



Seattle
Parks & Recreation

SEATTLE CITYWIDE RECREATION PROGRAMS

SPRING 2023 PROGRAMS



COMMUNITY CENTERS:

NORTHEAST

LAKE CITY
LAURELHURST
MAGNUSON
MEADOWBROOK
MILLER
MONTLAKE
RAVENNA-ECKSTEIN

NORTHWEST

BALLARD
BITTER LAKE
GREEN LAKE
LOYAL HEIGHTS
MAGNOLIA
NORTHGATE
QUEEN ANNE

SOUTHEAST

GARFIELD
INT'L DISTRICT/CHINATOWN
JEFFERSON
RAINIER BEACH
VAN ASSELT

SOUTHWEST

DELTRIDGE
HIAWATHA
HIGH POINT
SOUTH PARK
YESLER

**ENVIRONMENTAL EDUCATION
VIRTUAL PROGRAMS**

**REGISTER
MARCH 7**

REGISTER ONLINE:
https://bit.ly/spr_activity_reg





REGISTER MARCH 7

Seattle Parks and Recreation is pleased to offer several options to register for programs and activities.

We hope our registration options listed on this page will guide you to a choice that works best for you. While some of our Community Centers continue to operate on limited hours and with limited staff, we ask for your patience and understanding if we are not able to respond as quickly as you may expect.

Thank you for your continued support of Seattle Parks and Recreation.

SCHOLARSHIPS AVAILABLE!



For more information, including how to apply, please visit Seattle Parks and Recreation scholarship and financial page <https://www.seattle.gov/parks/find/scholarships-and-financial-aid> For more information contact your local community center.

Note: *Scholarship must be approved prior to registration in order to receive the discount.*



FIRST CHOICE

Check out Seattle Parks and Recreation's online registration software at http://bit.ly/spr_registration_account. Sign in or create an account if this is your first time registering for classes with the new software. Once you are logged in you can choose your programs and pay online.



SECOND CHOICE

Call select recreation centers during their hours of operation at the phone number listed at: seattle.gov/parks/centers.asp.



THIRD CHOICE

Register by phone with our Business Service Center (BSC) at 206-684-5177, Monday-Friday between 8:30 a.m.-6 p.m. Email questions to: ParksBSC@seattle.gov



We will no longer be doing vaccination screening or requiring masks to enter SPR recreation facilities. Please feel free to continue wearing a mask for your own comfort. We are asking that you self-screen prior to coming to a recreation facility to stop the spread of illness. If you are ill, please stay home.

DISCLAIMER: Accuracy is our goal, but this brochure is published for informational purposes only. Changes may be necessary depending on enrollment or other factors, and fees may change after City Council action on the City's annual budget.

GENERAL INFO

ENVIRONMENTAL LEARNING CENTERS

CARKEEK PARK 950 NW Carkeek Park Rd Seattle, WA 98177 PH: 206-386-4236	CAMP LONG 5200 35th Ave SW Seattle, WA 98126 PH: 206-684-7434	DISCOVERY PARK 3801 Discovery Park Blvd Seattle, WA 98199 PH: 206-386-4236
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NORTHEAST SEATTLE

LAKE CITY CC 12531 28th Ave NE Seattle, WA 98125 PH: 206-256-5645	LAURELHURST CC 4554 NE 41st St, Seattle, WA 98112 PH: 206-684-7529	MAGNUSON CC 7110 62nd Ave NE Seattle, WA 98115 PH: 206-684-7026	MEADOWBROOK CC 10517 35th Ave NE Seattle, WA 98125 PH: 206-684-7522 Fax: 206-684-4921
MILLER CC 330 19th Ave E Seattle, WA 98112 PH: 206-684-4753 Fax: 206-684-4397	MONTLAKE CC 1618 E Calhoun St Seattle, WA 98112 PH: 206-684-4736 Fax: 206-233-7140	RAVENNA-ECKSTEIN CC 6535 Ravenna Ave NE Seattle, WA 98115 PH: 206-684-7534 Fax: : 206-233-3973	

NORTHWEST SEATTLE

BALLARD CC 6020 28th Ave NW Seattle, WA 98107 PH: 206-684-4093 Fax: 206-684-7199	BITTER LAKE CC 13035 Linden Ave N Seattle, WA 98133 PH: 206-684-7524 Fax: 206-684-0858	GREEN LAKE CC 7201 E Green Lake Dr N Seattle, WA 98115 PH: 206-684-0780 Fax: 206-684-7550	LOYAL HEIGHTS CC 2101 NW 77th St Seattle, WA 98117 PH: 206-684-4052
MAGNOLIA CC 2550 34th Ave W Seattle, WA 98199 PH: 206-386-4235 Fax: 206-386-4230	NORTHGATE CC 10510 5th Ave NE Seattle, WA 98125 PH: 206-386-4283 Fax: 206-684-4990	QUEEN ANNE CC 1901 1st Ave W Seattle, WA 98119 PH: 206-386-4240 Fax: 206-386-4284	

SOUTHEAST SEATTLE

GARFIELD CC 2323 E Cherry St Seattle, WA 98122 PH: 206-684-4788 Fax: 206-684-4380	INT'L DISTRICT/ CHINATOWN CC 719 8th Ave S Seattle, WA 98104 PH: 206-233-0042 Fax: 206-233-5036	JEFFERSON CC 3801 Beacon Ave S Seattle, WA 98144 PH: 206-684-7481
RAINIER BEACH CC 8825 Rainier Ave S Seattle, WA 98118 PH: 206-386-1925 Fax: 206-386-1510	VAN ASSELT CC 2820 S Myrtle St Seattle, WA 98108 PH: 206-386-1921 Fax: 206-386-1894	

SOUTHWEST SEATTLE

DELDRIDGE CC 4501 Delridge Way SW Seattle, WA 98106 PH: 206-684-7423 Fax: 206-684-7424	HIAWATHA CC 2700 California Ave SW Seattle, WA 98116 PH: 206-684-7441 Fax: 206-923-1691	HIGH POINT CC 6920 34th Ave SW Seattle, WA 98126 PH: 206-684-7422 Fax: 206-684-7402
SOUTH PARK CC 8319 8th Ave S Seattle, WA 98108 PH: 206-684-7451	YESLER CC 917 E Yesler Way Seattle, WA 98122 PH: 206-386-1245 Fax: 206-684-7787	

GENERAL INFORMATION	2-3
PRESCHOOL	4
LICENSED SCHOOL AGE CARE	5-6
DROP-IN PROGRAMS	7-16
VIRTUAL PROGRAMS	17
SPECIAL EVENTS	18-21
CITYWIDE ATHLETICS	64
COVID GUIDELINES	65
ADDITIONAL INFORMATION	66

ELC 	Camp Long	22
	Carkeek Park	23
	Discovery Park	24
	Citywide Environmental Education	25
	Lake City CC	26
NORTHEAST SEATTLE	Magnuson CC	27
	Meadowbrook CC	28-29
	Miller CC	30
	Montlake CC	31
	Ravenna-Eckstein CC	32
NORTHWEST SEATTLE	Ballard CC	33-34
	Bitter Lake CC	35-37
	Green Lake CC	38-40
	Loyal Heights CC	41-44
	Magnolia CC	45
SOUTHEAST SEATTLE	Northgate CC	46-47
	Queen Anne CC	48
	Garfield CC	49-50
	International District/ Chinatown CC	51
	Jefferson CC	52
SOUTHWEST SEATTLE	Rainier Beach CC	53-54
	Van Asselt CC	55-56
	Delridge CC	57
	Hiawatha CC	58
	High Point CC	59-60
South Park CC	61-62	
Yesler CC	63	

GENERAL INFO



INTERESTED IN TEACHING A CLASS OR WORKSHOP AT SEATTLE COMMUNITY CENTERS?

Please contact the Assistant Coordinators listed to the below with your programming idea(s).

CLASSES ARE SCHEDULED APPROXIMATELY SIX MONTHS IN ADVANCE.

COORDINATORS/ASST. COORDINATORS

BALLARD CC

C: Tim Ewings | timothy.ewings@seattle.gov

AC: Xavier Walker | xavier.walker@seattle.gov

BITTER LAKE CC

C: Cynthia Etelamaki | cynthia.etelamaki@seattle.gov

AC: Richard By | richard.by@seattle.gov

CARKEEK PARK

C: Becca Reilly | becca.reilly@seattle.gov

DELRIDGE CC

C: Kiki Kennedy | kiki.kennedy@seattle.gov

AC: Britt Lord-Jacobsen | britt.lord-jacobsen@seattle.gov

DISCOVERY PARK

C: Becca Reilly | becca.reilly@seattle.gov

GARFIELD CC

C: Derryn Anderson | derryn.anderson@seattle.gov

AC: Jennifer Romo | jennifer.romo@seattle.gov

GREEN LAKE CC

C: Chris Easterday | chris.easterday@seattle.gov

AC: Mary Pat Byington | marypat.byington@seattle.gov

HIGH POINT CC

C: Andrea Wooley | andrea.wooley@seattle.gov

AC: Tamela Thomas | tamela.thomas@seattle.gov

HIAWATHA CC

C: Andrea Wooley | andrea.wooley@seattle.gov

INTERNATIONAL DISTRICT/CHINATOWN CC

C: Doreen Deaver | doreen.deaver@seattle.gov

AC: Joshua Chan | joshua.chan2@seattle.gov

JEFFERSON CC

C: Paul Davenport | paul.davenport@seattle.gov

AC: Dawn Bennett | dawn.bennett@seattle.gov

LAKE CITY CC

AC: Penny Atwood | penny.atwood@seattle.gov

LAURELHURST CC

C: Rob Bellm | rob.bellm@seattle.gov

LOYAL HEIGHTS CC

C: Nick White | nick.white@seattle.gov

AC: Xavier Walker | xavier.walker@seattle.gov

MAGNOLIA CC

C: Katie Fridell | katie.fridell@seattle.gov

AC: Andrew Nguyen | andrew.nguyen@seattle.gov

MAGNUSON CC

C: Kim LeMay | kim.lemay@seattle.gov

AC: Penny Atwood | penny.atwood@seattle.gov

MEADOWBROOK CC

C: Douglas Oaksford | douglas.oaksford@seattle.gov

AC: Heather Wyatt | heather.wyatt@seattle.gov

MILLER CC

C: Jaqueline Oaksford | jaqueline.oaksford@seattle.gov

AC: Samuel Chesneau | samuel.chesneau@seattle.gov

MONTLAKE CC

C: Stefan Schmidt | stefan.schmidt@seattle.gov

AC: Samuel Chesneau | samuel.chesneau@seattle.gov

NORTHGATE CC

C: Marc Hoffman | marc.hoffman@seattle.gov

AC: Mary Pat Byington | marypat.byington@seattle.gov

QUEEN ANNE CC

C: Gina Saxby | gina.saxby@seattle.gov

AC: Santy Villarico | santy.villarico@seattle.gov

RAINIER BEACH CC

C: Martha Winther | martha.winther@seattle.gov

AC: Deja'Nay Gilliam | deja'nay.gilliam@seattle.gov

RAVENNA-ECKSTEIN CC

C: George Yasutake | george.yasutake@seattle.gov

SOUTH PARK CC

C: Darin Olsen | darin.olsen@seattle.gov

AC: Tamela Thomas | tamela.thomas@seattle.gov

VAN ASSELT CC

C: Staci Doan | staci.doan@seattle.gov

AC: Joshua Chan | joshua.chan2@seattle.gov

YESLER CC

C: Gary Alexander | gary.alexander@seattle.gov

AC: Faizah Osayande | faizah.osayande@seattle.gov

CLOSURES



5/29 Memorial Day

6/8 Staff Training

6/19 Juneteenth

PARKS MANAGEMENT

A.P. Diaz
Superintendent

Mike Plympton
Aquatics Manager

Tia Scott
Facilities & Youth Sports Manager

Chukundi Salisbury
Environmental Programs & Adult Sports Manager

Daisy Catague
Recreation Director

Barb Wade
Recreation Manager

Trevor Gregg
Recreation Manager

Tim Pretare
OOO Recreation Manager

PRESCHOOL

PRESCHOOL PROGRAM | Ages 3-5

Seattle Parks and Recreation operates half-day preschool programs in 12 neighborhood community centers. These low-cost early childhood programs provide a safe, happy, healthy learning environment for preschool children.



HOLIDAY CLOSURES:

5/29 Memorial Day
6/8 Staff Training
6/19 Juneteenth

The 2022-2023 fee structure is listed below.

NORTHWEST SEATTLE

Ages	Days	Time	5 Days	4 Days	3 Days	2 Days
*BALLARD COMMUNITY CENTER						
3-5	Mon-Fri	8:30 a.m.-2:30 p.m.	N/A	N/A	N/A	N/A
**BITTER LAKE COMMUNITY CENTER						
3-5	Mon-Fri	8:30 a.m.-2:30 p.m.	N/A	N/A	N/A	N/A
MAGNOLIA COMMUNITY CENTER						
3-5	Tue-Thu	9:30 a.m.-1 p.m.	N/A	\$632	\$520	N/A
3-4/4-5	Mon-Thu	9:30 a.m.-1 p.m.	\$792	\$632	N/A	N/A
LOYAL HEIGHTS COMMUNITY CENTER						
3-4	Mon-Thu	9:30 a.m.-1 p.m.	N/A	\$632	N/A	N/A
4-5	Mon-Thu	9:30 a.m.-1 p.m.	N/A	\$632	N/A	N/A

NORTHEAST SEATTLE

Ages	Days	Time	5 Days	4 Days	3 Days	2 Days
**MEADOWBROOK COMMUNITY CENTER						
3-5	Mon-Fri	8:30 a.m.-2:30 p.m.	N/A	N/A	N/A	N/A

SOUTHWEST SEATTLE

Ages	Days	Time	5 Days	4 Days	3 Days	2 Days
**ALKI COMMUNITY CENTER						
3-5	Mon-Fri	8:30 a.m.-2:30 p.m.	N/A	N/A	N/A	N/A

DETAILS OF OUR PROGRAM:

- »» For children ages 3-5 years
- »» Low teacher-child ratio of 1:8
- »» Staff is trained in Early Childhood curriculum, CPR/First Aid, Food Handling
- »» Children need to be fully potty trained (no diapers or pull-ups permitted)
- »» Affordable rates (scholarships available!)

Preschool programs are based on the Creative Curriculum for Preschool from Teaching Strategies. This research-based curriculum offers early childhood educators a comprehensive collection of resources to help them build high-quality programs. Children attending at least three days a week will be observed and assessed using the Creative Curriculum developmental objectives.

Our school-readiness preschool program meets the development needs of young children, focusing on emotional, social, physical, and cognitive skills. Classrooms are set up with rich environments, fun-filled learning areas, consistent schedules and routines, and both large and small group times. Preschool activities include art, blocks, dramatic play, library time, cooking, discovery science, singing, and outdoor play.

***Note:** This is a City of Seattle Pathways program, which is an entry level to the Seattle Preschool Program (SPP) where partial or full subsidies are available. Please inquire at the Community Center front desk for an application.

****Note:** This is a City of Seattle Preschool Program (SPP), where partial or full subsidies are available. These programs are NOT registrable through Seattle Parks and Recreation. Please visit: bit.ly/sprseattlepreschoolprogram or call 206-386-1050 for details.

Times and prices may change. Please check with your local community center for details closer to the registration date.

SCHOOL AGE CARE

LICENSED SCHOOL-AGE CARE Ages 5-12

Do you want your child to have fun, engaging opportunities that support continued learning and personal growth outside of school?

The focus of our program is to provide children with opportunities to develop socially, emotionally, and physically. The atmosphere at our program is one that emphasizes community relationships, but also recognizes individual achievement, creativity, and original thinking. We make it our mission to promote self-awareness, self-control, conflict resolutions skills, and positive decision-making abilities. We like to work in partnership with our local schools to make sure your child's educational experience is constantly being enriched. Our trained staff works daily to offer activities in areas such as: arts and culture, environmental stewardship, health and fitness, academic support, and more.



CAMP INFORMATION

MONTHLY PRICING:

Month	Tu/Th	M/W/F	Mon-Fri
April	\$237.60	\$356.40	\$594
May	\$356.40	\$514.80	\$871.20
June	\$277.20	\$396	\$673.20

The daily rate for licensed school-age care is \$39.60. Monthly costs are calculated based on the number of days each the month.

ONE DAY CAMPS AND SCHOOL BREAKS*:

Dates	Price
4/10-4/14 Spring Break	\$325

**Winter, Mid-Winter, and Spring Break Camps: These are separate activities with separate fees. Before and/or After-School program participants must register and pay for these programs in addition to the monthly fee for Before and/or After School programs.*

EARLY DISMISSALS

Please contact your local community center for details about early dismissals.



HOLIDAY CLOSURES:

- 5/29 Memorial Day
- 6/8 Staff Training
- 6/19 Juneteenth

**Check with your local community center for additional closures.*

BREAK CAMPS:

SPRING BREAK CAMP

4/10-4/14/2023 | (7 a.m.-6 p.m.)

FEES: \$325 for 5 days.

Contact your local community center for more information, as not all sites offer break camps.

SCHOOL AGE CARE

HIGHLIGHTS OF OUR PROGRAM:

- » Quality and consistent care with qualified staff
- » We welcome all members of the community
- » A morning and afternoon snack will be provided
- » Scholarship applications may be picked up at your local community center, DSHS child care subsidies are also accepted

Register NOW at your local community center!

A non-refundable \$25 registration fee for each program (before and after-school) is required during registration, and the remaining monthly fees are due by the 25th of the preceding month.

GENERAL INFORMATION

TRANSPORTATION FOR PUBLIC SCHOOL STUDENTS

Seattle Public Schools will transport children within the district's busing zones. If a child comes from outside the Seattle Schools' busing zones, or if a child will be coming from a private school, the family is responsible for transportation. See the Seattle Public Schools website (https://bit.ly/sps_transport) or call 206-252-0900 for more information.

EQUAL OPPORTUNITY PROVIDER

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, religion, sex, gender identity (including gender expression), sexual orientation, disability, age, marital status, family/parental status, income derived from a public assistance program, political beliefs, or reprisal or retaliation for prior civil rights activity, in any program or activity conducted or funded by USDA (not all bases apply to all programs). Remedies and complaint filing deadlines vary by program or incident.

Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotape, American Sign Language, etc.) should contact the responsible Agency or USDA's TARGET Center at 202-720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at 1-800-877-8339. Additionally, program information may be made available in languages other than English.



To file a program discrimination complaint, complete the USDA Program Discrimination Complaint Form, AD-3027, found online at https://bit.ly/USDA_complaint and at any USDA office or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call 866-632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1 Independence Avenue, SW, Washington, D.C. 20250-9410; (2) fax: 202-690-7442; or (3) email: program.intake@usda.gov

TOT DROP-IN PROGRAMS

Ages 5 and Under



TOT GYM

Looking for a dry, warm place to let your child play inside? Our playroom is full of toys, mats, and slides. Parent supervision is required at ALL times. Must register for a Quick Card at the front desk on your first visit. No food or drinks allowed in the playroom. We do have tables and chairs in the hallway for serving snacks and drinks .

▼ BALLARD CC	Ages 5 and Under			
55770	4/5-6/30	M/W/F	9:30 a.m.-Noon	FREE
▼ BITTER LAKE CC	Ages 9 months-6 Years			
56658	4/5-6/21	M/W	9:30-11:30 a.m.	FREE
▼ GARFIELD CC	Ages 5 And Under			
	4/17-6/12	Monday	11 a.m.-1 p.m.	FREE
▼ HIGH POINT CC	Ages 5 and Under			
54621	4/4-6/22	Tu/Th	10 a.m.-12:30 p.m.	FREE
▼ JEFFERSON CC	Ages 5 and Under			
	4/4-4/25	Tuesday	10 a.m.-2 p.m.	FREE
▼ LAURELHURST CC	Ages 5 and Under			
	4/3-5/31	M/W	2:30-6 p.m.	FREE
	4/4-5/30	Tu/F	9:30 a.m.-1 p.m.	FREE
▼ LOYAL HEIGHTS	Ages 5 and Under			
	4/4-6/22	Tu/Th	10 a.m-1 p.m.	FREE
▼ MAGNOLIA CC	Ages 6 and Under			
54802	4/28-6/23	W/F	11 a.m.-1 p.m.	FREE
▼ MAGNUSON CC	Ages 5 and Under			
	4/19-6/28	Wednesday	9:30 a.m.-12:30 p.m.	FREE
▼ MEADOWBROOK CC	Ages 5 and Under			
	1/4-4/26	M/W/F	12:30-2:30 p.m.	FREE
▼ MILLER CC	Ages 5 and Under			
55004	4/4-6/29	Tu/Th	10 a.m.-1 p.m.	FREE
▼ MONTLAKE CC	Ages 2-5			
55104	4/3-6/23	M/F	10 a.m.-1 p.m.	FREE
▼ NORTHGATE CC	Ages 5 and Under			
55126	4/4-6/20	Tuesday	10 a.m.-2:30 p.m.	FREE
	4/6-6/22	Thursday	Noon-2:30 p.m.	FREE
▼ QUEEN ANNE CC	Ages 5 and Under			
56289	4/3-6/16	M/F	11:15 a.m.-1:15 p.m.	FREE
▼ RAINIER BEACH CC	Ages 2-4			
55447	4/6-6/29	Thursday	11 a.m.-1 p.m.	FREE
▼ RAVENNA- ECKSTEIN CC	Ages 5 and Under			
54795	4/3-6/15	Mon-Thu	12:30-2:30 p.m.	FREE

▼ SOUTH PARK CC	Ages 5 and Under			
	1/4-3/29	M/W	10 a.m.-1 p.m.	FREE
▼ VAN ASSELT CC	Ages 5 and Under			
	4/4-6/29	Tu/Th	10 a.m.-Noon	FREE
▼ YESLER CC	Ages 5 and Under			
55792	4/6-6/22	Friday	11 a.m.-1 p.m.	FREE

TODDLER PLAY AND RUN

Come out of the rain and play indoors. We'll have basketball hoops, soccer goals, scooters and a big, safe space to run free!

▼ MEADOWBROOK CC	Ages 2-5			
56172	4/3-6/30	M/W/F	12:30-2:30 p.m.	FREE

TODDLER PLAYROOM

Your child will play, learn, and develop both motor and social skills in this highly interactive drop-in play time. They will meet new friends, play on bouncy toys, ride scooters and much more. Parents must always accompany their child.

▼ BALLARD CC	Ages 5 and Under			
55771	4/4-6/30	Mon-Fri	9:30 a.m.-7:30 p.m.	FREE
▼ GREEN LAKE CC	Ages 5 and Under			
54996	4/1-6/30	Mon-Fri	10 a.m.-8 p.m.	FREE
	4/6-5/25	Saturday	9 a.m.-4:30 p.m.	FREE
▼ LAURELHURST CC	Ages 3 and Under			
	4/1-6/30	Thursday	9:30 a.m.-1 p.m.	FREE
▼ MILLER CC	Ages 4 and Under			
55005	4/3-6/30	Mon-Fri	10 a.m.-6:30 p.m.	FREE
▼ QUEEN ANNE CC	Ages 4 and Under			
56390	4/3-6/22	Mon-Fri	11 a.m.-5:30 p.m.	FREE



DROP-IN PROGRAMS

Register for a free Quick Card in order to participate in all drop-in athletic programs. Check-in at the front desk.

TWEEN NIGHT

Tween Night aims to provide free activities every week for youth between the ages of 11-14 in the surrounding communities. Our goal is to create a safe and inclusive space for tweens to hang out and experience new things. Note: Form (E-13) must be submitted on the first day of attendance. Participants must fill out Parent Authorization Form. Please bring your own water bottle. No in/out privileges allowed.

▼ NORTHGATE CC				Ages 11-14
55586	4/7-6/30	Friday	6-8:45 p.m.	FREE
▼ SOUTH PARK CC				Ages 9-12
	4/8-7/1	Saturday	4-8 p.m.	FREE

COVID GUIDELINES

FIND DETAILS ON PAGE 65



BALLARD CC

JUGGLING

Ages 18 and Older

Come learn how to juggle!

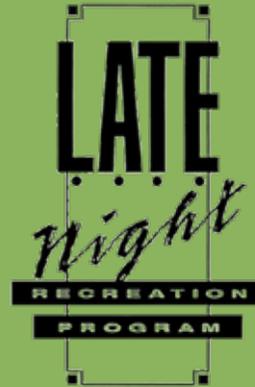
55768 4/5-6/28 Wednesday 6:15-8:15 p.m. FREE

FUTSAL

Ages 18 and Older

Join us for this popular Bitter Lake family tradition as we put on our skates and get moving! We will have great music and play fun games. Bring your own skates and blades or borrow a pair of ours. Please note: No toy skates allowed.

55767 4/6-6/29 Thursday 6:15-8:15 p.m. FREE



Late Night is a safe and supportive environment for teens ages 13-19. This recreation-based program is held on Friday and Saturday evenings from 7p.m.-12a.m., with a focus on positive teen interactions and engagement where all teens are welcome. Dinner is provided each night.

▼ BITTER LAKE CC				Ages 13-19
56660	3/10-6/30	Fri-Sat	7 p.m.-Midnight	\$5
▼ RAINIER BEACH CC				Ages 13-19
55450	4/-7/1	Fri-Sat	7 p.m.-Midnight	FREE
▼ SOUTH PARK CC				Ages 13-19
	3/31-6/30	Friday	6:30-10:30 p.m.	FREE
▼ VAN ASSELT CC				Ages 13-19
	4/7-6/30	Fri-Sat	7 p.m.-Midnight	FREE

BITTER LAKE CC

TEEN ACTIVITIES

Ages 11-18

Join us as we explore new and exciting activities ranging from cooking classes to sports conditioning. Need volunteer hours? We have opportunities at our center to fill your service hour needs. If you have any questions, please call Bitter Lake Community Center at 206.684.7524.

56663 4/3-6/30 Mon-Fri 3-5 p.m. FREE

FAMILY SKATE NIGHT

Ages 5-75

Join us for this popular Bitter Lake family tradition as we put on our skates and get moving! We will have great music and play fun games. Bring your own skates and blades or borrow a pair of ours. Please note: No toy skates allowed.

55676 4/3-6/26 Monday 6-8:30 p.m. FREE

TEEN TUTORING

Ages 10-18

Teens will work together and help each other with homework while making new friends.

57090 4/4-6/29 Tu/Th 4-6:30 p.m. FREE

DROP-IN PROGRAMS

Register for a free Quick Card in order to participate in all drop-in athletic programs. Check-in at the front desk.

GARFIELD CC

SOUL LINE DANCE

Ages 18 and Older

The FREE Soul Line Dance Classes are a fun and energetic way to engage all ages. This class gets the heart rate up and stimulates your memory while inches fall off. Moving to R&B music will push you through several stages of line dance intensity. This exercise caters to all fitness levels. Brought to you by Seattle Parks and Recreation's Rec4All Grant.

54839 4/15-6/10 Saturday 10 a.m.-Noon FREE

POKEMON CLUB

Ages 4-18

Calling all Pokémon trainers! Join our gym and learn all about the Pokémon Trading Card Game. Trainers can bring their own Pokémon cards or borrow ours to challenge each other and become the very best. This is a volunteer-run drop-in.

54838 4/18-6/13 Tuesday 5-6:30 p.m. FREE

INTERNATIONAL DISTRICT/CHINATOWN CC

50 & UP EXERCISE

Ages 50 and Older

Exercise and physical activity are good for just about everyone, including older adults. Come and sweat it out to your favorite aerobic DVDs. Hand weights and resistance bands provided.

55582 4/26-6/23 W/F 11 a.m.-12:30 p.m. FREE

50 & UP FUN

Ages 50 and Older

Join us for eight Donic Delhi Tables, Tennis Tables, and two more tables for Mahjong. Varies between centers.

55798 4/3-6/23 M/Tu/W/F 3-5 p.m. FREE

CHINESE DANCE

Ages 50 and Older

Through music and movement, dancers will be immersed in culture and community in this Chinese dance class.

Fee Adult: \$3 / Senior: \$2

55836 4/2-6/22 Tu/Th 11:15 a.m.-1 p.m. \$3/\$2

GENTLE YOGA

Ages 50 and Older

Relax using disciplined techniques of traditional yoga to enhance strength and well-being.

55581 4/6-6/22 Thursday 1:30-2:30 p.m. FREE

HIGH POINT CC

TEEN SUNDAYS

Ages 12-18

Calling all neighborhood teens! This day is for you. We'll play a lot of basketball, and those that attend will be able to set the agenda for the day. Options can include video gaming, volleyball, dodgeball, floor hockey, and the like. Come with friends or come and make friends.

54620 4/2-6/18 Sunday Noon-6 p.m. FREE

JEFFERSON CC

BALLROOM DANCE

Ages 16 and Older

Come dance to the rhythm of ballroom dance. Come with a partner or by yourself for a fun day of dancing. No experience necessary.

55183 4/5-6/21 Wednesday 1-3 p.m. FREE

MEXICAN TRAIN-DOMINOS

Ages 16 and Older

Come and learn how to play Mexican Train a.k.a. Dominos. No experience necessary. This is a lively group that meets the 3rd Thursday each month.

55184 4/27-6/22 Thursday 6:30-8:30 p.m. FREE

QUILTING

Ages 18 and Older

Bring your quilting projects to work on. Share ideas and enjoy the company of other crafters. No formal instruction provided.

55186 4/7-6/23 Friday 11 a.m.-2 p.m. FREE

TAI CHI

Ages 18 and Older

Stretch and relax your mind, body, and spirit in our Tai Chi class. Suited for all levels. Dress in comfortable clothing that allows you to move freely.

55187 4/5-6/21 Wednesday 9:30-11 a.m. FREE

TEEN ADVISORY COUNCIL

Ages 12-17

Utilize your leadership skills, be active and involved in planning field trips, special events, fundraising and giving back to the community.

55188 4/5-6/21 Wednesday 5-6 p.m. FREE

TEEN CAFE & GAME NIGHT

Ages 12-17

Learn to experience how to run a business, budget, market, and plan some themed games nights.

55190 4/7-6/23 Friday 4-8 p.m. FREE

DROP-IN PROGRAMS

Register for a free Quick Card in order to participate in all drop-in athletic programs. Check-in at the front desk.

JEFFERSON CC (CONTINUED)

TEEN CHEF & GARDENING

Ages 12-17

Learn from chefs, and create a menu. We will use a budget to gather ingredients available. We will also create healthy snacks and meals with our own teen tended garden, and then plan on what to plant.

55191 4/5-6/21 Wednesday 3-5 p.m. FREE

TEEN PEER TUTORING

Ages 12-17

Teens will work together and help each other with homework while making new friends.

55275 4/4-6/22 Tu/Th 4-6 p.m. FREE

MEADOWBROOK CC

BOARD GAMES

Ages 7 and Older

Join us for some family FUN! Some board games are provided; however, we encourage people to bring their own. All ages are welcome, but please note children under the age of 12 must be accompanied by an adult. Come match wits with members of your community.

56173 4/1-6/24 Saturday 9:30 a.m.-4:30 p.m. FREE

CRAFT GROUP

Ages 16 and Older

Bring supplies and craft alongside other inspired crafters. From beading to scrapbooking, students can easily find help from others for their individual projects. This is not a class, just crafting and discussions. Everyone is welcome. 2nd Saturdays of the month.

56169 4/8-6/10 Saturday 12:30-4:30 p.m. FREE



MAGNUSON CC

ROCK THE PARK | Ages 13-17



ACADEMIC TIME

Flex your mind muscles with games like Chess, or take some time to finish up that homework so you can do whatever you want at home!

55675 4/3-6/30 Mon-Fri 4-6 p.m. FREE

BOARD GAMES

Drop in and game with us! From casual to competitive gaming, fun is at your fingertips!

55678 4/6-6/29 Thursday 6-7:30 p.m. FREE

FREE SWIM

Join us for free swim. Space is limited, please check space availability with teen leader each week.

56679 4/7-6/30 Friday 6:45-8:30 FREE

MOVIE NIGHT

What better way to end the week than with a free movie? Join us for some old-school and new-school classics, as well as seasonal films. Oh, and there's popcorn, too!

55676 4/3-6/26 Monday 6-8:30 p.m. FREE

PAINTING

Express yourself through brush strokes and create whatever comes to your mind. Paint beautiful landscapes, lush fruits, or dashing portraits. Bob Ross would be proud.

55677 4/5-6/28 Wednesday 5-6 p.m. FREE

TEEN COUNCIL

Support your community by participating in the Magnuson Teen Council! Plan community cookouts, organize a park clean up, host a donation event, or spread the word on the local radio station. This is your chance to give back!

55682 4/5-6/28 Wednesday 3-4 p.m. FREE

MONTLAKE CC

SALSA/BACHATA DANCE

Ages 18 and Older

Join us for our free Salsa and Bachata social dance night in our large ballroom setting with mirrors to social dance or practice. Bring your partner or your friends and dance the night away. All levels welcome!

56495 4/6-6/29 Thursday 5:30-7:30 p.m. FREE

DROP-IN PROGRAMS

Register for a free Quick Card in order to participate in all drop-in athletic programs. Check-in at the front desk.

NORTHGATE CC

BRIDGE

Ages 18 and Older

Drop-in play for intermediate bridge players.

55123 4/3-6/26 Monday 1-3 p.m. FREE

MUSIC CIRCLE NIGHT

Ages 18 and Older

Bring your guitars, banjos, ukuleles, harmonicas, and other acoustic instruments and jam. Come with your friends and make some new friends in the wonderful world of music as your common thread.

55125 4/3-6/26 Monday 6-7:45 p.m. FREE



RAINIER BEACH CC

AFTER SCHOOL HANGOUT

Ages 12-18

Our Hangout Room is a safe place for teens to gather, socialize and play various games. Activities include jenga, board games, video games, music sharing, and more. FREE Wi-Fi access.

55444 4/5-6/28 Wednesday 1-3:30 p.m. FREE

BACKPACKS, BOOKS, & BASKETBALL

Ages 12-17

Learn to experience how to run a business, budget, market, and plan some themed games nights.

56036 4/3-6/26 Monday 4-4:45 p.m. FREE

BRIDGE

Ages 14 and Older

Drop-in play for intermediate bridge players.

55445 4/4-6/29 Tu/Th 10 a.m.-Noon FREE

DETECTIVE COOKIE'S CHESS CLUB

Ages 7 and Older

Children and teens are invited to join this Chess Club. Family and community members are also welcome. Drop by to learn and play chess! Masks are not required but are PREFERRED for all participants.

55451 4/8-7/1 Saturday Noon-2 p.m. FREE

HIP HOP SPIN

Ages 14 and Older

The beats of Hip Hop and R&B will push you through this high intensity workout for all fitness levels. Control your own resistance and speed, allowing you to progress toward your fitness goals. This class is free due to the Get Moving Grant. Reserve your bike up to 1hr early, spots are limited!

55452 4/4-6/27 Tuesday 6-7 p.m. FREE

POSITIVE ENERGY WORKSHOP

Ages 9-17

Students will learn how to transform and strengthen their mind by understanding their authentic, unique heritage and culture, how to take the world and redefine it in their own image and interest, and how to create an environment that is mentally, spiritually, economically, and socially uplifting.

55460 4/5-5/24 Wednesday 4:30-5:30 p.m. FREE

T.E.E.N. COOKING

Ages 13-17

This program focuses on encouraging teens to explore the kitchen and find healthy alternatives to what they normally eat. Youth will research recipes and be responsible for preparing a budget and menu. This program will familiarize teens with basic cooking instructions, preparation, and kitchen safety under the supervision of center staff. E-13 is required for attendance!

56033 4/5-6/28 Wednesday 4:15-5:15 p.m. FREE

DROP-IN PROGRAMS

Register for a free Quick Card in order to participate in all drop-in athletic programs. Check-in at the front desk.



RAVENNA-ECKSTEIN CC

TWEEN GAME AND MAZE

Ages 10-15

Youth will collaboratively play games, create mazes, or hang out and listen to music during this time together.

54759 4/3-6/12 Monday 3-6 p.m. FREE

VAN ASSELT CC

50 & UP FUN

Ages 50 and Older

Join us for eight Donic Delhi Tables, Tennis Tables, and two more tables for Mahjong. Varies between centers.

56685 4/6-6/22 Thursday 11:30 a.m.-1:30 p.m. FREE

YESLER

ADULT DIGITAL LITERACY COMPUTER

Ages 18 and Older

Come learn technical and digital skills needed for school, job training, and employment.

55782 4/6-6/22 M/Th 9 a.m.-Noon FREE

ARTS AND CRAFTS

Ages 10-18

Are you creative and like to paint or design things from scratch? Join our program and find the freedom of expression as we make tie dye t-shirts, bracelets, scented candles, and much more.

55784 4/4-6/20 Tuesday 4-6:30 p.m. FREE

BIG BRAINS BUILD RECYCLED ROBOTICS

Ages 10-17

Learn about and build robots with micro: bit, servos, motors, and recyclables in The Big-Brained Superheroes Club. Email bbs@thebbcs.org for inquiries.

55786 4/4-6/22 Mon-Thu 5-7 p.m. FREE

BOARD GAMES

Ages 7 and Older

Join us for some family FUN! Some board games are provided; however, we encourage people to bring their own. All ages are welcome, but please note children under the age of 12 must be accompanied by an adult. Come match wits with members of your community.

56105 4/8-6/24 Saturday 9 p.m.-2:30 a.m. FREE

GAME BAR

Ages 18 and Older

Join a table game of chess, mahjong, bidwiss, or spades with members of the community. You will be able to start or join a game of your choosing.

4/3-6/23 M/F 10 a.m.-2 p.m. FREE

HOMEWORK LAB

Ages 12-18

If you need a little extra help with your homework or a quiet space to study, meet-up every Mon-Thu at Yesler CC from 3:30-5:30 p.m. for homework time.

55787 4/3-6/22 Mon-Thu 3:30-5:30 p.m. FREE

DROP-IN SPORTS

Register for a free Quick Card in order to participate in all drop-in athletic programs. Check-in at the front desk.

PICKLEBALL

BALLARD CC	Ages 18 and Older			
55765	4/4-6/29	Tu/Th	10 a.m.-Noon	FREE
55766	4/5-6/28	Wednesday	6:15-8:15 p.m.	FREE
BITTER LAKE CC	Ages 18 and Older			
56662	3/14-6/30	Tu/F	10 a.m.-1 p.m.	FREE
DELRIDGE CC	Ages 16 and Older			
56030	4/3-6/16	M/W/F	10:15 a.m.-12:15 p.m.	FREE
GARFIELD CC	Ages 18 and Older			
54989	4/20-6/15	Thursday	10:15 a.m.-1 p.m.	FREE
GREEN LAKE CC	Ages 18 and Older			
56311	4/6-6/29	Thursday	10:30 a.m.-1:30 p.m.	FREE
HIGH POINT CC	Ages 18 and Older			
54964	4/5-6/21	W/F	10 a.m.-12:45 p.m.	FREE
INT'L DISTRICT/CHINATOWN CC	Ages 18 and Older			
55575	4/3-6/12	Monday	6-8:45 p.m.	FREE
JEFFERSON CC	Ages 18 and Older			
55185	4/3-6/12	Monday	10 a.m.-1 p.m.	FREE
LOYAL HEIGHTS CC	Ages 18 and Older			
	4/7-6/23	Friday	Noon-2 p.m.	FREE
MAGNOLIA CC	Ages 18 and Older			
54803	4/3-6/22	M/Th	11 a.m.-2 p.m.	FREE
MAGNUSON CC @ THE HANGAR	Ages 16 and Older			
	4/5-4/13	W/Th	9:30-11:30 a.m.	FREE
MAGNUSON CC	Ages 16 and Older			
	4/20-6/22	Thursday	9:30 a.m.-1 p.m.	FREE
	4/15-6/24	Saturday	Noon-2 p.m.	FREE
MEADOWBROOK CC	Ages 18 and Older			
56160	4/6-6/29	Thursday	10 a.m.-3 p.m.	FREE

MILLER CC	Ages 16 and Older			
55002	4/3-6/30	M/W	10 a.m.-1 p.m.	FREE
	4/7-6/30	Friday	12:15-1:30 p.m.	FREE
MONTLAKE CC	Ages 18 and Older			
55103	4/15-6/21	Wednesday	10 a.m.-1 p.m.	FREE
	4/8-6/24	Saturday	9 a.m.-1 p.m.	FREE
NORTHGATE CC	Ages 18 and Older			
55122	4/3-6/23	M/F	9:30 a.m.-2 p.m.	FREE
55589	4/4-6/27	Tuesday	6-7:45 p.m.	FREE
	4/5-6/28	Wednesday	9:30 a.m.-1:30 p.m.	FREE
QUEEN ANNE CC	Ages 18 and Older			
56288	4/4-6/22	Tu/Th	Noon-3 p.m.	FREE
RAVENNA-ECKSTEIN CC	Ages 18 and Older			
54784	4/7-6/16	Fri-Sat	12:30-2:30 p.m.	FREE
SOUTH PARK CC	Ages 18 and Older			
56562	4/4-6/22	Tu/Th	11:30 a.m.-2:30 p.m.	FREE
	4/7-6/23	Friday	10 a.m.-1 p.m.	FREE
VAN ASSELT CC	Ages 50 and Older			
53829	4/3-6/26	M/W	Noon-2:45 p.m.	FREE
YESLER CC	Ages 18 and Older			
55789	4/4-6/20	Tu/Th	9 a.m.- Noon	FREE

PING-PONG / TABLE TENNIS

Come play the fun sport of Table Tennis. Please bring your own paddle and water bottle.

GREEN LAKE CC	Ages 18 and Older			
54997	4/4-6/30	Tu/F	6-8:45 p.m.	FREE
56475	4/5-6/28	Wednesday	10 a.m.-1 p.m.	FREE
INT'L DISTRICT/CHINATOWN CC	Ages 18 and Older			
ADULT	Ages 18 and Older			
55580	4/3-6/24	M/W/F	1-2:30 p.m.	\$3
	4/3-6/24	M/W/F	6-8:30 p.m.	\$3
	4/8-6/24	Saturday	1-4:30 p.m.	\$3
YOUTH	Ages 6-17			
55576	4/3-6/21	M/W/F	5-6 p.m.	FREE
LAKE CITY CC	Ages 16 and Older			
55702	4/3-6/30	M/W/F	4-6:45 p.m.	FREE
NORTHGATE CC	Ages 7 and Older			
55121	4/3-6/30	Mon-Fri	9 a.m.-7:30 p.m.	FREE



DROP-IN SPORTS

Register for a free Quick Card in order to participate in all drop-in athletic programs. Check-in at the front desk.



VOLLEYBALL

Have fun and hone your skills alongside adults of all skill levels. Nets and balls are provided for these drop-in volleyball games.

▼ BALLARD CC - Call to confirm Fridays Ages 18 and Older				
55772	4/4-6/30	Tu/F	5:15-6:45 p.m.	FREE
55773	4/6-6/30	Tu/F	6:45-8:15 p.m.	FREE
▼ GREEN LAKE CC Ages 18 and Older				
	4/6-6/29	Thursday	6-8:45 p.m.	FREE
▼ INT'L DISTRICT/CHINATOWN CC				
ADULT Ages 18 and Older				
55576	4/5-6/21	Wednesday	6-8:45 p.m.	FREE
YOUTH Ages 10-17				
55839	4/5-6/21	Wednesday	2-5:30 p.m.	FREE
▼ MEADOWBROOK CC				
ADULT Ages 18 and Older				
56167	4/5-6/28	Wednesday	6:15-8:15 p.m.	FREE
YOUTH Ages 10-17				
56171	4/5-6/28	Wednesday	5-6 p.m.	FREE
▼ MILLER CC Ages 16 and Older				
55003	4/3-6/29	M/Th	6-8 p.m.	FREE
▼ MONTLAKE CC Ages 18 and Older				
	4/4-6/29	Tu/Th	4-7:30 p.m.	FREE
▼ NORTHGATE CC Ages 18 and Older				
55585	4/3-6/26	Monday	6-7:45 p.m.	FREE

FITNESS ROOM

Seattle weather can be a challenge to your fitness program, so come inside and work out in our fitness rooms.

▼ GARFIELD CC Ages 18 and Older				
54990	4/15-6/16	Mon-Fri	10 a.m.-7:30 p.m.	FREE
	4/15-6/16	Saturday	10 a.m. -4:45 p.m.	FREE
▼ INT'L DISTRICT/CHINATOWN CC Ages 18 and Older				
55578	4/24-6/24	M/W/F	11 a.m.-8:45 p.m.	FREE
	4/24-6/24	Tu/Th	10 a.m.-6 p.m.	FREE
	4/24-6/24	Saturday	10 a.m.-4:45 p.m.	FREE
▼ LOYAL HEIGHTS CC Ages 16 and Older				
	4/3-6/23	M/W/F	9 a.m.-9 p.m.	FREE
	4/4-6/29	Tu/Th	11 a.m.-6 p.m.	FREE
▼ MEADOWBROOK CC Ages 18 and Older				
56174	4/3-6/30	M/Tu/Th/F/Sa	8:30 a.m.-8:15 p.m.	FREE
56175	4/5-6/28	Wednesday	8:30 a.m.-2:45 p.m.	FREE
56176	4/5-6/28	Wednesday	5:15-8:15 p.m.	FREE
▼ NORTHGATE CC Ages 18 and Older				
55124	4/3-6/30	Mon-Fri	9 a.m.-7:30 p.m.	FREE
▼ QUEEN ANNE CC Ages 18 and Older				
56313	4/3-6/22	Mon-Fri	11 a.m.-6:45 p.m.	FREE
▼ RAINIER BEACH CC Ages 18 and Older				
55449	4/3-6/30	Mon-Thu	10 a.m.-9 p.m.	FREE
	4/3-6/30	Friday	10 a.m. -7 p.m.	FREE
55448	4/1-6/25	Sat-Sun	9 a.m.-6:30 p.m.	FREE
▼ YESLER CC Ages 18 and Older				
55794	4/4-6/23	M/W/F	10 a.m.-7:30 p.m.	FREE
	4/5-6/27	Tu/Th	10 a.m.-6:30 p.m.	FREE
	4/8-6/24	Saturday	9 a.m.-3 p.m.	FREE

DODGEBALL

Play dodgeball.

▼ GREEN LAKE CC Ages 18 and Older				
54998	4/3-6/30	Wednesday	6-8:45 p.m.	FREE
▼ LOYAL HEIGHTS CC Ages 16 and Older				
	4/3-6/12	Monday	7-8:45 p.m.	FREE
▼ VAN ASSELT CC Ages 8-11				
55825	4/6-6/29	Thursday	5-6:15	FREE

DROP-IN SPORTS

Register for a free Quick Card in order to participate in all drop-in athletic programs. Check-in at the front desk.

OPEN GYM

Play basketball and get your daily exercise!

BITTER LAKE CC All Ages				
56974	4/1-6/24	Saturday	2-5 p.m.	FREE
GARFIELD CC				
FAMILY All Ages				
56966	4/15-6/16	Saturday	1-3 p.m.	FREE
YOUTH Ages 5-18				
56968	4/19-6/14	Wednesday	2:30-5:30 p.m.	FREE
	4/19-6/16	Friday	3:30-6 p.m.	FREE
INT'L DISTRICT/CHINATOWN CC				
FAMILY All Ages				
55577	4/1-6/24	Saturday	2:30-4:30 p.m.	FREE
YOUTH Ages 12-18				
55579	4/3-6/23	Mon-Tue	3:30-5:50 p.m.	FREE
	4/3-6/23	Friday	1:30-8:45 p.m.	FREE
MAGNUSON CC				
FAMILY All Ages				
	4/15-6/24	Saturday	3-5 p.m.	FREE
YOUTH Ages 12-17				
	4/18-6/30	Tu/F	6:30-8:30 p.m.	FREE
	4/23-6/25	Saturday	12:30-2:30 p.m.	FREE
MEADOWBROOK CC Ages 5 and Older				
56170	4/1-6/24	Saturday	8:30 a.m.-4:45 p.m.	FREE
RAINIER BEACH CC Ages 18 and Older				
55446	4/3-6/30	M/F	Noon-1:30 p.m.	FREE
	4/4-6/27	Tuesday	Noon-2 p.m.	FREE
55459	4/2-7/2	Sunday	9 a.m.-Noon	FREE
RAVENNA ECKSTEIN CC Ages 12 and Older				
54761	4/3-6/23	Mon-Fri	3-8:30 p.m.	FREE
SOUTH PARK CC Ages 12-17				
	4/3-6/30	M/W/F	1:30-5 p.m.	FREE
	4/4-6/29	Tu/Th	2:45-5 p.m.	FREE
VAN ASSELT CC All Ages				
56409	4/3-6/28	M/W	3:15-7 p.m.	FREE
	4/4-6/27	Tu/Th*	2:30-7:45 p.m.	FREE
	4/7-6/30	Friday	4:45-7 p.m.	FREE
	4/1-6/24	Saturday	Noon-3:45 p.m.	FREE

*Thursdays have a 90 minute break between 5 and 6:30 p.m.

BADMINTON

Keep your eye on the birdie! Stop by and enjoy a friendly game of badminton - a social and accessible sport for all. Nets and birdies will be provided.

INT'L DISTRICT/CHINATOWN CC Ages 18 and Older				
55573	4/4-6/22	Tu/Th	10 a.m.-1 p.m.	FREE
55844	4/1-6/24	Saturday	10 a.m.-Noon	FREE
55845	4/1-6/24	Saturday	12:30-2:30 p.m.	FREE
JEFFERSON CC Ages 18 and Older				
	4/4-6/27	Tuesday	6-8:45 p.m.	FREE
MAGNUSON CC @ THE HANGAR Ages 18 and Older				
53293	4/3-4/11	Mon-Tue	6-8:30 p.m.	FREE
MAGNUSON CC Ages 18 and Older				
	4/17-6/26	Monday	6-8:30 p.m.	FREE
	4/20-6/29	Thursday	6-7:45 p.m.	FREE
MEADOWBROOK CC Ages 18 and Older				
56158	4/7-6/30	Friday	6:15-8:15 p.m.	FREE

COVID GUIDELINES

FIND DETAILS ON PAGE 65

FREE HYGIENE SERVICES

Year Round All Ages

Select SPR sites offer free showering facilities. Showers are limited to 20-minutes and are drop-in only with no pre-registration. Towels and soap are provided. First come, first served.

DELRIDGE CC Last shower at 4:30 p.m.	
Mon-Fri	11 a.m.-5 p.m.
GREEN LAKE CC Last shower at 4:30 p.m.	
Tue-Fri	10 a.m.-4:30 p.m.
Saturday	9:30 a.m.-5:30 p.m.
MEADOWBROOK CC Last shower at 7 p.m.	
Mon-Fri	2:30-7:30 p.m.
MILLER CC Last shower at 5:30 p.m.	
Mon-Fri	10 a.m.-6 p.m.

DROP-IN SPORTS

Register for a free Quick Card in order to participate in all drop-in athletic programs. Check-in at the front desk.

BASKETBALL

Want to shoot some hoops? Stay active, meet new people of all skill levels, and enjoy a pick-up basketball game.

▼ BALLARD CC	All Ages			
55769	4/10-6/26	Monday	6:15-8:15 p.m.	FREE
▼ BITTER LAKE CC	Ages 10 and Older			
56659	4/3-6/26	Monday	6-8 p.m.	FREE
▼ GARFIELD CC	Ages 18 and Older			
57089	4/4-6/23	Tu/F	Noon-2 p.m.	FREE
▼ GREEN LAKE CC				
ADULT	Ages 18 and Older			
56312	4/13-6/30	M/F	10 a.m.-3 p.m.	FREE
YOUTH	Ages 5-17			
56653	4/1-6/24	Saturday	12:30-5:15 p.m.	FREE
▼ HIGH POINT CC				
FAMILY	Ages 5 and Older			
55251	4/1-6/17	Saturday	11:30 a.m.-1:15 p.m.	FREE
ADULT	Ages 18 and Older			
55252	4/1-6/17	Mon-Sat	1:30-8 p.m.	FREE
YOUTH	Ages 17 and Under			
	4/1-6/17	Mon-Fri	3:30-8 p.m.	FREE
▼ INT'L DISTRICT/CHINATOWN CC				
ADULT	Ages 18 and Older			
55574	4/5-6/21	M/W/F	11:30 a.m.-1:30 p.m.	FREE
YOUTH	Ages 10-17			
56423	4/5-6/21	Wednesday	2:30-5:30 p.m.	FREE
▼ LOYAL HEIGHTS CC	Ages 18 and Older			
	4/3-6/23	Mon-Fri	2-5 p.m.	FREE
▼ MAGNOLIA CC				
WOMENS	Ages 18 and Older			
54843	5/3-6/21	Wednesday	6-8 p.m.	FREE
MENS	Ages 18 and Older			
54842	5/2-6/20	Tuesday	6-8 p.m.	FREE
▼ MAGNUSON CC @ THE HANGAR	Ages 18 and Older			
	4/3-4/11	M/Tu	6-8 p.m.	FREE
▼ MAGNUSON CC	Ages 18 and Older			
	4/19-6/28	Wednesday	6-7:45 p.m.	FREE
	4/20-6/29	Thursday	1:30-3 p.m.	FREE

▼ MEADOWBROOK CC	Ages 11-18			
56187	4/4-6/27	Tuesday	4-5:15 p.m.	FREE
▼ MILLER CC				
ADULT	Ages 18 and Older			
55114	4/5-6/30	W/F	6-8 p.m.	FREE
YOUTH	Ages 10-17			
	4/3-6/30	M/Tu/Th/F	3:45-5:45 p.m.	FREE
	4/5-6/28	Wednesday	2:30-4:30 p.m.	FREE
▼ MONTLAKE CC				
ADULT	Ages 18 and Older			
56477	4/3-6/28	M/W	5:30-7:30 p.m.	FREE
YOUTH	Ages 10-17			
56496	4/3-6/28	M/W	3:30-5:30 p.m.	FREE
▼ NORTHGATE CC	Ages 5 and Older			
55592	4/6-6/22	Thursday	6-7:45 p.m.	FREE
▼ SOUTH PARK CC	Ages 18 and Older			
	4/4-6/28	M/W	5-6:45 p.m.	FREE
56563	4/4-6/20	Tu/Th	5-7:45 p.m.	FREE
▼ VAN ASSELT CC	Ages 18 and Older			
	4/4-6/29	Tu/Th	1-2:30 p.m.	FREE
	4/1-6/24	Saturday	9:30 a.m.-Noon	FREE
▼ YESLER CC	Ages 18 and Older			
55785	4/4-6/20	Tu/Th	12:10-2:10 p.m.	FREE
56106	4/8-6/24	Saturday	9 a.m.-3 p.m.	FREE

WHEELCHAIR BASKETBALL

Whether you're an experienced wheelchair athlete or a newcomer to adaptive sports, all are welcome. Practice your shots or join a pick-up game! Sports wheelchairs are required for participation and some equipment is available. Please contact info@seattleadaptivesports.org before attending to guarantee equipment availability.

▼ MILLER CC	Ages 18 and Older			
55115	4/4-6/27	Tuesday	6-8 p.m.	FREE

VIRTUAL PROGRAMS

REGISTRATION OPENS
MARCH 7TH



VIRTUAL PIANO LESSONS

Ages 5 and Older

Learn to play the piano from an experienced professional teacher in weekly small group lessons. Training includes sight-reading, technique, expression, theory, and chords. Students must have access to a full electric keyboard or piano for practice outside of lessons. Class is NOT in-person. Register through High Point Community Center by calling 206-684-7422. NO CLASSES 5/29.

55697	4/3-6/12	Monday	4-8:30 p.m.	\$200
55696	4/1-6/17	Saturday	Noon-4 p.m.	\$240

VIRTUAL PILATES

Ages 50 and Older

Pilates can stretch and strengthen the body in keeping with balance and alignment. Mat exercises focus on finding the muscles of your powerhouse (your core or center) and strengthening this area to support your spine. Mat work enhances posture, a strong center, suppleness, a toned body and an improved sense of well-being. Feel invigorated after work out! Instructor: D Dragovich

55247	4/4-6/20	Tuesday	11:30 a.m.-12:30 p.m.	\$84
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VIRTUAL SPD MIXED GENDER PERSONAL SAFETY CLASS

FREE

Ages 14 and Older

Learn how to be proactive and enhance your personal safety. Through discussion and lecture you will be taught to avoid dangerous situations and decrease the odds of becoming a victim. Presented to you by female and male Seattle police officers and is not a self-defense class. For questions please PKS_Virtual_Programs@seattle.gov Prior to event, a link will be sent to join, through Webex

56682	4/15	Saturday	10 a.m.-Noon	FREE
56683	5/10	Wednesday	10 a.m.-Noon	FREE
56684	6/10	Saturday	1-3 p.m.	FREE

WEBEX PRACTICE SESSION

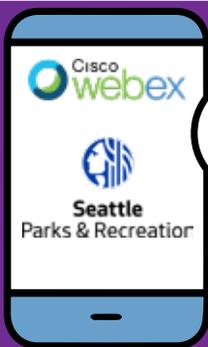
FREE

Ages 50 and Older

Practice navigating Webex, our new virtual programming platform. Gain confidence and troubleshoot any problems BEFORE your first day of class, so you are ready to go. No pressure, we are learning together!

55316	4/3	Monday	3-4 p.m.	FREE
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DOWNLOAD WEBEX



SCAN
ME



DOWNLOAD TO PARTICIPATE IN VIRTUAL PROGRAMS:
http://bit.ly/webex_download

Prior to event, a link will be sent to join, through Webex. For questions email: PKS_Virtual_Programs@seattle.gov

SPECIAL EVENTS

SPRING EGG HUNT

COME JOIN THE FUN AT ANY OF THE FOLLOWING COMMUNITY CENTERS*

Ballard Community Center

April 8 | 10 a.m.

Delridge Community Center

April 8 | 10 a.m.

Green Lake Community Center

April 8 | 10 a.m.

Jefferson Community Center

April 8 | 10 a.m.

Loyal Heights Community Center

April 8 | 10 a.m.

Miller Community Center

April 6 | 10:30 a.m.

Northgate Community Center

April 8 | 10 a.m.

Bitter Lake Community Center

April 8 | 10 a.m.

Garfield Community Center

April 8 | 10 a.m.

High Point Community Center

April 8 | 10:30 a.m.

Laurelhurst Community Center

April 8 | 10 a.m.

Magnuson Community Center

April 8 | 10 a.m.

Montlake Community Center

April 8 | 10 a.m.

South Park Community Center

April 1 | 10 a.m.

*Times and age groups differ between sites.

Contact your closest community center to learn more about this event.



Seattle
Parks & Recreation



SPECIAL EVENTS

Look out for this symbol
for Citywide Environmental
Education programs



SPECIAL EVENT: TEEN FLASHLIGHT EGG HUNT

Jefferson CC **Ages 12-17**

Looking for a new twist on an egg hunt? Try finding the loot in the dark! Bring your own flashlight and bag, but don't be late because the hunt goes quick. Meet in the Jefferson Community Center lobby. Rain or shine, we will be outside, so dress for the weather.

56103 4/7 **Friday** 8-8:30 p.m. **FREE**

SPECIAL EVENT: SPRING EGG HUNT AND EARTH DAY

Northgate CC **All Ages**

Bring your family and friends to hunt for goodies and pick-up a free Western Red Cedar tree starting plant. Please bring a bag or a basket to gather your goodies in. Dress according to the weather. Meet on the lawn in front of the community center. Egg Hunt is for ages 1-10.

56426 4/8 **Saturday** 10 a.m. **FREE**

SPECIAL EVENT: BOARD GAME PLAYTESTING WORKSHOP WITH FUNKO GAMES

Garfield CC **Ages 4-15**

Your family is invited to help shape the newest designs from Funko Games! Participants will test out never-before-seen board games as they are guided through gameplay to learn strategy and critical thinking. Your feedback may change the final version of a game!

56524 4/12 **Wednesday** 2:30-5:30 p.m. **FREE**

SPECIAL EVENT: POLLINATORS IN OUR URBAN GARDENS

Garfield CC **All Ages**

Join us to learn about the role bugs play in garden pollination and to release ladybugs in the Garfield Community Center garden. This event is dedicated to the memory of Traci Grant whose passion for the Garfield garden lives on in the plants and people who have grown up here.

53647 4/20 **Thursday** 4-6 p.m. **FREE**

SPECIAL EVENT: BAT WALK

South Park CC **All Ages**

There are bats in our backyard! Come learn about these important and amazing mammals--learn to spot them in flight, hear them, learn about their habitat, diet, behavior and what predators they face. Our program will include a presentation, nature walk, and an activity. Children under 10 must be accompanied by an adult.

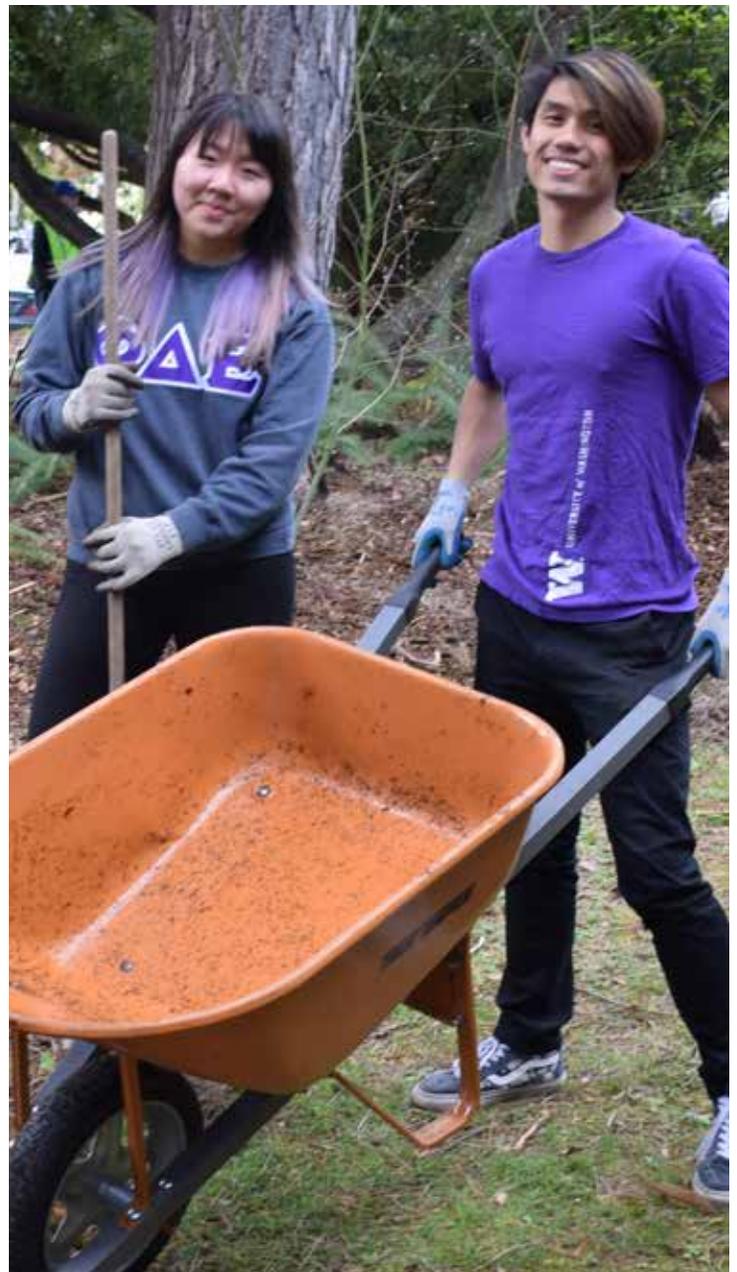
55378 4/22 **Saturday** 6:30-8 p.m. **FREE**

SPECIAL EVENT: EARTH DAY CELEBRATION

Carkeek Park **All Ages**

Celebrate Earth Day at Carkeek Park! Enjoy games, nature activities, volunteer projects, and intertidal beach exploration. You'll find us by the playground at Carkeek Park. For more information, please contact Carkeek Park Visitor Center at 206.386.4236 or Carkeek.Park@seattle.gov

4/22 **Sunday** **Noon-4 p.m.** **FREE**





Look out for this symbol
for Citywide Environmental
Education programs

SPECIAL EVENTS

SPECIAL EVENT: SPRING MUSHROOM WALK



High Point CC

All Ages

Commune with the fungi at Lincoln Park during a day of learning about mushrooms. You'll hear a short presentation, enjoy a nature walk, and enjoy an age-appropriate activity. Call High Point Community Center to inquire about transportation. Children under 12 must be accompanied by an adult.

55391 4/29 **Saturday 11 a.m.-12:30 p.m. FREE**

SPECIAL EVENT: NEIGHBOR DAY

Garfield CC

All Ages

This special day is devoted to reaching out to neighbors, making new friends, and expressing thanks to those who help make your neighborhood a great place to live. Join us for family-friendly activities, workshops, fitness, and more as we celebrate our community.

55421 5/6 **Saturday 10 a.m.-4 p.m. FREE**

SPECIAL EVENT: FAMILY MOVIE NIGHT

South Park CC

AGES 3-11

An evening with the Fam . . . South Park CC will screen a G or PG rated movie for community families in our gym. Bring a lounge chair, sleeping bag, or air mattress if you like, but you'll find chairs, some mats, and free popcorn ready and waiting for you. April showing will be *Monsters, Inc*; May showing will be *Coco*; and June will be *The Lion King (1994)*

56544 4/28 **Friday 5-7 p.m. FREE**

56558 5/26 **Friday 5-7 p.m. FREE**

56560 6/30 **Friday 5-7 p.m. FREE**

SPECIAL EVENT: SYNTHESIZERS IN NATURE



South Park CC

All Ages

We'll learn about how plants and some other organisms use light from the sun in the process of creating the food they need to grow. It's science baby! You will never quite look at plants the same again. Our day will include a presentation, nature walk, and an activity. Children under 10 must be accompanied by an adult.

55377 5/13 **Saturday 10:30 a.m.-Noon FREE**

SPECIAL EVENT: TACO TRIVIA

Loyal Heights CC

All Ages

Celebrate Cinco de Mayo with delicious Mexican food and fun activities, including a pinata and trivia games. A choice of tacos and other traditional cuisine staples will be available (including vegetarian, vegan, and gluten free options). Pre-registration is encouraged by calling the the Community Center. The party will be limited to approx. 40 people. We look forward to seeing everyone and celebrating at this all ages family friendly event!

5/5 Friday 6-7:30 p.m. \$6

COVID GUIDELINES

FIND DETAILS ON PAGE 65



SPECIAL EVENTS

Look out for this symbol
for Citywide Environmental
Education programs



SPECIAL EVENT: MOTHER'S DAY

Northgate CC **All Ages**

We will be making small flower arrangements for Mother's Day. Come make and give a flower arrangement to that special person in the family. We will also be making flower arrangements to take to the local retirement homes in the area.

56692 **5/12** **Friday** **4:30-6 p.m.** **FREE**

SPECIAL EVENT: BEACON HILL FESTIVAL

Jefferson CC **All Ages**

Jefferson Community Center is back and hosting its Annual Beacon Hill Festival! The event will feature a range of entertainment, local foods, carnival games, and bounce toys. All proceeds of the event go to support the Jefferson Advisory Council in its efforts to provide scholarships for families to participate in programs at Jefferson Community Center. Don't miss out; bring the entire family to this fun event!

6/3 **Saturday** **11 a.m.-3 p.m.** **FREE**

SPECIAL EVENT: NATIVE PLANT ADVENTURES

South Park CC **All Ages**

Share the joy of learning as a family as we discover the magnificent native plants of the Pacific Northwest. Which plants are invaders, medicinal, and how do they interact with other species in their environment? Our day will include a brief presentation, nature walks, and an activity. Children under 10 must be accompanied by an adult.

55376 **6/3** **Saturday** **10:30 a.m.-Noon** **FREE**

SPECIAL EVENT: HONORING JUNETEENTH

Loyal Heights CC **All Ages**

Celebrate Juneteenth with LHCC. Join the LHCC community to learn more about this important holiday commemorating the emancipation of enslaved people in the U.S. Kids can join a Juneteenth themed craft project as they decorate their bikes for a bike parade or participate in a Teen B-ball 3-Point Contest. Enjoy popcorn and popsicles too!

6/16 **Friday** **3:30-5 p.m.**



FOREST WALK AT CAMP LONG

Ages 5 and Older

Join a Seattle Parks and Recreation Environmental Education Naturalist for a walk through Camp Long to explore unique PNW forest environments! We will explore Camp Long's ecosystems to see what kinds of animals, plants, and patterns we discover and why they are important to our urban parks. All participants should wear good walking shoes and be prepared to walk up to 2 miles. Children under 14 must be accompanied by an adult.

56938 4/9 **Sunday** 9 a.m.-Noon **\$10**

POND EXPLORATION

Ages 5 and Older

Join a Seattle Parks and Recreation Environmental Education Naturalist for a walk around Camp Long's Pond to explore the unique environments! We will explore the pond and the ecosystems with in it. Find frog eggs, salamanders, and many small insects that can help us understand the health of this urban pond and what we can do to protect it. Please wear shoes you don't mind getting muddy and children under 14 must be accompanied by an adult.

56957 4/22 **Saturday** 9-11 a.m. **\$10**
57166 5/13 **Saturday** 2-4 p.m. **\$10**

OWL PROWL NIGHT HIKE

Ages 5 and Older

Join a Seattle Parks and Recreation Environmental Education Naturalist for a walk through Camp Long Park at night! We will explore the park after dark to learn about nocturnal animals and how they adapt to living in darkness. All participants should wear good walking shoes and be prepared to walk up to 2 miles. Bring a headlamp or flashlight for use when needed. Children under 14 must be accompanied by an adult.

57162 5/6 **Saturday** 7-9 p.m. **\$10**

CAMP LONG MOUNTAIN FEST

All Ages

Celebrate Camp Long and Seattle's outdoor history and culture with us. Challenge yourself on the high-ropes course, climb Schurman Rock, rappel the Glacier Wall, try your hand at our Scavenger Hunt, and much more. For information contact camp.long@seattle.gov or call 206-684-7434.

6/24 **Saturday** 11 a.m.-5 p.m. **FREE**



CHALLENGE COURSE PROGRAMS

All Ages

Schedule your school, community, or youth group for a team building adventure on the Camp Long Low or High Challenge Course! Programs starting at \$300.

CHALLENGE COURSE THEORY TRAINING

Ages 18 and Older

Are you interested in becoming a challenge course facilitator at Camp Long? Get started by taking our foundational training on Challenge Course and Experiential Education Theory! Contact Maggie Riederer for more information: maggie.riederer@seattle.gov

4/10	Monday	9 a.m.-5 p.m.	\$240
4/11	Tuesday	9 a.m.-5 p.m.	\$240
4/12	Wednesday	9 a.m.-5 p.m.	\$240

CAMP LONG RENTALS

Explore the hidden gem of West Seattle, Camp Long! We have shelters, indoor lodge space, a fire ring amphitheater, and you can even rent a cabin to stay overnight! Call 206.684.7434 for details and booking.

CARKEEK PARK

SEATTLE
PARKS

Visitor Center Hours: Wed-Sat: 9 a.m.-4 p.m.

EARTHKEEPERS SPRING BREAK CAMP

Ages 6-12

Spend your spring break at this 100% outdoor week of nature camp. Campers will explore Carkeek Park's forest, beaches, wetlands, wildlife, and more! Each day features a different nature theme. Scholarships available. No continuity of care between sessions.

▼ **Morning Camp** **Ages 6-9**

4/10-4/14 Mon-Fri 9 a.m-12:30 p.m. \$140

▼ **Afternoon Camp** **Ages 9-12**

4/10-4/14 Mon-Fri 1-4:30 p.m. \$140



LOW TIDE BEACH EXPLORATION

Ages 5 and Older

Join a Seattle Parks and Recreation Environmental Education Naturalist for an exciting low tide beach walk at Carkeek Park! We will explore the beach gently to see what marine critters are exposed at low tide. All participants should be prepared to walk on slippery, uneven ground, please wear comfortable shoes that you don't mind getting wet or rubber boots to keep your feet dry (no sandals or exposed toes). All children under 14 need to be accompanied by an adult.

56964 4/13 Thursday 11 a.m.-1 p.m. \$10

57168 5/20 Saturday 11 a.m.-1 p.m. \$10

56965 6/3 Saturday 10 a.m.-Noon \$10

AGENTS OF DISCOVERY

All Ages FREE

This augmented reality mobile game allows you to play and discover the world around you. Download the free app to play missions at Carkeek and Discovery Parks whenever you visit, plus you can earn prizes! For more information, contact us at 206.386.4236 or Carkeek.Park@seattle.gov

OWL PROWL NIGHT HIKE

Ages 5 and Older

Join a Seattle Parks and Recreation Environmental Education Naturalist for a walk through Carkeek Park at night! We will explore the park after dark to learn about nocturnal animals and how they adapt to living in darkness. All participants should wear good walking shoes and be prepared to walk up to 2 miles. Bring a headlamp or flashlight for use when needed. Children under 14 must be accompanied by an adult.

56932 4/1 Saturday 7-9 p.m. \$10

SPECIAL EVENT: CARKEEK PARK EARTH DAY CELEBRATION

All Ages FREE

Celebrate Earth Day at Carkeek Park! Enjoy games, nature activities, volunteer projects, and intertidal beach exploration. You'll find us by the playground at Carkeek Park. For more information, please contact Carkeek Park Visitor Center at 206.386.4236 or Carkeek.Park@seattle.gov

4/22 Sunday Noon-4 p.m.

CITY NATURE CHALLENGE WALK

All Ages

Text Join us on nature walks and participate in "The City Nature Challenge," an international competition to get the most participants, observations, and number of species logged. You'll learn how to use iNaturalist, the competition app, and discover the amazing biodiversity in our city. No phone or camera necessary. For more information, visit: www.citynaturechallenge.org

4/28 Friday 5:30-7:30 p.m. FREE



VISIT BABY SALMON

All Ages

From January through May, the Carkeek Watershed Community Action Project raises 100,000 baby salmon at Carkeek Park's imprint pond. Throughout the spring, there will be opportunities to visit the maturing salmon and attend an evening salmon release celebration. You can also visit the 220 salmon being raised in a tank in the Carkeek Park Visitor Center. For dates and times, please contact the Carkeek Park Visitor Center at 206.386.4236 or Carkeek.Park@seattle.gov

Visitor Center Hours: Temporarily Closed for Construction

Temporarily relocated to Carkeek Park Visitor Center for duration of construction.

FOREST WALK AT DISCOVERY PARK

Ages 5 and Older

Join a Seattle Parks and Recreation Environmental Education Naturalist for a walk through Discovery Park to explore unique PNW forest environments! We will explore Discovery Park's ecosystems to see what kinds of animals, plants, and patterns we discover and why they are important to our urban parks. All participants should wear good walking shoes and be prepared to walk up to 2 miles. Children under 14 must be accompanied by an adult.

56937 4/1 **Saturday** 2-4 p.m. **\$10**

POND EXPLORATION

Ages 5 and Older

Join a Seattle Parks and Recreation Environmental Education Naturalist for a walk around Discovery Park Ponds to explore the unique environments! We will explore the pond and the ecosystems with in it. Find frog eggs, salamanders, and many small insects that can help us understand the health of this urban pond and what we can do to protect it. Please wear shoes you don't mind getting muddy and children under 14 must be accompanied by an adult.

56958 4/1 **Saturday** 9-11 a.m. **\$10**
56959 5/13 **Saturday** 2-4 p.m. **\$10**

CITY NATURE CHALLENGE WALK

All Ages

Text Join us on nature walks and participate in "The City Nature Challenge," an international competition to get the most participants, observations, and number of species logged. You'll learn how to use iNaturalist, the competition app, and discover the amazing biodiversity in our city. No phone or camera necessary. For more information, visit: www.citynaturechallenge.org

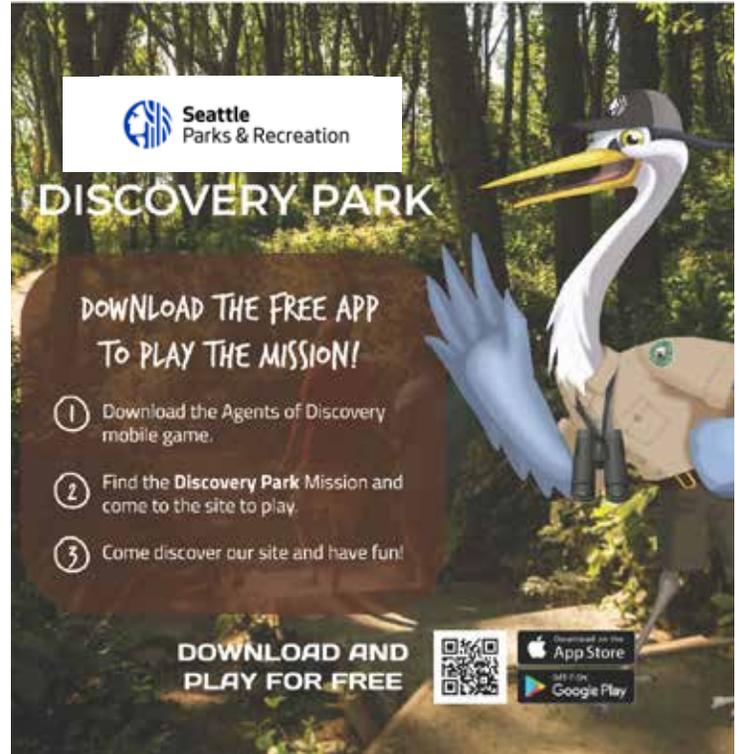
4/29 **Saturday** 1-3 p.m. **FREE**

SPRING BIRD TOURS

Ages 8 and Older

Discover the joy of birding. Join experienced birders and explore Discovery Park's many habitats as we search for migrants as well as year-round residents. For more information, please contact the Discovery Park Visitor Center at 206.386.4236 or email at discovery.park@seattle.gov

4/8 **Saturday** 8-10 a.m. **\$5**
 4/15 **Saturday** 8-10 a.m. **\$5**
 4/29 **Saturday** 8-10 a.m. **\$5**
 5/13 **Saturday** 8-10 a.m. **\$5**



AGENTS OF DISCOVERY

All Ages

FREE

This augmented reality mobile game allows you to play and discover the world around you. Download the free app to play missions at Carkeek and Discovery Parks whenever you visit, plus you can earn prizes! For more information, contact us at 206.386.4236 or Discovery.Park@seattle.gov



LOW TIDE BEACH EXPLORATION

Ages 5 and Older

Join a Seattle Parks and Recreation Environmental Education Naturalist for an exciting low tide beach walk at Charles Richey Park! We will explore the beach gently to see what marine critters are exposed at lowtide. All participants should be prepared to walk on slippery, uneven ground, please wear comfortable shoes that you don't mind getting wet or rubber boots to keep your feet dry (no sandals or exposed toes). All children under 14 need to be accompanied by an adult.

56960	4/9	Sunday	1-3 p.m.	\$10
56961	4/22	Saturday	12:30-2:30 p.m.	\$10
57167	5/6	Saturday	11 a.m.-1 p.m.	\$10

FOREST WALK AT LINCOLN PARK

Ages 5 and Older

Join a Seattle Parks and Recreation Environmental Education Naturalist for a walk through Lincoln Park to explore the unique PNW forest environments! We will explore Lincoln Park's ecosystems to see what kinds of animals, plants, and patterns we discover and why they are important to our urban parks. All participants should wear good walking shoes and be prepared to walk up to 2 miles. Children under 14 must be accompanied by an adult. Meet at the large/up-per parking lot near the park kiosk.

57163	5/6	Saturday	3-5 p.m.	\$10
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SPECIAL EVENT: SPRING MUSHROOM WALK

High Point CC All Ages

Commune with the fungi at Lincoln Park during a day of learning about mushrooms. You'll hear a short presentation, enjoy a nature walk, and enjoy an age-appropriate activity. Call High Point Community Center to inquire about transportation. Children under 12 must be accompanied by an adult.

55391	4/29	Saturday	11 a.m-12:30 p.m.	FREE
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SPECIAL EVENT: SYNTHESIZERS IN NATURE

South Park CC All Ages

We'll learn about how plants and some other organisms use light from the sun in the process of creating the food they need to grow. It's science baby! You will never quite look at a plants the same again. Our day will include a presentation, nature walk, and an activity. Children under 10 must be accompanied by an adult.

55377	5/13	Saturday	10:30 a.m. -Noon	FREE
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CITY NATURE CHALLENGE WALKS

All Ages

Join us on nature walks and participate in "The City Nature Challenge," an international competition to get the most participants, observations, and number of species logged. You'll learn how to use iNaturalist, the competition app, and discover the amazing biodiversity in our city. No phone or camera necessary. For more information, visit: www.citynaturechallenge.org

▼ Meadowbrook Pond *(meet at Meadowbrook Community Center)*

4/30	Sunday	9-11 a.m.	FREE
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▼ Delridge Community Center *(meet at Delridge Community Center)*

4/30	Sunday	10 a.m.-Noon	FREE
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ENVIRONMENTAL EDUCATION FIELD TRIPS

Cost: \$150 for up to 30 students, \$5/student after the first 30, or \$75 for up to 30 students at low-income schools

Encourage students to engage in learning outdoors when you book a Nature Field Trip with Seattle Parks and Recreation. Programs are offered year-round, pre-K through 5th grade. Free bus transportation available for Title 1 schools.

For more information, please call (206) 684-0877, email PKSNatureFieldTrips@seattle.gov or visit our website <https://www.seattle.gov/parks/find/environmental-education-all-ages>

CITYWIDE ENVIRONMENTAL EDUCATION

All Ages

Seattle Parks and Recreation offers multiple Nature and Environmental Education programs focused on native plants, birds, urban forest walks and low tide beach explorations in parks all over the city. Find Nature and Environment programs and register on SPR's registration software at: https://bit.ly/natureprograms_spr23

For questions or help enrolling, call Camp Long Environmental Learning Center (206) 684-7434, or Carkeek Park Visitor Center (206) 386-4236.

HAPPYFEET PARENT AND ME

Ages 2-3

Let's empower brave creative leaders of tomorrow and develop your child's self-esteem, body positivity, and creativity through meaningful play. Utilizing creative storytelling, parent and child will be guided through events providing opportunities for practice of problem solving and increase confidence through soccer

57042	4/5-4/26	Wednesday	3-3:30 p.m.	\$68
57045	5/3-5/24	Wednesday	3-3:30 p.m.	\$68
57048	6/7-6/28	Wednesday	3-3:30 p.m.	\$68

HAPPYFEET SOCCER

Let's empower brave creative leaders of tomorrow and develop your child's self-esteem, body positivity, and creativity through meaningful play. Utilizing creative storytelling, your child will be guided through events where they can practice problem solving and increase confidence through soccer.

▼ Ages 3-4

57043	4/5-4/26	Wednesday	3:30-4 p.m.	\$68
57046	5/3-5/24	Wednesday	3:30-4 p.m.	\$68
57049	6/7-6/28	Wednesday	3:30-4 p.m.	\$68

▼ Ages 5-6

57044	4/5-4/26	Wednesday	4-4:45 p.m.	\$102
57047	5/3-5/24	Wednesday	4-4:45 p.m.	\$102
57050	6/7-6/28	Wednesday	4-4:45 p.m.	\$102

COVID GUIDELINES



FIND DETAILS ON PAGE 65

GOJU-RYU KARATE

Ages 12 and Older

Self-defense, awareness, and physical and mental development are incorporated into the study of this Japanese karate style. Learn fundamental techniques of karate, and how to use linear and circular techniques to subdue and control an attacker. Some experience encouraged.

55704	4/3-4/26	M/W	5-7 p.m.	\$40
55703	5/1-5/31	M/W	5-7 p.m.	\$45
55705	6/5-6/28	M/W	5-7 p.m.	\$35



MAGNUSON CC

NORTHEAST SEATTLE

Hours: M/Tu/F: 2-9 p.m. | Wed-Thu: 9 a.m.-8 p.m. | Saturday: 10 a.m.-5 p.m.

Starting 4/15 Hours: M/Tu/F: 2-9 p.m. | Wed/Thu: 9 a.m.-8 p.m. | Saturday: 10 a.m.-5 p.m.

SPRING EGG HUNT

April 8 | 10 a.m.



PIANO LESSONS

Ages 6 and Older

\$30 per lesson

It's never too early (or late!) to develop your musical talent! Book one-on-one 30-minute piano lessons with a seasoned musician. Participants will receive more detailed information about lesson materials on their first day. *Note: The lessons are booked in 35-minute time slots, however, the lessons are only 30 minutes, the last 5 minutes are required for sanitizing the room. Call Magnuson CC @ 206-684-7026 to schedule your classes.

55680	4/3-6/26	Monday	3-6:30 p.m.
55679	4/7-6/30	Friday	3-6:30 p.m.
55681	4/1-6/24	Saturday	12:30-4 p.m.



AIKIDO FOR TEENS AND ADULTS

Ages 11 and Older

Discipline, focus, self-confidence and flexibility are benefits of aikido! With plenty of interaction and individual attention, we focus on posture, footwork, movement, and throws. Gain self-awareness while increasing fitness, decrease stress, and learning skills to stay calm through daily life.

55671	4/3-6/28	M/W	5:30-7 p.m.	\$301
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ROCK THE PARK: AFTER SCHOOL DROP-INS



Ages 13-17

Come and hang out with friends and other teens at Magnuson Community Center for some afterschool fun.

Academic Time

Flex your mind muscles with games like Chess, or take some time to finish up that homework so you can do whatever you want at home!

55675	4/3-6/30	Mon-Fri	4-6 p.m.	FREE
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Movie Night

What better way to end the week than with a free movie? Join us for some old-school and new-school classics, as well as seasonal films. Oh, and there's popcorn, too!

55676	4/3-6/26	Monday	6-8:30 p.m.	FREE
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Teen Council

Support your community by participating in the Magnuson Teen Council! Plan community cookouts, organize a park clean up, host a donation event, or spread the word on the local radio station. This is your chance to give back!

55682	4/5-6/28	Wednesday	3-4 p.m.	FREE
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Painting

Express yourself through brush strokes and create whatever comes to your mind. There is no formal teacher, but don't let that stop you from painting beautiful landscapes, lush fruits, or dashing portraits. Bob Ross would be proud.

55677	4/5-6/28	Wednesday	5-6 p.m.	FREE
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Board Games

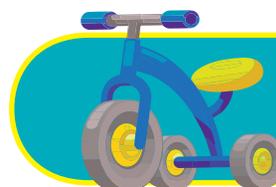
Drop in and game with us! From casual to competitive gaming, fun is at your fingertips!

55678	4/6-6/29	Thursday	6-7:30 p.m.	FREE
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Free Swim

Join us for free swim. Space is limited, please check space availability with teen leader each week.

56679	4/7-6/30	Friday	6:45-8:30	FREE
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Tot Gym Returns!

See page 7 for more details

ENGLISH AS A SECOND LANGUAGE

FREE

Ages 18 and Older

Practice English in a friendly, relaxed setting and work at a more experienced level over tea and coffee. The focus will be on conversation, but can also include grammar, reading, and writing as needed. Note: There is a children's table, but parents/guardians must supervise their own children.

55738	4/11-6/13	Tuesday	9-10:30 a.m.	FREE
55741	4/11-6/13	Tuesday	7-8:30 p.m.	FREE
55739	4/13-6/22	Thursday	9-10:30 a.m.	FREE
55742	4/13-6/22	Thursday	7-8:30 p.m.	FREE

DANCE FITNESS: DANSATION

Ages 16 and Older

Do you love to dance? This exhilarating class will have you moving to a variety of radio hits, pop, club, hip hop, Latin, and house. These classes move between high- and low-intensity dance moves designed to get your heart rate up and boost cardio endurance.

55720	4/4-4/25	Tuesday	6:15-7:15 p.m.	\$40
55828	5/2-5/30	Tuesday	6:15-7:15 p.m.	\$50
55830	6/6-6/27	Tuesday	6:15-7:15 p.m.	\$50

REGISTRATION OPENS MARCH 7th



SCAN ME

REGISTER ONLINE:

https://bit.ly/spr_activity_reg



FUND THE FUN

YOU'RE INVITED!

Thursday, April 20, 2023 8-9 a.m.

SCAN
HERE TO
LEARN
MORE!





PRE-BALLET

Ages 3-5

Students experience the joy of dancing as they learn the basics of ballet technique and creative dance. Motor skills, posture, coordination, and musicality are emphasized through games, exercises, and choreography. Students should wear ballet shoes, dance attire, and have long hair pulled back.

Session One				
55723	4/6-5/11	Thursday	3:15-4 p.m.	\$54
Session Two				
55724	5/18-6/22	Thursday	3-4:15 p.m.	\$45

BALLET 1

Ages 6-10

Students learn traditional ballet curriculum set to classical music. Through the use of music, props and brain-integrated dance games, this class strengthens bodies and minds of dancers by providing a safe and positive environment for your child to express themselves through dance.

Session One				
55718	4/6-5/11	Thursday	4-4:45 p.m.	\$54
Session Two				
55719	5/18-6/22	Thursday	4-4:45 p.m.	\$45

SHOTOKAN KARATE

Here's your chance to try martial arts! The fundamentals of martial arts are based on understanding your body, movement, and space with and without a partner. Classes focus on kihon (basic techniques), kata (forms), and kumite (partner work), self-confidence, and self-defense. Parents are encouraged to remain in class with younger students.

Beginner		Ages 7 and Older		
55728	4/3-4/26	M/W	6:30-7:30 p.m.	\$40
55729	5/1-5/31	M/W	6:30-7:30 p.m.	\$45
55731	6/5-6/28	M/W	6:30-7:30 p.m.	\$35
Advanced		Ages 14 and Older		
55725	4/3-4/28	M/W/F	6:30-8:30 p.m.	\$80
56571	4/3-4/28	Friday	6:30-8:30 p.m.	\$40
55726	5/1-5/31	M/W/F	6:30-8:30 p.m.	\$85
56572	5/1-5/31	Friday	6:30-8:30 p.m.	\$40
55727	6/2-6/30	M/W/F	6:30-8:30 p.m.	\$85
56573	6/2-6/30	Friday	6:30-8:30 p.m.	\$50

KENDO: THE WAY OF THE JAPANESE SWORD

Kendo (way of the sword) is a martial art based on samurai traditions requiring mental and physical discipline. Working with oak and bamboo swords, students will focus on footwork and sword handling, progressing at their own pace to practice with others.

Session One		Ages 10-18		
55721	4/3-6/26	Monday	7-8:30 p.m.	\$63
Session Two		Ages 18 and Older		
55722	4/3-6/26	Monday	7-8:30 p.m.	\$63

BEGINNER PIANO LESSONS

Ages 8 and Older \$36 per lesson

Learn the essentials of piano in 30-minute private lessons offered monthly. Instruction is at an introductory or beginner level, tailored to each student's needs. Musical elements, ear training, and song structure will be explored. Pre-registration required. Music book fee is separate if applicable. Student must have access to appropriate instrument for practice at home.

55732	4/4-4/25	Tuesday	3:30-6:30 p.m.
55735	4/5-4/26	Wednesday	2-6:30 p.m.
55733	5/2-5/30	Tuesday	3:30-6:30 p.m.
55736	5/3-5/31	Wednesday	2-6:30 p.m.
55734	6/6-6/27	Tuesday	3:30-6:30 p.m.
55737	6/7-6/28	Wednesday	2-6:30 p.m.

SPRING EGG HUNT

April 6 | 10:30 a.m.



DRUM LESSONS

Ages 10 and Older **\$30 per lesson**

Learn expression through music! Lessons are 30 minutes long, and are tailored to each individual student, and teach students to read music, play by ear, music theory, and composition. We have a drum set on site. Call your community center to see what slots are available.

55007	4/4-4/25	Tuesday	2-6 p.m.
55006	5/2-5/30	Tuesday	2-6 p.m.
55008	6/6-6/27	Tuesday	2-6 p.m.

PIANO LESSONS

Ages 10 and Older **\$30 per lesson**

Learn to play the piano from an experienced teacher in weekly 30-minute private lessons. Scholarships are available. Please call Miller Community Center to book your time slot.

55015	4/6-4/27	Thursday	2-6 p.m.
55014	5/4-5/25	Thursday	2-6 p.m.
55016	6/1-6/29	Thursday	2-6 p.m.

AFTER SCHOOL TEEN PROGRAM



Ages 11-14

This is a daily after-school tween/teen program filled with a variety of activities: sports, arts, music, cooking, and more! Activities are designed for middle-school aged youth.

55001	4/3-6/30	Mon-Fri	2-6 p.m.	FREE
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PRE-BALLET

Ages 3-5

Students experience the joy of dancing as they learn the basics of ballet technique and creative dance. Motor skills, posture, coordination, and musicality are emphasized through games, exercises, and choreography. Students should wear ballet shoes, dance attire, and have long hair pulled back.

55019	4/19-5/24	Wednesday	2-2:45 p.m.	\$70
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PICKLEBALL: SKILLS AND DRILLS

Ages 18 and Older

Learn the basics strokes, rules, and strategies of pickleball. A cross between tennis, badminton, and ping pong, this sport enjoys a large community of players in the Pacific Northwest. Once you've learned the basics, you can join our drop-in play across most of the Community Centers in Seattle. This class is designed for beginners. Please bring your own pickleball racquet and a water bottle.

55017	4/21-5/26	Friday	10:30-Noon	\$75
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LIL HOOPERS

Your little one will start to learn the fundamentals of basketball. We focus on dribbling and passing in this fun program. Parental supervision required

Ages 3-5

55010	4/18-5/23	Tuesday	2-2:45 p.m.	\$60
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Ages 6-8

55012	4/18-5/23	Tuesday	3-4 p.m.	\$60
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KOREAN SENIOR ASSOCIATION: FITNESS & LUNCH PROGRAM



Ages 60 and Older

King County residents over 60 years of age and adults with disabilities are welcome to enjoy nutritious meals while engaging in cultural activities, learning English or finding volunteer opportunities. Asian Counseling and Referral Services (ARCS) partners with various locations in the community. The Korean Senior Association (Korean language program) meets at Miller Community Center every Tuesday and Friday.

4/4-6/30	Tu/F	9:30 a.m.-1 p.m.	FREE
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POTTERY: ALL LEVELS

Ages 16 and Older

Create pottery pieces by using a combination of hand-building and throwing clay into works of art. Participants will be guided through numerous techniques to decorate and build ceramic projects.

55109 4/5-6/14 **Wednesday** 5-7:30 p.m. **\$374**

ADULT POTTERY: BEGINNER

Ages 18 and Older

Join us in a relaxing ceramics studio to create hand-built pieces as well as cups, bowls, and vases on the potter's wheel. We'll have weekly demonstrations as well as one-on-one guidance. Includes one bag of clay and open studio time during class duration.

55107 4/3-6/12 **Monday** 5-7:30 p.m. **\$340**

55108 4/4-6/13 **Tuesday** 5-7:30 p.m. **\$374**



OPEN POTTERY STUDIO

Ages 18 and Older

Open studio time for work on your projects or start a new one. Studio times are the same as the Community Center operating hours. Orientation required before first use. Orientation days are the first Thursday of the month at 6pm or the first Saturdays at 10am. Clay fee not included. Includes firing

55100 4/6-4/29 *open when no class is in session* **\$150**

55101 5/4-5/31 *open when no class is in session* **\$150**

6/1-6/30 *open when no class is in session* **\$150**



YOGA

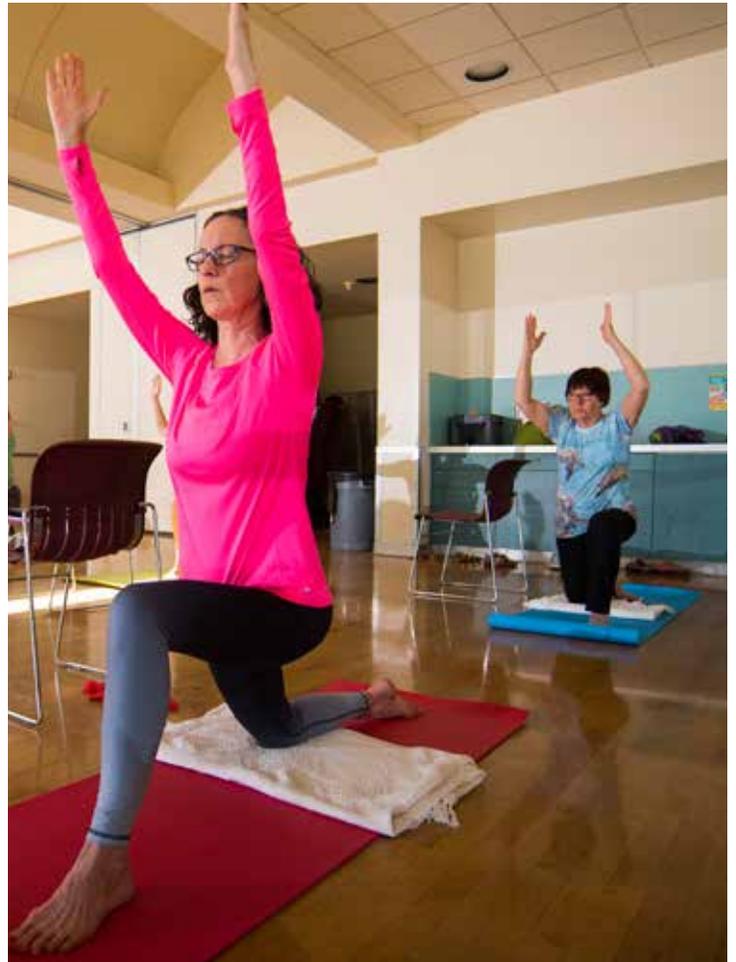
Ages 18 and Older

Yoga is a physical practice suitable for all ages and experience levels. We connect breathing to movement through a sequence of postures that promote safe alignment, flexibility, and strength. Light meditation will be part of the program.

55110 4/4-4/25 **Tuesday** 6-7 p.m. **\$48**

55111 5/2-5/30 **Tuesday** 6-7 p.m. **\$60**

55112 6/6-6/27 **Tuesday** 6-7 p.m. **\$48**



YOGA FOR TWEENS



Ages 7-12

This is a fun beginner class designed to build confidence, stability and emotional awareness. We will utilize physical, mental and socio-emotional learning to engage in fun poses, games and movements developed to grow the mind, body and spirit.

56052 4/20-6/1 Thursday 3-3:30 p.m. FREE

CHAIR YOGA

Ages 18 and Older

Stretch and move with awareness, correct alignment, and a focus on breath to increase strength and stamina, improve flexibility, and develop better balance, posture, poise, and peace of mind. Chair yoga offers accessibility and is adapted for individuals with mobility and balance challenges.

54758 4/5-6/7 Wednesday 5:30-6:15 p.m. \$135

YOGA: BEGINNER

Ages 18 and Older

This beginner yoga class introduces the fundamental principles of pose alignment and breath. Students will be introduced to yoga postures through verbal description and demonstration. All levels can work within their own ability. Wear comfortable clothes and bring a yoga mat and props if you have them.

54770 4/5-6/7 Wednesday 6:30-7:15 p.m. \$135

TINY TOTS

Ages 3-5

This educational and age-appropriate class includes individual and group play, storytelling, arts and crafts, yoga, music, field trips, and more. Parents are required to take turns assisting the teacher with classroom duties and snacks.

54769 4/3-6/7 Mon-Thu 11:45 a.m.-2:45 p.m. \$158

PRE-BALLET

Students experience the joy of dancing as they learn the basics of ballet technique and creative dance. Motor skills, posture, coordination, and musicality are emphasized through games, exercises, and choreography. Students should wear ballet shoes, dance attire, and have long hair pulled back.

▼ Ages 3-5

54762 4/7-6/16 Friday 1-1:45 p.m. \$154

▼ Ages 4-6

54763 4/7-6/16 Friday 2-2:45 p.m. \$154

SELF DEFENSE



Ages 16 and Older

Students will learn basic strikes and break away techniques from an experienced martial artist. Participants will build body awareness and defensive skills so they can feel safer and more comfortable in everyday life.

54764 4/7-4/21 Friday 5-6:30 p.m. FREE



SHOTOKAN KARATE

Ages 7 and Older

Have fun learning traditional Japanese Shotokan karate. Martial Arts training improves self-confidence and concentration in all parts of life. Participants test for belt rank at their own pace. Students participating at the intermediate level should have reached orange belt or above, or with instructors permission.

▼ Beginner

54766 4/6-5/4 Thursday 6-6:45 p.m. \$50

54767 5/11-6/15 Thursday 6-6:45 p.m. \$50

▼ Intermediate/Advance

54765 4/6-6/15 Thursday 7-8 p.m. \$130

SPRING EGG HUNT

April 8 | 10 a.m.



YOUTH POTTERY

Parent/Tot Pottery Creations **Ages 2-4**

Bring your budding artists to this playful clay class. Work with your toddler to explore the materials and make art together. A variety of projects and hand-building techniques will be introduced. Enjoy this special time together as you connect and collaborate over clay.

55777	4/7-4/28	Friday	10-11 a.m.	\$80
55776	5/5-5/26	Friday	10-11 a.m.	\$80
56301	6/2-6/23	Friday	10-11 a.m.	\$80

Kids at Clay **Ages 5-12**

The art of pottery is thousands of years old. In this class we will "travel" through time visiting various moments in pottery history, the people involved and any special clay or techniques they employ. We travel to Ancient Egypt where the students will use a 7,000-year-old recipe for Egyptian Paste - a special clay that turns glass like in the kiln. This in-depth program allows students to explore and learn about different cultures and history as they relate to the art of pottery. No wheel work.

55775	4/5-6/21	Wednesday	2:30-4 p.m.	\$240
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ADULT POTTERY

Ages 16 and Older

This mixed level class goes beyond making bowls using hand building, extruder, and wheel throwing techniques. Bring your own tools or purchase a kit for \$17. Clay bags cost \$15 after the first 25lbs are used. Purchases can be made during facility operating hours only.

Daytime Sessions

55762	4/3-6/12	Monday	10 a.m.-12:30 p.m.	\$300
55763	4/5-6/21	Wednesday	10 a.m.-12:30 p.m.	\$360

Evening Sessions

55758	4/4-6/20	Tuesday	6-8:30 p.m.	\$330
55759	4/5-6/21	Wednesday	6-8:30 p.m.	\$360
55757	4/6-6/22	Thursdays	6-8:30 p.m.	\$360

COVID GUIDELINES



FIND DETAILS ON PAGE 65

DND CLUB

Ages 5-12

Every Tuesday is an adventure with afterschool D & D club. Play a module a session with your friends or meet new friends.

55764 4/4-6/20 **Tuesday** 3:45-5:45 p.m. **\$288**



STRATEGY GAMES CLUB

Ages 8-12

Bring your A-Game and get ready to scheme. From chess and cards to Catan and Magic the Gathering, let's challenge each other. We'll learn the rules of the game while we make friends and practice problem solving together.

55779 4/6-6/22 **Thursday** 3:45-5:45 p.m. **\$264**

KNOW ANY COACHES?

Consider volunteering as a coach, or helping with recruitment of our coaches. Our low-cost leagues can't operate without the dedication of our awesome coaches!



FENCING: ADVANCED

Ages 15 and Older

Join us for practice sparring and light instruction. Experienced fencers must have all their own equipment and wear appropriate fencing attire. This includes mask, jacket, plastron, knickers or long pants, glove, and electric gear. We usually have one or two electric strips set up and all weapons are welcome.

55774 4/4-6/22 **Tu/Th** 6:30-8:30 p.m. **\$100**

BEGINNING PICKLEBALL

Ages 16 and Older

Want to drop into pickleball, but not sure if your ready? Take Beginning pickleball and learn the rules, and skills that will make you feel comfortable to drop in for open play.

Session One

55760 4/4-5/11 **Tu/Th** 1-2 p.m. **\$144**

55761 4/4-5/11 **Tu/Th** 2:15-3:15 p.m. **\$144**

Session Two

56291 5/16-6/22 **Tu/Th** 1-2 p.m. **\$132**

56292 5/16-6/22 **Tu/Th** 2:15-3:15 p.m. **\$132**

QIGONG

Ages 18 and Older

Experience Qigong: the ancient Chinese art of self-development through simple exercises, meditations, and visualizations. In this class we will learn to get the most out of meditation and learn Taoist practices for excellent health.

Session One

55778 4/4-5/9 **Tuesday** 12:15-1:15 p.m. **\$60**

Session Two

56298 5/16-6/20 **Tuesday** 12:15-1:15 p.m. **\$60**

SPRING EGG HUNT

April 8 | 10 a.m.



CREATIVE DANCE

Ages 3-4

Young dancers experience the joy of dancing by learning the basics of movement and self-expression. A focus on how the body moves and musicality are emphasized through games, improvisation, and choreography. Students should wear clothes that promote comfort.

Session One

55603 4/8-5/13 Saturday 11-11:45 a.m. \$66

Session Two

55604 5/20-6/24 Saturday 11-11:45 a.m. \$66

PRE-BALLET

Ages 5-6

Students experience the joy of dancing as they learn the basics of ballet technique and creative dance. Motor skills, posture, coordination, and musicality are emphasized through games, exercises, and choreography.

Session One

55605 4/8-5/13 Saturday Noon - 12:45 p.m. \$66

Session Two

55606 5/20-6/24 Saturday Noon-12:45 p.m. \$66

BALLET 1

Ages 6-8

Students learn traditional ballet curriculum set to classical music. Through the use of music, props and brain-integrated dance games, this class strengthens bodies and minds of dancers by providing a safe and positive environment for your child to express themselves through dance.

Session One

55599 4/8-5/13 Saturday 1-1:45 p.m. \$66

Session Two

55600 5/20-6/24 Saturday 1-1:45 p.m. \$66

DANCE FITNESS

Ages 8 and Older

Join a barefoot cardio-dance workout that builds flexibility, agility, mobility, strength, and stability. Dance is fun, low-impact and adaptable to individual needs and abilities. Wear clothes that you can dance in.

Session One

55607 4/1-5/6 Saturday 9:30-10:30 a.m. \$66

Session Two

56608 5/13-6/17 Saturday 9:30-10:30 a.m. \$66



HIP HOP DANCE

Ages 9-17

Let's dance to pop and hip-hop based music! We will warm-up, play games, and learn exclusive dance choreography! Classes are focused on building confidence and learning new moves to groove to! No dance experience needed!

57040 4/6-5/11 Thursday 4:30-5:30 p.m. \$66

57041 5/18-6/22 Thursday 4:30-5:30 p.m. \$66



MIXED MEDIA ART CLASS: SPRING SCENES

Ages 4-8

Celebrate the changing seasons through art! Each week we will use different materials, including watercolors, colored pencils, oil pastels, and more. Learn important concepts of art like color, pattern, and composition while making festive Spring themed projects!

Session One

56666 4/13-5/18 **Thursday** 4:30-5:30 p.m. **\$78**

Session Two

56668 5/25-6/22 **Thursday** 4:30-5:30 p.m. **\$65**

PIANO LESSONS

Ages 6-18

\$30 /lesson

Learn to play the piano from an experienced professional teacher in weekly 25-minute private lessons. Training includes sight-reading, technique, expression, theory, and chords. Each class is 25-minutes to allow time to clean between lessons.

56517	4/1-4/29	Saturday	10 a.m.-2 p.m.
56512	4/5-4/26	Wednesday	3-7:30 p.m.
56518	5/6-5/27	Saturday	10 a.m.-2 p.m.
56514	5/3-5/31	Wednesday	3-7:30 p.m.
56522	6/3-6/24	Saturday	10 a.m.-2 p.m.
56515	6/7-6/28	Wednesday	3-7:30 p.m.

ROLLER SKATING LESSONS

Ages 5 and Older

Come participate in some intergenerational skating for beginning and intermediate roller skaters and bladers. Class will be divided according to skill level. Come and learn to skate or improve the skills you have developed so far. After lessons, you can practice with others during Friday Night Family Skate!

56502	4/7-4/28	Friday	6-6:45 p.m.	\$28
56503	5/5-5/26	Friday	6-6:45 p.m.	\$28
56504	6/2-6/23	Friday	6-6:45 p.m.	\$28



LITTLE HOOPERS B-BALL

Learn the basics of basketball in a fun and safe environment! Students will practice passing, dribbling, shooting, rebounding, and more. We will use our new skills in organized group games. Each participant will receive a t-shirt. Please wear athletic shoes and bring a water bottle.

▼ Ages 5-6

56507	4/4-5/9	Tuesday	5-5:45 p.m.	\$72
56508	5/16-6/20	Tuesday	5-5:45 p.m.	\$72

▼ Ages 7-9

56083	4/5-5/9	Tuesday	6-6:45 p.m.	\$72
57084	5/16-6/20	Tuesday	6-6:45 p.m.	\$72



4-H CHALLENGE COURSE AT CAMP LONG

• LOW + HIGH CHALLENGE COURSES • ROCK CLIMBING • AND MORE!

Pricing varies depending on type of program and group size

MORE DETAILS: bit.ly/3RPu40l

The 4H Challenge Course at Camp Long seeks to promote communication, decision-making, teamwork, and self-efficacy through the experiential education process.

For more information, contact: maggie.riederer@seattle.gov



KENDO PREP CLASS

Ages 8 and Older

This a Prep Class only. This class is for advanced kendo students working towards the PNKF Team and requires instructor approval.

56996	4/1	Saturday	9 a.m.-Noon	\$11
56997	4/8	Saturday	9 a.m.-Noon	\$11
56998	4/22	Saturday	9 a.m.-Noon	\$11
56999	5/6	Saturday	9 a.m.-Noon	\$11
57000	5/20	Saturday	9 a.m.-Noon	\$11
57001	6/3	Saturday	9 a.m.-Noon	\$11
57003	6/10	Saturday	9 a.m.-Noon	\$11
57004	6/17	Saturday	9 a.m.-Noon	\$11
57005	6/24	Saturday	9 a.m.-Noon	\$11

KENDO

Ages 8 and Older

Kendo (way of the sword) is a co-ed martial art based on samurai traditions requiring mental and physical discipline. Students that progress to advanced skill level will be able to practice wearing armor and engage in bouts with other students. All equipment can be purchased in class. Be ready for class by checking details at: <https://www.snokingkendo.org/classes>

▼ Beginner

55595	3/23-6/1	Thursday	7-8:30 p.m.	\$99
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▼ Advance

55597	3/23-6/1	Thursday	7-8:30 p.m.	\$99
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EVERYDAY KUNG FU

Ages 10 and Older

Learn this non-traditional kung-Fu based martial art and explore self-defense, meditation, conditioning, and awareness through graceful movement. Techniques are presented to each student in an individually driven curriculum. Wear comfortable clothes and practice barefoot or wear shoes with light colored tread. Students 10-13 yrs. must have a parent or guardian in attendance.

▼ Session One

56505	4/4-5/9	Tuesday	5:30-6:45 p.m.	\$44
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▼ Session Two

56506	5/16-6/20	Tuesday	5:30-6:45 p.m.	\$44
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EGG SCRAMBLE

April 8

**10 a.m. Ages 1-3 | 10:30 a.m. Ages 4-6
11 a.m. Ages 7-10**



THE TRAVELING ARTIST: MIXED MEDIA ART CLASS

Ages 7-10

Travel around the world and learn about different countries while making art! Draw and paint with projects about The Leaning Tower of Pisa, Egyptian pyramids, and more. Students will learn the fundamentals of art while learning about cultures, environments, foods, and animals around the world.

56465 4/17-5/22 Monday 4:30-6 p.m. \$157



PIANO LESSONS

Ages 5-16

Learn to play the piano from an experienced professional teacher in weekly 30-minute private lessons. Training includes sight-reading, technique, expression, theory, and chords. Students must have access to an electric keyboard or piano for practice outside of lessons. 15 minutes is added at the end of the session for cleaning. Please call 206-684-0780 to schedule your time slot.

54889	4/7-4/28	Friday	3-6 p.m.	\$184
54892	4/8-4/29	Saturday	9:30-11:30 a.m.	\$138
54890	5/5-5/26	Friday	3-6 p.m.	\$184
54893	5/6-5/27	Saturday	9:30-11:30 a.m.	\$138
54891	6/2-6/30	Friday	3-6 p.m.	\$184
54894	6/3-6/24	Saturday	9:30-11:30 a.m.	\$184

PICKLEBALL SKILLS & DRILLS

Ages 18 and Older

Learn the basics strokes, rules, and strategies of pickleball. A cross between tennis, badminton, and ping pong, this sport enjoys a large community of players in the Pacific Northwest. Once you've learned the basics, you can join our drop-in play across most of the Community Centers in Seattle. This class is designed for intermediate players. Please bring your own pickleball racquet and water bottle.

Beginner

54918	4/22-6/24	Saturday	9:30-10:30 a.m.	\$120
54920	4/17-6/12	Monday	6:30-7:30 p.m.	\$96

Intermediate

54919	4/18-6/20	Tuesday	10:30-11:30 a.m.	\$120
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BASKETBALL: LITTLE DRIBBLERS

Ages 6-7

Athletes will learn fundamentals, conditioning, ball handling, correct technique, practice habits, and shooting. We will also focus on good nutrition and physical well-being while having fun. This class is open for all skill levels in grades 1st through 2nd grade ONLY. Please bring your own water bottle

55148	4/18-5/11	Tu/Th	4:30-5:30 p.m.	\$95
55149	5/23-6/20	Tu/Th	4:30-5:30 p.m.	\$95

CHESS CAMP

Ages 7-9

Come learn the game of chess. This daily three hour chess camp will teach you the skills and tricks of playing the game of chess. Please bring your own water bottle and a snack.

54903	4/11-4/14	Tue-Fri	10 a.m.-1 p.m.	\$130
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**REGISTRATION OPENS
MARCH 7th**

REGISTER ONLINE:

https://bit.ly/spr_activity_reg

CREATIVE DANCE

Ages 3-4

Students will explore expressive movement using music, stories, and props. We will focus on developing motor skills, balance, and coordination along with imagination and creativity. A variety of dance concepts and vocabulary will be introduced in a fun, safe, and engaging way. Please bring your own water bottle.

Session One

[54901](#) 4/15-5/13 Saturday 9:15-10 a.m. \$63

Session Two

[54902](#) 4/27-6/24 Saturday 9:15-10 a.m. \$63

PRE-BALLET

Ages 4-5

Students experience the joy of dancing as they learn the basics of ballet technique and creative dance. Motor skills, posture, coordination, and musicality are emphasized through games, exercises, and choreography. Students should wear ballet shoes, dance attire, and have long hair pulled back.

Session One

[54899](#) 4/15-5/13 Saturday 10-10:45 a.m. \$63

Session Two

[54900](#) 4/27-6/24 Saturday 10-10:45 a.m. \$63

BALLET 1

Ages 6-7

We will develop ballet skills and vocabulary while inspiring creativity and expression. Students will learn the fundamentals, and Barre and center work will be introduced, as well as combinations and choreography. Students should wear ballet slippers or bare feet, close fitting attire, and have their hair pulled off the face. All students welcome. Please bring your own water bottle.

Session One

[54898](#) 4/15-5/13 Saturday 11 a.m.-Noon \$72

Session Two

[54897](#) 4/27-6/24 Saturday 11 a.m.-Noon \$72



ART CLASS AND STORY TIME

Ages 3-4

In this class, kids will create exciting art projects, read stories, and play games! Each class will focus on a different concept of art including color, shape, line and pattern. These lessons will introduce the foundations of art while inspiring creativity and fun! Each day we will create an art project and take a break in the middle to read a story - perfect for our preschool aged students! All materials are provided. Parents are required to attend the class. Wear clothes that can get messy.

Session One

[54975](#) 4/18-5/9 Tuesday 10:30-11:30 a.m. \$131

Session Two

[54976](#) 5/16-6/6 Tuesday 10:30-11:30 a.m. \$131

POTTERY: WHEEL THROWING

Ages 18 and Older

Students will throw on the potter's wheel to make sugar jars with lids, and more. No experience needed. Class includes a bag of clay and free studio time during the session. If registering after first class, no clay included. Please bring your own water bottle.

54917 4/18-6/6 Tuesday 10 a.m.-12:30 p.m. \$300

POTTERY: HAND BUILDING/SCULPTURE

Ages 18 and Older

Students will learn hand-building and wheel throwing techniques to make unique projects. Create your own dinner ware, teapot set, and paint with slip or work on inlay designs and more. No experience needed. Class includes a bag of clay and free studio time during the quarter. Please bring your own water bottle.

54915 4/19-6/7 Wednesday 10 a.m.-12:30 p.m. \$300

MEDITATION AND BREATHWORK

Ages 18 and Older

Experience a combination of mindful meditation and breathwork techniques to calm both your mind and body as you ease stress and tension. Please bring a yoga mat or cushion. No experience needed, but not advised for anyone with advanced respiratory or cardiac conditions. No class 5/29.

54980 4/17-6/12 Monday 6-7 p.m. \$92

54982 4/18-6/20 Tuesday 10:30-11:30 a.m. \$115

ADULT ART: WATERCOLOR ART CLASS

Ages 18 and Older

Join us for a fun, creative introduction to watercolor painting with step-by-step instructions! Create impressive projects at a beginner's pace while exploring a variety of techniques. Learn how to create different washes, textures, and more. No art experience required.

56466 4/17-5/22 Monday 6:30-8 p.m. \$157

POTTERY

Ages 18 and Older

Create pottery pieces by using a combination of hand-building and throwing clay into works of art. Participants will be guided through numerous techniques to decorate and build ceramic projects. Class includes a bag of clay and free studio time during the quarter. If registering after first class, no clay provided.

Beginner

54913 4/18-6/6 Tuesday 6-8:30 p.m. \$300

Intermediate

54916 4/19-6/7 Wednesday 6-8:30 p.m. \$300



LIFELONG RECREATION

ARTS, FITNESS, & SOCIAL OPPORTUNITIES FOR PEOPLE AGE 50+

Engage with your community and remain active. Learn something new, get fit, meet friends, or join us for field trips to places you have always wanted to visit.



Find out more at:

www.seattle.gov/parks/seniors/ or contact us at 206-684-4951.

SPECIAL EVENT: TACO TRIVIA

All Ages

Celebrate Cinco de Mayo with delicious Mexican food and fun activities, including a pinata and trivia games. A choice of tacos and other traditional cuisine staples will be available (including vegetarian, vegan, and gluten free options). Pre-registration is encouraged by calling the the Community Center. The party will be limited to approx. 40 people. We look forward to seeing everyone and celebrating at this all ages family friendly event!

5/5 Friday 6-7:30 p.m. \$6

SPECIAL EVENT: HONORING JUNETEENTH

All Ages

Celebrate Juneteenth with LHCC. Join the LHCC community to learn more about this important holiday commemorating the emancipation of enslaved people in the U.S. Kids can join a Juneteenth themed craft project as they decorate their bikes for a bike parade or participate in a Teen B-ball 3-Point Contest. Enjoy popcorn and popsicles too!

6/16 Friday 3:30-5 p.m.

GYMNASTICS

Children practice gymnastics skills in a fun and positive environment. Students will be introduced to tumbling, balance, beam, bar, and trampoline. Students will develop coordination, strength, flexibility and endurance. *E-13 Parent Authorization Paperwork and a \$5 non-refundable Insurance fee is required for this class, please see "insurance" under the General Information section in the brochure. Please check with Center staff for further questions.

Preschool	Ages 3-4		
55880	4/12-6/21	Wednesday	3:15-4 p.m. \$140
Kinder	Ages 5-6		
55879	4/12-6/21	Wednesday	4:15-5 p.m. \$140
Youth	Ages 7-10		
55881	4/12-6/21	Wednesday	5-6 p.m. \$160

ADULT SALSA AND BACHATA

Ages 13 and Older

We've combined Salsa, a blended dance form with origins in Cuba, and Bachata's soft hip motions and footwork in this dance class. Get ready for Caribbean and Latin influenced music as you learn basic skills and work one on one to practice and improve.

88546 4/18-6/20 Tuesday 6:30-8 p.m. \$160



SPRING EGG HUNT

April 8 | 10 a.m.

YOGA: FLOW WITH BREATH

Ages 16 and Older

This yoga class is for all ages from young adult (16+) to adults, with a focus on creating extra spaces inside the body, through deep stretching with breath. In this class, participants will also gain benefits from practicing techniques to control breathing (pranayama - Life Force) to achieve calming that also helps to clarify the mind.

55847 4/10-6/26 Monday 5:30-6:30 p.m. \$110

CIRCUIT TRAINING

Ages 18 and Older

Participants work through a series of 8 to 12 exercises for either a set time or no rest between exercises. These circuits involve the use of exercise equipment and body weight exercises. Workouts are fresh, interesting and challenging. Become a stronger you! No class 4/12

55848 4/4-6/20 Tuesday 10:45-11:45 a.m. \$84
57092 4/6-6/22 Thursday 10:45-11:45 a.m. \$84

COVID GUIDELINES



FIND DETAILS ON PAGE 65

LIL HOT SHOTS

Ages 5-7

This fun co-ed, class teaches the basics of basketball. During eight weeks of instruction we'll have scrimmages between teams in this non-competitive opportunity for beginner sports. Parents are invited to cheer on and support their young ones.

55868 4/13-6/22 **Thursday** 4:45-5:35 p.m. **\$130**



FENCING: INTERMEDIATE

Ages 15 and Older

Students will learn basic footwork, fencing techniques, strategy, rules, and etiquette. You'll end the quarter able to step onto the strip in electric gear and fence! Fencing equipment provided. Please wear long pants (sweats recommended) and athletic shoes. No class 5/29.

55854 4/3-6/12 **Monday** 6:30-8 p.m. **\$100**

PIANO/GUITAR/BASS LESSONS

Ages 10 and Older

Learn to play piano, guitar, or bass from Elias, an experienced professional teacher and musician in weekly 30-minute private lessons. 1 year of experience recommended but not required. Guitar and bass students must bring an instrument to lessons; piano students are highly recommended to have access to a keyboard at home to practice outside of lessons.

April Lessons

55873	4/10-4/24	Monday	2:30-3 p.m.	\$90
55874	4/10-4/24	Monday	3-3:30 p.m.	\$90
55871	4/10-4/24	Monday	3:30-4 p.m.	\$90
55872	4/10-4/24	Monday	4-4:30 p.m.	\$90
55876	4/10-4/24	Monday	6-6:30 p.m.	\$90
55877	4/10-4/24	Monday	6:30-7 p.m.	\$90
55875	4/10-4/24	Monday	7-7:30 p.m.	\$90
55878	4/10-4/24	Monday	7:30-8 p.m.	\$90

May Lessons

56254	5/1-5/22	Monday	2:30-3 p.m.	\$120
56255	5/1-5/22	Monday	3-3:30 p.m.	\$120
56252	5/1-5/22	Monday	3:30-4 p.m.	\$120
56253	5/1-5/22	Monday	4-4:30 p.m.	\$120
56257	5/1-5/22	Monday	6-6:30 p.m.	\$120
56258	5/1-5/22	Monday	6:30-7 p.m.	\$120
56256	5/1-5/22	Monday	7-7:30 p.m.	\$120
56259	5/1-5/22	Monday	7:30-8 p.m.	\$120

June Lessons

56262	6/5-6/12	Monday	2:30-3 p.m.	\$60
56263	6/5-6/12	Monday	3-3:30 p.m.	\$60
56260	6/5-6/12	Monday	3:30-4 p.m.	\$60
56261	6/5-6/12	Monday	4-4:30 p.m.	\$60
56265	6/5-6/12	Monday	6-6:30 p.m.	\$60
56266	6/5-6/12	Monday	6:30-7 p.m.	\$60
56264	6/5-6/12	Monday	7-7:30 p.m.	\$60
56267	6/5-6/12	Monday	7:30-8 p.m.	\$60

MARTIAL ARTS: SHORIN-RYU KARATE

Ages 9 and Older

Learn traditional Okinawan karate in a safe, welcoming environment. Karate is an effective form of self-defense against one or several assailants. Learn to integrate offense and defense movements in pattern drills called kata. Develop concentration, calmness, confidence, and grow fit.

55869 4/5-6/21 **Wednesday** 6-7:30 p.m. **\$112**

HOMESCHOOL PROGRAMS

Loyal Heights Community Center is proud to offer various activities for home schooled children. For more information on these activities, please visit www.loyalheightshomeschool.org

KITCHEN CHEMISTRY

Ages 3-7

We do chemistry every day! When cooking, cleaning, and even making things to play with. In this class we will play with chemistry and explore atoms, molecules, chemical reactions, the periodic table, and more through stories, activities, games and experiments. This class will use nontoxic chemicals, and cover the basics of the scientific method and lab safety. For more information, please visit www.loyalheightshomeschool.org No Class 4/12

55864 3/29-5/31 Wednesday 1:15-2:10 p.m. \$110



TEEN/TWEEN CLUB

Ages 3-8

Join us every week in the teen room for a fun hang out and group activities. Every third Wednesday is Book Club with parent liaison Sarah Cammeresi. Let's meet up to talk about our favorite books! The participants will take turns picking books. Parents are welcome to attend, but the teens and tweens will be encouraged to take the lead in facilitating the discussion. Every other week is Handicraft Club with parent liaison Stefanie Kahler. Supplies will be provided for various crafts, feel free to also bring your own projects to work on! For more information, please visit www.loyalheightshomeschool.org. No Class 4/12.

COOL CHEMISTRY

Ages 7-11

Chemistry fizzes and bubbles, heats and glows, smells and changes colors. Why? How? In this class we'll delve into these mysteries of chemistry and explore atoms, molecules, chemical reactions, the periodic table, and more through activities and experiments. This course will use household chemicals, and cover the scientific method and basic lab safety. For more information visit www.loyalheightshomeschool.org No class on 4/12.

55753 3/29-5/31 Wednesday 2:15-3:10 p.m. \$115

CULTURAL ANTHROPOLOGY

Ages 11-18

Cultural anthropology focuses on an exploration of humankind as it lives right now. In this class we will discuss how anthropologists study different aspects of human life: education, religion, family and reproduction, food, work, music, and more. Why do these differ from one culture to another? How does living in one place affect how you might think, what you value, what you wear, what you eat? We will explore some of the belief systems, social relationships, economic and environmental contexts, gender roles, and international and intercultural relationships of a number of cultures. We will also explore how our own various cultures can influence how we perceive others and their ways of life. There will be short weekly assignments and a presentation to the class at the end.

55860 3/29-5/31 Wednesday Noon-12:55 p.m. \$125

FIBER PLAY/EXPLORING FIBER ARTS

Ages 10-18

In this introduction to fiber arts, we will try our hands at several techniques used the world over in the making of cloth, whether for garments or for other uses, as well as discuss many more. Plan to spin your own yarn, knit, and try different types of weaving. We will also make brief forays into crocheting and sprang, learn a bit about naalbinding and lacemaking, discuss the properties of different textile fibers, and share a bit of textile history while we work. No prior experience is necessary. I will provide all the needed patterns and materials. For more information, please visit www.loyalheightshomeschool.org. No Class 4/12.

55862 3/29-5/31 Wednesday 1:15-2:10 p.m. \$165

FELT ANIMALS

Ages 5-9

Learn how to sew one or more small felt dolls. This class is perfect for all sewing levels. Please be aware that this class will use sharp scissors and needles. For more information visit www.loyalheightshomeschool.org No class on 4/12.

55861 3/29-5/31 Wednesday Noon-12:55 p.m. \$110

HOMESCHOOL PROGRAMS



ART PLAYGROUND

Ages 2-5

In this parent-tot class, children are introduced to the elements of art, including shape, line, value, texture, and color. They will be encouraged to play with these ideas using a variety of age-appropriate, non-toxic materials. Each project will engage children's imaginations and build their visual vocabulary. Projects will focus on process over product, while at the same time allowing a record of each child's exploration and growth. The environment will nurture confidence, playfulness, and respect for each child's process and work. This class is designed for parents and students to enjoy the process of creating together. No drop offs. For more information, please visit www.loyalheightshomeschool.org. No class on 4/12.

55857 3/29-5/31 Wednesday 10-10:55 a.m. \$95

DYE LAB

Ages 11-18

Welcome to the dye lab! We will start with dyeing your own fabric, thread, or clothing, and continue into creating a project with your materials. This class will be messy! Please wear clothes you don't mind staining. For more information, please visit www.loyalheightshomeschool.org. No class on 4/12.

55858 3/29-5/31 Wednesday 2:15-3:10 p.m. \$160

KENDO

Ages 10-18

Kendo is a Japanese form of fencing with two-handed bamboo swords (shinai), originally developed as a safe form of sword training for samurai. This series will teach the basics of Kendo with individual practice, no contact fun! Students should be physically able to swing a sword repeatedly and have good self control to be able to work without injuring themselves or others. Students will need to have a shinai, available for purchase from the instructor at the start of class for \$35. For more information, please visit www.loyalheightshomeschool.org. No Class 4/12

55863 3/29-5/31 Wednesday 10-10:55 a.m. \$100

SOCCER

This class is designed for the rapidly growing imagination of young children. With songs, stories, and games children as young as 2 years old go on fun and exciting adventures with their soccer ball, "Bob." This class not only helps with soccer and gross-motor skills, but also language skills, creativity and imagination, social skills, emotional skills, and most importantly self-confidence to help our HappyFeeters become Brave Creative Leaders. Join "Bob" trips to the zoo, an enchanted castle, candy land and more! For more information, please visit www.loyalheightshomeschool.org. No Class 4/12

Ages 2-3

55866 3/29-5/31 Wednesday 12:25-12:50 p.m. \$72

Ages 4-6

55848 3/29-5/31 Wednesday 12:30-12:55 p.m. \$72

SOCCER: YOUTH

Ages 7-9

In this class, children will become more comfortable with the ball at their feet, and we will work on more complex skills and dribbling moves while learning in a fun non-competitive environment. Play more challenging games designed to maximize balance and coordination, develop decision making skills, and continue to grow self-confidence. For more information, please visit www.loyalheightshomeschool.org. No class 4/12.

58635 3/29-5/31 Wednesday 1:15-2:10 p.m. \$110

CALM

Ages 6-11

Learn to read your body's emotional needs and use the appropriate calming techniques that will return self regulation for a healthier body and mind. We will explore breathing techniques, music, grounding, positive self talk and exercise as a way to get to calm. Parents encouraged to participate. No class 4/12.

3/29-5/31 Wednesday 11-11:55 a.m. \$170

PICKLEBALL

Ages 8-12

Pickleball is a racquet sport that combines elements of badminton, tennis, and ping pong. Two, three, or four players use solid paddles made of wood to hit a whiffle ball over a net. The net and rules are similar to tennis, with a few modifications. We will have lots of fun indoors learning the basics and competing with one another. Equipment provided. No class 4/12.

57103 3/29-5/31 Wednesday Noon-12:55 p.m. \$85

TAEKWONDO

Ages 7 and Older

Taekwondo promotes positive behaviors and improved life skills. Persistent positive feedback supports and reinforces educational achievement, behavioral change, and community building. We challenge our students to think critically and open their minds to change.

54799	4/4-4/27	Tu/Th	5:30-6:45 p.m.	\$55
54800	5/2-5/30	Tu/Th	5:30-6:45 p.m.	\$55

PICKLEBALL: SKILLS AND DRILLS

Ages 18 and Older

Learn the basic strokes, rules, and strategies of pickleball. A cross between tennis, badminton, and ping pong, this sport enjoys a large community of players in the Pacific Northwest. This class is designed for beginning and intermediate players.

54840	4/25-5/11	Tu/Th	9:30-10:45 a.m.	\$48
54841	4/23-6/8	Tu/Th	9:30-10:45 a.m.	\$48

INTRODUCTION TO POTTERY

Ages 18 and Older

Create pottery pieces by using a combination of hand-building and throwing clay into works of art; Immerse yourself in a practice that has endured the test of time. Participants will be guided through numerous techniques to decorate and build ceramic projects.

54783	5/25-7/6	Thursday	9 a.m.-Noon	\$315
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FAMILY POTTERY

Ages 5 and Older

Kids and parents learn the basics of ceramics through hand-building projects and an intro to wheel throwing. Parents may accompany their children at no charge to assist and encourage; or may enroll as students to receive individual instruction and studio time. Clay is included in registration, more may be purchased.

54782	5/25-7/27	Thursday	5-8 p.m.	\$450
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PRE-BALLET

Ages 3-5

Students experience the joy of dancing as they learn the basics of ballet technique and creative dance. Motor skills, posture, coordination, and musicality are emphasized through games, exercises, and choreography. Students should wear ballet shoes, dance attire, and have long hair pulled back.

54822	4/5-5/10	Wednesday	3-3:45 p.m.	\$96.25
54823	4/5-5/10	Wednesday	4-4:45 p.m.	\$96.25
54824	5/17-6/14	Wednesday	3-3:45 p.m.	\$96.25
54825	5/17-6/14	Wednesday	4-4:45 p.m.	\$96.25



SPECIAL EVENT: EARTH DAY



All Ages

Bring your family and friends to hunt for goodies and pick-up a free Western Red Cedar tree starting plant. Please bring a bag or a basket to gather your goodies in. Dress according to the weather. Meet on the lawn in front of the community center. Egg Hunt is for ages 1-10.

56426 4/8 Saturday 10 a.m. FREE

SPECIAL EVENT: MOTHER'S DAY



All Ages

We will be making small flower arrangements for Mother's Day. Come make and give a flower arrangement to that special person in the family. We will also be making flower arrangements to take to the local retirement homes in the area.

56692 5/12 Friday 4:30-6 p.m. FREE

PIANO LESSONS

Ages 5-16

Learn to play the piano from an experienced professional teacher in weekly 30-minute private lessons. Training includes sight-reading, technique, expression, theory, and chords. Students must have access to an electric keyboard or piano for practice outside of lessons. 15 minutes of cleaning is added at the end of each session. please call 206-386-4283 to schedule your time slot.

54946 4/6-4/27 Thursday 3:30-6:30 p.m. \$184
54947 5/4-5/25 Thursday 3:30-6:30 p.m. \$184
54948 6/1-6/29 Thursday 3:30-6:30 p.m. \$184

SPRING SCENES: MIXED MEDIA ART CLASS

Ages 7-9

Celebrate the changing seasons through art! Each week we will use different materials, including watercolors, colored pencils, oil pastels, and more. Learn important concepts of art like perspective, texture, and composition, while making festive Spring themed projects!

56467 4/18-5/23 Tuesday 4:30-6 p.m. \$157

ADULT ART: WATERCOLOR

Ages 18 and Older

Join us for a fun, creative introduction to watercolor painting with step-by-step instructions! Create impressive projects at a beginner's pace while exploring a variety of techniques. Learn how to create different washes, textures, and more. No art experience required.

57425 4/18-5/23 Tuesday 6:30-8 p.m. \$157

SPRING EGG HUNT
April 8 | 10 a.m.

PRE-BALLET

Ages 3-5

Children experience the joy of dancing while learning basic ballet skills, movements, and vocabulary. This class has a classic structure with rhythmic and creative games mixed in.

Session One

54940 4/18-5/16 Tuesday 3:30-4:15 p.m. \$72

Session Two

54941 5/23-6/20 Tuesday 3:30-4:15 p.m. \$72

BALLET 1

Ages 5-7

This class teaches the basics of correct body alignment and proper ballet technique. Students learn basic ballet vocabulary and combine it into fun, energetic, and expressive dances. This class will introduce traditional barre and center-floor work, and a creative game to round out the day.

Session One

54936 4/18-5/16 Tuesday 4:30-5:15 p.m. \$72

Session Two

54937 5/23-6/20 Tuesday 4:30-5:15 p.m. \$72

BALLET 2

Ages 7-10

This class teaches the basics of correct body alignment and proper technique. Students learn ballet vocabulary and combine it with expressive dances. This class introduces traditional barre and center-floor work, and a creative game will end each day. This traditional class is for dancers with 2 years of dance instruction and for older beginners.

Session One

54938 4/18-5/16 Tuesday 5:30-6:30 p.m. \$85

Session Two

54939 5/23-6/20 Tuesday 5:30-6:30 p.m. \$85

PICKLEBALL: SKILLS AND DRILLS

Ages 18 and Older

Learn the basic strokes, rules, and strategies of pickleball. A cross between tennis, badminton, and ping pong, this sport enjoys a large community of players in the Pacific Northwest. Once you've learned the basics, you can join our drop-in play across most of the Community Centers in Seattle. This class is designed for beginning players. Please bring your own water bottle and pickleball paddle. No class 6/8.

54930 4/20-6/21 **Thursday** 9:30-10:30 a.m. \$108

KENDO

Ages 10 and Older

Kendo is the art of Japanese fencing for all ages 10 and older. Kendo practice is composed of many types of training and our class will cater to all experience levels, but will focus on the basics of footwork and swings. Students will also be introduced to modern Kendo Equipment (Shinai and Bokken) are required.

54945 4/5-6/28 **Wednesday** 6:30-8 p.m. \$95

OPEN YOGA

Ages 18 and Older

Open Yoga class helps build strength and better flexibility, while quieting your mind and increasing body awareness. Some yoga experience is helpful. Please bring your own yoga mat, blanket and water bottle. Masks are optional.

54973 4/20-6/8 **Thursday** 5:30-6:30 p.m. \$108

GOJU-RYU KARATE

Ages 14 and Older

Self-defense, awareness, and physical and mental development are incorporated into the study of this Japanese karate style. Learn fundamental techniques of karate, and how to use linear and circular techniques to subdue and control an attacker. All levels are welcome. Please bring your own water bottle

55128 4/17-6/26 **Monday** 5:30-7:30 p.m. \$50

COVID GUIDELINES

FIND DETAILS ON PAGE 65



ADULT POTTERY BEGINNER

Ages 18 and Older

Create pottery pieces by using a combination of hand-building and throwing clay into works of art. Participants will be guided through numerous techniques to decorate and build ceramic projects. Class includes a bag of clay and free studio time during the quarter. If registering after first class, no clay provided.

55748 3/1-4/5 **Wednesday** 5-7:50 p.m. **\$255**
56401 4/19-5/24 **Wednesday** 5-7:50 p.m. **\$255**



HIP-HOP

Let's dance to pop and hip-hop based music! We will warm-up, play games, and learn exclusive dance choreography! Classes are focused on building confidence! Some dance experience will benefit participants. Hosted by Metropolis Dance.

Level One **Ages 6-8**
56395 4/27-6/22 **Thursday** 4:05-5 p.m. **\$184**

Level Two **Ages 9-11**
56396 4/27-6/22 **Thursday** 5:05-6 p.m. **\$184**

**REGISTRATION OPENS
MARCH 7th**

REGISTER ONLINE:
https://bit.ly/spr_activity_reg

TRADITIONAL NON-CONTACT TAE KWON DO

Ages 6 and Older

This class teaches non-contact Tae Kwon Do and focuses on 5 tenets: Courtesy, Integrity, Perseverance, Self-Control and Indomitable Spirit. Tae Kwon Do will help you increase your confidence, flexibility, balance, and strength. \$40 one-time material fee; testing fees additional.

55693 4/3-4/26 **M/W** 6-7 p.m. **\$56**
55694 5/1-5/31 **M/W** 6-7 p.m. **\$56**
55695 6/5-6/21 **M/W** 6-7 p.m. **\$56**



FUND THE FUN

YOU'RE INVITED!

Thursday, April 20, 2023
8-9 a.m.

**SCAN HERE TO
LEARN MORE!**



Hours: Mon-Fri: 9 a.m.-8 p.m. | Saturday: 10 a.m.-5 p.m.

Garfield Community Center will be closed 6/17-6/25

SPRING EGG HUNT

April 8 | 10 a.m.



AEROBICS WITH BLESSED HEARTS FITNESS

Ages 18 and Older

Get your all in one workout: cardio pumping, strength building, and muscle toning, while moving and grooving to booming beats. You'll have tons of fun with 24-year fitness veteran Noel Montgomery, CMA, PFT, IFPA-certified.

54991 4/18-6/20 **Tuesday** 5:30-6:30 p.m. **\$60**

TWISTED PRETZEL YOGA

Ages 18 and Older

Explore the basic yoga postures (asana), breath practices (pranayama), and yoga theory. These classes are a great option for those wanting to work on refining and/or holding postures. You will be encouraged to work within your own limitations and abilities. All experience levels welcome.

56500 4/19-6/14 **Wednesday** 6:30-7:30 p.m. **\$137**

YOUTH FUTSAL WITH COACH G

Ages 5-14

This high-paced game is similar to soccer, but is played indoors with unlimited substitutions. All skill levels welcome!

56501 4/22-6/3 **Saturday** 3-5 p.m. **FREE**

GROUP GUITAR LESSONS WITH ZUHOP MUSIC SCHOOL

Ages 18 and Older

Find the musician within and bring it out. Classes are offered in a small group setting but will emphasize personal instruction to meet each student's needs. We'll focus on chords, theory, ear training and more. Let's take a musical journey together. All ages and skill levels welcome.

55024 4/13-5/11 **Thursday** 6:30-7:30 p.m. **\$218**

55025 5/18-6/15 **Thursday** 6:30-7:30 p.m. **\$218**

DANCE TOGETHER WITH MOVING MINDS

Ages 1-3

Bond with your child through movement and creative play. Join us to improve coordination and social skills in classes that seamlessly blend teacher-directed activities with child-led explorations and discoveries. When ready, your child may take the class independently.

56455 4/17-5/8 **Monday** 3:30-4:15 p.m. **\$64**

PLAYFUL DANCE WITH MOVING MINDS

Ages 3-4

Through active, imaginative dance play, your child will develop coordination, strength, and stability. In a creative, community-focused classroom, children become confident with ballet-based vocabulary and foundational movement patterns through music, games, and creative exploration.

56456 4/17-5/8 **Monday** 4:30-5:20 p.m. **\$64**

CREATIVE BALLET WITH MOVING MINDS

Ages 5-6

Starting with foundations learned in Playful Dance, your child will strengthen their confidence, control, musicality, and ability to collaborate. This class introduces children to the ballet barre, more challenging movement combinations, and choreography tools to develop their own movement style.

56454 4/17-5/8 **Monday** 5:30-6:25 p.m. **\$64**



SPECIAL EVENT: BOARD GAME PLAY-TESTING WITH FUNKO GAMES



Ages 4-15

Your family is invited to help shape the newest designs from Funko Games! Participants will test out never-before-seen board games as they are guided through gameplay to learn strategy and critical thinking. Your feedback may change the final version of a game!

56524 4/12 Wednesday 2:30-5:30 p.m. FREE

SPECIAL EVENT: POLLINATORS IN OUR URBAN GARDENS



All Ages

Join us to learn about the role bugs play in garden pollination and to release ladybugs in the Garfield Community Center garden. This event is dedicated to the memory of Traci Grant whose passion for the Garfield garden lives on in the plants and people who have grown up here.

53647 4/20 Thursday 4-6 p.m. FREE

MARCUS GARVEY BOOK CLUB



Ages 18 and Older

Books are the foundation of knowledge. Come join facilitators Reverend Harriett Walden and Erik Stark of The Family Empowerment Institute. Each month covers a new book focusing on local, cultural, historical, and African American topics. You must be registered to attend. This is a hybrid class. You may register for an in-person experience or choose the virtual program.

54993 4/18-6/20 Tuesday 6:30-8 p.m. FREE

YOUTH TAEKWONDO



Ages 5-18

Taekwondo promotes positive behaviors and improved life skills. Persistent positive feedback supports and reinforces educational achievement, behavioral change, and community building. We challenge our students to think critically and open their minds to change.

54992 4/17-6/14 M/W 6-7:30 p.m. FREE

SPECIAL EVENT: NEIGHBOR DAY



All Ages

This special day is devoted to reaching out to neighbors, making new friends, and expressing thanks to those who help make your neighborhood a great place to live. Join us for family-friendly activities, workshops, fitness, and more as we celebrate our community.

55421 5/6 Saturday 10 a.m.-4 p.m. FREE



YOUTH FLAG FOOTBALL

Ages 8-13

The Co-ed Flag Football League provides players the opportunity to develop fundamental skills, team play, and sportsmanship. Games are played modeled after NFL flag football rules and field dimensions. Participants can sign up at a Garfield Community Center to be placed on a team.

56969 4/24-6/12 Dates & Times: TBD \$95



8 ANIMALS/8 METHODS KUNG-FU

Ages 12 and Older

Develop speed, power, coordination, and discipline through the art of Yee Jong Pai Kung Fu. Learn the effective, classical techniques from the style of 8 Animals and 8 Methods.

55819 4/1-6/24 **Saturday** 11 a.m.-Noon **\$65**

ZUMBA

Ages 16 and Older

Zumba® combines high energy, motivating music, and unique moves that allow you to dance away your worries. The routines feature aerobic/fitness interval training, combining fast and slow rhythms that tone and sculpt the body.

55796 4/1-6/24 **Saturday** 10-11 a.m. **\$65**

PIANO LESSONS

Ages 8 and Older

\$40 per session

Learn to play the piano from an experienced professional in weekly 30-minute private lessons. Training includes sight-reading, technique, expression, theory, and chords. Students must have access to an electric keyboard or piano for practice outside of lessons. Please contact International District/Chinatown Community Center at 206-233-0042 to schedule your private lessons.*Families can sign-up for one time slot and one day per person.

56269 4/6-6/22 **Thursday** 4-7 p.m.
56278 4/7-6/23 **Friday** 4-6 p.m.
56279 4/1-6/24 **Saturday** 10 a.m.-5 p.m.

COVID GUIDELINES



FIND DETAILS ON PAGE 65

SPRING EGG HUNT

April 8 | 10 a.m.



SPECIAL EVENT: TEEN FLASHLIGHT EGG HUNT



Ages 12-17

Looking for a new twist on an egg hunt? Try finding the loot in the dark! Bring your own flashlight and bag, but don't be late because the hunt goes quick. Meet in the Jefferson Community Center lobby. Rain or shine, we will be outside, so dress for the weather.

56103 4/7 Friday 8-8:30 p.m. FREE

BRAZILIAN JIU JITSU

Ages 5-8

Brazilian Jiu Jitsu is a grappling martial art that promotes the concept that a weaker person can successfully defend against a bigger assailant by using proper technique and leverage. This class aims to build confidence in your child by emphasizing healthy living, respect for self and others, perseverance, self-discipline and integrity through the fun medium of martial arts. We also practice meditation to help improve focus, concentration, and stress management.

55181 4/4-6/13 Tuesday 4:40-5:30 p.m. \$90

CREATIVE BALLET WITH TEACHER MARIKA

Ages 3-6

Students will explore expressive movement using music, stories, props, and games. We will focus on developing motor skills, balance, and coordination along with imagination and creativity. A variety of dance concepts and vocabulary will be introduced in a fun and engaging way.

55179 4/4-5/9 Tuesday 11-11:45 a.m. \$8750

55180 5/16-6/13 Tuesday 11-11:45 a.m. \$8750

KUNDALINI YOGA & MEDITATION

Ages 16 and Older

Kundalini, the yoga of awareness, focuses on body, mind, and spirit. It is a form of yoga using simple poses, breathwork, and meditation to strengthen. Appropriate for those who are brand new or longtime practitioners.

56698 4/3-6/12 Monday 6:30-7:30 p.m. \$100

PIANO LESSONS

Ages 5-13

Learn to play the piano from an experienced teacher in weekly 30-minute private lessons. Scholarships are available.

55174	4/6-6/16	Thursday	4-4:30 p.m.	\$300
55175	4/6-6/16	Thursday	4:30-5 p.m.	\$300
56557	4/6-6/16	Thursday	5-5:30 p.m.	\$300
56559	4/6-6/16	Thursday	5:30-6 p.m.	\$300
55172	4/6-6/16	Thursday	6-6:30 p.m.	\$300
55173	4/6-6/16	Thursday	6:30-7 p.m.	\$300
55165	4/7-6/16	Friday	4-4:30 p.m.	\$330
55166	4/7-6/16	Friday	4:30-5 p.m.	\$330
55167	4/7-6/16	Friday	5-5:30 p.m.	\$330
55169	4/7-6/16	Friday	5:30-6 p.m.	\$330
55170	4/7-6/16	Friday	6-6:30 p.m.	\$330
55171	4/7-6/16	Friday	6:30-7 p.m.	\$330

POTTERY

Ages 18 and Older

Create pottery pieces by using a combination of hand-building and throwing clay into works of art. Participants will be guided through numerous techniques to decorate and build ceramic projects. First bag of clay will be provided.

55177	4/4-6/13	Tuesday	10 a.m.-1 p.m.	\$360
56569	4/4-6/13	Tuesday	5:30-8:30 p.m.	\$360
55178	4/5-6/14	Wednesday	5:30-8:30 p.m.	\$360
55176	4/6-6/15	Thursday	5:30-8:30 p.m.	\$360

SPECIAL EVENT: BEACON HILL FESTIVAL



All Ages

Jefferson Community Center is back and hosting its Annual Beacon Hill Festival! The event will feature a range of entertainment, local foods, carnival games, and bounce toys. All proceeds of the event go to support the Jefferson Advisory Council in its efforts to provide scholarships for families to participate in programs at Jefferson Community Center. Don't miss out; bring the entire family to this fun event!

6/3 Saturday 11 a.m.-3 p.m. FREE



RAINIER BEACH CC

SOUTHEAST
SEATTLE

Mon-Thu: 10 a.m.-9 p.m. | Friday: 10 a.m.-7 p.m. | Saturday: 8:30 a.m.-7 p.m. | Sunday: 9 a.m.-6:30 p.m.

LITTLE HOOPERS

Ages 3-5

Your little one will start to learn the fundamentals of basketball. We focus on dribbling and passing in this fun program. Parental supervision required.

57033 4/14-5/26 Friday 5-5:45 p.m. \$35

JUNIOR HOOPERS

Ages 6-9

Get focused on the fundamentals of basketball! Your child will learn basic basketball skills like ball handling, teamwork, and shooting techniques while increasing their overall physical fitness. Parental Supervision required.

57032 4/14-5/26 Friday 6-7 p.m. \$40



BEGINNERS UKULELE

Ages 14 and Older

Participants will learn to play the ukulele using carefully chosen songs offered in increasing difficulty. The class features finger picking, strumming, and chords as we learn together in a playful way. Participants must bring their own ukulele to class.

Adult	Ages 14 and Older		
56946	4/5-5/17	Wednesday	6-6:45 p.m. \$60
Youth	Ages 5-8		
56947	4/5-5/10	Wednesday	5-5:45 p.m. \$55

GOJU RYU KARATE

FREE

Ages 6 and Older

Self-defense, awareness, and physical and mental development are incorporated into the study of this Japanese karate style. Learn fundamental techniques of karate, and how to use linear and circular techniques to subdue and control an attacker. All levels welcome.

55458 4/3-6/28 M/W 7:15-8:30 p.m. FREE

T.E.E.N. EMPOWERMENT WORKSHOP

FREE

Ages 14-18

Want to EARN while you LEARN? Join us Spring 2023 after school for FREE Resume Building workshops! The T.E.E.N. Empowerment Project will be at Rainier Beach Community Center for 4 weeks Tuesdays and Thursdays starting April 25th. Free pizza at each workshop! All are welcome ages 13-19.

55835 4/25-5/18 Tu/Th 3:30-6:15 p.m. FREE

KNOW ANY COACHES?

Consider volunteering as a coach, or helping with recruitment of our coaches. Our low-cost leagues can't operate without the dedication of our awesome coaches!





FAMILY ZUMBA



Ages 14 and Older

Zumba combines fitness, entertainment, and culture into an exhilarating dance-fitness sensation! Bring the whole family to the fitness party that blends upbeat world rhythms with easy choreography for a total body workout! Please arrive early as space is limited. Masks are not required but are preferred.

55457 4/5-6/28 Wednesday 6:30-7:30 p.m. FREE

GENTLE YOGA

Ages 50 and Older

Gentle yoga helps correct alignment and awareness in stretches and movement. This class focuses on breathing to help increase strength and stamina, and improve flexibility. Participants will develop better balance, posture, poise, and peace of mind. This course is open to all genders and families.

56934 4/8-6/3 Saturday 9-10 a.m. \$60

AEROBICS WITH BLESSED HEARTS FITNESS

Ages 18 and Older

Get your all-in-one workout while moving and grooving to the beat! Engage in cardio pumping, strength building, and muscle toning. You'll have tons of fun with 24-year fitness veteran Noel Montgomery, CMA, PFT, IFPA-certified.

55455 4/13-7/6 Thursday 6-7 p.m. \$60

WOMEN'S SELF-DEFENSE

Ages 14 and Older

Your safety comes first! Learn essential safety and self-defense principles to recognize danger and avoid life-threatening situations. Specific methods include developing a confident voice, escaping from common grabs and getting to safety. Also learn home safety and situational awareness. Using a kung-fu-based curriculum students will develop self-defense skills, strength, and mobility. We will focus on street defense and principles of martial arts. Women ONLY.

56948 4/4-5/9 Tuesday 7:15-8:30 p.m. \$60

REGISTRATION OPENS MARCH 7th

**REGISTER ONLINE:
https://bit.ly/spr_activity_reg**

MIXXED FIT

Ages 16 and Older

MixedFit® is a dance fitness program combining explosive dancing with boot camp toning. Everything about MixedFit® is energetic; all the moves are big, exaggerated, and fun to get into. This program caters to all shapes, ages, and skill levels.

[53816](#) 4/3-6/26 **Monday** 6-7 p.m. **\$56**

WOMEN'S ZUMBA

Ages 16 and Older

Get ready to dance your worries away as we combine motivating music and high energy moves. Routines feature aerobic interval training set to fast and slow rhythms that will help tone and sculpt the body. To create a safe space that respects diverse cultural practices, this Zumba program is for women only.

[53814](#) 4/4-6/22 **Tu/Th** 6-7 p.m. **FREE**



BEGINNING GUITAR LESSONS

Ages 7 and older

\$50 per lesson

Receive the gift of music with this affordable, easy and fun introduction to the guitar. By the end of the course, the student will be playing well known melodies or strumming along with their favorite songs. Student, please bring a guitar (acoustic guitar preferred), a tuner and guitar picks. Please call Van Asselt Community Center @ 206-386-1921 to schedule your classes.

[56402](#) 4/6-6/22 **Thursday** 2:30-7:30 p.m.
[56403](#) 4/1-6/24 **Saturday** 9:30 a.m.-4 p.m.

BEGINNING PIANO LESSONS

Ages 7 and older

\$40 per lesson

Receive the gift of music with this affordable, easy and fun introduction to the piano. Please call Van Asselt Community Center @206-386-1921 to schedule your classes.

[56404](#) 4/4-6/20 **Tuesday** 2:45-7:30 p.m.



FRIDAY FUN DAY

FREE

Ages 10-17

The Teen Program offers programs Monday thru Fridays with Fridays being our Fun / Field Trip Day! An Completed E-13 form, Smile and a good respectful attitude is required to participate. Please! If you are sick Please stay home for the safety of everyone. PROGRAM IS SUBJECT TO CHANGE DUE TO WEATHER OR STAFF!

56472 4/7-6/23 Friday 4-7 p.m. FREE

PARKOUR VISIONS CLASS

FREE

Ages 8-12

Kids need outdoor play now more than ever! Our high-energy parkour classes will have students jumping, climbing, swinging, and rolling safely. Students learn to move creatively and efficiently, overcome fear, and collaborate in a non-competitive social environment. Our Parkour Visions class will offer quality instruction to explore creative problem-solving and collaboration. If this program is full please add youth to the waitlist to be contacted when space becomes available. Please complete the forms below. Click here to complete Parkour Wavier

53802 4/11-6/6 Tuesday 4-5 p.m. FREE

WORDS FROM THE HEART

FREE

Ages 10-17

Teens will explore their personable, passions, potentials, then determine what brings light and energy to their life by making good choices that will design the life they want to live.

56469 4/4-6/27 Tuesday 4-6 p.m. FREE

COVID GUIDELINES



FIND DETAILS ON PAGE 65

GARDENING AND COOKING

FREE

Ages 10-17

Teens will learn how to grow and harvest vegetables in the teen garden. Teens will make healthy dishes from the harvest of the teen garden. Teens will cook their favorite dish each week.

56470 4/5-8/30 Wednesday 4-6 p.m. FREE



STAMP CAMP

FREE

Ages 10-17

Come create fun projects with us. It's Free and all supplies is included with refreshments.

56468 4/3-6/12 Monday 5:30-6:30 p.m. FREE

TEEN COMEDY AND IMPROV NIGHT

FREE

Ages 10-17

Teens will perform their special skills and talents. Be it comedy, dancing, spitting or poetry get ready to be entertained and share your skills.

56471 4/6-6/29 Thursday 4-6 p.m. FREE

SHOTOKAN KARATE

Presented using a multi-disciplinary self-defense approach, we study and practice basic Karate techniques and strategies designed to defend against larger and/or multiple opponents. Participants test for belt rank at their own pace. Open to beginners. No Class May 29 or June 19

Level 1		Ages 6-9		
56031	4/10-6/21	M/W	4:30-5:15 p.m.	\$50
Level 2		Ages 11 and Older		
56032	4/10-6/21	M/W	5:30-6:30 p.m.	\$50





SPRING EGG HUNT

April 8 | 10 a.m.

PIANO LESSONS

Ages 6 and Older

It's never too early (or late!) to develop your musical talent! Book one-on-one piano lessons with a seasoned musician. Participants will receive more detailed information about lesson materials on their first day.

56014	4/11-5/16	Tuesday	12:45-1:15 p.m.	\$240
56016	4/11-5/16	Tuesday	1:30-2 p.m.	\$240
56018	4/11-5/16	Tuesday	2:15-2:45 p.m.	\$240
56020	4/11-5/16	Tuesday	3-3:30 p.m.	\$240
56022	4/11-5/16	Tuesday	3:45-4:15 p.m.	\$240
56024	4/11-5/16	Tuesday	4:30-5 p.m.	\$240
56026	4/11-5/16	Tuesday	5:15-5:45 p.m.	\$240
56028	4/11-5/16	Tuesday	6-6:30 p.m.	\$240
56015	5/23-6/27	Tuesday	12:45-1:15 p.m.	\$240
56017	5/23-6/27	Tuesday	1:30-2 p.m.	\$240
56019	5/23-6/27	Tuesday	2:15-2:45 p.m.	\$240
56021	5/23-6/27	Tuesday	3-3:30 p.m.	\$240
56023	5/23-6/27	Tuesday	3:45-4:15 p.m.	\$240
56025	5/23-6/27	Tuesday	4:30-5 p.m.	\$240
56027	5/23-6/27	Tuesday	5:15-5:45 p.m.	\$240
56029	5/23-6/27	Tuesday	6-6:30 p.m.	\$240

BEGINNING TAP AND JAZZ

Explore rhythms, body-mind coordination, and musicality while learning basic tap and jazz movements set to upbeat music. Each class will combine individual dance skills as well as combinations of dance skills. The instructor will be Deborah Pierce Past proprietor of "Dance Factory" and judging team member of many West Coast dance competitions, including "Star Power" and "Rainbow Connection." Requirements: Tap shoes and Jazz or Ballet shoes.

Adult		Ages 18 and Older		
56010	4/13-5/18	Thursday	5:30-6:30 p.m.	\$65
56011	5/25-6/29	Thursday	5:30-6:30 p.m.	\$55
Youth		Ages 5-9		
56012	4/13-5/18	Thursday	4:15-5:15 p.m.	\$65
56013	5/25-6/29	Thursday	4:15-5:15 p.m.	\$55

CREATIVE BALLET WITH TEACHER MARIKA*

Students will explore expressive movement using music, stories, props, and games. We will focus on developing motor skills, balance, and coordination along with imagination and creativity. A variety of dance concepts and vocabulary will be introduced in a fun and engaging way!

***Program held at Dakota Place, not Hiawatha CC.**
4304 SW Dakota St, Seattle, WA 98116

▼ Ages 3-5

54921 4/3-6/12 **Monday** 3-3:45 p.m. **\$108**

▼ Ages 5-7

54922 4/3-6/12 **Monday** 4-4:45 p.m. **\$108**



- **Childcare for ages 3-12: Full or Part-time**
- **School-Age Child Care: Aides and Counselors**
- **Licensed Childcare Center Preschool Assistants and Lead Teachers**
- **Downtown Parks, Events/Customer Service: Park Concierge - Part-Time**
- **Athletics: Track and Field Officials**
- **Recreation Class and Camp Instructors**

Learn more and apply at:
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FOR MORE INFORMATION CONTACT:

Pat, HR Recruiter
(206) 214-7384
Patricia.Oligmueller@seattle.gov

Kellie, HR Recruiter
(206) 476-4163
Kellie.Kraus@seattle.gov

SPRING EGG HUNT

April 8 | 10:30 a.m.



TAE KWON DO

Ages 18 and Older

Learn Tae Kwon Do, a Korean martial art known primarily for its fast sparring techniques, dynamic forms, and strong kicks. Taught in a non-competitive atmosphere, students will improve physical abilities such as strength, speed, and coordination; and mental attributes such as confidence, self-control, and willpower. NO CLASS: 6/8.

54953	4/1-4/29	Tu/Th/S	6-7:30 p.m.	\$45
54954	5/2-5/30	Tu/Th/S	6-7:30 p.m.	\$45
54955	6/1-6/29	Tu/Th/S	6-7:30 p.m.	\$45

EXTREME DANCE FITNESS

Ages 16 and Older

This dance fitness class combines explosive dance moves with boot camp training. Get ready for big dance moves, fun, and high energy. This program caters to all shapes, ages, and skill levels. NO CLASS 4/1.

55106	4/4-6/13	Tuesday	4-5 p.m.	\$30
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WORLD MUSIC DANCE FITNESS

Ages 16 and Older

This is a dance fitness program combining explosive dancing with boot camp training. Get ready for big dance moves, fun, and high energy. This program caters to all shapes, ages, and skill levels. NO CLASS 5/29 & 6/19.

54623	4/3-4/24	Monday	6:15-7:15 p.m.	\$40
54951	5/1-5/22	Monday	6:15-7:15 p.m.	\$40
54952	6/5-6/26	Monday	6:15-7:15 p.m.	\$40

**REGISTRATION OPENS
MARCH 7th**

REGISTER ONLINE:

https://bit.ly/spr_activity_reg

INTRODUCTION TO PICKLEBALL

Ages 16 and Older

Beginners to the game will learn the rules, court positioning, strokes, and service skills. This program prepares you to feel comfortable participating in drop-in pickleball play across the city.

55254	4/1-6/10	Saturday	9:30-11:15 a.m.	\$120
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COED PICKLEBALL LEAGUE

Ages 18 and Older

Two divisions of 6 teams each will compete in round robin play each week for the first 6 weeks. The top qualifiers of the 2 divisions will play-off in week 7 for the championship and some major bragging rights. All skill levels up to level 4.0 can participate. Be sure to register with a partner that makes you a coed team.

56364	4/17-6/5	Monday	9:30-11:30 a.m.	\$40
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CREATIVE BALLET WITH TEACHER MARIKA

Ages 3-5

Students will explore expressive movement using music, stories, props, and games. We will focus on developing motor skills, balance, and coordination along with imagination and creativity. A variety of dance concepts and vocabulary will be introduced in a fun and engaging way! NO CLASS: 4/12

54956 4/5-5/10 **Wednesday** 10:15-11 a.m. \$60
54957 5/17-6/14 **Wednesday** 10:15-11 a.m. \$60

WATCH ME DANCE!

Ages 2-5

We use movement and music to stimulate brain reflexes, teach social/emotional learning skills, and encourage joy and self-expression. Music, props, and brain-integrated dance games let this class strengthen bodies, minds, and souls of little ones. A parent/guardian must be in attendance in the classroom. NO CLASS: 4/12.

54958 4/5-5/10 **Wednesday** 9:15-10 a.m. \$60
54959 5/17-6/14 **Wednesday** 9:15-10 a.m. \$60

TODDLER ART

Ages 3-5

This class is a perfect introduction to art! Kids will develop creative skills and learn about art. Each class will explore a different art technique, including collage-making, painting, crafts and paper constructions. Supplies and materials provided. An adult must accompany the child. NO CLASS 4/13 & 6/8.

54970 4/6-5/18 **Thursday** 9:45-10:30 a.m. \$69
54971 5/25-6/29 **Thursday** 9:45-10:30 a.m. \$58

LITTLE HOOPERS

Ages 3-5

Your little one will start to learn the fundamentals of basketball. We focus on dribbling and passing in this fun program. Parents must be present in the gym for class. NO CLASS 4/11 & 4/13.

55342 4/4-4/27 **Tu/Th** 4-4:45 p.m. \$60
55389 5/2-5/25 **Tu/Th** 4-4:45 p.m. \$80

SPECIAL EVENT: SPRING MUSHROOM WALK



All Ages

Commune with the fungi at Lincoln Park during a day of learning about mushrooms. You'll hear a short presentation, enjoy a nature walk, and enjoy an age-appropriate activity. Call High Point Community Center to inquire about transportation. Children under 12 must be accompanied by an adult.

55391 4/29 **Saturday** 11 a.m-12:30 p.m. **FREE**

PIANO LESSONS

Ages 5 and Older

\$30 per lesson

These weekly 30-minute private lessons cover music theory, ear training, and sight-reading which students will practice through pieces appropriate to their musical ability. Offered by appointment only. NO CLASS 4/13 & 6/8.

55250 4/6-6/15 **Thursday** 1:30-7:30 p.m.

TANG SOO DO KARATE

Ages 10 and Older

Self-defense is an important aspect of martial arts, but students will also learn self-confidence, focus, and integrity. Learning these important skills in addition to being physically fit is often why people start Tang Soo Do. We encourage parents to take classes with their kids whenever possible. Additional fees required. Please be prepared to order your uniform (dobok) after your first session. A one-time registration fee of \$35 to join the WTSDA (World Tang Soo Do Association) is required before the 2nd session or belt test, whichever comes first. When the student joins the WTSDA, they will receive their official patches for their uniforms.

54622 4/5-6/21 **Wednesday** 5:45-7 p.m. \$70

JUNIOR HOOPERS

Ages 6-8

Get focused on the fundamentals of basketball! Your child will learn basic basketball skills like ball handling, teamwork, and shooting techniques while increasing their overall physical fitness, coordination and listening skills.

55344 4/4-4/27 **Tu/Th** 4:45-5:30 p.m. \$60
55390 5/2-5/25 **Tu/Th** 4:45-5:30 p.m. \$80



LIFELONG RECREATION

ARTS, FITNESS, & SOCIAL OPPORTUNITIES FOR PEOPLE AGE 50+

Engage with your community and remain active. Learn something new, get fit, meet friends, or join us for field trips to places you have always wanted to visit.

Find out more at www.seattle.gov/parks/seniors/ where you can download the Lifelong Recreation brochure and sign-up for our email newsletter. Contact us at 206-684-4951.



Are you caring for a loved one living with memory loss? Lifelong Recreation now offers Dementia-Friendly Recreation opportunities!

SPRING EGG HUNT

April 1 | 10 a.m.

FAMILY DISCOVERY: NATIVE PLANT ADVENTURES



All Ages

Share the joy of learning as a family as we discover the magnificent native plants of the Pacific Northwest. Which plants are invaders, medicinal, and how do they interact with other species in their environment? Our day will include a brief presentation, nature walks, and an activity. Children under 10 must be accompanied by an adult

55376 6/3 **Saturday 10:30 a.m.-Noon FREE**



MARTIAL ARTS FOR WORKING STIFFS

Ages 18 and Older

Working from home? Recently retired? It is time to move your body, clear your mind, and regain your energy! In addition to a great workout and connection with a new community, you will learn some self-defense and the best elements of several traditional martial arts including Tai Chi.

56410 4/7-5/8 M/F 1:30-2:30 p.m. \$70
56570 5/12-6/23 M/F 1:30-2:30 p.m. \$70

FAMILY DISCOVERY: BAT WALK



All Ages

There are bats in our backyard! Come learn about these important and amazing mammals—learn to spot them in flight, hear them, learn about their habitat, diet, behavior and what predators they face. Our program will include a presentation, nature walk, and an activity. Children under 10 must be accompanied by an adult.

55378 4/22 Saturday 6:30-8 p.m. FREE

SPECIAL EVENT: FAMILY MOVIE NIGHT



Ages 3-11

An evening with the Family! South Park CC will screen a G or PG rated movie for community families in our gym. Bring a lounge chair, sleeping bag, or air mattress if you like, but you'll find chairs, some mats, and free popcorn ready and waiting for you. April showing will be *Monsters, Inc*; May showing will be *Coco*; and June will be *The Lion King (1994)*

56544 4/28 Friday 5-7 p.m. FREE
56558 5/26 Friday 5-7 p.m. FREE
56560 6/30 Friday 5-7 p.m. FREE

BEGINNER MUSIC PRODUCTION



Ages 14-19

Ever dream of working in a big production studio. Here's your chance to learn beginner techniques in music production from which DAW works best for you to how MIDI is integrated into the music production process. You will learn basics to electronic music and MIDI-based musical compositions.

56545 4/4-4/27 Tu/Th 6:30-7:30 p.m. FREE
56546 5/2-5/30 Tu/Th 6:30-7:30 p.m. FREE
56547 6/1-6/22 Tu/Th 6:30-7:30 p.m. FREE

OH SNAP! PHOTOGRAPHY FOR TEENS



Ages 14-19

Want to up your selfie game? Capture amazing points in your life? Learn some tips, tricks, editing skills, give and receive critiques to up your game.

56548 4/5-4/28 W/F 4:30-5:30 p.m. FREE
56549 5/3-5/31 W/F 4:30-5:30 p.m. FREE
56550 6/2-6/23 W/F 4:30-5:30 p.m. FREE

**FAMILY DISCOVERY:
SYNTHESIZERS IN NATURE**



All Ages

We'll learn about how plants and some other organisms use light from the sun in the process of creating the food they need to grow. It's science baby! You will never quite look at a plants the same again. Our day will include a presentation, nature walk, and an activity. Children under 10 must be accompanied by an adult.

55377 5/13 Saturday 10:30 a.m.-Noon FREE

TEN-CHI KENPO KARATE

Ages 10 and Older

Ten-Chi Kenpo combines elements of several traditional martial arts and including Tai Chi. Together, they create a complete self-defense system in a safe, harmonious training environment that builds community. Parents are encouraged to start with their child for a lifetime of shared family practice.

56382 4/7-5/8 M/F 5-6:15 p.m. \$70



SHINE FOR GIRLS



Ages 13-18

This program gives young ladies a platform to be seen, heard, and empowered to lift each other up. Young women will have a safe space to discuss and share their truth as they foster meaningful relationships while mentoring each other and becoming exemplary leaders.

55792 4/6-6/22 **Thursday** 4-6:30 p.m. **FREE**

AFTERSCHOOL DIGITAL PROGRAMMING SUPPORT



Ages 11-16

Be a part of digital storytelling, photography, videography and tutoring at Yesler CC.

55783 4/3-6/22 **Mon-Thu** 3:30-5:30 p.m. **FREE**



AROMA, A COOKING CLASS



Ages 12-18

This easy-to-follow cooking class will teach you basic culinary skill like chopping, slicing, dicing, and sautéing. Take control of your kitchen by learning how to meal plan, shop for food, and help another chef.

55780 4/5-6/21 **Wednesday** 4-6:30 p.m. **FREE**

BUTOKUKAN KARATE

Ages 8 and Older

American Butokukan translates to “Institute of Martial Virtue” a modern, comprehensive, integrated program of instruction in traditional East-Asian martial arts. The training is both mental and physical. Mental aspects of training involve the development of self-discipline, self-confidence, tolerance, and understanding. Physical training encompasses aikido, karate, and related weapons. Taught by Grandmaster Tyron Asphy.

56104	4/3-4/26	M/W	6-7:45 p.m.	\$45
56667	5/1-5/31	M/W	6-7:45 p.m.	\$45
56669	6/5-6/21	M/W	6-7:45 p.m.	\$45

DRILLS & SKILLS

Ages 10-17

Teens will participate in team sports with supervision from Drills and Skills Staff. Everyone gets a chance to participate and enjoy the activities offered. Participants will improve their physical fitness, as well as basketball, leadership, communication, teamwork, and hand-eye coordination skills as they play games against their peers.

56051	4/3-4/27	Mon-Thu	4-6:45 p.m.	\$66
56664	5/1-5/31	Mon-Thu	4-6:45 p.m.	\$66
56665	6/1-6/22	Mon-Thu	4-6:45 p.m.	\$66

COVID GUIDELINES



FIND DETAILS ON PAGE 65

LEARN MORE AT:
WWW.SEATTLE.GOV/PARKS/ATHLETICS
REGISTRATION NOW OPEN!

CITYWIDE ATHLETICS



SPRING 2023 SPORTS

GENERAL INFORMATION

I WANT TO PLAY...HOW DO I GET STARTED?

1. **To participate in most Seattle Parks Youth Sports leagues** (for basketball and volleyball, for example) **you can either recruit a coach and put together your own team or you can be placed on an existing team with the help of community center staff.**

Call for more information. For some sports (Track and Field, for example) all you need to do is go into your community center to get registered.

2. **Get registered!**

Visit your local community center or go to:
www.seattle.gov/parks/athletics

3. **Start practices and get ready for fun times** honing your skills and competing against other neighborhood community centers!

If your center doesn't offer a sport, the staff will refer you to the next closest center. Centers need a minimum number of players and a volunteer coach to offer the sport.

FOR REGISTRATION MATERIALS PLEASE GO TO WWW.SEATTLE.GOV/PARKS/ATHLETICS

YOUTH TRACK AND FIELD

▼ AGE GROUPS 5-17 (Age is determined by birth year)

Young athletes in our Track and Field program will be coached and then get to compete with other kids their age in various athletic contests based on running, jumping, and throwing. Runners register at their neighborhood community center and practices occur at their home track or field. Practices begin the week of March 20th.

Track meets will be held at West Seattle Stadiums and meets begin April 15th at either 9:30 a.m. or 1:30 p.m. Teams will be forming at Community Centers throughout Seattle.

Registration Opens February 7th

Fee: \$65

KNOW ANY COACHES?

Consider volunteering as a coach, or helping with recruitment of our coaches. Our low-cost leagues can't operate without the dedication of our awesome coaches!



COVID GUIDELINES



BEFORE YOU VISIT



CHECK FOR SYMPTOMS

Do not attend programs if you've had a known Covid-19 exposure in the last 14 days or are experiencing unexplained:



FEVER



COUGH



SHORTNESS
OF BREATH



SORE
THROAT



MUSCLE &
HEAD ACHES



CHILLS



LOSS OF SMELL
OR TASTE



OPTIONAL FACE COVERING

Masks are no longer required for entry to our centers. Please self-screen prior to coming to a recreation facility/event to stop the spread of illness.



ADDITIONAL INFORMATION

PAYMENT

You can pay for classes and other activities in person or by phone during regular facility hours. You can also register online by following the directions above. Rentals may be paid by telephone with a credit card. We accept Visa, MasterCard, and American Express. Please make checks and money orders out to City of Seattle. Please note: Payment is due when you register, unless we have indicated otherwise. If your check is returned for insufficient funds, your registration will be canceled until you pay the amount due plus a \$20 fee. Registration is not complete and a spot in the class cannot be held without payment in full.

FEES AND CHARGES

ARC-Our Advisory Council provides the programs and activities listed in this brochure under an agreement with Seattle Parks and Recreation. Fees are used to offset the cost of providing the programs. Program charges include a user fee paid to Seattle Parks and Recreation to defray operating costs. Washington State sales tax is also included where applicable. City-Fees and charges are necessary to provide financial support to Seattle Parks and Recreation for the operating costs of programs, facilities and grounds. The revenue generated by these fees constitutes only a portion of funds required for operating and maintaining the Parks system. All fees collected from activities and concessions are used exclusively for the Parks system as these funds are deposited in the Parks and Recreation Fund, not the City General Fund. Swimming pool fees and charges are set by City Council.

CONFIRMATIONS

Sorry, we cannot confirm class registration by mail or phone, but we will notify you by phone if your class is postponed or canceled.

REFUNDS

It is the policy of Seattle Parks and Recreation and the Associated Recreation Council that:

-A full refund will be issued for any program, activity, or reservation that is canceled for any reason by the Department or the Associated Recreation Council. Note: School-age care programs are subject to the following exceptions from the published refund policy: 1) No refund credit is given if program is canceled due to emergency or weather for the first two canceled days, 2) Cancellation of daily sessions will not be rescheduled. Credits will be determined by the Parks OST Manager on a case by case basis.

-Any person who registers for a PROGRAM and who requests a refund before the second class session may receive a prorated refund minus a service charge.

-Any person who registers for an ACTIVITY and who requests a refund 14 days or more before its start, may receive a refund minus a service charge.

DROPPING A PROGRAM AFTER THE SECOND SESSION:

If a participant withdraws from a program after the second session of a series, no refund will be given. For full details of the Department's Refund Policy, please see Policy Number 060-P 7.16 which can be found here: www.seattle.gov/parks/reservations/feesandcharges/refunds.htm

POOL PERSONAL LESSON REFUND/TRANSFER POLICY

A participant may be issued a refund if he/she drops a lesson, and notifies the program coordinator, 14 days prior to the scheduled date. A service charge of \$5 or 10% of the fee, whichever is greater, will be retained by the facility. If a participant drops a personal lesson with less than 14 days notice, no refund will be given. Transfers will be accepted for personal lessons with at least 48 hours notice. Any open dates or times may be considered. No transfers will be accepted with less than 48 hours' notice.

GROUP LESSON REFUND POLICY

When the withdraw occurs before the second lesson, the session will be pro-rated and a withdraw fee will be assessed. The withdraw fee will be 10%.

CLASS CANCELLATIONS

To cover the cost of providing a program, we need a specific number of participants. If too few people sign up for a class, we must cancel it. We'll notify you (at the latest) one or two days before the class start date. When possible, we will postpone a canceled class for a week to allow for more enrollments; if the class minimum is not met by then, we will have to cancel it.

WAITING LISTS

We will create waiting lists for all filled classes. Please be sure to sign up if you are interested in a class that is full, because class openings often become available. If demand is high, we will try to form another class. Please contact us for space availability.

SCHOLARSHIPS

Seattle Parks and Recreation wants to ensure that our activities, classes and sports are available to everyone, regardless of their ability to pay. To apply for a scholarship, please talk to a member of our staff.

ANTI-DISCRIMINATION

As a matter of policy, law, and commitment, Seattle Parks and Recreation does not discriminate on the basis of race, color, sex, marital status, sexual orientation, political ideology, age, creed, religion, ancestry, national origin, or the presence of any sensory, mental, or physical handicap.

ACCOMMODATION FOR PEOPLE WITH DISABILITIES

We will make reasonable accommodation, upon request, for people with disabilities. For sign language interpretation, auxiliary aids or other accommodations, please call 206-615-0140 or TDD 206-684-4950. Please allow 10 working days' advance notice. If a class or activity is scheduled in an area that is not accessible for wheelchairs, we will make every effort to help you find a similar program in an accessible location.

SPECIAL POPULATIONS

For information on programs for youth/adults with disabilities, please call the Special Populations Office at 206-684-4950, or visit the web at: www.cityofseattle.net/parks/SpecialPops/index.htm.

INTERESTED IN TEACHING?

We're always looking for top quality instructors to offer unique courses. We choose class offerings based on participants' interest and space availability. If you have a special talent, skill, or knowledge you would like to share with others in a class or workshop format, please contact your local community center.

INSURANCE

An additional \$5 insurance fee will be required when registering for all gymnastics, tumbling, or circus arts classes at Seattle Parks and Recreation facilities. This non-refundable fee covers your child's participation in all gymnastics, tumbling, parkour, or circus arts classes at SPR facilities for one year from the date of purchase. Note: This insurance will only be utilized if expenses exceed your primary insurance coverage.

MORE INFORMATION

For information about Parks and Recreation facilities, recreation programs, picnic shelters, and scheduling, please visit our web site at www.seattle.gov/parks, or call our Public Information line, 206-684-4075.



SPECIALIZED PROGRAMS

Seattle Parks and Recreation's Specialized Programs offers year-round recreational activities for people with physical and developmental disabilities. We provide opportunities to participate in recreational activities specifically designed and conducted by trained staff for people with disabilities.

We provide recreation programs for all ages. Currently, we are offering smaller in person programs such as: adult social and fitness programs, young adult social programs, and youth afterschool and Saturday programs

To learn more about our programs, call: 206-684-4950 or check out our website at: <https://bit.ly/spr-specialized-programs-home>

