE	
MILLER CC	
TEEN	Ages 11-13
70832 9/10-12/17 Tuesday 4-6 p.m. FREE	
ADULT	Ages 18 and Older
70833 9/10-12/17 Tuesday 6-8 p.m. FREE	
NORTHGATE CC	Ages 7 and Older
70341 9/9-11/25 Mon-Fri 9 a.m.-7:30 p.m. FREE	
YESLER CC	Ages 18 and Older
70426 9/7-12/28 Saturday 1-4:45 p.m. FREE	



DROP-IN SPORTS

Register for a free Quick Card in order to participate in all drop-in athletic programs. Check-in at the front desk.



PICKLEBALL

BALLARD CC	All Ages
70196 9/10-12/19 Tu/Th 10 a.m.-12:30 p.m. FREE	
70195 9/11-12/18 Wednesday 5:15-8:45 p.m. FREE	
BITTER LAKE CC	All Ages
70452 9/3-12/31 Sunday 3-4:30 p.m. FREE	
Tu/F 10 a.m.-1 p.m. FREE	
DELRIDGE CC	Ages 18 and Older
69552 9/9-11/27 M/W 9 a.m.-Noon FREE	
Friday 12:30-7 p.m. FREE	
GARFIELD CC	Ages 18 and Older
69577 9/5-12/26 Thursday 10 a.m.-Noon FREE	
69578 9/6-12/27 Friday Noon-2 p.m. FREE	
GREEN LAKE CC	Ages 18 and Older
71645 9/9-11/25 Monday 7:30-8:45 p.m. FREE	
69812 9/3-12/26 Tu/Th 11:30 a.m.-2:30 p.m. FREE	
Saturday 11:15 a.m.-12:45 p.m. FREE	
HIGH POINT CC	Ages 18 and Older
68294 9/4-12/20 W/F 10 a.m.-1 p.m. FREE	
INT'L DISTRICT/CHINATOWN CC	Ages 18 and Older
70110 9/9-12/30 Monday 6-8:45 p.m. FREE	
70112 9/7-12/28 Saturday 11:30 a.m.-1:30 p.m. FREE	
JEFFERSON CC	Ages 18 and Older
69752 9/9-12/16 Monday 10 a.m.-1 p.m. FREE	
LOYAL HEIGHTS CC	All Ages
67989 10/4-1/3 Friday 10:30 a.m.-2 p.m. FREE	
MAGNUSON CC	Ages 18 and Older
69601 9/12-12/26 Thursday 9:30-11:30 a.m. FREE	
Saturday 3-5 p.m. FREE	
MEADOWBROOK CC	Ages 18 and Older
70380 9/5-12/19 Thursday 10 a.m.-3 p.m. FREE	
MILLER CC	Ages 18 and Older
69780 9/4-12/18 M/W 10 a.m.-1 p.m. FREE	
NORTHGATE CC	Ages 16 and Older
70345 9/10-11/26 Tuesday 5:30-7:45 p.m. FREE	
70342 9/4-12/30 Monday 9:30 a.m.-2 p.m. FREE	
QUEEN ANNE CC	Ages 18 and Older
69723 9/4-12/30 M/W 11 a.m.-2 p.m. FREE	
RAINIER CC	Ages 18 and Older
70548 9/3-12/31 Tu/Th 10 a.m.-1 p.m. FREE	
RAINIER BEACH CC	Ages 18 and Older
70012 9/8-12/29 Sunday 12:30-2:30 p.m. FREE	
RAVENNA-ECKSTEIN CC	Ages 16.5 and Older
70889 9/7-12/30 Monday 5:30-7:30 p.m. FREE	
Saturday 9:30-11:30 a.m. FREE	
VAN ASSELT CC	Ages 50 and Older
70150 9/11-12/18 M/W Noon-2:45 p.m. FREE	
YESLER CC	Ages 18 and Older
70443 9/3-12/26 Tu/Th 9 a.m.-Noon FREE	

DROP-IN SPORTS

Register for a free Quick Card in order to participate in all drop-in athletic programs. Check-in at the front desk.

VOLLEYBALL

BALLARD CC	Ages 18 and Older			
70189	9/10-12/20	Tu/F	4:15-5:45 p.m.	FREE
70190	9/10-12/20	Tu/F	5:45-7:15 p.m.	FREE
70191	9/10-12/20	Tu/F	7:15-8:45 p.m.	FREE
DELRIDGE CC	Ages 18 and Older			
69546	9/14-12/21	Saturday	10 a.m.-2 p.m.	FREE
GARFIELD CC	Ages 16 and Older			
69580	9/5-11/21	Thursday	5:30-7:30 p.m.	FREE
GREEN LAKE CC	Ages 18 and Older			
71642		Thursday	6-8:45 p.m.	FREE
INT'L DISTRICT/CHINATOWN CC				
YOUTH	Ages 17 and Under			
70122	9/3-12/31	Tuesday	4-6 p.m.	FREE
ADULT	Ages 18 and Older			
70113	9/4-12/18	Wednesday	6-8:45 p.m.	FREE
70114	9/7-12/28	Saturday	9-11 a.m.	FREE
MEADOWBROOK CC				
TEEN	Ages 10-17			
70389	9/4-11/27	Wednesday	5-6 p.m.	FREE
ADULT	Ages 18 and Older			
70382	9/4-11/27	Wednesday	6:15-8:15 p.m.	FREE
MILLER CC				
WOMEN'S - 1st Monday of the month	Ages 18 and Older			
70135	10/7, 11/4, and 12/2	Monday	6-8:30 p.m.	FREE
ADULT	Ages 18 and Older			
69785	9/5-11/25	M/Th	6-8:30 p.m.	FREE
NORTHGATE CC	Ages 16 and Older			
70346	9/9-11/25	Monday	5:30-7:45 p.m.	FREE
RAINIER CC	Ages 18 and Older			
70545	9/7-12/28	Saturday	10 a.m.-Noon	FREE
RAINIER BEACH CC	Ages 18 and Older			
67806	9/8-12/29	Sunday	9 a.m.-Noon	FREE
VAN ASSELT CC	Ages 18 and Older			
70148	9/11-12/18	Wednesday	5:45-7:45 p.m.	FREE
YESLER CC	Ages 18 and Older			
70427	9/7-12/28	Saturday	2:30-4:30 p.m.	FREE



VIRTUAL PROGRAMS

MARCUS GARVEY BOOK CLUB

FREE

Ages 18 and Older

Books are the foundation of knowledge. Come join facilitators Reverend Harriett Walden and Erik Stark of The Family Empowerment Institute. Each month covers a new book focusing on local, cultural, historical, and African American topics. You must be registered to attend. This class is a hybrid class. You may register for an in-person experience or choose to participate online via Webex video conferencing.

69587 9/3-12/17 Tuesday 6-7:30 p.m. FREE

VIRTUAL PIANO GROUP LESSONS

Ages 5 and Older

Learn to play the piano from an experienced professional teacher in weekly small group lessons. Training includes sight-reading, technique, expression, theory, and chords. Students must have access to a full electric keyboard or piano for practice outside of lessons. Class is NOT in-person. Register through High Point Community Center by calling 206-684-7422. **No class 10/14 or 11/11**

68297 10/7-12/16 Monday 4-8:30 p.m. \$280

SPD MIXED GENDER PERSONAL SAFETY CLASS

Ages 14 and Older

Learn how to be proactive and enhance your personal safety. Through discussion and lecture you will be taught to avoid dangerous situations and decrease the odds of becoming a victim. Presented to you by female and male Seattle police officers and is not a self-defense class.

70931 9/14 Saturday 11:15 a.m.-1 p.m. FREE

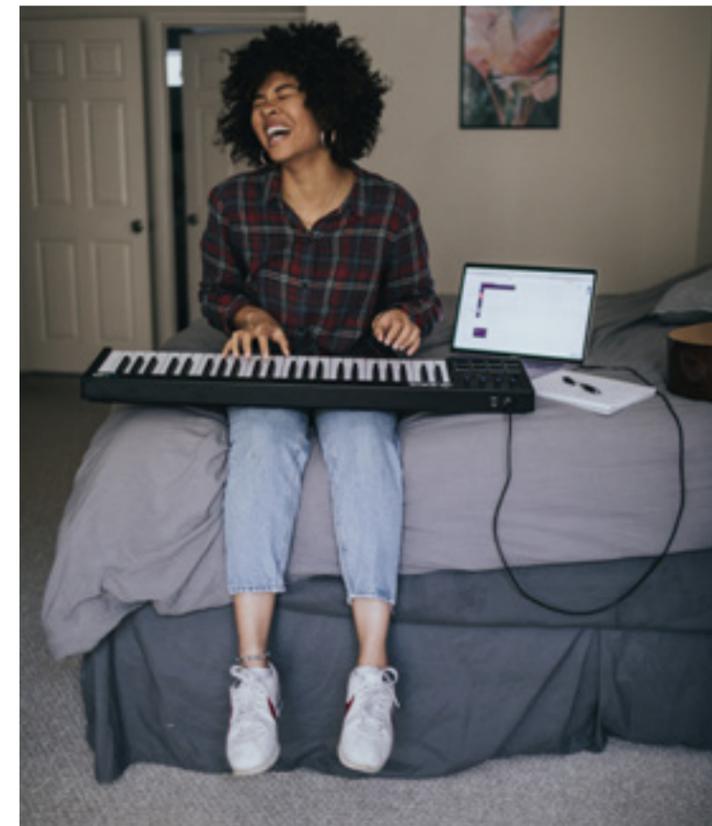
VIRTUAL

70932 10/1 Tuesday 5:30-7:30 p.m. FREE
70933 11/13 Wednesday 6-8 p.m. FREE

DOWNLOAD WEBEX



DOWNLOAD TO PARTICIPATE IN VIRTUAL PROGRAMS:
http://bit.ly/webex_download



Prior to event, a link will be sent to join, through Webex. For questions email: PKS_Virtual_Programs@seattle.gov

SPECIAL EVENTS

Look out for this symbol
for Citywide Environmental
Education programs



SPECIAL EVENT: BALLARD HALLOWEEN CARNIVAL

BALLARD CC All Ages

Early Bird gets the gummy worm! Crafts, music, food, games, prizes and fun. There is something here for everyone. Come try your luck while there is still time.

70372 10/25 Friday 6-8 p.m. \$10

SPECIAL EVENT: SILK SCREENING ON TILES

BALLARD CC Ages 18 and Older

Join us for an afternoon of fun as we learn how to use flexible silkscreens and underglazes on ceramic tiles. Cost includes all materials and kiln firings to make a 6" tile. Additional tiles may be purchased for \$10 each. NO experience is necessary.

70422 11/17 Sunday Noon-2 p.m. \$30

SPECIAL EVENT: FAMILY ORNAMENT PAINTING PARTY

BALLARD CC All Ages

Bring the whole family and get creative. We provide porcelain ornament blanks and non-toxic paints and markers. Use your imagination and create some memories! Additional tiles may be purchased for \$10 each.

70895 12/8 Sunday 10:30 a.m.-Noon \$11

SPECIAL EVENT: ADULT ORNAMENT PAINTING PARTY

BALLARD CC Ages 5 and Older

Get creative and decorate your own porcelain ornament. We provide Porcelain ornament blanks and an assortment of permanent acrylic paints including golds and silvers. You provide your imagination!

70896 12/8 Sunday 12:30-2 p.m. \$20

SPECIAL EVENT: BALLARD GINGERBREAD JUBILEE

BALLARD CC All Ages

Join us this year for an evening of holiday fun. You bring your imagination, and we provide the rest! There will be all sorts of crafts, music and of course our magnificent Gingerbread construction zone!

70371 12/20 Friday 6-8 p.m. \$5

SPECIAL EVENT: BINGO DAY

BITTER LAKE CC All Ages

BINGO is the name of the game, and everybody is invited to play and have a chance to win awesome prizes! We will start promptly at Noon and light refreshments will be provided. Entry fee is \$5/person.

70492 9/15 Sunday Noon-2 p.m. \$5

SPECIAL EVENT: BIG PUMPKIN BASH

BITTER LAKE CC All Ages

Get your costumes and bring your family out for ghoulish-good fun with carnival games, face painting, refreshments, and the always popular cake walk! Bring a can of food to donate. Volunteer hours are available. Call 206-684-7524 for more details. \$0.25/ticket and \$10/entry bracelet payable by cash or check.

70595 10/19 Saturday 6-8 p.m. \$10

SPECIAL EVENT: MULTI-CULTURAL DINNER

BITTER LAKE CC All Ages

Join us for a culinary tour around the world and introduce your family to food from different cultures during this annual Bitter Lake tradition. Food is one of the best ways to experience and celebrate diversity. We have something for everyone!

70596 12/6 Friday 5:30-7 p.m. \$5

SPECIAL EVENT: WINTER FESTIVAL CRAFTERNOON

BITTER LAKE CC Ages 5 and Older

Celebrate the holiday season with festive crafts using a variety of media! Bring the whole family and make a variety of winter-themed crafts like wreaths and snowflakes. All materials are provided

70494 12/8 Sunday 2-4 p.m. \$20



Look out for this symbol
for Citywide Environmental
Education programs

SPECIAL EVENTS

SPECIAL EVENT: HOLLY DAY DECORATIONS

DISCOVERY PARK Ages 6 and Older

Don't miss the return of this annual event! Spruce up your home for the coming winter the natural way. Basic materials provided. You may want to bring special ribbon, cones, or other decorations. All children must be accompanied by an adult. Everyone attending the program must be registered.

70705 12/14 Saturday 2-4:30 p.m. \$20



SPECIAL EVENT: SEATTLE KIKI SESSIONS PRESENTS: YOU ARE NOW

GARFIELD CC Ages 16-25

Dive into Seattle's underground ballroom scene at our mini-ball competition celebrating LGBTQ+ self-expression, creativity, and storytelling. Watch or join participants as they vogue, walk the runway, and more to win prizes. Don't miss this chance to connect with the local ballroom community while enjoying FREE food and health services.

69654 9/4 Friday 5:30-7:30 p.m. FREE

SPECIAL EVENT: IN SERVICE DAY DISASTER DAY CAMP

GARFIELD CC Ages 8-14

The City of Seattle's Office of Emergency Management will be teaching fun and useful emergency preparedness skills. Receive hands on training on what to do in the event of an earthquake or other natural disasters!

69925 10/11 Friday 9:30 a.m.-1:30 p.m. FREE

SPECIAL EVENT: GREAT WASHINGTON SHAKEOUT

GARFIELD CC All Ages

Millions of people worldwide will practice how to Drop, Cover, and Hold On during the Great ShakeOut Earthquake Drill! Come by to practice earthquake safety and participate in a discussion on how to be "two weeks ready."

69593 10/17 Thursday 10-11 a.m. FREE

SPECIAL EVENT: CREEPY CARNIVAL FOR KIDS

GARFIELD CC Ages 12 and Younger

Get in the Halloween spirit with this spooky event! Enjoy music, carnival games, face painting, and lots of treats.

69592 10/25 Friday 5-7 p.m. FREE

SPECIAL EVENT: COSTUME CRAWL TOT GYM

GARFIELD CC Ages 1 month-5 years

Toddler gym, spooky crafts and snacks. Come in your costume!

69591 10/28 Monday 10 a.m.-1 p.m. FREE

SPECIAL EVENT: COMMUNITY HOLIDAY PARTY

GARFIELD CC All Ages

Celebrate the season's many wonders with your neighbors and friends! Enjoy music, games, crafts and more. Participants can register for a gift from Toys for Tots. Toys are dependent on donations and will be distributed the week after the event. Call Garfield CC 206-684-4788 for details.

69590 12/6 Friday 5-7 p.m. FREE

SPECIAL EVENTS

Look out for this symbol
for Citywide Environmental
Education programs



SPECIAL EVENT: PATHWAY OF LIGHTS

GREEN LAKE CC All Ages

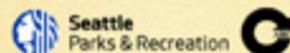
Enjoy our annual seasonal event at Green Lake. Walk the inner path around the lake lined with over 1500 luminary bags and enjoy music at 3 stages along the path. Dress for the weather. Please bring a can food donation to support our local food banks.

69818 12/14 Saturday 4:30-7:30 p.m. FREE



Saturday, December 14
4:30-7:30 p.m.

Come join us for a glowing walk around the inner Green Lake path lit up with luminary bags. We will have 3 music stages around featuring local schools and music groups. The event is held on the second Saturday of December. Dress for the weather. Please bring can food donations to help out your local neighbors and food bank. Families and high school students can be part of the event by volunteering at the event. Students can earn volunteer hours at this event. Contact Green Lake Community Center for more information.



SPECIAL EVENT: HALLOWEEN BOUNCE AND SWIM

GREEN LAKE CC Ages 2 and Older

Green Lake Community Center and Evans Pool are co-hosting a haunted celebration! This event has it all from carnival games and bouncy houses from 6-8 p.m. We'll have two public swims. One from 6:30-7:30pm and the second one at 7:30-8:30pm. It's a family swim where you dodge floating pumpkins! (Swimsuits and towels are a must!) Canned food donations will be collected at the door to support our local food banks.

69326 10/25 Friday 6-8 p.m. FREE

SPECIAL EVENT: MID-AUTUMN MOON FESTIVAL

FREE

**INTERNATIONAL DISTRICT/
CHINATOWN CC** Ages 17 and Under

The Mid-Autumn Moon Festival celebrates families gathering to light lanterns, eat moon cakes, and appreciate the round moon. There will be FREE moon cakes, books, and school supplies as well as amazing giveaways and fun games! This event is hosted by the Seattle Chinatown International District Preservation and Development Authority.

70215 9/13 Friday 4-6 p.m. FREE

SPECIAL EVENT: PUMPKIN PALOOZA

FREE

**INTERNATIONAL DISTRICT/
CHINATOWN CC** 17 and Under

Don't miss our annual Pumpkin Palooza! You'll play games, enjoy food, and have lots of fun! Check out our face painting, costume contest, pumpkin decorating, arts & crafts activities, and cookie decorating. And of course, we'll have lots of prizes and candy.

70226 10/25 Friday 5-7 p.m. FREE

SPECIAL EVENT: UNITED INDIANS OF ALL TRIBES RESOURCE FAIR

FREE

**INTERNATIONAL DISTRICT/
CHINATOWN CC** All Ages

United Indians of All Tribes Foundation in collaboration with the International District Chinatown Community Center will be hosting a Native-focused resource fair. This will be a great opportunity to network with Native-run organizations and receive support with social services, education, and employment. This event is open for all ages. Light refreshments and snacks will be provided.

70847 11/22 Friday 3-8 p.m. FREE



Look out for this symbol
for Citywide Environmental
Education programs

SPECIAL EVENTS

SPECIAL EVENT: PUMPKIN PALOOZA

LAURELHURST CC Ages 6 and Under

Join us in some Halloween fun! Our pint-sized pumpkin-palooza will have games, music, treats and fun for all. Costumes are optional, but encouraged! (Pre-registration required.)

71644 10/31 Thursday 10:30 a.m.-12:30 p.m. FREE

SPECIAL EVENT: HALLOWEEN AT THE HEIGHTS BASH

LOYAL HEIGHTS CC All Ages

Join us for a fright fest of activities, carnival games, music, challenges and more. Dress in Costume and remember to bring a bag for your goodies. Food available for sale. Volunteers are needed for before, during, and after the event. Proceeds from the wristband tickets support LHCC Scholarships.

67993 10/25 Friday 6-8:30 p.m. \$12

SPECIAL EVENT: FAMILY GAME NIGHT

FREE

MAGNUSON CC All Ages

Play a variety of games, new and familiar! We'll play card games, board games, trivia games and more!

70926 9/20 Friday 6-8:30 p.m. FREE

SPECIAL EVENT: MAGNUSON HAUNTED HOUSE

MAGNUSON CC All Ages

Join us for a spooky, spine-tingling walk through the depths of Magnuson Community Center. Listen for the voices of the past (and the future) as you make your way through our dark, winding hallways filled with ghosts and ghouls, but watch where you're walking, you never know what will be waiting for you around the next corner!

70929 10/25-26 F/Sa 5-10 p.m. \$6

SPECIAL EVENT: TOT CARNIVAL

MAGNUSON CC All Ages

Our mini carnival will have games, treats, and fun for all.

70930 12/7 Saturday 10 a.m.-1 p.m. \$3



SPECIAL EVENTS

SPECIAL EVENT: GLOW PARTY

MEADOWBROOK CC

Ages 2 and Older

Come join us for a night full of GLOW! We will have dancing, photo opportunities, best glow fit contest and MORE!!

9/6 Friday 5-7 p.m. \$5

SPECIAL EVENT: MEADOWBROOK LUMINARIA WALK

MEADOWBROOK CC

All Ages

Each year, for one night only, we decorate the boardwalk and pathways of Meadowbrook Pond with hundreds of glowing luminarias. Bring your friends and family to this magical community space, stroll along, say hi to your neighbors, and sip hot cocoa and munch on cookies.

12/7 Saturday 5:30-8 p.m. FREE



SPECIAL EVENT: OPEN MIC POETRY NIGHT

MILLER CC

FREE

All Ages

If you have a passion for sharing your favorite poems, showcasing original compositions, or if you enjoy listening to others, this is for you. It's completely FREE and we enthusiastically welcome young poets to join us! Let's strengthen our community through the power and beauty of poetry.

70269	9/6	Friday	6-8 p.m.	FREE
70268	10/4	Friday	6-8 p.m.	FREE
70267	11/1	Friday	6-8 p.m.	FREE
70266	12/6	Friday	6-8 p.m.	FREE

SPECIAL EVENT: "MAKING-THE-WORLD-A-LITTLE-LESS HORRIBLE" ART GALA (HAG)

MILLER CC

All Ages

HAG celebrates the idea that all art has value to the community at large. Art pours back into the community it comes from. Join us for a night of art, food and fun while we raise funds for our wheelchair basketball program. Please pay at the door.

70630 9/13 Friday 5:30-7:30 p.m. \$15

SPECIAL EVENT: PAINT N' SIP

MILLER CC

Ages 18 and Older

Get creative at our paint and sip event! Enjoy mocktails while creating a masterpiece in a relaxing and supportive space. Our talented instructors will guide you through your creativity. Perfect for a fun night out or a unique date idea. All materials provided.

70324 10/25 Friday 6-8 p.m. \$20

SPECIAL EVENTS

SPECIAL EVENT: WREATH MAKING

NORTHGATE CC

All Ages

Learn to make your own holiday wreath. Participants will get a variety of seasonal greens to include in their creation. Cutters, wires, and additional decor will be available. Leave with a complete wreath to delight the whole neighborhood! *One wreath per signup.

70475 11/22 Friday 4:30-7 p.m. \$25

SPECIAL EVENT: PUMPKIN CARVING

NORTHGATE CC

All Ages

Kick off the Halloween season with a family pumpkin carving and decorating night! We'll have pumpkins of all sizes with safe carving tools and paints to create your spooky or funky jack-o-lantern! All ages welcome. *Pumpkins are limited

70495 10/18 Friday 4:30-6:30 p.m. FREE

SPECIAL EVENT: QUEEN ANNE NEIGHBOR APPRECIATION DAY

FREE

QUEEN ANNE CC

All Ages

This special day is devoted to reaching out to neighbors, making new friends, and expressing thanks to those who help make your neighborhood a great place to live. Join us for family-friendly activities, workshops, fitness, and more as we celebrate our community.

69908 9/27-28 Friday 2-7 p.m. FREE
Saturday 9 a.m.-4 p.m. FREE

SPECIAL EVENT: TOT CARNIVAL

FREE

QUEEN ANNE CC

All Ages

Have your tots try on their Halloween costumes and join in some pre-Halloween fun. Our mini carnival will have games, treats, and fun for all. Costumes are optional but encouraged!

69822 10/31 Tuesday 10 a.m.-1 p.m. FREE

SPECIAL EVENTS

Look out for this symbol
for Citywide Environmental
Education programs



SPECIAL EVENT: BOO BASH

FREE

Ages 5-18

RAINIER BEACH CC

Join us for a fun, safe, trunk-or-treating event for the whole family! In addition to colossal caches of candy, there will be games, entertainment, and various community resources.

70423 10/27 Sunday 2-5 p.m. FREE

SPECIAL EVENT: PAINT AND SIP (PUNCH) PARTY

RAVENNA-ECKSTEIN CC

Ages 8 and Older

Celebrate "National Adopt a Shelter Pet Day" at our Paint and Sip with Paws with Cause, a non-profit partnering with animal groups to sketch unnoticed adoptable animals. All supplies are provided and all levels welcome. Keep your finished portrait or donate it for display to generate visibility for these homeless pets. Punch will be served.

70686 Check with community center for details. \$12

SPECIAL EVENT: FAMILY SKATE NIGHT

FREE

RAVENNA-ECKSTEIN CC

All Ages

Come skate to music with us under disco lights in the Rav Eck gym! Bring your own skates (no skates provided). Helmets required.

70683 9/5-11/7 Thursday 5:30-7 p.m. FREE



SEATTLE PARKS

CAMP LONG

Hours: Until 10/31: Tue-Sun: 10 a.m.-6 p.m. 11/1- 2/28 : Tue-Sat 10 a.m.-6 p.m.

CAMP LONG RENTALS

Ages 18 and Older

Explore the hidden gem of West Seattle, Camp Long! Just because summer is over does not mean you cannot rent one of our rustic cabins and enjoy the fall changing of the seasons overnight here! We have also have shelters, a beautiful WPA built indoor lodge space, a fire ring, and more!

Call 206-684-7434 for details and booking.

CHALLENGE COURSE PROGRAMS

Ages 5 and Older

Schedule your school, community, staff or youth group for a team building adventure on the Camp Long Challenge Course, Rock Climbing or even portable programming where we can come to your location! During the fall and winter season we primarily utilize the Low Challenge Course which does not require any special equipment and is the best for focusing on building relationships with your team. The High Course will only be open on special occasions during this season. Contact Camp Long to connect with our Challenge Course team. Cost varies depending on type of activities and group size.

Call 206-684-7434 to inquire about more details.

SPECIAL EVENT: CAMP LONG TRAIL OR TREAT EVENT!

FREE



All Ages

Celebrate the fall festivities in the best setting imaginable at Camp Long! We will have a lighted trail designated that loops around some of our cabins where local organizations/vendors/companies will be offering various goodies. We will also have fun, nature themed, programming at various locations throughout the park! This is a family friendly event and all ages are welcome!

For information contact: camp.long@seattle.gov

Or call: 206-684-7434.

10/26 Saturday 3:30-7 p.m. FREE



CARKEEK PARK

(206)386-4236 | Carkeek.Park@seattle.gov

SEATTLE PARKS

AGENTS OF DISCOVERY

FREE

All Ages

FREE

This augmented reality mobile game allows you to play and discover the world around you. Download the free app to play missions at Carkeek and Discovery Parks whenever you visit, plus you can earn prizes! For more information, contact us at 206.386.4236 or Carkeek.Park@seattle.gov



CARKEEK PARK SALMON STEWARDS PROGRAM

Carkeek Park Salmon Stewards are community volunteers trained to welcome, engage and educate park visitors who have come to visit the annual Piper's Creek salmon run at Carkeek Park.

Chum Salmon return to Carkeek Park every October and November and you will find an information booth hosted by Salmon Stewards every Saturday and Sunday from 11 a.m.-2 p.m. for 5 weeks while the Salmon are returning. Please come to enjoy this amazing Salmon return and learn from our Salmon Stewards.

Check here for up-to-date information on when the Salmon are returning at Carkeek Park:

<https://www.facebook.com/CarkeekParkSalmonStewards>

If you would like to become a Salmon Steward volunteer, applications should be open in September.

CARKEEK PARK ADVISORY COUNCIL

The Carkeek Park Advisory Council (CPAC) is a group of neighbors, community members and volunteers who support and enjoy Carkeek Park. We work with Seattle Parks and Recreation in an advisory and supporting role. We have organized volunteer efforts through which many members of our community have contributed thousands of hours of volunteer time to improving the park, in areas such as restoring salmon runs to Piper's Creek, the trails improvement project, restoring Piper's Orchard, reforestation, and many others. Community meetings are open to the public and are held on the second Tuesday of the month from 7-9 p.m. at the Carkeek Park Visitor Center or virtually. Please contact Carkeek Park Visitor Center with any questions: 206-386-4236 / Carkeek.Park@seattle.gov Meetings are held in person on the 2nd Tuesday of the month from 7-9 p.m. @ 950 NW Carkeek Park Road.



SEATTLE PARKS

DISCOVERY PARK

Tuesday - Saturday, 8:30am - 5pm

AGENTS OF DISCOVERY

FREE

All Ages

FREE

Agents of Discovery is an augmented reality mobile game to play and discover the world around you. Download the free app to play Missions and earn prizes! Missions are located at Carkeek and Discovery Parks and can be played any time you visit. For more information contact us at 206.386.4236 or Discovery.Park@seattle.gov.

DISCOVERY PARK VISITOR CENTER RENTALS

Discovery Park is a 550 acre regional gem that offers a place of peace and tranquility for all to enjoy. The park features extensive hiking trails, birding opportunities and views of Puget Sound. The Visitor Center is a great location for groups looking for a gathering space in a natural setting. The Visitor Center rooms are perfect for any party, meeting, retreat, or reception! Call us at (206) 386-4236 or email discovery.park@seattle.gov to learn more about what we have to offer.

DISCOVERY ROOM (TOT PLAY ROOM)

FREE

All Ages

Children's playroom with underwater theme! Stop by during our regular business hours to let your young one's imagination run wild. Plushies, coloring sheets and puppet shows await!

66175 9/3-12/31 Tue-Sat 11 a.m.-4:30 p.m. FREE

BEACH PARKING PASSES

FREE

All Ages

Explore the mile of beach trails and West Point Lighthouse at Discovery Park. Free Beach Parking Passes are available for three hours at a time. Passes are issued on a first-come, first-serve basis during regular business hours. To sign out a pass, you will need to provide your name, phone number and license plate number at the front desk. Because of limited beach parking, to receive a pass you must fall into one of these three categories: 1) families with children under 6, 2) people over 62 years old, or 3) others who are not physically able to walk to the beach due to and injury, illness, or some other physical condition.

66159 9/3-12/31 Tue-Sat 8:30 a.m.-5 p.m. FREE

DISCOVERY PARK: WALK THE LOOP

Ages 18 and Older

Discovery Park's 'Loop Trail' is 2.8 miles long, and offers stunning views, amazing biodiversity, and quiet moments in nature, all in city limits! This hike is a chance to explore the trail with a group at a moderate walking pace, led by a Lead Educator from Seattle Parks and Recreation.

71661	9/28	Saturday	9:30-11:30 a.m.	\$15
71662	10/19	Saturday	9:30-11:30 a.m.	\$15
71663	11/16	Saturday	9:30-11:30 a.m.	\$15
71664	12/28	Saturday	9:30-11:30 a.m.	\$15

YOGA FOR ALL LEVELS

Ages 18 and Older

Come breathe and move together in this accessible yoga class for all levels. Improve your flexibility and balance while building core strength. Leave feeling more grounded, connected, and energized.

70845	9/12-10/24	Thursday	9:45-10:45 a.m.	\$84
70846	10/31-12/19	Thursday	9:45-10:45 a.m.	\$84

SPECIAL EVENT: HOLLY DAY DECORATIONS

Ages 6 and Older

Don't miss the return of this annual event! Spruce up your home for the coming winter the natural way. Basic materials provided. You may want to bring special ribbon, cones, or other decorations. All children must be accompanied by an adult. Everyone attending the program must be registered.

70705 12/14 Saturday 2-4:30 p.m. \$20





PUBLIC NATURE WALKS

Seattle Parks and Recreation offers multiple Nature Walks and programs in parks all over the city. To find classes on native plants, birds, urban forest walks, beavers and low tide beach explorations, search our registration portal using keywords nature and environment.

Cost for all walks: \$15/person or \$40/3-5 person family All participants must be registered.

Table listing various nature walks such as 'FRIDAY THE 13TH BAT HIKE', 'ANCIENT ARCHIVES: GEOLOGY WALK', 'OWL PROWL', 'ANIMAL LOCOMOTION: TOTS WALK', 'BEAVER PROWL WALKS', 'MEET THE MUSHROOMS OF CARKEEK PARK', and 'INSECTS, SPIDERS AND MORE! LITTLE FOREST FRIENDS' with their respective dates, times, and costs.

URBAN WILDLIFE

Table listing urban wildlife programs like 'Discovery Park', 'Lincoln Park', 'THE BEAVER SALMON BOND', 'BRRR.....WINTER FOREST - TOTS WALK', 'TIDEPOOLING AFTER DARK IN WEST SEATTLE', and 'WINTER TWIG ID: NATIVE PLANTS IN THE DORMANT SEASON'.



FEATHERED WINTER FRIENDS: MAGNUSON PARK

Ages 55 and Older

Waterfowl are plentiful in the Puget Sound, spending their winters in our mild climate. Grab your binoculars (or borrow ours) and enjoy the spectacle. Seattle Parks and Recreation Environmental Education naturalists will guide a slow walk and observation of winter birds at Magnuson Park.

69899 12/11 Wednesday 10:30 a.m.- Noon \$30/person Save \$10 when registering 3 people. Save \$30 when registering 4 or 5 people.

WINTER WATER BIRDS

All Ages

Winter weather seeming dreary? Join a Seattle Parks and Recreation Environmental Education Naturalist as we wander along the water's edge to enjoy the many species of winter waterbirds that flock to Seattle shores during the winter months.

Table listing winter water bird programs at Carkeek Park, Discovery Park, Magnuson Park, and Constellation Park: West Seattle with dates and costs.

BIRDING BASICS SERIES

Ages 5 and Older

Join SPR Environmental Education staff for a 3-week birding basics series at Discovery Park. You'll learn about bird identification tools, and how to record and keep observations of the birds in different Seattle ecosystems found in different areas of Discovery Park.

Table listing birding basics series events at Discovery Park and West Seattle with dates and costs.

WOODPECKERS AND SNAGS: DISCOVERY PARK

Ages 55 and Older

Join Seattle Parks and Recreation Environmental Education staff and discover the hidden life within dead and dying trees, the highly adapted woodpeckers and the incredible creatures that depend on them both.

69887 10/12 Saturday 9-11 a.m. \$15/person Save \$5 when registering 3 people. Save \$15 when registering 4 or 5 people.





Follow us on Facebook: @SPREnvironmentalEducation

COMMUNITY PROGRAMS

Our team partners with many different community-based groups to offer free programming to tots, older adults, and everyone in between. We offer relevant programming in YOUR neighborhood, or field trips to nature walks in destination parks. If you are a community-based organization interested in doing nature programs in green spaces near you, please let us know by contacting the corresponding naturalist below!

North Seattle:

Gina Lee Gina.lee@seattle.gov

Southeast and Central Seattle:

Nicolasa Hernandez Nicolasa.hernandez@seattle.gov

Southwest Seattle:

Nicole Parish Nicole.parish-andrews@seattle.gov



SCHOOL FIELD TRIPS

Pre-K-5th Grade \$225/30 students

Book a Nature Field Trip with Seattle Parks and Recreation and encourage students to engage in learning in a natural fun-filled setting.

Programs offered year-round, pre-K through 5th grade. \$225 for up to 30 students, \$7.50/student after the first 30 / \$75 for up to 30 students for low-income and SPS Title 1 schools.

Free bus transportation available for SPS Title 1 schools, once a year (as funds are available).

For more information, please:

Call: (206) 484-5994

Email: PKSNatureFieldTrips@seattle.gov

Or, visit: <https://www.seattle.gov/parks/learning-and-childcare/environmental-education-all-ages#nature>



Community Center Improvement Projects



Seattle Parks & Recreation

Site Reopening and Improvement Closures

Seattle Parks and Recreation is dedicated to renovating, maintaining, and improving accessibility to our sites. That does require us to sometimes close sites in preparation for and during construction.

COMMUNITY CENTERS RE-OPENING

- **Laurelhurst CC** projected to open Fall 2024.
Learn more at: https://bit.ly/laucc_closure24
- **Montlake CC** projected to open Fall 2024.
Learn more at: https://bit.ly/montlake_closure24

COMMUNITY CENTERS CLOSED FOR CAPITAL IMPROVEMENT PROJECTS

- **Hiawatha CC** is currently closed.
Learn more at: https://bit.ly/ccstabilization_24
- **Lake City CC** is currently closed.
Learn more at: https://bit.ly/lccc_closure24
- **Magnolia CC** is currently closed.
Learn more at: https://bit.ly/ccstabilization_24
- **South Park CC** is currently closed.
Learn more at: https://bit.ly/ccstabilization_24

PIANO LESSONS

Ages 6 and Older

It's never too early (or late!) to develop your musical talent! One-on-one piano lessons are 30-minutes long with a seasoned musician. Participants will receive more information about lesson materials on their first day.

69055	9/10-10/22	Tuesday	Noon-12:30 p.m.	\$322
69057	9/10-10/22	Tuesday	12:45-1:15 p.m.	\$322
69059	9/10-10/22	Tuesday	1:30-2 p.m.	\$322
69061	9/10-10/22	Tuesday	2:15-2:45 p.m.	\$322
69063	9/10-10/22	Tuesday	3-3:30 p.m.	\$322
69065	9/10-10/22	Tuesday	3:45-4:15 p.m.	\$322
69067	9/10-10/22	Tuesday	4:30-5 p.m.	\$322
69069	9/10-10/22	Tuesday	5:15-5:45 p.m.	\$322
69056	11/5-12/17	Tuesday	Noon-12:30 p.m.	\$322
69058	11/5-12/17	Tuesday	12:45-1:15 p.m.	\$322
69060	11/5-12/17	Tuesday	1:30-2 p.m.	\$322
69062	11/5-12/17	Tuesday	2:15-2:45 p.m.	\$322
69064	11/5-12/17	Tuesday	3-3:30 p.m.	\$322
69066	11/5-12/17	Tuesday	4:30-5 p.m.	\$322
69068	11/5-12/17	Tuesday	4:30-5 p.m.	\$322
69070	11/5-12/17	Tuesday	5:15-5:45 p.m.	\$322

CAKE DECORATING 101

Ages 6 and Older

Tap into your inner CAKE BOSS through creative cake design! Explore the wonderful world of frosting with an experienced Seattle baker. You'll learn the fundamentals of cake construction, frosting, and design elements. Taste test your design, post to social media and take your work home with you, too!

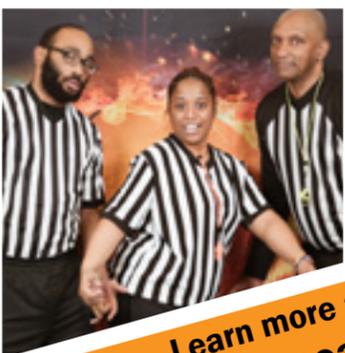
Youth		Ages 6-16		
69926	9/14	Saturday	2-4 p.m.	\$85
69927	10/26	Saturday	2-4 p.m.	\$85
69928	11/9	Saturday	2-4 p.m.	\$85
69929	12/7	Saturday	2-4 p.m.	\$85
Adult		Ages 18 and Older		
69930	9/21	Saturday	2-4 p.m.	\$85
69931	10/19	Saturday	2-4 p.m.	\$85
69932	11/16	Saturday	2-4 p.m.	\$85
69933	12/14	Saturday	2-4 p.m.	\$85

TAP AND JAZZ

Ages 5-9 and 18 and Older

Explore rhythms, body-mind coordination, and musicality while learning basic tap and jazz movements set to upbeat music. Each class will combine individual dance skills as well as combinations of dance skills. Tap shoes and Jazz or Ballet shoes required.

Beginner Youth		Ages 5-9		
68933	9/10-10/22	Tuesday	4:15-5:15 p.m.	\$80
68934	11/5-12/17	Tuesday	4:15-5:15 p.m.	\$80
Intermediate Youth		Ages 5-9		
68936	9/12-10/24	Thursday	4:15-5:15 p.m.	\$70
68938	10/31-12/19	Thursday	4:15-5:15 p.m.	\$70
Beginner Adult		Ages 18 and Older		
68940	9/10-10/22	Tuesday	5:30-6:30 p.m.	\$80
68939	11/5-12/17	Tuesday	5:30-6:30 p.m.	\$80
Intermediate Adult		Ages 18 and Older		
68935	9/12-10/24	Thursday	5:30-6:30 p.m.	\$70
68937	10/31-12/19	Thursday	5:30-6:30 p.m.	\$70



WE'RE HIRING

Learn more and apply at:
www.arcseattle.org/jobs

**Athletics:
Basketball Officials**

KARATE: THE EMPTY HAND

Ages 6 and Older

This class presents a multi-disciplinary self-defensive approach. Students will study and practice basic Shotokan Karate techniques and strategies and learn to defend against larger and/or multiple opponents. Come join the fun and get great exercise too. Open to adults and children.

Beginner		Ages 6-9		
Open to beginner children (white belts).				
68420	9/9-12/18	M/W	4:20-4:55 p.m.	\$55
Intermediate		Ages 6-9		
Open to beginner children who have passed the white belt.				
68422	9/9-12/18	M/W	5-5:40 p.m.	\$55
Advanced		Ages 11 and Older		
Open to students with karate experience.				
68421	9/9-12/18	M/W	5:45-6:30 p.m.	\$55

GENTLE YOGA

Ages 16 and Older

Gentle yoga helps correct alignment and awareness in stretches and movement. This class focuses on breathing to help increase strength and stamina and improve flexibility. Students will develop better balance, posture, poise, and peace of mind.

69537	9/10-10/22	Tuesday	6:45-7:45 p.m.	\$80
69538	11/5-12/17	Tuesday	6:45-7:45 p.m.	\$80



SPECIAL EVENT: NATURE TOTS



Ages 3-5

Come join us in exploring nature around Delridge. We are teaming up with the Environmental Education team to bring your toddlers closer to nature. Each week will offer a different subject! Adult supervision required. Wear appropriate shoes and bring a water bottle!

70669	10/4	Friday	10:30-11:15 a.m.	\$5
70670	10/11	Friday	10:30-11:15 a.m.	\$5
70671	10/18	Friday	10:30-11:15 a.m.	\$5
70672	10/25	Friday	10:30-11:15 a.m.	\$5

SPECIAL EVENT: WINTER WILDLIFE WALK



Ages 5-10

Let's learn about the secret winter lives of local Urban Wildlife. Join our family nature walk on Longfellow Creek Legacy Trail to "meet" and learn about some of these neighbors. Seattle Nature Guides will introduce you to our wild friends and teach you how they stay healthy in the wintertime. Adult Supervision is required.

70699	12/4	Wednesday	2-3:30 p.m.	FREE
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HIAWATHA CC

The Community Center is closed. Programs will be held at Dakota Place Park

ZONE ONE



Alternate Program Location

Seattle Parks and Recreation (SPR) is happy to announce the beginning of construction for the Hiawatha Community Center Stabilization project. SPR issued the Notice to proceed with construction on March 11, 2024. SPR will work with the contractor to minimize the impact on the park.

This project addresses a number of major maintenance, accessibility, and program space needs at Hiawatha Community Center. It will include a seismic retrofit of the gym and brick veneer, roof replacement, and renovation of the restrooms, kitchen, childcare area and lobby spaces in addition to relocation of the teen room.

DAKOTA PLACE PARK



While Hiawatha Community Center is closed, you can access seasonally offered programs at:

Dakota Place Park
4304 SW Dakota St
Seattle, WA 98116

CREATIVE BALLET WITH TEACHER MARIKA

Ages 3-9

Students engage in fun, movement-based activities that strengthen physical coordination, social emotional skills and brain development. Through music, props and dance, we explore our imagination and creativity. This is a joyful and inclusive class for dancers and their caregivers. **No class 10/14, 11/11, or 11/25.**

▼ Ages 3-5

70072	9/9-10/7	Monday	2-2:45 p.m.	\$65
70075	10/21-12/9	Monday	2-2:45 p.m.	\$78

▼ Ages 4-6

70073	9/9-10/7	Monday	3-3:45 p.m.	\$65
70076	10/21-12/9	Monday	3-3:45 p.m.	\$78

▼ Ages 6-9

70074	9/9-10/7	Monday	4-4:45 p.m.	\$65
70077	10/21-12/9	Monday	4-4:45 p.m.	\$78

HIGH POINT CC

Monday-Friday: 9 a.m.-8 p.m. | Saturday: 9 a.m.-5 p.m. | Sunday: Noon-7 p.m.

ZONE ONE

FAMILY DANCE WITH TEACHER MARIKA

Ages 2-4

Students engage in fun, movement-based activities that strengthen physical coordination, social emotional skills and brain development. Through music props, dance, we explore our imagination and creativity. This is a joyful and inclusive class for dancers and their caregivers. Caregiver participation required. Non-walking babies ages 0-2 welcome under caregiver supervision. All walking babies must be registered. **No class 11/27 or 11/28.**

70015	9/11-10/16	Wednesday	9:30-10:15 a.m.	\$72
70173	10/23-12/11	Wednesday	9:30-10:15 a.m.	\$84
70018	9/12-10/17	Thursday	9:30-10:15 a.m.	\$72
70017	10/24-12/12	Thursday	9:30-10:15 a.m.	\$84

CREATIVE BALLET WITH TEACHER MARIKA

Ages 3-9

Students engage in fun, movement-based activities that strengthen physical coordination, social emotional skills and brain development. Through music, props and dance, we explore our imagination and creativity. This is a joyful and inclusive class for dancers and their caregivers. **No class 10/14, 11/11, or 11/25.**

▼ Ages 3-5

70006	9/10-10/15	Tuesday	3-3:45 p.m.	\$72
70007	10/22-12/10	Tuesday	3-3:45 p.m.	\$84
70009	9/11-10/16	Wednesday	10:20-11:05 a.m.	\$72
70008	10/23-12/11	Wednesday	10:20-11:05 a.m.	\$84
70010	9/12-10/17	Thursday	10:20-11:05 a.m.	\$72
70011	10/24-12/12	Thursday	10:20-11:05 a.m.	\$84

▼ Ages 6-9

70013	9/10-10/15	Tuesday	4-4:45 p.m.	\$72
70014	10/22-12/10	Tuesday	4-4:45 p.m.	\$84

TAP AND JAZZ: BEGINNER

Ages 5-9

Explore rhythms, body-mind coordination, and musicality while learning basic tap and jazz movements set to upbeat music. Each class will combine individual dance skills as well as combinations of dance skills. Tap shoes and Jazz or Ballet shoes required. **NO CLASS 10/14.**

70137	9/9-10/28	Monday	4:15-5:15 p.m.	\$77
70138	11/4-12/16	Monday	4:15-5:15 p.m.	\$66

PIANO INSTRUCTION

Ages 5 and Older

These weekly 30-minute private lessons cover music theory, ear training, and sight-reading which students will practice through pieces appropriate to their musical ability. Offered by appointment only. **No class 11/28 & 12/12.**

68295	10/3-12/19	Thursday	3-7:30 p.m.	\$30
▼ VIRTUAL CLASS				
68297	10/7-12/16	Monday	4-8 p.m.	\$280



HIGH POINT CC

Monday-Friday: 9 a.m.-8 p.m. | Saturday: 9 a.m.-5 p.m. | Sunday: Noon-7 p.m.

ZONE ONE

LITTLE HOOPERS

Ages 3-5

Your little one will start to learn the fundamentals of basketball. We focus on dribbling and passing in this fun program. Parental supervision required.

69991	9/10-9/24	Tu/Th	4-4:45 p.m.	\$50
69993	10/1-10/29	Tu/Th	4-4:45 p.m.	\$90

JUNIOR HOOPERS

Ages 6-8

Get focused on the fundamentals of basketball! Your child will learn basic basketball skills like ball handling, teamwork, and shooting techniques while increasing their overall physical fitness, coordination and listening skills.

69992	9/10-9/24	Tu/Th	5-5:45 p.m.	\$50
69995	10/1-10/29	Tu/Th	5-5:45 p.m.	\$90



WEST SEATTLE TAE KWON DO

Ages 18 and Older

Learn Tae Kwon Do, a Korean martial art known primarily for its fast sparring techniques, dynamic forms, and strong kicks. Taught in a non-competitive atmosphere, students will improve physical abilities such as strength, speed, and coordination; and mental attributes such as confidence, self-control, and willpower. **No Class 9/26 or 11/28.**

68298	9/3-9/28	Tu/Th/Sa	6-7:30 p.m.	\$45
68299	10/3-10/31	Tu/Th/Sa	6-7:30 p.m.	\$45
68300	11/2-11/30	Tu/Th/Sa	6-7:30 p.m.	\$45
68301	12/3-12/21	Tu/Th/Sa	6-7:30 p.m.	\$45

TANG SOO DO KARATE

Ages 10 and Older

Self-defense is an important aspect of martial arts, but students will also learn self-confidence, focus, and integrity. Learning these important skills in addition to being physically fit is often why people start Tang Soo Do. We encourage parents to take classes with their kids whenever possible. Additional fees required. Please be prepared to order your uniform (dobok) after your first session. A one-time registration fee of \$35 to join the WTSDA (World Tang Soo Do Association) is required before the 2nd session or belt test, whichever comes first. When the student joins the WTSDA, they will receive their official patches for their uniforms. **NO Class 10/14, 11/11.**

68296	9/4-12/18	M/W	5:45-7 p.m.	\$174
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LIFELONG RECREATION

ARTS, FITNESS, & SOCIAL OPPORTUNITIES FOR PEOPLE AGE 50+



Engage with your community and remain active.

Learn something new, get fit, meet friends, or join us for field trips to places you have always wanted to visit.

.....

Find out more at:
www.seattle.gov/parks/seniors/
 or contact us at 206-684-4951.

ZONE ONE

INTERNATIONAL DISTRICT/CHINATOWN CC

M/W/F: 11 a.m.-9 p.m. | Tu/Th: 9:30 a.m.-6 p.m. | Saturday: 9 a.m.-5 p.m.

8 ANIMAL / 8 METHODS KUNG-FU

Ages 12 and Older

Develop speed, power, coordination, and discipline through the art of Yee Jong Pai Kung Fu. Learn the effective, classical techniques from the style of 8 Animals and 8 Methods.

70210	9/7-10/26	Saturday	11 a.m.-Noon	\$53
70209	11/2-12/28	Saturday	11 a.m.-Noon	\$60

PIANO LESSONS

Ages 8 and Older

\$40/session

Learn to play the piano from an experienced professional in weekly 30-minute private lessons. Training includes sight-reading, technique, expression, theory, and chords. Students must have access to an electric keyboard or piano for practice outside of lessons. This course will help participants acquire intermediate piano skills.

Prerequisite: Please contact International District/Chinatown Community Center at 206-233-0042 to schedule your private lessons.

**Families can sign-up for one time slot and one day per person.*

70134	9/3-12/31	Tuesday	2:30-7:30 p.m.
70132	9/6-12/27	Friday	3-9 p.m.

SPECIAL EVENT: CHINATOWN SMACKDOWN: TABLE TENNIS TOURNAMENT

FREE

All Ages

The 2024 International District Table Tennis Tournament will be held at the International District/Chinatown Community Center in Seattle, starting at 9:30 a.m. on Saturday, November 2, 2024. Please mark your calendars and plan on joining us for some fun! There will be all-day round robin play on our Gym-tables set aside for walk-ins, single and doubles, and prizes!

70218	11/2	Friday	9:30 a.m.-5 p.m.	FREE
70219	11/2	Friday	9:30 a.m.-5 p.m.	FREE
70220	11/2	Friday	9:30 a.m.-5 p.m.	FREE
70221	11/2	Friday	9:30 a.m.-5 p.m.	FREE
70222	11/2	Friday	9:30 a.m.-5 p.m.	FREE
70223	11/2	Friday	9:30 a.m.-5 p.m.	FREE

SPECIAL EVENT: MID-AUTUMN MOON FESTIVAL

FREE

17 and Under

The Mid-Autumn Moon Festival celebrates families gathering to light lanterns, eat moon cakes, and appreciate the round moon. There will be FREE moon cakes, books, and school supplies as well as amazing giveaways and fun games! This event is hosted by the Seattle Chinatown International District Preservation and Development Authority.

70215	9/13	Friday	4-6 p.m.	FREE
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SPECIAL EVENT: PUMPKIN PALOOZA

FREE

17 and Under

Don't miss our annual Pumpkin Palooza! You'll play games, enjoy food, and have lots of fun! Check out our face painting, costume contest, pumpkin decorating, arts & crafts activities, and cookie decorating. And of course, we'll have lots of prizes and candy.

70226	10/25	Friday	5-7 p.m.	FREE
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SPECIAL EVENT: UNITED INDIANS OF ALL TRIBES RESOURCE FAIR

FREE

All Ages

United Indians of All Tribes Foundation in collaboration with the International District Chinatown Community Center will be hosting a Native-focused resource fair. This will be a great opportunity to network with Native-run organizations and receive support with social services, education, and employment. This event is open for all ages. Light refreshments and snacks will be provided.

70847	11/22	Friday	3-8 p.m.	FREE
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FAMILY DANCE WITH TEACHER MARIKA

Ages 2-4

Students engage in fun, movement-based activities that strengthen physical coordination, social emotional skills and brain development. Through music props, dance, we explore our imagination and creativity. This is a joyful and inclusive class for dancers and their caregivers. Caregiver participation required. Non-walking babies ages 0-2 welcome under caregiver supervision. All walking babies must be registered. **No class 11/26.**

69744	9/10-10/15	Tuesday	9:30-10:15 a.m.	\$105
70050	10/22-12/10	Tuesday	9:30-10:15 a.m.	\$120

CREATIVE BALLET WITH TEACHER MARIKA

Ages 3-6

Students engage in fun, movement-based activities that strengthen physical coordination, social emotional skills and brain development. Through music, props and dance, we explore our imagination and creativity. This is a joyful and inclusive class for dancers and their caregivers. **No class 11/26.**

69735	9/10-10/15	Tuesday	10:20-11:05 a.m.	\$106
70049	10/22-12/10	Tuesday	10:20-11:05 a.m.	\$123



PIANO LESSONS

Ages 5-12

Learn to play the piano from an experienced professional teacher in weekly 30-minute private lessons. Scholarships are available.

69738	9/10-10/29	Tuesday	4-4:30 p.m.	\$360
69739	9/10-10/29	Tuesday	4:30-5 p.m.	\$360
69740	9/10-10/29	Tuesday	5-5:30 p.m.	\$360
69741	9/10-10/29	Tuesday	6-6:30 p.m.	\$360
69742	9/10-10/29	Tuesday	6:30-7 p.m.	\$360
69743	9/10-10/29	Tuesday	7-7:30 p.m.	\$360

GUITAR/BASS/UKULELE LESSONS

Ages 6 and Older

Learn expressions through music! Lessons are 30 minutes long, and are tailored to each individual student, and students will learn to read music, play by ear, music theory, and composition. Bring your own acoustic guitar from home. Don't have one? We can provide one for the lesson!

▼ Ages 6-17

70587	9/14-11/2	Saturday	11-11:30 a.m.	\$360
70590	9/14-11/2	Saturday	11:30 a.m.-Noon	\$360
70591	9/14-11/2	Saturday	Noon-12:30 p.m.	\$360
70592	9/14-11/2	Saturday	12:30-1 p.m.	\$360
70593	9/14-11/2	Saturday	1-1:30 p.m.	\$360

▼ Ages 18 and Older

70582	9/13-11/1	Friday	3-3:30 p.m.	\$360
70583	9/13-11/1	Friday	3:30-4 p.m.	\$360
70584	9/13-11/1	Friday	4-4:30 p.m.	\$360
70585	9/13-11/1	Friday	4:30-5 p.m.	\$360
70586	9/13-11/1	Friday	5-5:30 p.m.	\$360

YOUTH POTTERY

Ages 5-12

Youth will create ceramic projects using hand building and wheel throwing techniques. We'll complete each masterpiece with colorful glazes! Open to all levels, join us and let's get creative with clay! **No class 10/5.**

▼ Ages 5-8

69746	9/14-11/9	Saturday	11 a.m.-12:30 p.m.	\$280
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▼ Ages 9-12

69745	9/14-11/9	Saturday	1-2:30 p.m.	\$280
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ADULT POTTERY

Ages 18 and Older

Create pottery pieces by using a combination of hand-building and throwing clay into works of art. Participants will be guided through numerous techniques to decorate and build ceramic projects. The first bag of clay will be provided. **No class 9/26, 10/3, 10/4, 10/8**

69760	9/10-11/5	Tuesday	5:30-8:30 p.m.	\$360
69761	9/12-11/14	Thursday	1:30-4:30 p.m.	\$360
69758	9/12-11/14	Thursday	5:30-8:30 p.m.	\$360
69757	9/13-11/8	Friday	5:30-8:30 p.m.	\$360

REGISTRATION OPENS AUGUST 13th



SCAN ME

REGISTER ONLINE:
https://bit.ly/spr_activity_reg

BRAZILIAN JIU JITSU

Ages 5-12

Learn the art of Brazilian Jiu Jitsu that teaches defense against larger assailant with proper technique and leverage. Your child's confidence will grow through an emphasis on healthy living, respect, self-discipline and integrity. We also practice meditation to help improve focus, self-awareness, and stress management. **No class 9/24 and 10/1.**

▼ Ages 5-8

70048	9/10-11/5	Tuesday	3:40-4:30 p.m.	\$120
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▼ Ages 9-12

69732	9/10-11/5	Tuesday	4:40-5:30 p.m.	\$120
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JUNIOR HOOPERS

Ages 5-7

Get focused on the fundamentals of basketball! Your child will learn basic basketball skills like ball handling, teamwork, and shooting techniques while increasing their overall physical fitness, coordination and listening skills.

69737	9/9-9/30	Monday	5-5:45 p.m.	\$65
70323	10/7-11/4	Monday	5-5:45 p.m.	\$65

BUSY BEE SOCCER

Ages 3-5

Increase self-esteem and build a love for soccer! Through a series of games and mini matches your child will play in a non-competitive environment with an emphasis on teamwork and skill development. Parental supervision required.

69733	9/9-9/30	Monday	4-4:45 p.m.	\$65
69734	10/7-11/4	Monday	4-4:45 p.m.	\$65

RAINIER CC

Monday-Thursday: 9 a.m.-8 p.m. | Friday: 9 a.m.-7 p.m. | Saturday 9 a.m.-6 p.m.

ZONE ONE

SAVE THE DATE



2024

Saturday
August, 17, 2024
12-5 p.m.

Rainier Playfields
4600 38th Ave S
Seattle, WA 98118
and Mt. Baker Rowing
and Sailing Center

bigdayofplay.org | facebook.com/bigdayofplay



LITTLE HOOPERS

Ages 3-5

Your little one will start to learn the fundamentals of basketball. We focus on dribbling and passing in this fun program. Parental supervision required.

70557	9/11-10/23	Wednesday	4:30-5:15 p.m.	\$49
70558	10/30-12/11	Wednesday	4:30-5:15 p.m.	\$49

JUNIOR HOOPERS

Ages 6-7

Get focused on the fundamentals of basketball! Your child will learn basic basketball skills like ball handling, teamwork, and shooting techniques while increasing their overall physical fitness, coordination and listening skills.

70555	9/11-10/23	Wednesday	5:30-6:30 p.m.	\$64
70556	10/30-12/11	Wednesday	5:30-6:30 p.m.	\$64

MIXXED FIT

Ages 16 and Older

MixedFit® is a people-inspired dance fitness program that is a perfect blend of explosive dancing and boot camp-inspired toning. MixedFit® has repetitive moves that are easy to follow maximizing workouts. **No class 11/11.**

Drop-In Fee \$8 or save money and register for the session at \$7/per class

70569	9/9-10/21	Monday	6-7 p.m.	\$48
70597	10/28-12/30	Monday	6-7 p.m.	\$48

ZONE ONE

RAINIER BEACH CC

Monday-Thursday: 8:30 a.m.-9 p.m. | Friday-Saturday: 8:30 a.m.-7 p.m. | Sunday: 9 a.m.-7 p.m.

TOT MUSIC

Ages 6 months - 3 years

In this 45-minute child and caregiver class, we will sing and play along with an instructor. Learn to play different kinds of instruments. Songs will include rhythm, rhymes, and movement!

67827	9/5-10-3	Thursday	10:30-11:15 a.m.	\$60
69768	9/5-10-3	Thursday	11:30 a.m.-12:15 p.m.	\$60
70229	10/10-10/31	Thursday	10:30-11:15 a.m.	\$60
70230	10/10-10/31	Thursday	11:30 a.m.-12:15 p.m.	\$60
67828	11/7-12/19	Thursday	10:30-11:15 a.m.	\$75
69769	11/7-12/19	Thursday	11:30 a.m.-12:15 p.m.	\$75



CREATIVE BALLET WITH TEACHER MARIKA

Ages 3-5

Students engage in fun, movement-based activities that strengthen physical coordination, social emotional skills and brain development. Through music, props and dance, we explore our imagination and creativity. This is a joyful and inclusive class for dancers and their caregivers.

70029	9/13-10/25	Friday	11:30 a.m.-12:15 p.m.	\$90
70174	11/1-12/6	Friday	11:30 a.m.-12:15 p.m.	\$75

BEGINNERS UKULELE

Ages 5 and Older

Participants will learn to play the ukulele using carefully chosen songs offered in increasing difficulty. The class features finger picking, strumming, and chords as we learn together in a playful way. Students must bring their own ukulele to class.

Beginner		Ages 5-9		
67801	9/4-10/30	Wednesday	4-4:45 p.m.	\$90
67798	9/4-10/30	Wednesday	5-5:45 p.m.	\$90
67800	11/6-12/18	Wednesday	4-4:45 p.m.	\$70
67799	11/6-12/18	Wednesday	5-5:45 p.m.	\$70

Beginner 1.5		Ages 5-12		
Must have instructor approval to attend this class.				
67802	9/4-10/30	Wednesday	3-3:45 p.m.	\$90
67803	11/6-12/18	Wednesday	3-3:45 p.m.	\$70

SPECIAL EVENT: BOO BASH

FREE

RAINIER BEACH CC **Ages 5-18**

Join us for a fun, safe, trunk-or-treating event for the whole family! In addition to colossal caches of candy, there will be games, entertainment, and various community resources.

70423	10/27	Sunday	2-5 p.m.	FREE
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We are always working to add programs.

Please contact the community center if you would like to know about new programs that may not be in this brochure.

RAINIER BEACH CC

Monday-Thursday: 8:30 a.m.-9 p.m. | Friday-Saturday: 8:30 a.m.-7 p.m. | Sunday: 9 a.m.-7 p.m.

ZONE ONE

AEROBICS WITH BLESSED HEARTS FITNESS

Ages 18 and Older

Get your all-in-one workout: cardio pumping, strength building, and muscle toning, while moving and grooving to booming beats. You'll have tons of fun with 24-year fitness veteran Noel Montgomery, CMA, PFT, IFPA-certified.

67816 9/5-10/31 Thursday 6-7 p.m. \$72
67817 11/7-12/26 Thursday 6-7 p.m. \$54

RAINIER BEACH DISTANCE RUNNING

Ages 7-17

Do your kids love to run? Join our distance running program. No prior organized running experience is required, but kids should come with a good attitude and a willingness to participate fully in practices. Come dressed for the weather and bring your own water bottle. Participants should be able to run at least 1 mile.

70019 9/11-10/23 M/W 5-6 p.m. \$35

YOGA

Ages 16 and Older

Let's discover the basics of yoga with a fun and creative approach. This gentle non-competitive form of exercise promotes strength, flexibility, balance, and coordination. Please bring a mat and water bottle to class. Wear comfortable clothing.

70028 9/8-10/20 Sunday 9-10 a.m. \$84
70141 11/3-12/29 Sunday 9-10 a.m. \$84

GOJU RYU KARATE

FREE

Ages 6 and Older

Learn the traditional Okinawan art of self-defense. Study fundamental techniques of karate to subdue and control an attacker. Improve your physical conditioning and enjoy training with your fellow students in the dojo. Students will achieve belt rank in the GKK, an international karate organization. All levels are welcome.

67815 9/4-12/30 M/W 7:15-8:30 p.m. FREE

FAMILY ZUMBA

Ages 18 and Older

Zumba combines fitness, entertainment, and culture into an exhilarating dance-fitness sensation! Bring the whole family to the fitness party that blends upbeat world rhythms with easy choreography for a total body workout! Please arrive early as space is limited.

67808 9/4-12/18 Wednesday 6:30-7:30 p.m. FREE



ZONE ONE

SOUTH PARK CC

Site Closed



Alternate Program Location

South Park Community Center Late Night will continue to operate at Concord International Elementary School for the fall.

Please see our website for the most up to date program information

The community center is closed for site redevelopment and other improvements through early 2026. Read about the exciting changes coming with the Sitewide Renovation and Stabilization projects!

Concord International Elementary School | Follow @SouthParkCommunityCenter on Facebook for updates.
723 S Concord St | Seattle, WA 98108



Scan here for programs and updates



LATE NIGHT RECREATION PROGRAMS

Late Night is a safe and supportive environment for teens focusing on positive interactions and engagement where all teens are welcome.

SOUTH PARK @ CONCORD ELEMENTARY SCHOOL Ages 9-19

Ages 9-12
Saturday 6:30-9 p.m. FREE
Ages 13-19
Friday 6:30-10:30 p.m. FREE

VAN ASSELT CC

ZONE ONE

Monday/Wednesday: Noon-8 p.m. | Tuesday/Thursday: 11 a.m.-8 p.m. | Friday: Noon-7 p.m. | Saturday: 9 a.m.-5 p.m.

BEGINNING PIANO

Ages 7 and Older \$40/session

Receive the gift of music with this affordable, easy and fun introduction to the piano in weekly 30-minute lessons.

70234 9/9-12/16 Monday 4:15-4:45 p.m.
70235 9/10-12/17 Tuesday 3:15-3:45 p.m.
70236 9/11-12/18 Wednesday 4:15-4:45 p.m.

WOMEN'S ZUMBA



Ages 16 and Older

Get ready to dance your worries away as we combine motivating music and high energy moves. Routines feature aerobic interval training set to fast and slow rhythms that will help tone and sculpt the body. To create a safe space that respects diverse cultural practices, this Zumba program is for women only.

70154 9/10-12/19 Tu/Th 6-7 p.m. FREE

SHUTTLECOCK KICKING (ĐÁ CẦU)



Ages 5 and Older

Players aim to keep a shuttlecock in the air using their bodies apart from their hands. Like badminton, players try to get the shuttlecock to the other side of the net. You score points when shuttlecock hits the ground on your opponent's side.

70153 9/14-12/21 Saturday 2:30-4:30 p.m. FREE

LIFE AND LATTE'S



Ages 50 and Older

Seniors ages 50 and older are enhancing their mental and physical well-being through various activities like coffee meetups, board games for cognitive skills, and stretching for health. These engagements foster social connections, boost flexibility, and bring joy and purpose to their daily lives.

70183 10/3-12/19 Thursday 11:30 a.m.-1:30 p.m. FREE



ZONE ONE

VAN ASSELT CC

Monday/Wednesday: Noon-8 p.m. | Tuesday/Thursday: 11 a.m.-8 p.m. | Friday: Noon-7 p.m. | Saturday: 9 a.m.-5 p.m.

HOMESCHOOL FRIENDLY PROGRAMS

BEYOND THE FAMILY TREE Ages 7-17

Join us as we explore individual and family culture. Each of us has a support network, and families can be formed in many ways. Through a variety of creative projects, students will focus on the stories and traditions that make them unique.

70225 9/16-11/18 Monday Noon-12:55 p.m. \$85

CREATIVE ART Ages 5-9

Let's have an adventure exploring different styles of art and media. Priority will be placed on process over product and on meeting each child where they are in their personal and artistic development. I look forward to making art together!

70459 9/16-11/18 Monday 1-1:55 p.m. \$100

GARDENING Ages 7-14

How do plants grow? What do they need to thrive? In this class you can learn about plants, insects, animals, microbes, and people that make good neighbors. We'll use art, science, and cultural knowledge to design and plant gardens. Help build an enduring community that welcomes plants, animals and people of all types.

70462 9/16-11/18 Monday 2:30-4:45 p.m. \$200

SPANISH CONVERSATION Ages 7-17

¡Bienvenidos! Come practice Spanish with us as we discuss topics like family, pets, travel, food, and hobbies.

70461 9/16-11/18 Monday 2-2:55 p.m. \$85

REGISTRATION OPENS
AUGUST 13th



SCAN ME

REGISTER ONLINE:
https://bit.ly/spr_activity_reg

CULINARY CLUB



Ages 13-18

The Community Chefs Culinary Club offers students a hands-on culinary experience where they learn essential kitchen skills, including food safety and various cooking techniques. Through the program, students develop a passion for creating delicious dishes and can earn their Washington state food handler's permit, opening up opportunities for employment.

70161 10/9-12/4 Wednesday 4-5:30 p.m. FREE
70146 10/2-12/11 Wednesday 4-5:30 p.m. FREE

R/C DRIVING SCHOOL



Ages 13-17

Looking for hands-on experience with Radio Controlled cars? We'll build and customize R/C cars, integrate engineering, and experience the thrill of racing. Hone your problem-solving skills, teamwork, and project management while you develop an understanding of car components and assembly methods.

70182 10/3-12/19 Thursday 4-6 p.m. FREE

THE TUTORSHIP ACADEMY



Ages 10-17

Teens can prepare for higher education and get academic support in this nurturing program. Youth will get personalized academic help, college tours, financial literacy workshops, and mentorship to prepare students for college.

70178 10/1-12/17 Tuesday 4:30-6:30 p.m. FREE

GARFIELD CC

Monday-Friday: 9 a.m.-8 p.m. | Saturday: 10 a.m.-5 p.m.

ZONE TWO

SPECIAL EVENT: SEATTLE KIKI SESSIONS PRESENTS: YOU ARE NOW

FREE

Ages 16-25

Dive into Seattle's underground ballroom scene at our mini-ball competition celebrating LGBTQ+ self-expression, creativity, and storytelling. Watch or join participants as they vogue, walk the runway, and more to win prizes. Don't miss this chance to connect with the local ballroom community while enjoying FREE food and health services.

69654 9/4 Friday 5:30-7:30 p.m. FREE

SPECIAL EVENT: IN SERVICE DAY DISASTER DAY CAMP

FREE

Ages 8-14

The City of Seattle's Office of Emergency Management will be teaching fun and useful emergency preparedness skills. Receive hands on training on what to do in the event of an earthquake or other natural disasters!

69925 10/11 Friday 9:30 a.m.-1:30 p.m. FREE

SPECIAL EVENT: GREAT WASHINGTON SHAKEOUT

FREE

All Ages

Millions of people worldwide will practice how to Drop, Cover, and Hold On during the Great ShakeOut Earthquake Drill! Come by to practice earthquake safety and participate in a discussion on how to be "two weeks ready."

69593 10/17 Thursday 10-11 a.m. FREE

SPECIAL EVENT: CREEPY CARNIVAL FOR KIDS

FREE

Ages 12 and Younger

Get in the Halloween spirit with this spooky event! Enjoy music, carnival games, face painting, and lots of treats.

69592 10/25 Friday 5-7 p.m. FREE

SPECIAL EVENT: COSTUME CRAWL TOT GYM

FREE

Ages 1 month-5 years

Toddler gym, spooky crafts and snacks. Come in your costume!

69591 10/28 Monday 10 a.m.-1 p.m. FREE

SPECIAL EVENT: COMMUNITY HOLIDAY PARTY

FREE

GARFIELD CC

All Ages

Celebrate the season's many wonders with your neighbors and friends! Enjoy music, games, crafts and more. Participants can register for a gift from Toys for Tots. Toys are dependent on donations and will be distributed the week after the event. Call Garfield CC 206-684-4788 for details.

69590 12/6 Friday 5-7 p.m. FREE

YOGA FOR YOUTH

FREE

Ages 8-13

Yoga is a practice that connects the body, breath and mind using physical postures, breathing exercises, and meditation to improve overall health. This yoga class is available to all ability levels. Instruction is provided free of charge by Community Service Officers from the Seattle Police Department as part of their community outreach efforts.

69901 9/11-10/30 Wednesday 3-4 p.m. FREE

YOGA FOR KIDS

Ages 5-8

Let's discover the basics of yoga with a fun and creative approach. This gentle non-competitive form of exercise promotes strength, flexibility, balance, and coordination. Please bring a mat and water bottle to class. Wear comfortable clothing.

68624 9/28-10/19 Saturday 10:15-11 a.m. \$64

68629 11/9-12/7 Saturday 10:15-11 a.m. \$64

TAI YOGA WITH PLUS ONE

FREE

All Ages

Participants with pre-existing neurological conditions or disabilities will be guided through a series of full-body exercises and breathing techniques. Over the weeks, participants will explore their ability to complete different movements, become more in tune with their mind and body, improve their physical mobility, and become healthier overall. This class is funded through Rec4All.

68172 9/5-10/31 Thursday 12:30-2 p.m. FREE

ZONE TWO

GARFIELD CC

Monday-Friday: 9 a.m.-8 p.m. | Saturday: 10 a.m.-5 p.m.

AEROBICS WITH BLESSED HEARTS FITNESS

Ages 16 and Older

Get your all-in-one workout: cardio pumping, strength building, and muscle toning, while moving and grooving to booming beats. You'll have tons of fun with 24-year fitness veteran Noel Montgomery, CMA, PFT, IFPA-certified.

69585 9/3-10/22 Tuesday 5:30-6:30 p.m. \$40

69586 10/29-12/17 Tuesday 5:30-6:30 p.m. \$40

PARENT AND TOT ZUMBA

Ages 3-5

Experience the joy of dancing together! This class focuses on the bonding experience between kids and parents/caregivers with the help of dance, music, and movement. Everyone will enjoy dancing with various props. Fee includes one child and their adults.

70142 9/13-10/11 Friday 5-5:45 p.m. \$138

GROUP GUITAR LESSONS

Ages 5 and Older

Find the musician within and bring it out. Classes are offered in a small group setting but will emphasize personal instruction to meet each student's needs. We'll focus on chords, theory, ear training and more. Garfield CC will provide practice space for students, up to 1 hour per week per student. The quarter culminates with a recital. All ages and skill levels welcome.

69903 9/5-12/5 Thursday 6:30-7:30 p.m. \$412

YOUTH FUTSAL

FREE

Ages 5-14

This high-paced game is similar to soccer, but is played indoors with unlimited substitutions. All skill levels welcome!

Ages 5-8

69588 9/7-12/28 Saturday 1-2:30 p.m. FREE

Ages 9-14

69589 9/7-12/28 Saturday 3-4:30 p.m. FREE

FAMILY GARDEN CLUB

FREE

All Ages

Grow together as a community and learn more about growing food, creating healthy gardens, and being environmental stewards. Participate in weekly classes taught by Seattle Urban Nature Guides and spend time working in the newly rebuilt Garfield Community Garden! Gloves and tools are provided.

68425 8/28-10/2 Wednesday 5:30-7 p.m. FREE

68426 10/9-11/13 Wednesday 5:30-7 p.m. FREE

MARCUS GARVEY BOOK CLUB

FREE

Ages 18 and Older

Books are the foundation of knowledge. Come join facilitators Reverend Harriett Walden and Erik Stark of The Family Empowerment Institute. Each month covers a new book focusing on local, cultural, historical, and African American topics. You must be registered to attend. This class is a hybrid class. You may register for an in-person experience or choose to participate online via Webex video conferencing.

69587 9/3-12/17 Tuesday 6-7:30 p.m. FREE

YOUTH DEVELOPMENT TAEKWONDO

FREE

Ages 5-18

Taekwondo promotes positive behaviors and improved life skills. Persistent positive feedback supports and reinforces educational achievement, behavioral change, and community building. We challenge our students to think critically and open their minds to change.

69714 9/4-12/18 M/W 6-7:30 p.m. FREE



SPECIAL EVENT: OPEN MIC POETRY NIGHT



All Ages

If you have a passion for sharing your favorite poems, showcasing original compositions, or if you enjoy listening to others, this is for you. It's completely FREE and we enthusiastically welcome young poets to join us! Let's strengthen our community through the power and beauty of poetry.

70269	9/6	Friday	6-8 p.m.	FREE
70268	10/4	Friday	6-8 p.m.	FREE
70267	11/1	Friday	6-8 p.m.	FREE
70266	12/6	Friday	6-8 p.m.	FREE

SPECIAL EVENT: "MAKING-THE-WORLD-A-LITTLE-LESS HORRIBLE" ART GALA (HAG)

All Ages

HAG celebrates the idea that all art has value to the community at large. Art pours back into the community it comes from. Join us for a night of art, food and fun while we raise funds for our wheelchair basketball program. Please pay at the door.

70630	9/13	Friday	5:30-7:30 p.m.	\$15
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SPECIAL EVENT: PAINT N' SIP

Ages 18 and Older

Get creative at our paint and sip event! Enjoy mocktails while creating a masterpiece in a relaxing and supportive space. Our talented instructors will guide you through your creativity. Perfect for a fun night out or a unique date idea. All materials provided.

70324	10/25	Friday	6-8 p.m.	\$20
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WRESTLING FOR BEGINNERS



Ages 11-14

Build confidence, mindfulness, and learn to set goals in this fun opportunity to try wrestling. Practices focus on movement, tumbling, basic techniques, and games. Normal gym attire is appropriate. Headgear is provided. Shoes will be provided.

70140	9/24-10/29	Tu/Th	4-6 p.m.	FREE
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PARENT AND TOT ART CLASS

Ages 3-5

Embark on an artistic adventure as you and your little one discover creativity using everyday materials, unlocking your inner artists together. Explore colors, shapes, and composition through painting and enchanting mark-making methods. Connect and collaborate on a joyful journey of art together!

69794	9/18-10/16	Wednesday	10:15-11:15 a.m.	\$90
69795	10/23-11/20	Wednesday	10:15-11:15 a.m.	\$90

PARENT AND ME SOCCER

Ages 3-5

Introduce your toddler to the world's most popular sport! As you participate together, your child will be developing their large motor and socialization skills. The fun happens on the field, where both parent and child are a part of the action!

69797	9/20-10/25	Friday	2-2:45 p.m.	\$70
69800	11/1-12/13	Friday	2-2:45 p.m.	\$70

PRE-BALLET

Ages 3-5

Students experience the joy of dancing as they learn the basics of ballet technique and creative dance. Motor skills, posture, coordination, and musicality are emphasized through games, exercise, and choreography. Students should wear ballet shoes, dance attire, and have long hair pulled back.

70083	9/20-10/25	Friday	3:45-4:30 p.m.	\$75
70082	9/20-10/25	Friday	4:45-5:30 p.m.	\$75
70081	11/1-12/13	Friday	3:45-4:30 p.m.	\$75
70080	11/1-12/13	Friday	4:45-5:30 p.m.	\$75

FUTSAL

Ages 6-9

Discover futsal, an exciting, fast-paced soccer game played across the world. With 5 people to a side, the game is set on a basketball sized court with a smaller, low bounce ball with touchline boundaries and but no walls.

70136	9/20-10/25	Friday	3-3:45 p.m.	\$70
70139	11/1-12/13	Friday	3-3:45 p.m.	\$70

DRUM LESSONS

Ages 10 and Older

\$40/session

Learn expression through music! Lessons are 30 minutes long, and are tailored to each individual student, and teach students to read music, play by ear, music theory, and composition. We have a drum set on site. Call your community center to see what slots are available.

69803	9/3-9/24	Tuesday	3-7 p.m.
70084	10/1-10/29	Tuesday	3-7 p.m.
70086	11/5-11/19	Tuesday	3-7 p.m.
70085	12/3-12/17	Tuesday	3-7 p.m.

VOICE LESSONS

Ages 10 and Older

\$40/session

Hone your vocal skills with private voice lessons. The instructor will work with you to develop your unique voice, technique, and confidence in a supportive environment.

70088	10/3-10/24	Thursday	3-7 p.m.
70090	11/7-11/21	Thursday	3-7 p.m.

KOREAN SENIOR ASSOCIATION FITNESS & LUNCH PROGRAM



Ages 60 and Older

King County residents over 60 years of age and adults with disabilities are welcome to enjoy nutritious meals while engaging in cultural activities, learning English, or finding volunteer opportunities. The Korean Senior Association (Korean language program) meets at Miller Community Center every Tuesday and Friday.

69801	9/3-12/27	Tu/F	9:30 a.m.-1 p.m.	FREE
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GUITARS NOT GUNS GUITAR LESSONS

Ages 8-17

Join our guitar lessons for youth. No guitar? No worries! Instruction, instrument, and a safe environment are all provided. All you need to do is be present for each lesson over 8 weeks, and upon course completion you'll have the opportunity to own your guitar - in some cases, free!

70087	10/4-11/22	Friday	4-5 p.m.	FREE
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INTRODUCTION TO PICKLEBALL

Ages 18 and Older

Interested in learning pickleball? Join our structured course to learn the basic strokes, rules, and strategies in a happy and supportive environment. After this program you'll be ready to join SPR's many drop-in programs. Designed for beginning players. Please bring your own paddle and water bottle.

69799	9/6-10/11	Friday	10:15-11:15 a.m.	\$85
69802	10/18-11/22	Friday	10:15-11:15 a.m.	\$85

INTERMEDIATE PICKLEBALL

Ages 18 and Older

Expand and optimize your techniques and strategies through practice and game play. Learn advanced strokes, drills, and strategies of pickleball. This clinic is designed for intermediate (2.5 - 3.5) players. Please bring your own water bottle and pickleball paddle.

70537	9/6-10/11	Friday	11:30 a.m.-12:30 p.m.	\$85
70538	10/18-11/22	Friday	11:30 a.m.-12:30 p.m.	\$85

ADULT ART: PAINTING THE BEAUTY OF BIRDS

Ages 18 and Older

Discover the artistry of birds in our immersive painting class. Learn techniques to capture feathers, flight, and personality. Classes will be guided by expert instructors in a supportive environment.

70373	9/25-10/30	Wednesday	6:30-8 p.m.	\$185
70374	11/6-12/18	Wednesday	6:30-8 p.m.	\$185

ADULT ART: WATERCOLOR PAINTING

Ages 18 and Older

Join us for a fun, creative introduction to watercolor painting with step-by-step instructions! Create impressive projects at a beginner's pace while exploring a variety of techniques. Learn how to create different washes, textures, and more. No art experience required. Materials provided.

70020	9/9-10/21	Monday	6:30-8 p.m.	\$165
70021	10/28-12/9	Monday	6:30-8 p.m.	\$165

MONTLAKE CC

SITE CLOSED

ZONE TWO



Come join our dedicated team!

Montlake Community Center is excited to re-open in 2024, and we are looking to fill multiple positions/roles.

We are Seeking New Advisory Council Members!

- Represent the local Montlake Community - echo the public's voice and speak to the needs of Montlake's neighbors/program participants.
- Provide guidance in our planning and implementation of recreation programs/events, financial activities, human resources, maintenance, marketing, community engagement, and general operations.
- Commit to Seattle's Race and Social Justice Initiative and to advocating for the diverse interests within the community.
- This is a volunteer position, background check required.

If you are interested in joining or have any questions, please contact:

Stefan Schmidt
stefan.schmidt@seattle.gov

We are Seeking Instructors for all classes!

- Do you have a skill/hobby that will enrich, engage, and/or educate our Montlake community?
- Create a safe and welcoming environment for patrons to learn, connect with others, and develop their skillset
- Experience working with youth and/or adults in a teaching capacity and in curriculum development
- Specialities may include: Art, Sports, Dance, Exercise, Digital Literacy, Cooking, Group Games, etc.!
- Paid position, must be 18+ or older, background check required

If you are interested in leading a class/activity, or have any questions, please contact:

Emily Whybra
emily.whybra@seattle.gov

ZONE TWO

NORTHGATE CC

Monday-Friday: 9 a.m.-8 p.m.

SPECIAL EVENT: PUMPKIN CARVING

All Ages

Kick off the Halloween season with a family pumpkin carving and decorating night! We'll have pumpkins of all sizes with safe carving tools and paints to create your spooky or funky jack-o-lantern! All ages welcome. *Pumpkins are limited

70495 10/18 Friday 4:30-6:30 p.m. FREE

KID'S ART: CARTOONING CLASS

Ages 7-9

Learn the essentials of cartooning and create your own cool characters! Students will learn how to draw cartoon eyes and expressions, animals, foods, and more. We will explore different styles of cartooning including manga, comics, and classic cartoons through creative, exciting projects. No prior experience is required.

62730 9/17-10/29 Tuesday 4:30-6 p.m. \$124

WINTER WONDERLAND: MIXED MEDIA ART

Ages 7-9

Celebrate the changing seasons in this mixed media class. We will make festive projects featuring our favorite things about Winter. Each week we will rotate through different mediums and learn important concepts of art like color, pattern, and perspective.

62731 11/5-12/17 Tuesday 4:30-6 p.m. \$106

INTRO TO ACRYLIC: LANDSCAPES

Ages 18 and Older

Create impressive projects at a beginner's pace while exploring a variety of techniques taught by a local artist. You'll learn about color mixing, blending, creating texture, and more. No experience required.

FALL LANDSCAPES

Capture the beauty of fall in this creative introduction to acrylic painting!

62726 9/17-10/29 Tuesday 6:30-8 p.m. \$191

WINTER LANDSCAPES

Celebrate the winter season in this festive introduction to acrylic painting!

62727 11/5-12/17 Tuesday 6:30-8 p.m. \$164

SPECIAL EVENT: WREATH MAKING

All Ages

Learn to make your own holiday wreath. Participants will get a variety of seasonal greens to include in their creation. Cutters, wires, and additional decor will be available. Leave with a complete wreath to delight the whole neighborhood! *One wreath per signup.

70475 11/22 Friday 4:30-7 p.m. \$25

GENTLE FLOW YOGA

Ages 18 and Older

This class incorporates simple flowing sequences to warm up the body. Additional slower paced movements focus on alignment, strength, balance, and flexibility. Some yoga experience is helpful.

GENTLE FLOW YOGA

70490	9/11-10/23	Wednesday	9:15-10:15 a.m.	\$85
70491	11/6-12/11	Wednesday	9:15-10:15 a.m.	\$72

GENTLE FLOW YOGA: INTERMEDIATE

62671	9/12-10/24	Thursday	5:30-6:30 p.m.	\$85
62672	11/7-12/19	Thursday	5:30-6:30 p.m.	\$60

PIANO

Ages 6 and Older

\$46/session

It's never too early (or late!) to develop your musical talent! Book one-on-one 30-minute piano lessons with a seasoned musician. Participants will receive more detailed information about lesson materials on their first day. **No class March 7.**

***Note:** The lessons are booked in 35-minute time slots, however, the lessons are only 30 minutes, the last 5 minutes are required for sanitizing the room. **Call Northgate CC @ 206-386-4283 to schedule your classes.**

Total cost of classes due the first of each month. First payment is due at registration.

62734 9/9-12/23 Monday 3:30-5:50 p.m.

REAL ESTATE SESSIONS



Ages 18 and Older

Are you interested in learning about home buying options and how to get started buying your first home? Learn from the experts at these FREE sessions!

POWER HOUR #1

Come and hear tips and options from experts in the Real Estate industry. Is home ownership a possibility for you? Come to this power hour of information with a real estate agent and lender to find out what it takes.

70286 9/18 Wednesday 6:30-7:30 p.m. FREE

FIRST TIME BUYERS CLASS

Come and hear tips and options from experts in the Real Estate industry. This two-evening class meets the WSHFC criteria for down payment assistance programs. Lender and agent led. Must attend all 5 hours to receive certificate.

70287 10/16-10/23 Wednesday 5:30-8 p.m. FREE

POWER HOUR #2

Come and hear tips and options from experts in the Real Estate industry. Come with any questions and learn how homeownership can be possible for you or a family member. Real estate agent and lender led.

70289 11/13 Wednesday 6:30-7:30 p.m. FREE

**REGISTRATION OPENS
AUGUST 13th**



SCAN ME

REGISTER ONLINE:
https://bit.ly/spr_activity_reg

KENDO

Ages 10 and Older

Kendo is the art of Japanese fencing. Kendo practice is composed of many types of training and our class will cater to all experience levels. Students will focus on the basics of footwork and swings, and will be introduced to modern Kendo Equipment are required.

62715 9/4-10/16 Wednesday 6:30-8 p.m. \$65
70478 10/23-11/27 Wednesday 6:30-8 p.m. \$65

GOJU RYU KARATE

Ages 14 and Older

Self-defense, awareness, and physical and mental development are incorporated into the study of this Japanese karate style. Learn fundamental techniques of karate, and how to use linear and circular techniques to subdue and control an attacker. All levels welcome.

62721 9/9-10/28 Monday 5:30-7:30 p.m. \$50
62722 11/4-12/30 Monday 5:30-7:30 p.m. \$50

PICKLEBALL: INTERMEDIATE CLINIC

Ages 18 and Older

Self-defense, awareness, and physical and mental development are incorporated into the study of this Japanese karate style. Learn fundamental techniques of karate, and how to use linear and circular techniques to subdue and control an attacker. All levels welcome.

70830 12/10 Tuesday Noon-2:30 p.m. \$35

PICKLEBALL: SKILLS AND DRILLS

Ages 18 and Older

Learn the basic strokes, rules, and strategies of pickleball. A cross between tennis, badminton, and ping pong, this sport enjoys a large community of players in the Pacific Northwest. Once you've learned the basics, you can join our drop-in play across most of the Community Centers in Seattle. This class is designed for beginning players. Please bring your own water bottle and pickleball paddle.

BEGINNER

70350 9/12-10/24 Thursday Noon-2 p.m. \$110
70352 11/7-12/19 Thursday Noon-2 p.m. \$110

INTERMEDIATE

70353 9/10-10/15 Thursday Noon-2 p.m. \$130
70354 10/22-12/3 Thursday Noon-2 p.m. \$130

CREATIVE DANCE

Ages 3-5

Young dancers experience the joy of dancing by learning the basics of movement and self-expression. A focus on how the body moves and musicality are emphasized through games, improvisation, and choreography. Students should wear clothes that promote comfort.

70333 9/10-10/22 Tuesday 3:30-4:15 p.m. \$95
70334 11/5-12/17 Tuesday 3:30-4:15 p.m. \$81

PRE-BALLET

Ages 5-7

Students experience the joy of dancing as they learn the basics of ballet technique and creative dance. Motor skills, posture, coordination, and musicality are emphasized through games, exercises, and choreography. Students should wear ballet shoes, dance attire, and have long hair pulled back.

70335 9/10-10/22 Tuesday 4:30-5:15 p.m. \$100
70336 11/5-12/17 Tuesday 4:30-5:15 p.m. \$85

BALLET

Ages 7-10

Dancers will develop ballet skills and vocabulary while inspiring creativity and expression. Barre and center work will be introduced as well as combinations. Students should wear ballet slippers or bare feet, close fitting attire, and have their hair pulled back. All students welcome.

70337 9/10-10/22 Tuesday 5:30-6:30 p.m. \$100
70338 11/5-12/17 Tuesday 5:30-6:30 p.m. \$85

PARENTS AND TOTS ZUMBA

Ages 3-6

Experience the joy of dancing together! This class will focus on the bonding experience between kids & parents / caregivers with the help of dance, music and movement. During the class, everyone will enjoy dancing with various props.

70296 9/11-10/16 Wednesday 5:15-6 p.m. \$116
70304 10/30-11/20 Wednesday 5:15-6 p.m. \$77

ZUMBA

Ages 18 and Older

Zumba® combines high energy, motivating music, and unique moves that allow you to dance away your worries. The routines feature aerobic/fitness interval training, combining fast and slow rhythms that tone and sculpt the body.

70311 9/11-10/16 Wednesday 6:30-7:15 p.m. \$96
70186 10/30-11/20 Wednesday 6:30-7:15 p.m. \$64

SWING DANCE FOR ADULTS

Ages 18 and Older

Add some fun into your weekly routine! Your instructor will guide you through the basics of beginner East Coast Swing and guarantees you will be ready to hit the dance floor at that next reunion, wedding, or party!

70355 9/10-10/15 Tuesday 6:45-7:45 p.m. \$85
70356 11/5-12/17 Tuesday 6:45-7:45 p.m. \$73



QUEEN ANNE CC

Monday-Thursday: 8 a.m.-7 p.m. | Friday: 8 a.m.-6 p.m. | Saturday: 8 a.m.-5 p.m.

ZONE TWO

TRADITIONAL NON-CONTACT TAE KWON DO

Ages 6 and Older

This class teaches non-contact Tae Kwon Do and focuses on 5 elements: Courtesy, Integrity, Perseverance, Self-Control and the Indomitable Spirit. Tae Kwon Do will help you increase your confidence, flexibility, balance, and strength. Testing fees are an additional cost. **No class 10/14, 11/11, and 12/25.**

70463	9/4-9/30	M/W	6-7 p.m.	\$56*
70464	10/2-10/30	M/W	6-7 p.m.	\$56*
70465	11/4-11/27	M/W	6-7 p.m.	\$56*
70466	12/2-12/11	M/W	6-7 p.m.	\$56*

*Sign-up multiple participants for a discounted rate of \$50/person.

Hosting Magnolia CC Traditional Non-Contact Tae Kwon Do

Ages 7 and Older

69817	9/3-9/26	Tu/Th	5:30-6:30 p.m.	\$55
69819	10/1-10/31	Tu/Th	5:30-6:30 p.m.	\$55
69820	11/5-11/26	Tu/Th	5:30-6:30 p.m.	\$55
69821	12/3-12/26	Tu/Th	5:30-6:30 p.m.	\$55

No class 9/26.

PICKLEBALL: SKILLS AND DRILLS

Ages 18 and Older

Learn the basic strokes, rules, and strategies of pickleball. A cross between tennis, badminton, and ping pong, this sport enjoys a large community of players in the Pacific Northwest. Once you've learned the basics, you can join our drop-in play across most of the Community Centers in Seattle. This class is designed for beginning and intermediate players. **No class 10/14 and 11/11.**

BEGINNER

69905	9/9-11/25	Monday	9:30-11 a.m.	\$150
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INTERMEDIATE

69907	9/11-11/13	Wednesday	9:30-11 a.m.	\$150
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LITTLE HOOPERS

Ages 6-7

Your little one will start to learn the fundamentals of basketball. We focus on dribbling and passing in this fun program. Parental supervision required. **No class 9/26.**

70700	9/12-10/17	Thursday	4:30-5:15 p.m.	\$50
70701	10/24-11/21	Thursday	4:30-5:15 p.m.	\$50

YOGA FOR THE YOUNG

Ages 1-5

Our class will practice yoga through creative play and imagination. We will meet on our mats for stretching and movement. Class will end with a bit of relaxation. Parents and guardians have the option to join us in class. **No Class 9/26-9/28, 10/11, and 11/29.**

70524	9/6-12/13	Thursday	9:30-10:30 a.m.	\$120
69726	9/5-12/12	Friday	9:30-10:30 a.m.	\$120

VINYASA YOGA

Ages 18 and Older

Energize your body and mind by flowing between a series of yoga poses (asanas) with mindful breathwork (pranayama).

69725	9/3-12/10	Tuesday	9:30-10:30 a.m.	\$150
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PILATES

Ages 18 and Older

This Pilates-based mat class focuses on stretching and strengthening your muscles, especially core muscles. We will strengthen, tone, and improve flexibility and balance. Light weights and mats are provided, although you are welcome to bring your own. We recommend you bring your own towel.

70002	9/9-12/16	Monday	5-6 p.m.	\$130
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HIP POP 1 AND 2

Ages 6-12

Let's dance to pop and hip-hop based music! We will warm-up, play games, and learn exclusive dance choreography! Classes are focused on building confidence. **No class 9/26, 11/28, and 12/12.**

Level 1: All Levels Welcome Ages 6-8

70467	9/12-11/21	Thursday	4:05-5 p.m.	\$165
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Level 2: Some dance experience beneficial. Ages 9-11

70468	9/12-11/21	Thursday	4:05-5 p.m.	\$165
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ZONE TWO

QUEEN ANNE CC

Monday-Thursday: 8 a.m.-7 p.m. | Friday: 8 a.m.-6 p.m. | Saturday: 8 a.m.-5 p.m.

ADULT POTTERY

Ages 16 and Older

Create pottery pieces using a combination of hand-building and throwing clay into works of art. Participants will be guided through numerous techniques to decorate and build ceramic projects.

MORNING Ages 18 and Older

70501	9/10-11/12	Tuesday	9:30 a.m.-12:30 p.m.	\$450
69786	9/11-11/13	Wednesday	9:30 a.m.-12:30 p.m.	\$450

AFTERNOON: INTERMEDIATE Ages 18 and Older

69787	9/11-11/13	Wednesday	2-5 p.m.	\$450
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EVENING Ages 16 and Older

70500	9/10-11/12	Tuesday	5-8 p.m.	\$450
70499	9/12-11/21	Thursday	5-8 p.m.	\$450

CERAMICS FOR ALL

Ages 10 and Older

This intro course teaches the basics of ceramics including hand building and an introduction to wheel throwing in a supportive, inclusive, and multi-generational community setting. Parents may accompany their children at no charge to assist and encourage; or enroll as students to receive individual instruction and studio time. The first bag of clay is included, more may be purchased. **No Class 10/14 and 11/11.**

69790	9/9-11/25	Monday	5-8 p.m.	\$450
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SPECIAL EVENT: QUEEN ANNE NEIGHBOR APPRECIATION DAY

FREE

All Ages

This special day is devoted to reaching out to neighbors, making new friends, and expressing thanks to those who help make your neighborhood a great place to live. Join us for family-friendly activities, workshops, fitness, and more as we celebrate our community.

69908	9/27-28	F/Sa	2-7 p.m.	FREE
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SPECIAL EVENT: TOT CARNIVAL

FREE

All Ages

Have your tots try on their Halloween costumes and join in some pre-Halloween fun. Our mini carnival will have games, treats, and fun for all. Costumes are optional but encouraged!

69822	10/31	Tuesday	10 a.m.-1 p.m.	FREE
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QACC TEEN VOLUNTEERING

FREE

Ages 11-17

Looking for regular high school volunteer hours? Come and volunteer your time in exchange for (High School) service credit hours needed for graduation in a fun family environment. Great experience in a public setting as well as community center needs/projects.

69724	9/3-12/31	M-F	4-6 p.m.	FREE
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TEEN ADVISORY COUNCIL

FREE

Ages 11-18

Utilize your leadership skills, be active and involved in planning field trips, special events, fundraising and giving back to the community.

69728	10/8-12/10	Tuesday	5-6 p.m.	FREE
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YESLER CC

Monday-Friday: 9:30 a.m.-8 p.m. | Saturday: 9:30 a.m.-6 p.m. | Sunday: 10 a.m.-3 p.m.

ZONE TWO

DRILLS AND SKILLS

Ages 10-17

Teens will participate in team sports with supervision from Drills and Skills Staff. Everyone gets a chance to participate and enjoy the activities offered. Participants will improve their physical fitness, as well as basketball, leadership, communication, teamwork, and hand-eye coordination skills.

70439	9/3-9/30	Mon-Thur	4-6:30 p.m.	\$57
70447	10/1-10/31	Mon-Thur	4-6:30 p.m.	\$69
70448	11/4-11/21	Mon-Thur	4-6:30 p.m.	\$42
70449	12/2-12/30	Mon-Thur	4-6:30 p.m.	\$54



Seattle Parks & Recreation C

Be a voice for your community
Join a volunteer Advisory Council!

- Engage with your local community
- Plan & support unforgettable special events
- Bring new & exciting program ideas
- Partner with local businesses & organizations
- Fundraise to increase opportunities
- Support the great work of SPR staff

Scan QR to learn more and get started!

OR email casey.king@seattle.gov

ZONE THREE

BALLARD CC

Monday-Friday: 9 a.m.-8 p.m. | Saturday: 9 a.m.-5 p.m. | Sunday: 9 a.m.-2 p.m.

SPECIAL EVENT: BALLARD HALLOWEEN CARNIVAL

All Ages

Early Bird gets the gummy worm! Crafts, music, food, games, prizes and fun. There is something here for everyone. Come try your luck while there is still time.

70372 10/25 Friday 6-8 p.m. \$10

SPECIAL EVENT: SILK SCREENING ON TILES

Ages 18 and Older

Join us for an afternoon of fun as we learn how to use flexible silkscreens and underglazes on ceramic tiles. Cost includes all materials and kiln firings to make a 6" tile. Additional tiles may be purchased for \$10 each. NO experience is necessary.

70422 11/17 Sunday Noon-2 p.m. \$30

SPECIAL EVENT: BALLARD GINGERBREAD JUBILEE

All Ages

Join us this year for an evening of holiday fun. You bring your imagination, and we provide the rest! There will be all sorts of crafts, music and of course our magnificent Gingerbread construction zone!

70371 12/20 Friday 6-8 p.m. \$5

SPECIAL EVENT: FAMILY ORNAMENT PAINTING PARTY

All Ages

Bring the whole family and get creative. We provide porcelain ornament blanks and non-toxic paints and markers. Use your imagination and create some memories! Additional tiles may be purchased for \$10 each.

70895 12/8 Sunday 10:30 a.m.-Noon \$11

SPECIAL EVENT: ADULT ORNAMENT PAINTING PARTY

Ages 5 and Older

Get creative and decorate your own porcelain ornament. We provide Porcelain ornament blanks and an assortment of permanent acrylic paints including golds and silvers. You provide your imagination!

70896 12/8 Sunday 12:30-2 p.m. \$20

FENCING: ADVANCED

Ages 15 and Older

Join us for practice sparring and light instruction. Experienced fencers must have all their own equipment and wear appropriate fencing attire. This includes mask, jacket, plastron, knickers or long pants, glove, and electric gear. We usually have one or two electric strips set up and all weapons are welcome.

70177 9/12-12/5 Thursday 6:30-8:30 p.m. \$100

BEGINNING PICKLEBALL

Ages 16 and Older

Want to drop into pickleball, but not sure if you're ready? Take Beginning pickleball and learn the rules, and skills that will make you feel comfortable to drop in for open play.

70180	9/10-10/24	Tu/Th	12:45-1:45 p.m.	\$169
70181	9/10-10/24	Tu/Th	2-3 p.m.	\$169
70185	10/29-12/5	Tu/Th	12:45-1:45 p.m.	\$143
70187	10/29-12/5	Tu/Th	2-3 p.m.	\$143

LITTLE HOOPERS

Ages 5-10

Learn the basics of basketball in a fun and safe environment! Students will practice passing, dribbling, shooting, rebounding, and more. We will use our new skills in organized group games. Please wear athletic shoes and bring a water bottle.

▼ Ages 5-6

70156	9/9-10/21	Monday	4-4:45 p.m.	\$84
70157	10/28-12/9	Monday	4-4:45 p.m.	\$84

▼ Ages 7-10

70158	9/9-10/21	Monday	4:45-5:30 p.m.	\$84
70159	10/28-12/9	Monday	4:45-5:30 p.m.	\$84

ADULT POTTERY

Ages 16 and Older

Create pottery pieces using a combination of hand-building and throwing clay into works of art. Participants will be guided through numerous techniques to decorate and build ceramic projects.

DAYTIME Ages 18 and Older

69356	9/10-12/9	Monday	10 a.m.-12:30 p.m.	\$420
69357	9/11-12/11	Wednesday	10 a.m.-12:30 p.m.	\$490

EVENING Ages 16 and Older

69354	9/10-12/10	Tuesday	6-8:30 p.m.	\$490
69353	9/12-12/5	Wednesday	6-8:30 p.m.	\$385
69355	9/11-12/11	Thursday	6-8:30 p.m.	\$490

YOUTH POTTERY

Ages 5-12

Bring your imagination and get ready to get messy in this all-levels class! Learn to make ceramics through hand building techniques like pinch, coil, and slab. We'll glaze our work to add color and shine! Materials provided.

Ages 5-7

69649	9/14-10/26	Saturday	10:15-11 a.m.	\$94
70162	9/14-10/26	Saturday	11:15 a.m.-Noon	\$94
70163	11/2-12/14	Saturday	10:15-11 a.m.	\$94
70164	11/2-12/14	Saturday	11:15 a.m.-Noon	\$94

Ages 8-12

70165	9/14-10/26	Saturday	12:15-1:15 p.m.	\$119
70166	11/2-12/14	Saturday	12:15-1:15 p.m.	\$119

KIDS AT CLAY

Ages 5-11

The art of pottery is thousands of years old. In this class we will "travel" through time visiting various moments in pottery history, the people involved and any special clay or techniques they employ. This in-depth program allows students to explore and learn about different cultures and history as they relate to the art of pottery.

70179	9/11-12/11	Wednesday	1:30-4:30 p.m.	\$504
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PARENT AND TOT MUSIC CLASS

Ages 2-5

Let your little ones learn music, as you release your own inner diva! Kids will have the opportunity to learn basic musical skills while playing, moving, and interacting with each other and their parents or caregivers. Wear comfortable clothing and come prepared to move and sing.

70216	9/9-10/21	Monday	10:15-11 a.m.	\$132
70217	10/28-12/9	Monday	10:15-11 a.m.	\$132

PARENT AND TOT ART CLASS

Ages 2-5

Embark on an artistic adventure as you and your little one discover creativity using everyday materials, unlocking your inner artists together. Explore colors, shapes, and composition through painting and enchanting mark-making methods. Connect and collaborate on a joyful journey of art together!

70168	9/10-10/1	Tuesday	10:15-11:15 a.m.	\$80
70169	10/8-11/5	Tuesday	10:15-11:15 a.m.	\$100
70170	11/12-12/10	Tuesday	10:15-11:15 a.m.	\$100

PARENT AND TOT POTTERY CREATIONS CLASS

Ages 2-4

Bring your budding artists to this playful clay class. Work with your toddler to explore the materials and make art together. A variety of projects and hand-building techniques will be introduced. Enjoy this special time together as you connect and collaborate over clay.

69637	9/13-10/4	Friday	10:15-11:15 a.m.	\$88
69638	10/4-11/8	Friday	10:15-11:15 a.m.	\$110
69639	11/15-12/13	Friday	10:15-11:15 a.m.	\$88

SPANISH CLUB

Ages 6-12

Kids let's explore the exciting world of Spanish! Using songs, stories, and interactive games we'll boost listening and speaking skills. Role-play and group activities will help expand our vocabulary and grammar. We'll also learn about cultural diversity while we make new friends.

70421	9/12-12/5	Thursday	2:30-4:30 p.m.	\$264
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DND CLUB

Ages 8-11

Every Tuesday is an adventure with afterschool D & D club. Play a module session with your friends or meet new friends.

69646	9/10-12/10	Tuesday	2:30-4:30 p.m.	\$364
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QIGONG

Ages 16 and Older

Qigong and Tai Chi bring great benefits for fitness, disease prevention, and improved balance. Qigong is the foundation of Tai Chi, as it develops the internal side of Tai Chi. This class teaches Tai Chi Qigong and Yang Tai Chi short form.

70176	9/11-10/4	Wednesday	6:30-7:30 p.m.	\$117
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FAMILY YOGA

Ages 6-15

Bring your young ones to this family friendly flow! Family yoga is designed to be playful for all ages whilst still incorporating the fundamentals of yoga. It is a fantastic way to spend quality time together in a healthy environment. We'll bring stories to life with fun twists on traditional yoga poses. Class fee includes one parent and one child between 6-15 years old.

70332	9/14-10/26	Saturday	10:15-11:15 a.m.	\$119
70370	11/2-12/7	Saturday	10:15-11:15 a.m.	\$119

BALLARD CC

Monday-Friday: 9 a.m.-8 p.m. | Saturday: 9 a.m.-5 p.m. | Sunday: 9 a.m.-2 p.m.

ZONE THREE

ADULT WATERCOLORS

Ages 16 and Older

Get started with watercolor! Students will learn all the watercolor basics and apply their skills into their own paintings. All levels are welcome, including those with no experience in watercolor or paint! Bring your own supplies.

70171	9/10-10/22	Tuesday	6:30-8:30 p.m.	\$168
70172	10/29-12/10	Tuesday	6:30-8:30 p.m.	\$168

SUMI INK WASH

Ages 16 and Older

Perfect for beginners and experienced artists seeking creative growth, this sumi ink wash class explores painting techniques of traditional Asian brushwork. Bring your paints and brushes; the instructor will supply a materials list and artistic grade paper for your final masterpieces.

70898	9/9-10/21	Monday	6:30-8:30 p.m.	\$144
70900	10/28-12/9	Monday	6:30-8:30 p.m.	\$144

PIANO LESSONS

Ages 6 and Older **\$40/Session**

These weekly 30-minute private lessons cover music theory, ear training, and sight-reading which students will practice through pieces appropriate to their musical ability. Offered by appointment only. Reserve a one-on-one 30-minute lessons for piano.

70358	9/9-10/21	Monday	4:30-5 p.m.
70360	9/9-10/21	Monday	5-5:30 p.m.
70362	9/9-10/21	Monday	5:30-6 p.m.
70364	9/9-10/21	Monday	6-6:30 p.m.
70366	9/9-10/21	Monday	6:30-7 p.m.
70368	9/9-10/21	Monday	7-7:30 p.m.
70359	10/28-12/9	Monday	4:30-5 p.m.
70361	10/28-12/9	Monday	5-5:30 p.m.
70363	10/28-12/9	Monday	5:30-6 p.m.
70365	10/28-12/9	Monday	6-6:30 p.m.
70367	10/28-12/9	Monday	6:30-7 p.m.
70369	10/28-12/9	Monday	7-7:30 p.m.

SKANDIA FOLK DANCE



Ages 10 and Older

Seattle Skandia Folkdance Society is offering an introductory course in traditional Nordic dancing. Come and learn about the traditional dance culture and music of the Nordic lands.

70423	9/13-12/13	Friday	6:30-8:30 p.m.	FREE
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ZONE THREE

BITTER LAKE CC

Monday-Thursday: 8 a.m.-9 p.m. | Friday-Saturday: 8 a.m.-7 p.m. | Sunday: 10 a.m.-5 p.m.

SPECIAL EVENT: BINGO DAY

All Ages

BINGO is the name of the game, and everybody is invited to play and have a chance to win awesome prizes! We will start promptly at Noon and light refreshments will be provided. Entry fee is \$5/person.

70492	9/15	Sunday	Noon-2 p.m.	\$5
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SPECIAL EVENT: BIG PUMPKIN BASH

All Ages

Get your costumes and bring your family out for ghoulish-good fun with carnival games, face painting, refreshments, and the always popular cake walk! Bring a can of food to donate. Volunteer hours are available. Call 206-684-7524 for more details. \$0.25/ ticket and \$10/entry bracelet payable by cash or check.

70595	10/19	Saturday	6-8 p.m.	\$10
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SPECIAL EVENT: MULTI-CULTURAL DINNER

All Ages

Join us for a culinary tour around the world and introduce your family to food from different cultures during this annual Bitter Lake tradition. Food is one of the best ways to experience and celebrate diversity. We have something for everyone!

70596	12/6	Friday	5:30-7 p.m.	\$5
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SPECIAL EVENT: WINTER FESTIVAL CRAFTERNOON

Ages 5 and Older

Celebrate the holiday season with festive crafts using a variety of media! Bring the whole family and make a variety of winter-themed crafts like wreaths and snowflakes. All materials are provided

70494	12/8	Sunday	2-4 p.m.	\$20
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PIANO LESSONS

Ages 6 and Older **\$30/Session**

Learn to play the piano from an experienced professional teacher in weekly 30-minute private lessons. Training includes sight-reading, technique, expression, theory, and chords. Please contact Bitter Lake Community Center at (206) 684-7524 for times and any other inquiries.

70605	September	Wednesday	3-7:30 p.m.
70606	September	Thursday	3-7:30 p.m.
70607	September	Saturday	10 a.m.-2 p.m.
70608	October	Wednesday	3-7:30 p.m.
70609	October	Thursday	3-7:30 p.m.
70610	October	Saturday	10 a.m.-2 p.m.
70611	November	Wednesday	3-7:30 p.m.
70612	November	Thursday	3-7:30 p.m.
70613	November	Saturday	10 a.m.-2 p.m.
70614	December	Wednesday	3-7:30 p.m.
70615	December	Thursday	3-7:30 p.m.
70616	December	Saturday	10 a.m.-2 p.m.

LITTLE HOOPERS B-BALL

Ages 5-10

Learn the basics of basketball in a fun and safe environment! Students will practice passing, dribbling, shooting, rebounding, and more. We will use our new skills in organized group games. Each participant will receive a t-shirt. Please wear athletic shoes and bring a water bottle.

▼ Ages 5-7

70486	9/17-11/19	Tuesday	5:15-6 p.m.	\$110
70487	9/21-11/23	Saturday	10:15-11 a.m.	\$110

▼ Ages 8-10

70488	9/17-11/19	Tuesday	6-6:45 p.m.	\$110
70489	9/21-11/23	Saturday	11-11:45 a.m.	\$110

SOCCER

Ages 6-12

Your child will get comfortable with the soccer ball at their feet as we work on complex skills and dribbling moves in a fun and non-competitive environment. We'll play challenging games designed to maximize balance and coordination and grow self-confidence as we focus on a new skill each week.

▼ Ages 6-9

70852	9/12-10/10	Thursday	4-4:50 p.m.	\$75
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▼ Ages 10-12

70853	9/12-10/10	Thursday	5-5:50 p.m.	\$75
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SOCCER TOTS

Ages 2-5

Children will have fun learning basic soccer techniques while building self-esteem and learning to follow instructions in a nurturing, educational environment.

▼ Ages 2-3

70849	10/26-11/23	Saturday	9:30-10:10 a.m.	\$75
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▼ Ages 4-5

70851	10/26-11/23	Saturday	10:20-11 a.m.	\$75
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MULT-SPORT (BASEBALL, FLAG FOOTBALL, AND SOCCER)

Ages 2-5

We use age-appropriate games to engage kids in a variety of sports. Each week we will play one of the following sports: soccer, football, baseball/softball, and basketball. Some parent participation may be required.

▼ Ages 2-3

70854	9/14-10/12	Saturday	9:30-10:10 a.m.	\$75
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▼ Ages 4-5

70855	9/14-10/12	Saturday	10:20-11 a.m.	\$75
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MATHLETICS

Let's work out our brain muscles! Students will expand their knowledge and develop problem-solving skills through instruction in various mathematical principles. Participants will take a placement test to determine the proper level for enrollment. Curriculum varies by grade level.

▼ Level Pre-Kindergarten-Kindergarten

Addition, Subtraction, and Number Sense

71628	9/17-12/3	Tuesday	4:10-5:20 p.m.	\$300
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▼ Level 1

Number Sense, Ordinal Numbers, and Problem Solving

71629	9/18-12/4	Wednesday	3-4:10 p.m.	\$300
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▼ Level 2

Numbers Skills and Measuring Language

71630	9/17-12/3	Tuesday	5:20-6:30 p.m.	\$300
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▼ Level 3

Multiplication, Mental Calculations, and Word Problems

71631	9/18-12/4	Wednesday	5:20-6:30 p.m.	\$300
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▼ Level 4

Place Value, 5-Step Problem Solving, and Factors

71632	9/18-12/4	Wednesday	4:10-5:20 p.m.	\$325
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▼ Level 5

Place Value, Comp, and Modeling Ratio

71633	9/18-12/4	Wednesday	6:30-7:40 p.m.	\$325
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▼ Level 6

Algebra, Geometry, and Fractions

71634	9/17-12/3	Tuesday	6:30-7:40 p.m.	\$325
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ROBOTICS & CODING

Ages 6-12

This class will introduce young minds to the exciting world of robotics and coding. We'll explore the fundamentals using age-appropriate building materials and focus on core concepts like motion, sensors, and basic coding. Through engaging activities, students will build robots using motors, axles, and IR sensors, learning how to program them to navigate obstacles and complete simple tasks.

71627	9/28-11/16	Saturday	11 a.m.-Noon	\$240
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FALL FESTIVITIES: MIXED MEDIA ART

Ages 4-8

Celebrate the changing seasons in this mixed media class. We will make festive projects featuring our favorite things about Fall. Each week we will rotate through different mediums and learn important concepts of art like color, pattern, and perspective.

70455	9/12-10/17	Thursday	4-5 p.m.	\$120
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WINTER WONDERLAND: MIXED MEDIA ART

Ages 4-8

Celebrate the changing seasons in this mixed media class. We will make festive projects featuring our favorite things about Winter. Each week we will rotate through different mediums and learn important concepts of art like color, pattern, and perspective.

70456	10/24-12/19	Thursday	4-5 p.m.	\$120
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**REGISTRATION OPENS
AUGUST 13th**



SCAN ME

REGISTER ONLINE:
https://bit.ly/spr_activity_reg

BITTER LAKE CC

Monday-Thursday: 8 a.m.-9 p.m. | Friday-Saturday: 8 a.m.-7 p.m. | Sunday: 10 a.m.-5 p.m.

ZONE THREE

EARLY BIRD COFFEE SOCIAL

FREE

Ages 50 and Older

Join us in a gathering space to enjoy a cup of coffee and pleasant company. This is a perfect time to chat, share stories, and connect with peers. Games and light refreshments will be provided. The Early Bird Coffee Social will meet on the 2nd Tuesday of each month:

70493	9/10	Tuesday	8:30-10 a.m.	FREE
70690	10/8	Tuesday	8:30-10 a.m.	FREE
70691	11/12	Tuesday	8:30-10 a.m.	FREE
70692	12/10	Tuesday	8:30-10 a.m.	FREE

BITTER LAKE CC BOOK CLUB

FREE

All Ages

Books are the foundation of knowledge, so get smart and join the new Bitter Lake Community Center book club. Each month covers a new book focusing on classic literature, culture, and history. Registration is required to attend. The club meets the 3rd Tuesday of the month.

70579	9/17, 10/15, 11/19, and 12/17	Tuesday	6-8 p.m.	FREE
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POP-UP MORNING YOGA

Ages 12 and Older

Come and join us for this beginner level gentle yoga class where we'll focus on movement and the breath to increase strength, flexibility, balance, awareness, and peace of mind. Participants will gain exposure to the principles of yoga in an environment that is welcoming, inclusive, and supportive of all ages and abilities.

70697	9/15	Sunday	10:30-11:30 a.m.	\$10
70698	10/13	Sunday	10:30-11:30 a.m.	\$10

YOGA

Ages 18 and Older

Yoga is a physical practice suitable for all ages and experience levels. We connect breathing to movement through a sequence of postures that promote safe alignment, flexibility, and strength. Light meditation will be part of the program.

70695	9/9-10/21	Monday	7-8 p.m.	\$44
70696	10/28-12/9	Monday	7-8 p.m.	\$44

DANCE FITNESS

Ages 8 and Older

Join a barefoot cardio-dance workout that builds flexibility, agility, mobility, strength, and stability. Dance is fun, low-impact and adaptable to individual needs and abilities. Wear clothes that you can dance in.

70856	9/7-10/26	Saturday	9:30-10:30 a.m.	\$88
70857	11/2-12/21	Saturday	9:30-10:30 a.m.	\$88

ROLLER SKATING LESSONS

Ages 5 and Older

Learn to skate or improve your skills through lessons and interactive games for beginning and intermediate roller skaters and bladers. Classes are divided by skill level. Practice after class with others during Friday Family Skate Night! Additional insurance required for participants.

▼ Ages 5-17

70512	9/13-10/18	Friday	6-6:45 p.m.	\$42
70514	10/25-12/6	Friday	6-6:45 p.m.	\$42

▼ Ages 18 and Older

70511	9/13-10/18	Friday	8:15-8:45 p.m.	\$60
70513	10/25-12/6	Friday	8:15-8:45 p.m.	\$60

ZONE THREE

BITTER LAKE CC

Monday-Thursday: 8 a.m.-9 p.m. | Friday-Saturday: 8 a.m.-7 p.m. | Sunday: 10 a.m.-5 p.m.

PICKLEBALL SKILLS AND DRILLS

Ages 18 and Older

Learn the basic strokes, rules, and strategies of pickleball. A cross between tennis, badminton, and ping pong, this sport enjoys a large community of players in the Pacific Northwest. Once you've learned the basics, you can join our drop-in play across most of the Community Centers in Seattle. This class is designed for beginning and intermediate players. No experience needed!

70483	9/10-10/15	Tuesday	8:30-9:45 a.m.	\$90
70484	10/29-12/10	Tuesday	8:30-9:45 a.m.	\$90

PICKLEBALL: INTERMEDIATE

Ages 18 and Older

Expand and optimize your techniques and strategies through practice and game play. Learn advanced strokes, drills, and strategies of pickleball. This clinic is designed for intermediate (2.5 - 3.5) players. Please bring your own water bottle and pickleball paddle.

70485	9/13-10/18	Friday	8:30-9:45 a.m.	\$90
70482	11/1-12/13	Friday	8:30-9:45 a.m.	\$90



BEGINNING KENDO

Ages 8 and Older

Kendo (way of the sword) is a martial art based on samurai traditions requiring mental and physical discipline. Working with oak and bamboo swords, students will focus on footwork and sword handling, progressing at their own pace to practice with others.

70480	9/19-12/12	Thursday	7-8 p.m.	\$120
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ADVANCED KENDO

Ages 8 and Older

Kendo (way of the sword) is a co-ed martial art based on samurai traditions requiring mental and physical discipline. Students that progress to advanced skill level will practice wearing armor and engage in bouts with other students. All equipment can be purchased in class.

70479	9/19-12/12	Thursday	7-9 p.m.	\$144
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KUNG FU FOR SELF DEFENSE

Ages 10 and Older

Learn this non-traditional kung-fu based martial art and explore self-defense, meditation, conditioning, and awareness through graceful movement. Techniques are presented to each student in an individually driven curriculum. Wear comfortable clothes and practice barefoot or wear shoes with light colored tread. Students 10-13 must have a parent or guardian in attendance.

70509	9/17-10/22	Tuesday	5:30-6:45 p.m.	\$66
70510	11/5-12/10	Tuesday	5:30-6:45 p.m.	\$66

ADULT ELL

Ages 15 and Older

Receive instruction in both English language and cultural integration in a classroom setting. We aim to welcome and support our immigrant community members adjusting to life in Seattle.

70477	9/10-11/12	Tuesday	10 a.m.-Noon	\$25
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FALL FESTIVITIES: MIXED MEDIA ART

Ages 7-8

Celebrate the changing seasons in this mixed media class. We will make festive projects featuring our favorite things about Fall. Each week we will rotate through different mediums and learn important concepts of art like color, pattern, and perspective.

69325 9/16-10/28 Monday 5-6 p.m. \$157

WINTER WONDERLAND: MIXED MEDIA ART

Ages 7-8

Celebrate the changing seasons in this mixed media class. We will make festive projects featuring our favorite things about Winter. Each week we will rotate through different mediums and learn important concepts of art like color, pattern, and perspective.

69791 11/4-12/16 Monday 5-6 p.m. \$157



MESSY ME



Ages 2-4

Let your toddler get MESSY! Join our art class where toddlers will explore art surfaces, textiles, and objects. Parents and guardians can participate too! Bring extra clothes for your little ones after class. Toddlers must be accompanied by a parent or guardian.

69663 10/1-10/22 Tuesday 10:45-11:30 a.m. \$80
69664 11/5-11/26 Tuesday 10:45-11:30 a.m. \$80

CREATIVE DANCE

Ages 3-4

Students will explore expressive movement using music, stories, props, and games. We will focus on developing motor skills, balance, and coordination along with imagination and creativity. A variety of dance concepts and vocabulary will be introduced in a fun and engaging way.

69318 9/21-10/26 Saturday 9:15-10 a.m. \$76
69319 11/2-12/14 Saturday 9:15-10 a.m. \$76

PRE BALLET

Ages 4-5

Students experience the joy of dancing as they learn the basics of ballet technique and creative dance. Motor skills, posture, coordination, and musicality are emphasized through games, exercises, and choreography. Students should wear ballet shoes, dance attire, and have long hair pulled back.

69320 9/21-10/26 Saturday 10-10:45 a.m. \$76
69321 11/2-12/14 Saturday 10-10:45 a.m. \$76

BALLET 1

Ages 6-7

We will develop ballet skills and vocabulary while inspiring creativity and expression. Barre and center work will be introduced as well as combinations and choreography. Students should wear ballet slippers or bare feet, close fitting attire, and have their hair pulled back.

69547 9/21-10/26 Saturday 11 a.m.- Noon \$85
69548 11/2-12/14 Saturday 11 a.m.- Noon \$85

PIANO

Ages 6-17

\$46/session

It's never too early (or late!) to develop your musical talent! Book one-on-one piano lessons with a seasoned musician. Participants will receive more detailed information about lesson materials on their first day. *Note: The lessons are booked in 45-minute time slots, however, the lessons are only 30 minutes, the last 15 minutes are required for sanitizing the room. Call Green Lake CC @ 206-684-0780 to schedule your classes.

69189 9/6-12/20 Friday 3-6 p.m.
69190 9/10-12/17 Tuesday 4-6:15 p.m.

BASKETBALL: LITTLE DRIBBLERS

Ages 5-11

Your little one will learn the fundamentals of basketball like ball handling, conditioning, and technique. We will also focus on good nutrition and physical well-being while having fun. Open for kids of all skill levels. Please bring your own water bottle.

▼ Ages 5-6

69656 9/12-10/17 Thursday 4:30-5:15 p.m. \$50
69658 10/24-11/21 Thursday 4:30-5:15 p.m. \$50

▼ Ages 7-11

69657 9/12-10/17 Thursday 5:15-6 p.m. \$50
69659 10/24-11/21 Thursday 5:15-6 p.m. \$50

SPECIAL EVENT: HALLOWEEN BOUNCE AND SWIM



Ages 2 and Older

Green Lake Community Center and Evans Pool are co-hosting a haunted celebration! This event has it all from carnival games and bouncy houses from 6-8 p.m. We'll have two public swims. One from 6:30-7:30pm and the second one at 7:30-8:30pm. It's a family swim where you dodge floating pumpkins! (Swimsuits and towels are a must!) Canned food donations will be collected at the door to support our local food banks.

69326 10/25 Friday 6-8 p.m. FREE



LATIN & BALLROOM DANCE

NEW

Ages 18 and Older

This beginning dance class will have you twinkling on your toes in no time! Learn the tango, cha-cha, fox trot, rumba, waltz, swing, and salsa. No partner necessary.

69539 9/17-10/22 Tuesday 6:30-7:30 p.m. \$85
69540 11/5-12/10 Tuesday 6:30-7:30 p.m. \$85



INTRO TO ACRYLIC: LANDSCAPES

Ages 18 and Older

Create impressive projects at a beginner's pace while exploring a variety of techniques taught by a local artist. You'll learn about color mixing, blending, creating texture, and more. No experience required.

FALL LANDSCAPES

Capture the beauty of fall in this creative introduction to acrylic painting!

69322 9/16-10/28 Monday 6:30-8 p.m. \$170

WINTER LANDSCAPES

Celebrate the winter season in this festive introduction to acrylic painting!

69323 11/4-12/16 Monday 6:30-8 p.m. \$170

ADULT POTTERY: BEGINNER

Ages 18 and Older

Join us in a relaxing ceramics studio to create hand-built pieces as well as cups, bowls, and vases on the potter's wheel. We'll have weekly demonstrations as well as one-on-one guidance. All levels welcome. Includes one bag of clay and open studio time during class duration. If registering after first class, no clay provided.

66913 10/1-11/19 Tuesday 6-8:30 p.m. \$350

ADULT POTTERY: INTERMEDIATE

Ages 18 and Older

This course is for students who already have the basic throwing skills. We will combine wheel thrown pieces with hand-built sculptures, double-wall pots and more. Students will learn to use various glaze and finishing techniques. Class includes a bag of clay and free studio time during the quarter. If registered after first clay no clay is included.

66915 10/2-11/20 Wednesday 6-8:30 p.m. \$350

ADULT POTTERY: HAND BUILDING/SCULPTURE

Ages 18 and Older

Students will learn hand-building and wheel throwing techniques to make unique projects. Create your own dinner ware, teapot set, and paint with slip or work on inlay designs and more. No experience needed. Class includes a bag of clay and free studio time during the quarter. Please bring your own water bottle.

66914 10/2-11/20 Wednesday 10 a.m.-12:30 p.m. \$350

ADULT POTTERY: WHEEL THROWING

Ages 18 and Older

Students will throw on the potter's wheel sugar jars with lids, and more. No experience needed. Class includes a bag of clay and free studio time during the session. If registering after first class, no clay included. Please bring your own water bottle.

66916 10/1-11/19 Tuesday 10 a.m.-12:30 p.m. \$350

FLIMSEE FRISBEE PROGRAM

NEW

Ages 10 and Older

Join Frisbee enthusiasts for this lively and inclusive program to enjoy friendly matches, practice your skills, and build community. Grab your Frisbee, bring your friends and join us every Thursday to have a blast outside. We play in all weather conditions and welcome players of all levels. No program 9/26, 11/28 and 12/12.

69721 9/12-12/19 Thursday 4-6 p.m. FREE

PICKLEBALL SKILLS AND DRILLS

Ages 18 and Older

Learn the basic strokes, rules, and strategies of pickleball. A cross between tennis, badminton, and ping pong, this sport enjoys a large community of players in the Pacific Northwest. Once you've learned the basics, you can join our drop-in play across most of the Community Centers in Seattle. This class is designed for beginning and intermediate players. **No 9/26, 11/28, and 12/12.**

Beginners

69722 9/9-11/25 Monday 6:30-7:30 p.m. \$112.50
69764 9/19-12/19 Thursday 10:30-11:30 a.m. \$112.50
69766 9/14-12/7 Saturday 9-10 a.m. \$115.50

Intermediate

69763 9/17-12/10 Tuesday 10:30-11:30 a.m. \$125.50
69767 9/14-12/7 Saturday 10:15-11:15 a.m. \$115.50

ZUMBA FOR ADULTS

Ages 16 and Older

Are you ready to dance into fitness? These easy-to-follow dance routines encourage aerobic fitness using a combination of low-intensity and high-intensity moves. Jump into this calorie-burning dance fitness party. Please bring your own water bottle and towel.

70035 9/10-9/24 Tu/Th 7-8 p.m. \$70
70036 10/1-10/31 Tu/Th 7-8 p.m. \$90
70037 11/5-11/26 Tu/Th 7-8 p.m. \$80
70038 12/3-12/19 Tu/Th 7-8 p.m. \$75

SPECIAL EVENT: PATHWAY OF LIGHTS

FREE

All Ages

Enjoy our annual seasonal event at Green Lake. Walk the inner path around the lake lined with over 1500 luminary bags and enjoy music at 3 stages along the path. Dress for the weather. Please bring a can food donation to support our local food banks.

69818 12/14 Saturday 4:30-7:30 p.m. FREE



LAKE CITY CC

Site Closed. Off site schedules included below.

ZONE THREE

INSTRUCTIONAL BASKETBALL

Ages 5-11

Learn the basics of basketball in an interactive and fun way. Instructor will teach youth dribbling, shooting, and terminology. Registration is required in advance.

Program held at: Olympic Hills Elementary Gym
13018 20th Ave NE, Seattle, WA 98125

▼ Ages 5-7

70256	9/11-10/9	Wednesday	6:15-7 p.m.	FREE
70259	10/23-11/20	Wednesday	6:15-7 p.m.	FREE

▼ Ages 8-11

70257	9/11-10/9	Wednesday	7:15-8 p.m.	FREE
70260	10/23-11/20	Wednesday	7:15-8 p.m.	FREE

HAPPYFEET SOCCER

Ages 3-9

Let's empower brave creative leaders of tomorrow and develop your child's self-esteem, body positivity, and creativity through meaningful play. Utilizing creative storytelling, your child will be guided through events where they can practice problem solving and increase confidence through soccer.

Program held at: Virgil Flaim Park
2700 NE 123rd St, Seattle, WA 98125

▼ Ages 3-4

70247	9/9-9/30	Monday	3-3:30 p.m.	\$69
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▼ Ages 5-6

70248	9/9-9/30	Monday	3:30-4:15 p.m.	\$109
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▼ Ages 7-9

70249	9/9-9/30	Monday	4:15-5 p.m.	\$109
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TEEN MODERN SONG WRITING

Ages 13-19

Students will use the Meadowbrook Teen Life Center studio to learn the art of song writing. We'll start with basic songs and compose, edit, mix, and collaborate to make something original.

Program held at: Meadowbrook Teen Life Center -
10750 30th Ave NE Seattle, WA

70253	9/11-11/20	Wednesday	4-5 p.m.	FREE
70254	9/11-11/20	Wednesday	5-6 p.m.	FREE

INSTRUCTIONAL DANCE

Ages 5-11

Are you looking to take the first step and learn to dance? Join us and learn dance basics like terminology, movement, rhythm, spatial awareness, and choreography.

Program held at: Olympic Hills Elementary Gym
13018 20th Ave NE, Seattle, WA 98125

▼ Ages 5-7

70261	9/9-10/7	Monday	6:15-7 p.m.	FREE
70263	10/21-11/18	Monday	6:15-7 p.m.	FREE

▼ Ages 8-11

70262	9/9-10/7	Monday	7:15-8 p.m.	FREE
70264	10/21-11/18	Monday	7:15-8 p.m.	FREE



YOGA: BEGINNER

Ages 18 and Older

This beginner yoga class introduces the fundamental principles of pose, alignment and breath. Students will be introduced to yoga postures through verbal description and demonstrations. All levels can work within their own ability. Wear comfortable clothes and bring a yoga mat and block if you have them.

Program held at: Meeting Room at Lake City Branch Library -
12501 28th Ave NE Seattle, WA

70244	10/10-10/31	Thursday	12:45-1:30 p.m.	FREE
70245	11/7-12/21	Thursday	12:45-1:30 p.m.	FREE

ZONE THREE

LOYAL HEIGHTS CC

M/W/F: 9 a.m.-9 p.m. | Tu/Th: 9 a.m.-7:30 p.m.

SPECIAL EVENT: HALLOWEEN AT THE HEIGHTS BASH

All Ages

Join us for a fright fest of activities, carnival games, music, challenges and more. Dress in Costume and remember to bring a bag for your goodies. Food available for sale. Volunteers are needed for before, during, and after the event. Proceeds from the wristband tickets support LHCC Scholarships.

67993	10/25	Friday	6-8:30 p.m.	\$12
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LITTLE SEEDS PRESCHOOL

Ages 3-5

This play-based, educational class for young children promotes positive social interaction, problem solving skills, and encourages self-expression. We'll explore creative arts, music, and movement activities as well as language, cognitive development, natural science, and outdoor discovery.

70836	9/9-9/30	M/Tu/W/Th	9:30 a.m.-12:30 p.m.	\$456
68015	10/1-10/31	M/Tu/W/Th	9:30 a.m.-1 p.m.	\$684
68014	11/4-11/27	M/Tu/W/Th	9:30 a.m.-1 p.m.	\$532
68013	12/2-12/19	M/Tu/W/Th	9:30 a.m.-1 p.m.	\$418

REGISTRATION OPENS AUGUST 13th



SCAN ME

REGISTER ONLINE:
https://bit.ly/spr_activity_reg

SHORIN-RYU KARATE

Ages 9 and Older

Learn traditional Okinawan karate in a safe, welcoming environment. Karate is an effective form of self-defense against one or several assailants. Learn to integrate offense and defense movements in pattern drills called kata. Develop concentration, calmness, confidence, and grow fit.

68016	9/9-12/18	M/W	6-7:30 p.m.	\$112
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FENCING: BEGINNERS

Ages 15 and Older

Beginner students will learn basic footwork, fencing techniques, strategy, rules, and etiquette. You'll end the quarter able to step onto the strip in electric gear and fence! Fencing equipment provided. Please wear long pants (sweats recommended) and athletic shoes. We usually have one or two electric strips set up and all weapons are welcome. **No class: 10/11, 10/18 and 11/22.**

67991	9/11-12/11	Wednesday	6:30-9 p.m.	\$120
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CIRCUIT TRAINING

Ages 18 and Older

Participants work through a series of 8 to 12 exercises for either a set time or no rest between exercises. These circuits involve the use of exercise equipment and body weight exercises. Workouts are fresh, interesting and challenging. Become a stronger you! **No class: 9/26, 10/1, 10/3, 10/8 & 10/10.**

67986	9/10-12/10	Tuesday	10:45-11:45 a.m.	\$84
67987	9/12-12/12	Thursday	10:45-11:45 a.m.	\$63

ALL LEVEL YOGA - FLOW WITH BREATH

Ages 16 and Older

This all-ages class focuses on creating extra space inside the body through deep stretching and breath. Participants will also gain benefits from practicing techniques to control breathing (pranayama - Life Force) to achieve calmness that also helps to clarify the mind.

67985	9/9-12/16	Monday	5:30-6:30 p.m.	\$126
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HOMESCHOOL FRIENDLY PROGRAMS

TINKERGARTEN **Ages 2-7**

Through outdoor exploration following Tinkergarten's curriculum, students and their grown-ups use song, movement, and purposeful play to connect with nature while building key skills needed for students to thrive. Each season has a different focus, but always includes animals and development of our innate sense of curiosity.

68008 9/18-11/13 Wednesday 10-10:55 a.m. \$165

SCIENCE STORIES: CIRCLETIME AND RAMBLE **Ages 4-7**

Learn to tell excellent stories by finding characters you care about facing interesting challenges in the scientific world. Using picture books, drama, and outdoor rambles we'll explore stories happening around us and learn to tell them ourselves. Parents/guardians encouraged to join! Classes are held outdoors and indoors.

68000 9/18-11/13 Wednesday 11-11:55 a.m. \$165

ART ADVENTURE **Ages 5-9**

Let's have an adventure exploring different styles of art and art media. Priority will be placed on process over product and on meeting each child where they are in their personal and artistic development.

67998 9/18-11/13 Wednesday 10-10:55 a.m. \$100

MICROBES **Ages 5-8**

Do you know what makes yogurt taste sour or what causes colds? Come learn about the microscopic world around us and maybe you'll find a favorite fungus in the process!

68001 9/18-11/13 Wednesday 10-10:55 p.m. \$100

UNRAVELING MORE RECESS GAMES **Ages 6-12**

Come play with us! Using recess games, we will explore a variety of interpersonal skills that encourage social-emotional growth. We will learn the rules and histories of various outdoor games (and even create some of our own), all the while deepening our sense of community and growing empathy.

67994 9/18-11/13 Wednesday 12:30-1:25 p.m. \$165

SEWING **Ages 5-18**

Come sew with us! New students learn will sewing techniques - both by hand and using a machine - while more experienced students will expand their skills. Supplies are not included, please see supply list.

67999 9/18-11/13 Wednesday 2:30-3:55 p.m. \$90

CIVICS 1 **Ages 6-11**

How does our country work? Learn the basics of how the government is organized, what's in the Constitution, and how laws are made and repealed. Our final project will be a mock election where we learn the role voters play in Democracy.

67995 9/18-11/13 Wednesday 1:30-2:25 p.m. \$90

CIVICS 2 **Ages 12-18**

Let's dive deep into how our government works. We'll cover how the government is organized, rights and duties of citizenship including voting, and how to decide which way to vote (non-partisan perspective). Our final project will be creating a voting guide.

67996 9/18-11/13 Wednesday 11-11:55 a.m. \$90

DUNGEONS & DRAGONS **Ages 8-12**

Do you like role playing games or want to find out what they're all about? Learn how to play Dungeons and Dragons with us! We'll create characters, play as a team, and try to conquer dungeons!

67997 9/18-11/13 Wednesday 12:30-1:25 p.m. \$90

TABLETOP ROLE-PLAYING GAME **Ages 8-18**

Do you want to go adventuring? Learn how to create your own character, play as a team, and have an adventure in a fantasy world. You will also get the chance to create your own world and adventures.

Ages 8-12
68002 9/18-11/13 Wednesday 11-11:55 a.m. \$90

Ages 13-18
68003 9/18-11/13 Wednesday 12:30-1:25 p.m. \$90

ANTHROPOLOGY OF CULTURAL BELIEFS **Ages 10-18**

Dive into the study of belief systems that humans seek to comprehend and connect with the universe. We will explore belief systems and associated ideas from various cultures, as well as broader cultural anthropology concepts. Topics include how belief systems shape social structures, cultural values, and ideologies.

68005 9/18-11/13 Wednesday 12:30-1:25 p.m. \$170

FIBER PLAY **Ages 11-18**

Let's dive deep into how our government works. We'll cover how the government is organized, rights and duties of citizenship including voting, and how to decide which way to vote (non-partisan perspective). Our final project will be creating a voting guide.

68004 9/18-11/13 Wednesday 1:35-2:30 p.m. \$170

PERSONAL MUSIC LESSON WITH ELIAS

Ages 10 and Older

Learn to play piano, guitar, or bass from an experienced musician in weekly 30-minute private lessons. We emphasize improvisation and creativity, technique, theory, and learning songs. 1-year of experience recommended, but not required. Guitar and bass students must bring an instrument to lessons; piano students are highly recommended to have access to a keyboard at home to practice outside of lessons.

68019	10/21-10/28	Monday	3-3:30 p.m.	\$90
68017	10/21-10/28	Monday	3:30-4 p.m.	\$90
68018	10/21-10/28	Monday	4-4:30 p.m.	\$90
68021	10/21-10/28	Monday	6-6:30 p.m.	\$90
68022	10/21-10/28	Monday	6:30-7 p.m.	\$90
68020	10/21-10/28	Monday	7-7:30 p.m.	\$90
68023	10/21-10/28	Monday	7:30-8 p.m.	\$90
68034	11/4-11/18	Monday	3-3:30 p.m.	\$90
68032	11/4-11/18	Monday	3:30-4 p.m.	\$90
68033	11/4-11/18	Monday	4-4:30 p.m.	\$90
68035	11/4-11/18	Monday	6-6:30 p.m.	\$90
68036	11/4-11/18	Monday	6:30-7 p.m.	\$90
68037	11/4-11/18	Monday	7-7:30 p.m.	\$90
68038	11/4-11/18	Monday	7:30-8 p.m.	\$90
68026	12/2-12/9	Monday	2:30-3 p.m.	\$60
68027	12/2-12/9	Monday	3-3:30 p.m.	\$60
68024	12/2-12/9	Monday	3:30-4 p.m.	\$60
68025	12/2-12/9	Monday	4-4:30 p.m.	\$60
68029	12/2-12/9	Monday	6-6:30 p.m.	\$60
68030	12/2-12/9	Monday	6:30-7 p.m.	\$60
68028	12/2-12/9	Monday	7-7:30 p.m.	\$60
68031	12/2-12/9	Monday	7:30-8 p.m.	\$60

GYMNASTICS

Ages 5-10

Children practice gymnastics skills in a fun and positive environment. Students will be introduced to tumbling, balance, beam, bar, and trampoline. Students will develop coordination, strength, flexibility and endurance.

*E-13 Parent Authorization Paperwork and a \$5 non-refundable Insurance fee is required for this class, please see (insurance) under the General Information. **No class: 11/22.**

KINDER GYMNASTICS **Ages 5-6**

68012 9/25-12/11 Wednesday 4:30-5:15 p.m. \$108

YOUTH GYMNASTICS **Ages 7-10**

67992 9/12-12/19 Thursday 3:45-4:45 p.m. \$150

68306 9/12-12/19 Thursday 5-6 p.m. \$150

68040 9/25-12/11 Wednesday 5:30-6:20 p.m. \$117

PIANO LESSONS WITH MICHAEL

Ages 10 and Older

Learn to play piano or guitar from an experienced professional teacher and musician in weekly 30-minute private lessons. There will be an emphasis on improvisation and creativity, as well as technique, theory, and learning songs. 1 year of experience recommended but not required. Guitar and bass students must bring an instrument to lessons; piano students are highly recommended to have access to a keyboard at home to practice outside of lessons. **No class: 9/28.**

68041	9/9-10/23	Wednesday	4-4:30 p.m.	\$90
68042	9/9-10/23	Wednesday	4:30-5 p.m.	\$90
68043	9/9-10/23	Wednesday	5-5:30 p.m.	\$90
68044	9/9-10/23	Wednesday	5:30-6 p.m.	\$90
68045	9/9-10/23	Wednesday	6-6:30 p.m.	\$90
68046	9/9-10/23	Wednesday	6:30-7 p.m.	\$90
68047	9/9-10/23	Wednesday	7-7:30 p.m.	\$120
68048	11/6-11/27	Wednesday	4-4:30 p.m.	\$120
68049	11/6-11/27	Wednesday	4:30-5 p.m.	\$120
68050	11/6-11/27	Wednesday	5-5:30 p.m.	\$120
68051	11/6-11/27	Wednesday	5:30-6 p.m.	\$120
68052	11/6-11/27	Wednesday	6-6:30 p.m.	\$120
68053	11/6-11/27	Wednesday	6:30-7 p.m.	\$120
68054	11/6-11/27	Wednesday	7-7:30 p.m.	\$120
68055	12/4-12/18	Wednesday	4-4:30 p.m.	\$120
68056	12/4-12/18	Wednesday	4:30-5 p.m.	\$120
68057	12/4-12/18	Wednesday	5-5:30 p.m.	\$120
68058	12/4-12/18	Wednesday	5:30-6 p.m.	\$120
68059	12/4-12/18	Wednesday	6-6:30 p.m.	\$120
68060	12/4-12/18	Wednesday	6:30-7 p.m.	\$120
68061	12/4-12/18	Wednesday	7-7:30 p.m.	\$120

PRESCHOOL GYMNASTICS

Ages 3-4

Tumble, balance, and bounce into Gymnastics. Your child will practice gymnastics skills in a fun and positive environment as they develop coordination, strength, and flexibility. Additional insurance required for participants.

68039 9/25-12/11 Wednesday 3:30-4:15 p.m. \$108

CREATIVE STORY TIME

Ages 4-5

Your child will create art, read stories, and play games! Each class will focus on a different concept of art including color, shape, line and pattern while inspiring creativity and fun. All materials are provided. Parents participation is encouraged but not required. Wear clothes that can get messy.

69595	9/7-9/28	Saturday	11:15 a.m.-Noon	\$70
69596	10/5-10/26	Saturday	11:15 a.m.-Noon	\$70
69597	11/2-11/23	Saturday	11:15 a.m.-Noon	\$70

TODDLER & ME CREATIVE STORY TIME

Ages 1-3

Your child will create art, read stories, and play games! Each class will focus on a different concept of art including color, shape, line and pattern while inspiring creativity and fun. All materials are provided. Parents are required to attend the class. Wear clothes that can get messy.

69624	9/7-9/28	Saturday	10:15-11 a.m.	\$70
69625	10/5-10/26	Saturday	10:15-11 a.m.	\$70
69626	11/2-11/23	Saturday	10:15-11 a.m.	\$70

PRIVATE PIANO LESSONS

Ages 6 and Older **\$30/session**

It's never too early (or late!) to develop your musical talent! Book one-on-one or small group piano lessons with a seasoned musician. Participants will receive more detailed information about lesson materials on their first day.

69623	9/9-12/16	Monday	3:30-7 p.m.
69622	9/13-12/20	Friday	3:30-7 p.m.
69621	9/14-12/21	Saturday	10 a.m.-12:15 p.m.

SPECIAL EVENT: FAMILY GAME NIGHT



All Ages

Play a variety of games, new and familiar! We'll play card games, board games, trivia games and more!

70926	9/20	Friday	6-8:30 p.m.	FREE
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SPECIAL EVENT: MAGNUSON HAUNTED HOUSE

All Ages

Join us for a spooky, spine-tingling walk through the depths of Magnuson Community Center. Listen for the voices of the past (and the future) as you make your way through our dark, winding hallways filled with ghosts and ghouls, but watch where you're walking, you never know what will be waiting for you around the next corner!

70929	10/25-26	F/Sa	5-10 p.m.	\$6
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SPECIAL EVENT: TOT CARNIVAL

All Ages

Our mini carnival will have games, treats, and fun for all.

70930	12/7	Saturday	10 a.m.-1 p.m.	\$3
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SPD MIXED GENDER PERSONAL SAFETY CLASS



Ages 14 and Older

Learn how to be proactive and enhance your personal safety. Through discussion and lecture you will be taught to avoid dangerous situations and decrease the odds of becoming a victim. Presented to you by female and male Seattle police officers and is not a self-defense class.

70931	9/14	Saturday	11:15 a.m.-1 p.m.	FREE
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VIRTUAL

70932	10/1	Tuesday	5:30-7:30 p.m.	FREE
70933	11/13	Wednesday	6-8 p.m.	FREE



HAPPYFEET PARENT AND ME

Ages 2-3

Let's empower brave creative leaders of tomorrow and develop your child's self-esteem, body positivity, and creativity through meaningful play. Utilizing creative storytelling, parent and child will be guided through events providing opportunities for practice of problem solving and increase confidence through soccer.

69609	9/11-10/2	Wednesday	3-3:30 p.m.	\$69
69610	10/9-10/30	Wednesday	3-3:30 p.m.	\$69
69611	11/6-12/4	Wednesday	3-3:30 p.m.	\$69

HAPPYFEET SOCCER

Ages 3-9

Let's empower brave creative leaders of tomorrow and develop your child's self-esteem, body positivity, and creativity through meaningful play. Utilizing creative storytelling, your child will be guided through events where they can practice problem solving and increase confidence through soccer.

Ages 3-5

69612	9/11-10/2	Wednesday	3:35-4:05 p.m.	\$69
69613	10/9-10/30	Wednesday	3:35-4:05 p.m.	\$69
69614	11/6-12/4	Wednesday	3:35-4:05 p.m.	\$69

Ages 5-6

69615	9/11-10/2	Wednesday	4:05-4:50 p.m.	\$103
69616	10/9-10/30	Wednesday	4:05-4:50 p.m.	\$103
69617	11/6-12/4	Wednesday	4:05-4:50 p.m.	\$103

Ages 6-9

69618	9/11-10/2	Wednesday	5-5:45 p.m.	\$103
69619	10/9-10/30	Wednesday	5-5:45 p.m.	\$103
69620	11/6-12/4	Wednesday	5-5:45 p.m.	\$103

BALLROOM AND LATIN DANCE

Ages 16 and Older

Let's dance! Each session is tailored to the majority of the participants' requests. We will cover several dance styles including tango, cha-cha, foxtrot, waltz, swing, and salsa. Come by yourself or with a partner. Please bring your dancing shoes.

70285	9/12-10/17	Thursday	7-8 p.m.	\$45
70288	10/24-12/5	Thursday	7-8 p.m.	\$45

PRE-BALLET

Ages 3-5

Students experience the joy of dancing as they learn the basics of ballet technique and creative dance. Motor skills, posture, coordination, and musicality are emphasized through games, exercises, and choreography. Students should wear ballet shoes, dance attire, and have long hair pulled back.

70292	9/12-10/17	Thursday	3:15-4 p.m.	\$45
70294	10/24-12/5	Thursday	3:15-4 p.m.	\$54

BALLET 1

Ages 6-10

Students learn traditional ballet curriculum set to classical music. Through the use of music, props and brain-integrated dance games, this class strengthens bodies and minds of dancers by providing a safe and positive environment for your child to express themselves through dance.

70283	9/12-10/17	Thursday	4-4:45 p.m.	\$45
70284	10/24-12/5	Thursday	4-4:45 p.m.	\$54

FAMILY DANCE OFF

Ages 5 and Older

Bring the whole family and learn a variety of popular dances together. On the last day of class there will be a dance off between the different family groups.

70419	9/17-10/29	M/W	6:15-7:15 p.m.	\$35
70420	11/5-12/10	M/W	6:15-7:15 p.m.	\$30

EXPLORE THE RECORDER: BEGINNER

Ages 8-10

Find out what the recorder is all about in this fun, judgement-free musical zone. Students will learn basic music and recorder concepts including identifying notes, rhythm, and playing skills. Students should bring their own soprano recorder. If that is an issue, please contact the staff at 206-684-7522.

70413	9/23-10/28	Monday	4-5 p.m.	\$58
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EXPLORE THE RECORDER: BEYOND BEGINNER

Ages 8-10

Students will continue to explore additional music and recorder concepts including working on more rhythms, and music styles. For anyone interested in boosting their beginner skills in a fun and judgement free musical zone. Students are responsible for bringing their own soprano recorder to use, if this is not possible, please contact the staff at 206-684-7522.

70414	11/4-12/16	Monday	4-5 p.m.	\$58
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HOOPERS BASKETBALL PROGRAMS

Ages 5-13

Want to dribble better, shoot, and play defense better? Emphasis is placed on the fundamentals of ball handling, shooting techniques, and footwork while increasing endurance, flexibility, and strength. All the while encouraging teamwork and sportsmanship, and some full court play. Please wear athletic shoes and bring a water bottle

▼ Little Hoopers	Ages 5-7
70899	9/28-10/26 Saturday 12:15-1:15 p.m. \$35
▼ Junior Hoopers	Ages 8-10
70301	9/28-10/26 Saturday 1:15-2:15 p.m. \$35
▼ Big Hoopers	Ages 11-13
70300	9/28-10/26 Saturday 2:15-3:15 p.m. \$45

KENDO: THE WAY OF THE SWORD

Ages 10 and Older

Kendo (way of the sword) is a martial art based on samurai traditions requiring mental and physical discipline. Working with oak and bamboo swords, students will focus on footwork and sword handling, progressing at their own pace to practice with others.

70412	9/10-12/10	Tuesday	7-8:30 p.m.	\$84
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SPECIAL EVENT: GLOW PARTY

MEADOWBROOK CC Ages 2 and Older

Come join us for a night full of GLOW! We will have dancing, photo opportunities, best glow fit contest and MORE!!

9/6	Friday	5-7 p.m.	\$5
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SPECIAL EVENT: MEADOWBROOK LUMINARIA WALK

MEADOWBROOK CC All Ages

Each year, for one night only, we decorate the boardwalk and pathways of Meadowbrook Pond with hundreds of glowing luminarias. Bring your friends and family to this magical community space, stroll along, say hi to your neighbors, and sip hot cocoa and munch on cookies.

12/7	Saturday	5:30-8 p.m.	FREE
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SHOTOKAN KARATE: BEGINNER

Ages 7 and Older

Here's your chance to try martial arts! The fundamentals of martial arts are based on understanding your body, movement, and space with and without a partner. Classes focus on kihon (basic techniques), kata (forms), and kumite (partner work), self-confidence, and self-defense. Parents are encouraged to remain in class with younger students.

70410	9/4-9/30	M/W	6:30-7:30 p.m.	\$40
70404	10/2-10/30	M/W	6:30-7:30 p.m.	\$40
70405	11/4-11/27	M/W	6:30-7:30 p.m.	\$40
70406	12/2-12/18	M/W	6:30-7:30 p.m.	\$30

SHOTOKAN KARATE: ADVANCED

Ages 7 and Older

Learn the practice of Karate. You will use a variety of techniques including blocks, strikes, evasions, throws, and joint manipulations.

70392	9/4-9/30	M/W/F	6:30-8:30 p.m.	\$80
70397	10/2-10/30	M/W/F	6:30-8:30 p.m.	\$65
70398	11/1-11/27	M/W/F	6:30-8:30 p.m.	\$70
70399	12/2-12/18	M/W/F	6:30-8:30 p.m.	\$90



MEADOWBROOK CC

Monday-Friday: 8:30 a.m.-8:30 p.m. | Saturday: 9 a.m.-5 p.m.

ZONE THREE

TUTORING THURSDAYS

Ages 5-8

Let's empower brave creative leaders of tomorrow and develop your child's self-esteem, body positivity, and creativity through meaningful play. Utilizing creative storytelling, your child will be guided through events where they can practice problem solving and increase confidence through soccer.

▼ **Ages 5-6**

70415	10/3-10/31	Thursday	3:30-4:30 p.m.	\$66
70416	11/7-12/19	Thursday	3:30-4:30 p.m.	\$66

▼ **Ages 7-8**

70418	10/3-10/31	Thursday	4:30-5:30 p.m.	\$66
70417	11/7-12/19	Thursday	4:30-5:30 p.m.	\$66

ROBOTICS & CODING

Ages 6-12

This class will introduce young minds to the exciting world of robotics and coding. We'll explore the fundamentals using age-appropriate building materials and focus on core concepts like motion, sensors, and basic coding. Through engaging activities, students will build robots using motors, axles, and IR sensors, learning how to program them to navigate obstacles and complete simple tasks.

70290	9/14-9/28	Saturday	12:45-2:45 p.m.	\$248
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**REGISTRATION OPENS
AUGUST 13th**



SCAN ME

REGISTER ONLINE:
https://bit.ly/spr_activity_reg



WE'RE HIRING

Learn more and apply at:
www.arcseattle.org/jobs



STOP THE BLEED

FREE

Ages 16 and Older

Learn what to do to stop severe bleeding in an emergency. It's important for everyone to have this life-saving skill so come one, come all. Please register in advance so we have enough materials for students.

70377	11/2	Saturday	10:30 a.m.-12:30 p.m.	FREE
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ENGLISH AS A SECOND LANGUAGE - ALL LEVELS

FREE

Ages 18 and Older

Practice English in a friendly, relaxed setting and work at a more experienced level over tea and coffee. The focus will be on conversation, but can also include grammar, reading, and writing as needed. Note: There is a children's table, but parents/guardians must supervise their own children.

70375	9/10-11/12	Tuesday	9:30-11 a.m.	FREE
70376	9/12-11/14	Thursday	9:30-11 a.m.	FREE

ZONE THREE

RAVENNA ECKSTEIN CC

Monday-Thursday: 12:30-8 p.m. | Friday 12:30-7:30 p.m. | Saturday 9 a.m.-5 p.m.

SPECIAL EVENT: PAINT AND SIP (PUNCH) PARTY

Ages 8 and Older

Celebrate "National Adopt a Shelter Pet Day" at our Paint and Sip with Paws with Cause, a non-profit partnering with animal groups to sketch unnoticed adoptable animals. All supplies are provided and all levels welcome. Keep your finished portrait or donate it for display to generate visibility for these homeless pets. Punch will be served.

70686	Check with community center for details.			\$12
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TINY TOTS

Ages 2-6

This educational and age-appropriate class includes individual and group play, storytelling, arts and crafts, yoga, music, and more! Some parent participation is required and will be planned in line with parent schedules.

70328	10/1-10/31	Tue-Thu	11:45 a.m.-2:45 p.m.
70329	11/5-12/5	Tue-Thu	11:45 a.m.-2:45 p.m.

PARENT AND TOT ZUMBA

Ages 3-5

Experience the joy of dancing together! This class focuses on the bonding experience between kids and parents/caregivers with the help of dance, music and movement. Everyone will enjoy dancing with various props. Fee includes one child and their adults. Please bring a water bottle.

70381	9/10-10/15	Tuesday	4:30-5:15 p.m.	\$133
70383	10/29-11/19	Tuesday	4:30-5:15 p.m.	\$88

KID ZUMBA

Ages 6-10

Welcome to the dance party! This class is a high-energy dance party packed with kid-friendly dance routines. Students will work on improving their flexibility, strength, and confidence. This class will encourage students to dance "outside the box" and bring their own personality to each movement.

70388	9/10-10/15	Tuesday	5:30-6:15 p.m.	\$133
70391	10/29-11/19	Tuesday	5:30-6:15 p.m.	\$88

PRE-BALLET

Ages 3-6

Students experience the joy of dancing as they learn the basics of ballet technique and creative dance. Motor skills, posture, coordination, and musicality are emphasized through games, exercises, and choreography. Students should wear ballet shoes, dance attire, and have long hair pulled back. **No class on 11/29.**

▼ **Ages 3-4**

70344	9/13-10/25	Friday	3:15-4 p.m.	\$126
70684	11/1-12/20	Friday	3:15-4 p.m.	\$126

▼ **Ages 4-6**

70348	9/13-10/25	Friday	4-4:45 p.m.	\$126
70685	11/1-12/20	Friday	4-4:45 p.m.	\$126

SHOTOKAN KARATE: BEGINNER

Ages 7 and Older

Here's your chance to try martial arts! The fundamentals of martial arts are based on understanding your body, movement, and space with and without a partner. Classes focus on kihon (basic techniques), kata (forms), and kumite (partner work), self-confidence, and self-defense. Parents are encouraged to remain in class with younger students. **No class 9/26.**

70330	9/12-11/21	Thursday	6-6:45 p.m.	\$110
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SHOTOKAN KARATE: INTERMEDIATE/ADVANCED

Ages 7 and Older

Have fun learning traditional Japanese Shotokan karate. Martial Arts training improves self-confidence and concentration in all parts of life. Participants test for belt rank at their own pace. Students participating at the intermediate/advanced class must have reached orange belt or above with the International Shotokan Karate Federation (ISKF) or have instructor permission. **No class 9/26.**

70340	9/12-11/21	Thursday	6-8 p.m.	\$220
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RAVENNA ECKSTEIN CC

ZONE
THREE

Monday-Thursday: 12:30-8 p.m. | Friday 12:30-7:30 p.m. | Saturday 9 a.m.-5 p.m.

DROP-IN: TEEN MOVIE NIGHT

FREE

Ages 10-17

Free movie night! Popcorn, pizza, and a drinks provided. Bring a cozy blanket and some friends!

70888 9/6-12/20 Friday 5:30-7:30 p.m. FREE

TEEN GARDEN AND GATHER CLUB

FREE

Ages 10-17

Help us grow our garden! We are growing edible flowers, raspberries, blueberries, and even mushrooms. Gardening tasks can look like watering, harvesting, and assisting with other projects. We plan to harvest what we have grown and cook a meal with our harvest!

70681 9/3-11/26 Tuesday 4-5 p.m. FREE

SMALL GROUP MUSIC BAND

NEW

Ages 11 and Older

Learn from a musician with over 11 years of playing experience and over 2 years of teaching experience and join a small band with 2-3 other students to learn music together. Each small band group will meet for a one-hour period on Saturday afternoons. No experience required. Updated details/in-depth curriculum will be posted on the Ravenna-Eckstein CC Facebook page and participants will receive more detailed information before the first day.

70394 10/5-11/2 Saturday 1:30-4:30 p.m.

SPECIAL EVENT: FAMILY SKATE NIGHT

All Ages

Come skate to music with us under disco lights in the Rav Eck gym! Bring your own skates (no skates provided). Helmets required.

70683 9/5-11/7 Thursday 5:30-7 p.m. FREE

CALL THE CENTER FOR UPDATES

We are always working to add programs.

Please contact the community center if you would like to know about new programs that may not be in this brochure.

ADULT ZUMBA: SCULPT

NEW

Ages 18 and Older

Ready for a dance fitness party? Get ready to shimmy & shake your way into super sculpted shape. We'll combine toning exercises with energetic dance fitness moves set to Bollywood, Latin, and Hip-hop music. Bring a yoga mat, fitness shoes, and a water bottle. No dance experience needed.

70396 9/10-10/15 Tuesday 6:45-7:30 p.m. \$165
70403 10/29-11/19 Tuesday 6:45-7:30 p.m. \$110

BEGINNING DRAWING WITH STILL LIFE

NEW

Ages 18 and Older

Learn the basics in this beginning drawing class! We'll practice using line, shape, proportion, value and composition while working from a new still life each week. This class is for beginners but all levels welcome. All materials provided. **No class on 9/26.**

70635 9/12-10/24 Thursday 5:30-7:30 p.m.

YOGA: BEGINNER

Ages 18 and Older

This beginner yoga class introduces the fundamental principles of pose alignment and breath. Students will be introduced to yoga postures through verbal description and demonstration. All levels can work within their own ability. Wear comfortable clothes and bring a yoga mat and props if you have them. **No class on 11/27.**

70327 9/25-12/4 Wednesday 6:15-7 p.m. \$150

YOGA: ADVANCED BEGINNER

NEW

Ages 18 and Older

This class continues where the Beginner Yoga class left off. Continuing with breath work and pose alignment, we will add in downward facing dog and poses to facilitate this pose along with others. We will work on shoulder mobility and hip opening poses all while working within your own abilities and range of motion. Wear comfortable clothes and bring a yoga mat and props if you have them. **No class on 11/27.**

70351 9/25-12/4 Wednesday 7:15-8 p.m. \$150

LEARN MORE AT:
WWW.SEATTLE.GOV/PARKS/ATHLETICS

REGISTRATION NOW OPEN!

CITYWIDE ATHLETICS



FALL 2024 SPORTS

VOLLEYBALL

AGES 10-17 (Age is determined by birth year)

The Citywide Volleyball League provides players the opportunity to develop fundamental skills, team play, and sportsmanship. Participants can sign-up at a local community center to be placed on a team. Practices take place at community centers or nearby school gyms from early September through Mid-November, ending the season with a weekend jamboree.

Register early for your best chance of securing a spot on a team.

Registration Opens: 7/23/2024

Fee: \$75

GENERAL INFORMATION

I WANT TO PLAY...HOW DO I GET STARTED?

1. To participate in most Seattle Parks Youth Sports leagues you can either recruit a coach and put together your own team or you can be placed on an existing team with the help of community center staff.

Call for more information. For some sports (Track and Field, for example) all you need to do is go into your community center to get registered.

2. Get registered!

Visit your local community center or go to:

www.seattle.gov/parks/athletics_recreation/sports/youth-sports

3. Start practices and get ready for fun times!

Hone your skills and compete against other neighborhood community centers!

If your center doesn't offer a sport, the staff will refer you to the next closest center. Centers need a minimum number of players and a volunteer coach to offer the sport.

WINTER 2025 SPORTS

BASKETBALL

AGES 8-17 (Age is determined by birth year)

This league provides athletes the opportunity to learn and solidify the fundamentals of basketball including team play and sportsmanship. Teams are grouped by age and ability and all players are required to have a minimum amount of playing time each game. Practices occur at the home community center or nearby gym; practice days & times vary depending on team/coach.

Registration Opens: 10/1/2024

Fee: \$130

KNOW ANY COACHES?

Consider volunteering as a coach, or helping with recruitment of our coaches. Our low-cost leagues can't operate without the dedication of our awesome coaches!



ILLNESS GUIDELINES



Prevent the Spread of Illnesses When You're Sick



If you are currently showing symptoms of an illness, please stay at home. If you have been ill within the last 7-14 days, please reference either Department of Health (DOH) or Center for Disease Control (CDC) guidelines before participating in programs.

Here are some guidelines to help you know when to come back for programs.

Return to your normal activities when, for at least 24 hours, both are true:

- Your symptoms are getting better overall, and
- You have not had a fever (and are not using fever-reducing medication).

When you go back to your normal activities, take added precaution over the next 5 days, such as:

- Taking additional steps for cleaner air
- Wear hygiene, masks
- Practice physical distancing from others
- Test for Covid when you will be around other people indoors and think you may have been exposed.

Keep in mind that you may still be able to spread viruses that made you sick, even if you are feeling better. You are likely to be less contagious at this time, depending on factors like how long you were sick or how sick you were.

If you develop a fever or you start to feel worse after you have gone back to normal activities, stay home and away from others again until, for at least 24 hours, both are true: your symptoms are improving overall, and you have not had a fever (and are not using fever-reducing medication). Then take added precaution for the next 5 days.

Refunds are not issued for missed programs due to illness.



ADDITIONAL INFORMATION

PAYMENT

You can pay for classes and other activities in person or by phone during regular facility hours. You can also register online by following the directions above. Rentals may be paid by telephone with a credit card. We accept Visa, MasterCard, and American Express. Please make checks and money orders out to City of Seattle. Please note: Payment is due when you register, unless we have indicated otherwise. If your check is returned for insufficient funds, your registration will be canceled until you pay the amount due plus a \$20 fee. Registration is not complete and a spot in the class cannot be held without payment in full.

FEES AND CHARGES

ARC-Our Advisory Council provides the programs and activities listed in this brochure under an agreement with Seattle Parks and Recreation. Fees are used to offset the cost of providing the programs. Program charges include a user fee paid to Seattle Parks and Recreation to defray operating costs. Washington State sales tax is also included where applicable. City-Fees and charges are necessary to provide financial support to Seattle Parks and Recreation for the operating costs of programs, facilities and grounds. The revenue generated by these fees constitutes only a portion of funds required for operating and maintaining the Parks system. All fees collected from activities and concessions are used exclusively for the Parks system as these funds are deposited in the Parks and Recreation Fund, not the City General Fund. Swimming pool fees and charges are set by City Council.

CONFIRMATIONS

Sorry, we cannot confirm class registration by mail or phone, but we will notify you by phone if your class is postponed or canceled.

REFUNDS

It is the policy of Seattle Parks and Recreation and the Associated Recreation Council that:

-A full refund will be issued for any program, activity, or reservation that is canceled for any reason by the Department or the Associated Recreation Council. Note: School-age care programs are subject to the following exceptions from the published refund policy: 1) No refund credit is given if program is canceled due to emergency or weather for the first two canceled days, 2) Cancellation of daily sessions will not be rescheduled. Credits will be determined by a Recreation Manager on a case by case basis.

-Any person who registers for a PROGRAM and who requests a refund before the second class session may receive a prorated refund minus a service charge.

-Any person who registers for an ACTIVITY and who requests a refund 14 days or more before its start, may receive a refund minus a service charge.

DROPPING A PROGRAM AFTER THE SECOND SESSION:

If a participant withdraws from a program after the second session of a series, no refund will be given. For full details of the Department's Refund Policy, please see Policy Number 060-P 7.16 which can be found here: seattle.gov/parks/rentals-and-permits/event-planning-tools/re-funds-reductions-and-waivers

POOL PERSONAL LESSON REFUND/TRANSFER POLICY

A participant may be issued a refund if he/she drops a lesson, and notifies the program coordinator, 14 days prior to the scheduled date. A service charge of \$5 or 10% of the fee, whichever is greater, will be retained by the facility. If a participant drops a personal lesson with less than 14 days notice, no refund will be given. Transfers will be accepted for personal lessons with at least 48 hours notice. Any open dates or times may be considered. No transfers will be accepted with less than 48 hours' notice.

GROUP LESSON REFUND POLICY

When the withdraw occurs before the second lesson, the session will be pro-rated and a withdraw fee will be assessed. The withdraw fee will be 10%.

CLASS CANCELLATIONS

To cover the cost of providing a program, we need a specific number of participants. If too few people sign up for a class, we must cancel it. We'll notify you (at the latest) one or two days before the class start date. When possible, we will postpone a canceled class for a week to allow for more enrollments; if the class minimum is not met by then, we will have to cancel it.

WAITING LISTS

We will create waiting lists for all filled classes. Please be sure to sign up if you are interested in a class that is full, because class openings often become available. If demand is high, we will try to form another class. Please contact us for space availability.

SCHOLARSHIPS

Seattle Parks and Recreation wants to ensure that our activities, classes and sports are available to everyone, regardless of their ability to pay. To apply for a scholarship, please talk to a member of our staff.

ANTI-DISCRIMINATION

As a matter of policy, law, and commitment, Seattle Parks and Recreation does not discriminate on the basis of race, color, sex, marital status, sexual orientation, political ideology, age, creed, religion, ancestry, national origin, or the presence of any sensory, mental, or physical handicap.

ACCOMMODATION FOR PEOPLE WITH DISABILITIES

We will make reasonable accommodation, upon request, for people with disabilities. For sign language interpretation, auxiliary aids or other accommodations, please email: pbs_info@seattle.gov. Please allow 10 working days' advance notice. If a class or activity is scheduled in an area that is not accessible for wheelchairs, we will make every effort to help you find a similar program in an accessible location.

SPECIAL POPULATIONS

For information on programs for youth/adults with disabilities, please call the Special Populations Office at 206-684-4950, or visit the web at: seattle.gov/parks/recreation/for-people-with-disabilities.

INTERESTED IN TEACHING?

We're always looking for top quality instructors to offer unique courses. We choose class offerings based on participants' interest and space availability. If you have a special talent, skill, or knowledge you would like to share with others in a class or workshop format, please contact your local community center.

INSURANCE

An additional \$5 insurance fee will be required when registering for all gymnastics, tumbling, or circus arts classes at Seattle Parks and Recreation facilities. This non-refundable fee covers your child's participation in all gymnastics, tumbling, parkour, or circus arts classes at SPR facilities for one year from the date of purchase. Note: This insurance will only be utilized if expenses exceed your primary insurance coverage.

MORE INFORMATION

For information about Parks and Recreation facilities, recreation programs, picnic shelters, and scheduling, please visit our web site at www.seattle.gov/parks, or call our Public Information line, 206-684-4075.



Seattle
Parks & Recreation

SPECIALIZED PROGRAMS

Seattle Parks and Recreation's Specialized Programs offers year-round recreational activities for people with physical and developmental disabilities. We provide opportunities to participate in recreational activities specifically designed and conducted by trained staff for people with disabilities.

We provide recreation programs for all ages: adult social and fitness programs, young adult social programs, teen outings, youth afterschool and Saturday programs, and youth camps. **Check our website in March for camp details.**

To learn more about our programs, call: **206-684-4950** or check out our website at: <https://bit.ly/spr-specialized-programs-home>

Follow us on Facebook for updates:
@SPRSpecializedPrograms

