

# SPECIALIZED PROGRAMS

SPRING 2025



Seattle  
Parks & Recreation



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[www.seattle.gov/parks](http://www.seattle.gov/parks)

# GENERAL INFORMATION

## WHERE TO FIND US

**Specialized Programs** - 206-684-4950  
Magnuson Building 30  
6310 NE 74th St.  
Seattle, WA 98115  
[www.seattle.gov/parks/find/specialized-programs](http://www.seattle.gov/parks/find/specialized-programs)

## PARKS MANAGEMENT

Anthony-Paul Diaz, Superintendent  
TBD, Recreation Division Director  
Kyle Bywater, OOC Matrix & Partnership Manager

## RECREATION STAFF

TBD, Recreation Program Coordinator  
Dorothy Rake, OOC Youth Sr. Recreation Specialist  
Hannah White, OOC Adult Sr. Recreation Specialist  
Maiya Buettner-Johansen, Recreation Leader  
Ky Krogh, Recreation Leader  
Hanna O'Donnell, Recreation Attendant

## INCLEMENT WEATHER/ CANCELLATION POLICY

If Seattle Public Schools are closed due to weather, our programs will also be canceled. Programs could also be canceled due to short staff or safety concerns. Specialized Programs will contact you before programs to let you know of any cancellations. For further information, please call Specialized Programs at 206-684-4950 before venturing out to our programs.

## DISCLAIMER

Although we strive to be accurate, this brochure is published for information purposes only. Changes may be necessary to the content depending on levels of participation or other factors. Fees may change after printing and after City Council approves City budget each year. Please visit [www.seattle.gov/parks](http://www.seattle.gov/parks) for updated information.



## CODE OF CONDUCT

Any participants conduct that is disruptive or unsafe to participants or staff may result in being sent home early that day or unable to attend on a permanent basis for the quarter.

This will be decided on a case-by-case basis and is at the discretion of the program leadership staff. Such conduct includes, but is not limited to: Destruction of property, harming oneself or another, or refusal to follow the minimum safety requirements to participate in activities. All incidents will be documented and reported to direct caregivers in a timely manner.

# GENERAL INFORMATION

## NOTICES

- Please refer to the “Keep me home...” information on page 4 before attending program. Do not come to program if you are sick or have Covid symptoms.
- Please only bring food to programs when asked to bring a sack lunch.
- All participants attending Specialized Programs must have a Participant Information Form (PIF) on file before they can attend program. If you have attended in-person programs since 2022, the PIF we have on file is still good. If there are updates staff should be aware of, please submit a new PIF. If you don't have a PIF on file, we can mail one to you or you can find it online here: <http://www.seattle.gov/parks/find/specialized-programs>

## REGISTRATION INFORMATION

When calling, tell us if you are using Access and if you are using DDA Respite Care or if you have qualified for a scholarship. Once approved for scholarship, it can be applied towards reducing the amount to be paid from 50 - 90% if funds are available.

## PAYMENT

Please make checks payable to “City of Seattle”. Mail to: Specialized Programs, Magnuson Building 30, 6310 NE 74th St., Seattle, WA 98115. Due Monday, March 24.

*learn about ways to  
reduce your carbon footprint at*

**[www.seattlecan.org](http://www.seattlecan.org)**



## REFUND POLICY

It is the policy of Seattle Parks and Recreation and the Associated Recreation Council that:

- Anyone who registers for a class, special event, or program that is canceled for any reason by Parks and Recreation will receive a full refund.
- Anyone who registers for a trip, special event, or class and who requests a refund 14 days or more before its start (or before the second session of a class), may receive a refund minus a service charge of 10% of the fee.
- Anyone who registers for a special event or program and withdraws from the activity fewer than 14 days before its start, or anyone who registers for a class and withdraws after the second session of a class, will receive no refund.
- There are no refunds or make-up classes for sessions missed due to illness or vacations.

## PERSONS WITH DISABILITIES

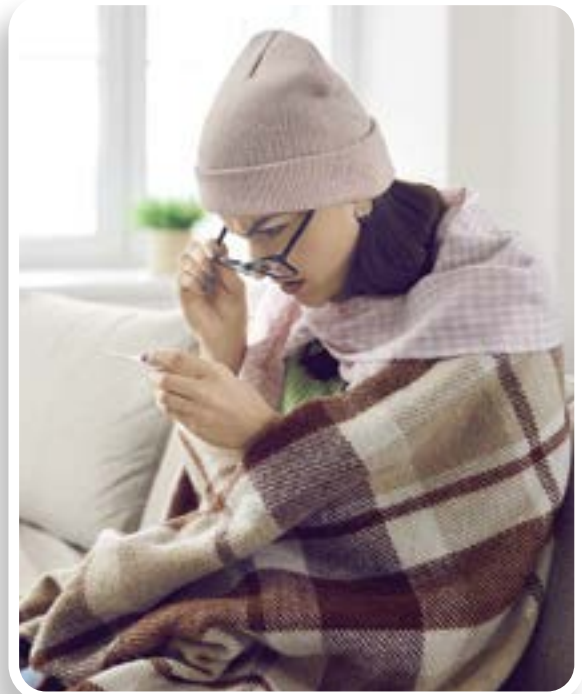
Reasonable accommodations will be made on request for persons with disabilities. If you need sign language interpretation, auxiliary aids, or other accommodations, call V/TDD 206-233-1509. If possible, please allow 10 working days advance notice for sign language interpretation or auxiliary aids. If a class or activity is scheduled in an area that is not barrier-free for wheelchairs, we will make every effort to help you find a similar program in an accessible location. As a matter of policy, law, and commitment, Seattle Parks and Recreation does not discriminate on the basis of sexual orientation, political ideology, age, creed, religion, ancestry, national origin, or presence of any sensory, mental, or physical handicap. (Seattle Municipal Code 18.12.180).



## PLEASE KEEP ANY PARTICIPANT AT HOME WITH ANY OF THE FOLLOWING SYMPTOMS:

### ILLNESS SYMPTOMS

- Fever of at least 100.4°
- Diarrhea, more than two loose stools per day or a stool contains a drop of blood or mucus
- Vomiting, twice or more in the past 24 hours
- Rash, any not associated with heat or allergic reaction
- Drainage from eye, redness of eyelid lining, swelling and discharge of pus
- Cough/Congestion/running nose - not related to seasonal allergies
- Appearance/Behavior: Unusually tired, lack of appetite, confused, irritable, unable to participate in program
- Sore throat: especially with fever or swollen glands
- Head lice or nits: until no lice or nits are present
- Scabies: until after treatment
- Open or oozing sores, unless properly covered and 24 hours have passed since.



## SCHOLARSHIPS AVAILABLE!

Specialized Programs has a significant scholarship fund available. We are offering year round scholarships for all ages. Scholarships can reduce the amount of registration fees starting from 50% to 90% based on total annual income and number of people supported on that income.

If you need assistance completing the form, please call Kyle Bywater at 206-684-7548.



# REGISTRATION INFORMATION

► **YOUTH, TEEN, TRANSITION:** Registration begins on **Tuesday, March 4 at 8 a.m.**

Email [PKS\\_Specialized\\_Programs@seattle.gov](mailto:PKS_Specialized_Programs@seattle.gov) to register for the programs below. After your registration email is received, you will get a confirmation email back from staff. No registrations can be taken before Tuesday, March 4 at 8 a.m. Participants are limited to one program per day unless a Special Event is being held.

**YOUTH (Ages 4-21)** *Please only register for those in your household.*

PROGRAM	REGISTRATION DATE	DETAILS
Sensory Friendly Saturdays	Tuesday, March 4 at 8 a.m.	Can sign up for 1 and wait list for 1.

**TEEN (Ages 12-21)** *Please only register for those in your household.*

PROGRAM	REGISTRATION DATE	DETAILS
Teen Social	Tuesday, March 4 at 8 a.m.	Can sign up for 3 and wait list for 2.
Saturday Activities	Tuesday, March 4 at 8 a.m.	Can sign up for 1 and wait list for 1.

**TRANSITION (Ages 16-30)** *Please only register for those in your household.*

PROGRAM	REGISTRATION DATE	DETAILS
Pottery	Tuesday, March 4 at 8 a.m.	Space is limited to 10 participants.
Afternoon Hangout	Tuesday, March 4 at 8 a.m.	
Spring Training	Tuesday, March 4 at 8 a.m.	
Spring Fling!	Call when you receive brochure	Special Event on May 2.
Start of the Summer Dance	Call when you receive brochure	Special Event on June 6.

► **ADULTS:** Participants are limited to one program per day unless a Special Event is being held. **Registration starts at 8 a.m. on the dates listed below.** To register please call the Specialized Programs Office at **206-684-4950** and leave a voicemail. All calls will be forwarded to voicemail, please leave a message with the participants name, what they want to sign up for and be wait listed for, and a call back number. Staff will call you back with a confirmation the next day.

**ADULT (Ages 21 and Up)** *Please only register for those in your household.*

PROGRAM	REGISTRATION DATE	DETAILS
Sunshine Social	Tuesday, March 11 at 8 a.m.	Can sign up for 1 of 4 sessions.
Pottery	Tuesday, March 11 at 8 a.m.	
Fitness with Friends, Health	Wednesday, March 12 at 8 a.m.	Can sign up for 1, not both.
Spring Training	Wednesday, March 12 at 8 a.m.	
Friday Night Hangout	Thursday, March 13 at 8 a.m.	Special Event on April 11 and May 16.
Saturday Travels	Thursday, March 13 at 8 a.m.	Sign up for 1 of the 2 dates.
Spring Fling!	Call when you receive brochure	Special Event on May 2.
Start of the Summer Dance	Call when you receive brochure	Special Event on June 6.

► **PAYMENT:** Please make checks payable to “**City of Seattle**”.

► **MAIL TO:** Specialized Programs, Magnuson Building 30, 6310 NE 74th St., Seattle, WA 98115.

► **Due Monday, March 24.**

## SENSORY FRIENDLY SATURDAYS

**A program for participants ages 4 - 21.**

Engage in games, science, art, music, sensory exploration, indoor and outdoor activities, and some free play. Activities are fun, purposeful, and emphasize each child’s strengths to promote independence. This program is designed for youth who need a HIGH level of support to transition, complete activities, and socialize. (Please discuss with staff if this program is appropriate for your child.)

**Registration:** Participants can sign up for 1 session and wait list for 1 session. Refer to page 5 for registration information.

\*Note: Between **Sensory Friendly Saturdays** and **Saturday Activities** (page 8), for this quarter, you can only pick one of these programs, not both.

**Bring:** Sack lunch and drink



Dates	Times	Locations	Cost
<b>Session #1:</b> Saturdays, April 12, April 19 <b>Session #2:</b> Saturdays, May 10, May 17	9:30 a.m. - 1:30 p.m.	Garfield Teen Life Center 428 23rd Ave. Seattle, 98122	▶ \$60 per session

Access Drop-Off Time	Access Pick-Up Window
Drop-Off Appointment Time: 9:45 a.m.	Pick-Up Window: 1:15 - 1:45 p.m.

## TEEN SOCIAL

**A program for participants ages 12 - 21.**

Let's get out into the community and have a fun Friday night! Participants will experience different activities around Seattle while focusing on socializing and experiencing new things. 1 on 1 supervision is not provided.

**Registration:** Participants can sign up for 3 dates and wait list for 2. Refer to page 5 for registration information.

Dates	Times	Locations	Cost
Fridays: April 4, 18, 25, May 9, 30  If 16 and over, check out the Spring Fling on May 2 and the Start of Summer Dance on June 6	4:30 - 8:30 p.m.	<b>North End Drop-Off/Pick-Up:</b> 8061 Densmore Ave. N Seattle, 98103  <b>South End Drop-Off/Pick-Up:</b> Jefferson Community Center 3801 Beacon Ave. S Seattle, 98108	Please bring cash day of; amount in descriptions.

Access Drop-Off Time	Access Pick-Up Window
Drop-Off Appointment Time: 4:30 p.m.	8061 Densmore Ave. N <b>ONLY</b> Pick-Up Window: 8:30 - 9 p.m.

**April 4: Family Fun Center.** Come for some fun and games as we explore the Family Fun Center. Dinner will be provided for this event. ▶ \$40

**April 18: Picnic in the Park.** Come with us to a local park where we will have a nice picnic dinner together! Dinner will be provided. ▶ \$25

**April 25: Mariners Game!** Come cheer on the Mariner's as they take on the Miami Marlins! \*Please note: due to the length of the game, pickup for this event will be 9:15 p.m.\* ▶ \$45

**May 9: Swimming and Dinner.** Enjoy a night out of open swim with friends. Dinner will be provided prior ▶ \$25

**May 30: Paint and Pizza.** Enjoy some painting and music while we explore our artistic edge! Supplies and dinner will be provided. ▶ \$25



## SATURDAY ACTIVITIES

A program for participants ages 12-21.

**Registration:** Participants can sign up for 1 and wait list for 1. Refer to page 5 for registration information.

\*Note: Between **Sensory Friendly Saturdays** (page 6) and **Saturday Activities**, for this quarter, you can only pick one of these programs, not both.

**Bring:** Sack lunch and drink



Dates	Times	Locations	Cost
Saturdays: April 5, May 3	9 a.m.- 2 p.m.	<p><b>North End Drop-Off:</b> 8061 Densmore Ave. N Seattle, 98103</p> <p><b>South End Drop-Off:</b> Jefferson Community Center 3801 Beacon Ave. S, Seattle, 98108</p>	Please bring cash day of; amount in descriptions

Access Drop-Off Time	Access Pick-Up Window*
Drop-Off Appointment Time: 9 a.m.	<p>*8061 Densmore Ave. N <b>ONLY FOR EVERYONE</b>, not just Access. Pick-Up Window: 2 - 2:30 p.m.</p>



**April 5: Mural Painting.** Come help bring some joy to the Camp Long Park! The Camp Long team has invited us to come paint a mural to help liven up their park. Please bring a sack lunch and water. ▶ \$25

**May 3: Parks City Tour!** Come and take a tour around the city while seeing some cool sites. We will stop along the way to eat our lunches! ▶ \$20





## POTTERY

**A program for participants ages 16-30.**

Let's create something! In this class, a Pottery Instructor will teach us hand building clay pottery techniques such as coil, slab and pinch to make cups, bowls, and other decorative and seasonal items. Specialized Programs staff will be in the class to support.

**Registration:** Space is limited to 10 participants. Refer to page 5 for registration information.

Dates	Times	Locations	Cost
Mondays, March 31 - May 19	4:30-5:30 p.m.	Ballard CC 6020 28th Ave. NW Seattle, 98107	▶ \$45

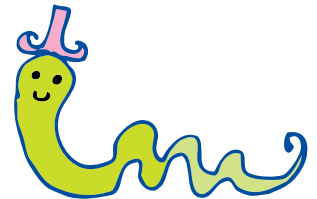
Access Drop-Off Time	Access Pick-Up Window
Drop-Off Appointment Time: 4:30 p.m.	Pick-Up Window: 5:30 - 6 p.m.

## AFTERNOON HANGOUT

**A program for participants ages 16-30.**

Participate in enriching group activities such as arts and crafts, sports, games, puzzles, and more. Activities are designed to promote socialization, increase independence, and explore new leisure interests.

**Registration:** Refer to page 5 for registration information.



Dates	Times	Locations	Cost
Tuesdays: April 1 - May 27	4 - 5:30 p.m.	Meadowbrook CC 10517 NE 35th Ave. Seattle, 98125	▶ \$45

Access Drop-Off Time	Access Pick-Up Window
Drop-Off Appointment Time: 4:15 p.m.	Pick-Up Window: 5:15 - 5:45 p.m.

## SPRING FLING AND START OF THE SUMMER DANCE!

Please see back page for information on these programs. Refer to page 5 for registration information.

## SPRING TRAINING

**A program for participants ages 16 - 30.**

Get outside and enjoy some exercise! We will start with warm up laps around the track, then group stretches and an active game. Activities will be adapted to meet participants various mobility levels. Please dress for the weather and bring a water bottle. We will cancel if continuous rain or thunderstorms are in the forecast. Due to track availability we will only be having three meetings of Spring Training this year.

**Registration:** Refer to page 5 for registration information.

Dates	Times	Locations	Cost
Thursdays, May 15, 22, 29	6:30 - 8 p.m.	West Seattle Stadium 4432 35th Ave. SW Seattle, 98126	▶ FREE

Access Drop-Off Time	Access Pick-Up Window
Drop-Off Appointment Time: 6:45 p.m.	Pick-Up Window: 7:45 - 8:15 p.m.



# ADULT PROGRAMS

## FOR AGES 21 AND OLDER

Please call Specialized Programs at 206-684-4950 starting on the time/dates listed on page 5. Please let us know if you are using Access and if you are using DDA Respite Care or have qualified for a scholarship.

**NOTE:** New Registration System for Adults. To register, please call the Specialized Programs Office at the time of registration and leave a voicemail. All calls will be forwarded to voicemail. Be sure to leave a message with the participant's name, the program they wish to sign up for, any wait list requests, and a callback number. Staff will return your call with a confirmation the next day.

### PAYMENT INFORMATION:

Payments due by **Monday, March 24**

Payments for classes can be made by credit card OR check.

Please made check payable to: **City of Seattle**

### MAIL CHECKS TO:

#### SPECIALIZED PROGRAMS

Magnuson Building 30

6310 NE 74th St

Seattle, WA 98115

## POTTERY

Let's create something! In this class, a Pottery Instructor will teach us hand building clay pottery techniques such as coil, slab, and pinch to make cups, bowls, and other decorative and seasonal items. Specialized Programs staff will be in the class to support.

**Registration:** Space is limited to 10 participants. Refer to page 5 for registration information.



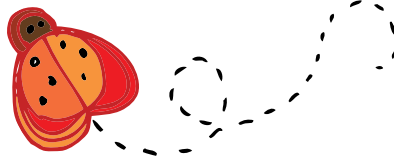
Dates	Times	Locations	Cost
Mondays, March 31 - May 19	2:30-3:30 p.m.	Ballard Community Center 6020 28th Ave. NW Seattle, 98107	▶ \$45

Access Drop-Off Time	Access Pick-Up Window
Drop-Off Appointment Time: 2:30 p.m.	Pick-Up Window: 3:30 - 4 p.m.

## FITNESS WITH FRIENDS

A movement-based program where we stretch, play games, and try new exercise routines. All activities can be adapted to meet participant's mobility levels.

**Registration:** You may register for 1 of the 3 sessions. Sign up for either Fitness with Friends or Health, not both. Refer to page 5 for registration information.



### SESSION 1

Dates	Times	Locations	Cost
Tuesdays, April 1 - May 27	10 - 11:15 a.m.	Meadowbrook Community Center 10517 NE 35th Ave. Seattle, 98125	▶ \$15
Access Drop-Off Time Drop-Off Appointment Time: 10 a.m.		Access Pick-Up Window Pick-Up Window: 11 - 11:30 a.m.	

### SESSION 2

Dates	Times	Locations	Cost
Tuesdays, April 1 - May 27	Noon - 1:15 p.m.	Meadowbrook Community Center 10517 NE 35th Ave. Seattle, 98125	▶ \$15
Access Drop-Off Time Drop-Off Appointment Time: 12 p.m.		Access Pick-Up Window Pick-Up Window: 1 - 1:30 p.m.	

### SESSION 3

Dates	Times	Locations	Cost
Tuesdays, April 1 - May 27	2 - 3:15 p.m.	Meadowbrook Community Center 10517 NE 35th Ave. Seattle, 98125	▶ \$15
Access Drop-Off Time Drop-Off Appointment Time: 2 p.m.		Access Pick-Up Window Pick-Up Window: 3 - 3:30 p.m.	



## SUNSHINE SOCIAL

This weekly program offers structured group activities that build social skills, independence, and friendships. Join us for themed celebrations, games, crafts, and more.

**Registration:** Call the Specialized Programs Office at 206-684-4950. Sign up for 1 of the 4 sessions. Refer to page 5 for registration information.

**Important Information:** If you choose to enroll in Sunshine Social Session 2 on Thursdays, please do not take Access directly to Spring Training. If you plan to register for both programs, sign up for an alternate Sunshine Social session or use private transportation.



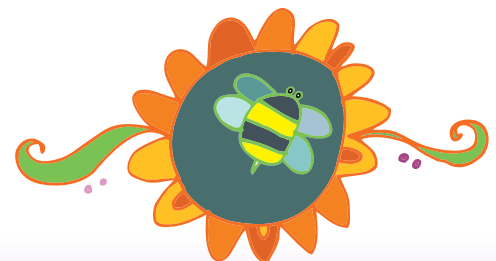
Dates	Times	Locations	Cost
Wednesdays, April 2 - May 28	Session 1: 10 a.m. - noon  Session 2: 1:30 - 3:30 p.m.	Rainier Beach Community Center 8825 Rainier Ave. S Seattle, 98118	▶ \$40

Dates	Times	Locations	Cost
Thursdays, April 3 - May 29	Session 1: 10 a.m. - noon  Session 2: 1:30 - 3:30 p.m.	Bitter Lake Community Center 13035 Linden Ave. N Seattle, 98133	▶ \$40

SESSION 1 Access Drop-Off Time	SESSION 1 Access Pick-Up Window
Drop-Off Appointment Time: 10:15 a.m.	Pick-Up Window: 11:45 a.m. - 12:15 p.m.

SESSION 2 Access Drop-Off Time	SESSION 2 Access Pick-Up Window
Drop-Off Appointment Time: 1:45 p.m.	Pick-Up Window: 3:15 - 3:45 p.m.

▶ **NOTE: New Registration System for Adults.** To register, please call the Specialized Programs Office at the time of registration and leave a voicemail. All calls will be forwarded to voicemail. Be sure to leave a message with the participant's name, the program they wish to sign up for, any wait list requests, and a callback number. Staff will return your call with a confirmation the next day.



## SPRING TRAINING

Get outside and enjoy some exercise! We will start with warm up laps around the track, then group stretches and an active game. Activities will be adapted to meet participants various mobility levels. Please dress for the weather and bring a water bottle. We will cancel if continuous rain or thunderstorms are in the forecast. Due to track availability we will only be having three meetings of Spring Training this year.

**Registration:** Refer to page 5 for registration information.

Dates	Times	Locations	Cost
Thursdays, May 15, 22, 29	6:30 - 8 p.m.	West Seattle Stadium 4432 35th Ave SW Seattle, 98126	▶ FREE

Access Drop-Off Time	Access Pick-Up Window
Drop-Off Appointment Time: 6:45 p.m.	Pick-Up Window: 7:45 - 8:15 p.m.

## HEALTH

We will start each program with active time in the gym and learn about nutrition and wellness. We will not be making food in this program this quarter. Activities will be planned with social distancing in mind and can be adapted to meet various mobility levels.

**Registration:** Refer to page 5 for registration information.

**Important Information:** Sign up for Health or Fitness.



Dates	Times	Locations	Cost
Fridays, April 4 - May 30	1 - 3 p.m.	Van Asselt Community Center 2820 S. Myrtle St. Seattle, 98108	▶ FREE

Access Drop-Off Time	Access Pick-Up Window
Drop-Off Appointment Time: 1:15 p.m.	Pick-Up Window: 2:45 - 3:15 p.m.

## FRIDAY NIGHT HANGOUT!

Come hang out and have dinner with your friends on a Friday night! For this event we will be meeting at a community center to socialize with friends, play games, and make memories. Dinner will be provided for this program.

**Registration:** Sign up for 1 of the 2 dates and be on the waiting list for the other. Refer to page 5 for registration information.

Dates	Times	Locations	Cost
Friday, April 11 - Show and Tell, and Talent Show!	5:30-8 p.m.	Magnuson Community Center 7110 62nd Ave. NE Seattle, 98115	▶ \$15
Friday, May 16 - Movie and Cooking Dinner	5:30-8 p.m.	Dakota Place Park Building 4304 SW Dakota St Seattle, WA 98116	▶ \$15

Access Drop-Off Time	Access Pick-Up Window
Drop-Off Appointment Time: 5:45 p.m.	Pick-Up Window: 7:45-8:15 p.m.

## SATURDAY TRAVELS

Join us as we explore Chihuly Garden and Glass! Both travels this quarter are headed to Chihuly so please pick one date that works for you. Come with a sack lunch and water bottle.

**Registration:** Participants can sign up for 1 of the 2 dates. Refer to page 5 for registration information.

**Bring:** Sack lunch and drink

Dates	Times	Locations	Cost
Saturdays: April 26, May 31	9 a.m.- 2 p.m.	<b>Drop-Off:</b> Densmore Building 8061 Densmore Ave. N Seattle, 98103	▶ FREE

Access Drop-Off Time	Access Pick-Up Window
Drop-Off Appointment Time: 9 a.m.	*8061 Densmore Ave. N Pick-Up Window: 2 - 2:30 p.m.

**April 26: Chihuly Garden and Glass.** See description above. ▶ FREE

**May 31: Chihuly Garden and Glass.** See description above. ▶ FREE

# SPECIALIZED PROGRAMS

Magnuson Building 30

6310 NE 74th St.

Seattle, WA 98115

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## SPRING FLING!

Celebrate spring with a fun dance with friends. Let's dance the night away! Light snacks and refreshments will be provided.

**Registration:** Refer to page 5 for registration information.

Call the Specialized Programs Office at 206-684-4950 anytime to register. This program is for participants 16 and up; DDA is accepted for this program.

Dates	Times	Locations	Cost
Friday, May 2	6 - 8 p.m.	Delridge Community Center 4501 Delridge Way SW, Seattle, WA 98106	▶ \$15

Access Drop-Off Time	Access Pick-Up Window
Drop-Off Appointment Time: 6:15 p.m.	Pick-Up Window: 7:45 - 8:15 p.m.



## START OF THE SUMMER DANCE

Join us for a night of dancing and music with friends! Put on your dancing shoes, and get ready to kick off summer!

**Registration:** Refer to page 5 for registration information.

Call the Specialized Programs Office at 206-684-4950 anytime to register. This program is for participants 16 and up; DDA is accepted for this program.

Dates	Times	Locations	Cost
Friday, June 6	6 - 8 p.m.	Magnuson Community Center 7110 62nd Ave NE Seattle, 98115	▶ \$15

Access Drop-Off Time	Access Pick-Up Window
Drop-Off Appointment Time: 6:15 p.m.	Pick-Up Window: 7:45 - 8:15 p.m.