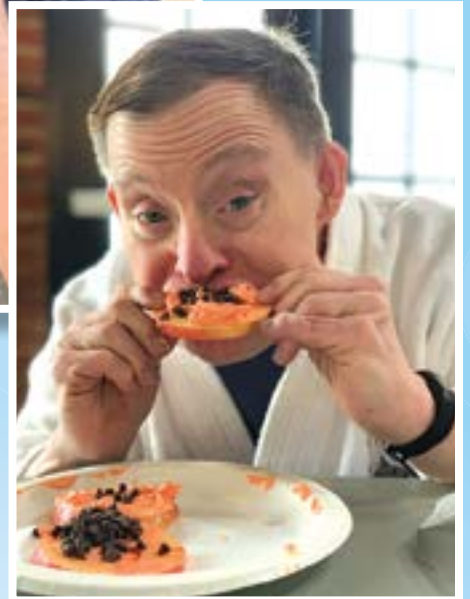


# SPECIALIZED PROGRAMS

## SPRING 2024



Seattle  
Parks & Recreation



**EXPLORE MORE!**

[www.seattle.gov/parks](http://www.seattle.gov/parks)

# GENERAL INFORMATION

## WHERE TO FIND US

### Specialized Programs

Magnuson Building 30, 6310 NE 74th St.  
Seattle, WA 98115  
206-684-4950  
[www.seattle.gov/parks/find/specialized-programs](http://www.seattle.gov/parks/find/specialized-programs)

## PARKS MANAGEMENT

Anthony-Paul Diaz, Superintendent  
Brian Judd, Interim Recreation Division Director  
Kyle Bywater, OOC Manager

## RECREATION STAFF

TBD, Recreation Program Coordinator  
Savannah Seiple, Adult Sr. Recreation Specialist  
TBD, Youth Sr. Recreation Specialist  
Hannah White, Recreation Leader  
Patrick Aspinwall, Recreation Leader  
Dorothy Rake, Recreation Leader  
Maiya Buettner-Johansen, Recreation Leader  
Hanna O'Donnell, Recreation Attendant

## INCLEMENT WEATHER POLICY

If Seattle Public Schools are closed due to weather, our programs will also be cancelled. For further information, please call Specialized Programs at 206-684-4950 before venturing out to our programs.

## DISCLAIMER

Although we strive to be accurate, this brochure is published for information purposes only. Changes may be necessary to the content depending on levels of participation or other factors. Fees may change after printing and after City Council action on the City budget each year. Please visit [www.seattle.gov/parks](http://www.seattle.gov/parks) for updated information.



## CODE OF CONDUCT

Any participants conduct that is disruptive or unsafe to participants or staff may result in being sent home early that day or unable to attend on a permanent basis for the quarter.

This will be decided on a case-by-case basis and is at the discretion of the program leadership staff. Such conduct includes, but is not limited to: Destruction of property, harming oneself or another, or refusal to follow the minimum safety requirements to participate in activities. All incidents will be documented and reported to direct caregivers in a timely manner.

# GENERAL INFORMATION

## NOTICES

- Please refer to the “Keep me home...” information on page 4 before attending program. Do not come to program if you are sick or have Covid symptoms.
- Masks are optional but we encourage you to wear a face mask when attending programs to support people that might be at higher risk.
- Please only bring food to programs when asked to bring a sack lunch.
- All participants attending Specialized Programs must have a Participant Information Form (PIF) on file before they can attend program. If you have attended in-person programs since 2021, the PIF we have on file is still good. If there are updates staff should be aware of, please submit a new PIF. If you don't have a PIF on file, we can mail one to you or you can find it online here: <http://www.seattle.gov/parks/find/specialized-programs>

## REGISTRATION INFORMATION

When calling, tell us if you are using Access and if you are using DDA Respite Care or if you have qualified for a scholarship. Once approved for scholarship, it can be applied towards reducing the amount to be paid from 50 - 90%.

## PAYMENT

Please make checks payable to “City of Seattle”. Mail to: Specialized Programs, Magnuson Building 30, 6310 NE 74th St., Seattle WA 98115. Due Friday, March 22.

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reduce your carbon footprint at*

[www.seattlecan.org](http://www.seattlecan.org)



## REFUND POLICY

It is the policy of Seattle Parks and Recreation and the Associated Recreation Council that:

- Anyone who registers for a class, special event or program that is cancelled for any reason by Parks and Recreation will receive a full refund.
- Anyone who registers for a trip, special event, or class and who requests a refund 14 days or more before its start (or before the second session of a class), may receive a refund minus a service charge of 10% of the class fee.
- Anyone who registers for a special event or program and withdraws from the activity fewer than 14 days before its start, or anyone who registers for a class and withdraws after the second session of a class, will receive no refund.
- There are no refunds or make-up classes for sessions missed due to illness or vacations.

## PERSONS WITH DISABILITIES

Reasonable accommodations will be made on request for persons with disabilities. If you need sign language interpretation, auxiliary aids or other accommodations, call V/TDD 206-233-1509. If possible, please allow 10 working days advance notice for sign language interpretation or auxiliary aids. If a class or activity is scheduled in an area that is not barrier-free for wheelchairs, we will make every effort to help you find a similar program in an accessible location. As a matter of policy, law, and commitment, Seattle Parks and Recreation does not discriminate on the basis of sexual orientation, political ideology, age, creed, religion, ancestry, national origin, or presence of any sensory, mental, or physical handicap. (Seattle Municipal Code 18.12.180).





## PLEASE KEEP ANY PARTICIPANT AT HOME WITH ANY OF THE FOLLOWING SYMPTOMS:

### ILLNESS SYMPTOMS

- Fever of at least 100.4°
- Diarrhea, more than two loose stools per day or a stool contains a drop of blood or mucus
- Vomiting, twice or more in the past 24 hours
- Rash, any not associated with heat or allergic reaction
- Drainage from eye, redness of eyelid lining, swelling and discharge of pus
- Appearance/Behavior: Unusually tired, lack of appetite, confused, irritable, unable to participate in program
- Sore throat: especially with fever or swollen glands
- Head lice or nits: until no lice or nits are present
- Scabies: until after treatment
- Open or oozing sores, unless properly covered and 24 hours have passed since.

### COVID-19 SYMPTOMS

- A cough
- Shortness of breath or difficulty breathing
- A fever of 100.4 or higher or a sense of having fever
- A sore throat
- Chills
- New loss of taste or smell
- Muscle or body ache
- Nausea/vomiting/diarrhea
- Congestion/running nose – not related to seasonal allergies
- Unusual fatigue
- If you have tested positive for Covid-19 in the past 5 days, please contact Specialized Programs staff before returning to program.



## SCHOLARSHIPS AVAILABLE!

Specialized Programs has a significant scholarship fund available. We are offering year round scholarships for all ages. Scholarships can reduce the amount of registration fees starting from 50% to 90% based on total annual income and number of people supported on that income.

If you need assistance completing the form, please call Kyle Bywater at 206-684-7548.



# REGISTRATION INFORMATION

► **ADULTS:** Participants are limited to one program per location. **Registration starts at 9 a.m. on the dates listed below** by calling the Specialized Programs Office, 206-684-4950. When calling, tell us if you are using Access and if you are using DDA Respite Care or if you have qualified for a scholarship. Once approved for scholarship, it can be applied towards reducing the amount to be paid from 50-90%.

## ADULTS (Ages 21 and up)

<b>Sunshine Social</b>	Monday, March 11 - 9 a.m.	Can sign up for 1 of the 4 sessions.
<b>Fitness with Friends</b>	Tuesday, March 12 - 9 a.m.	Can sign up for Fitness or Health.
<b>Health</b>	Tuesday, March 12 - 9 a.m.	Can sign up for Fitness or Health
<b>Friday Night Hangouts</b>	Wednesday, March 13 - 9 a.m.	Can sign up for 1 of the 2 sessions.

► **YOUTH, TEEN, TRANSITION:** **Registration begins on Thursday, March 7.** Email Savannah.Seiple@seattle.gov to register for the programs below. After your registration email is received, you will get a confirmation email back from Savannah. No registrations can be taken before Thursday, March 7 at 9 a.m. Participants are limited to one program per location a day.

## YOUTH (Ages 4 - 21)

<b>Sensory Friendly Saturdays</b>	Can sign up for 1 session and wait list for 1 session.	
<b>Crossroads Afterschool Program</b>		

## TEEN (Ages 12 - 21)

<b>Teen Social</b>	Participants can sign up for 2 and wait list for 2.	
<b>Saturday Activities</b>	Can sign up for 1 and wait list for 1. Can sign up for either Sensory Friendly Saturdays or Saturday Activities; not both.	

## TRANSITION (Ages 16 - 30)

<b>Afternoon Hangout</b>		
<b>Baking Club</b>		

### PAYMENT INFORMATION:

Payments due by **Friday, March 22**  
 Payments for classes can be made by credit card OR check. Please made check payable to:  
**City of Seattle**

### MAIL CHECKS TO:

**SPECIALIZED PROGRAMS**  
 Magnuson Building 30  
 6310 NE 74th St  
 Seattle WA 98115

## SENSORY FRIENDLY SATURDAYS

**A program for participants ages 4 - 21.**

Engage in games, science, art, music, sensory exploration, indoor and outdoor activities, and some free play. Activities are fun, purposeful, and emphasize each child’s strengths to promote independence. This program is designed for youth who need a HIGH level of support to transition, complete activities, and socialize. (Please discuss with staff if this program is appropriate for your child.)

**Registration:** Participants can sign up for 1 session and wait list for 1 session. Refer to page 5 for registration information.

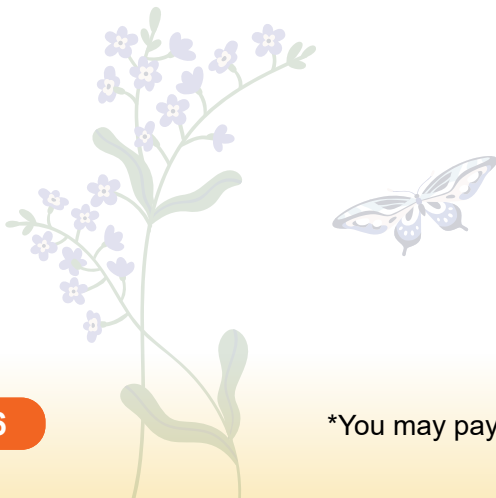
\*Note: Between **Sensory Friendly Saturdays** and **Saturday Activities** (page 9), for this quarter, you can only pick one of these programs, not both.

**Bring:** Sack lunch and drink



Dates	Times	Locations	Cost
Session #1: April 6, April 13 Session #2: April 27, May 4	9:30 a.m. - 1:30 p.m.	Garfield Teen Life Center 428 23rd Ave. Seattle, 98122	▶ \$45 per session

Access Drop-Off Time	Access Pick-Up Window
Drop-Off Appointment Time: 9:45 a.m.	Pick-Up Window: 1:15 - 1:45 p.m.



## CROSSROADS AFTERSCHOOL PROGRAM

A program for participants ages 4 - 21.

Come participate in enriching group activities such as arts and crafts, sports, active games, cooking, and more. Activities are designed to promote socialization, increase independence, and explore new leisure interests.

**Registration:** Refer to page 5 for registration information.

**Note:** You do not need to be a student at Aki Kurose Middle School to attend this program.

Dates	Times	Locations	Cost
Thursdays, March 28 - May 16	3:45 - 5 p.m.	Aki Kurose Middle School S. Graham St. Seattle, 98118	▶ FREE



## TEEN SOCIAL

**A program for participants ages 12 - 21.**

Let's get out into the community and have a fun Friday night! Participants will experience different activities around Seattle while focusing on socializing and experiencing new things. 1 on 1 supervision is not provided.

**Registration:** Participants can sign up for 2 and wait list for 2. Refer to page 5 for registration information.

Dates	Times	Locations	Cost
Fridays, April 5, 12; May 3, 10	4:30 - 8:30 p.m.	<p><b>North End Drop-Off/Pick-Up:</b> 8061 Densmore Ave. N Seattle, 98103</p> <p><b>South End Drop-Off/Pick-Up:</b> Jefferson Community Center 3801 Beacon Ave. S Seattle, 98108</p>	Please bring cash day of; amount in descriptions.

Access Drop-Off Time	Access Pick-Up Window
Drop-Off Appointment Time: 4:30 p.m.	8061 Densmore Ave. N <b>ONLY</b> Pick-Up Window: 8:30 - 9 p.m.

**April 5: Trivia Night!** A fun night of trivia with friends; dinner will be provided. ▶ \$15

**April 12: Dinner and a movie!** Let's have some fun watching a movie on the big screen and grabbing some dinner together. ▶ \$40

**May 3: Make dinner together.** We will menu plan as a group, grocery shop, and then cook our dinner together. ▶ \$15

**May 10: Mariners game and dinner!** \*Note: Because of the time and length of the game, this program will go until 9:15 p.m. ▶ \$40





## SATURDAY ACTIVITIES

A program for participants ages 12 - 21.

**Registration:** Participants can sign up for 1 and wait list for 1. Refer to page 5 for registration information.

\*Note: Between **Sensory Friendly Saturdays** (page 6) and **Saturday Activities**, for this quarter, you can only pick one of these programs, not both.

**Bring:** Sack lunch and drink

Dates	Times	Locations	Cost
Saturdays, March 30, April 20	9 a.m.- 2 p.m.	<p><b>North End Drop-Off:</b> 8061 Densmore Ave. N Seattle, 98103</p> <p><b>South End Drop-Off:</b> Jefferson Community Center 3801 Beacon Ave. S Seattle, 98108</p>	Please bring cash day of; amount in descriptions

Access Drop-Off Time	Access Pick-Up Window*
Drop-Off Appointment Time: 9 a.m.	*8061 Densmore Ave. N <b><u>ONLY FOR EVERYONE</u></b> , not just Access. Pick-Up Window: 2 - 2:30 p.m.



**March 30: The Outback Kangaroo Farm.** We will travel to the farm and see wallabies, alpacas and kangaroos! Please bring a sack lunch and drink. ▶ \$25

**April 20: Museum of Flight.** Let's take the day to learn new things about flight and space! Please bring a sack lunch and a drink. ▶ \$20



## AFTERNOON HANGOUT

**A program for participants ages 16 - 30.**

Participate in enriching group activities such as arts and crafts, sports, games, puzzles, and more. Activities are designed to promote socialization, increase independence, and explore new leisure interests.

**Registration:** Refer to page 5 for registration information.

Dates	Times	Locations	Cost
Tuesdays: March 26 - May 28	4 - 5:30 p.m.	Meadowbrook CC 10517 NE 35th Ave. Seattle, 98125	▶ \$40

Access Drop-Off Time	Access Pick-Up Window
Drop-Off Appointment Time: 4:15 p.m.	Pick-Up Window: 5:15 - 5:45 p.m.

## BAKING CLUB

**A program for participants ages 16 - 30.**

Let's bake with friends! This will be a hands-on baking program where participants will learn new recipes and kitchen skills and taste what they've baked with friends! If you choose to enroll in Baking Club on Wednesdays, please do not take Access directly from Sunshine Social Session 2. If you plan to register for both programs, sign up for an alternate Sunshine Social session or use private transportation.

**Registration:** Refer to page 5 for registration information.

Dates	Times	Locations	Cost
Wednesdays, March 27 - May 29	5 - 6:30 p.m.	Miller Community Center 330 19th Ave. E Seattle, 98122	▶ \$20

Access Drop-Off Time	Access Pick-Up Window
Drop-Off Appointment Time: 5:15 p.m.	Pick-Up Window: 6:15 - 6:45 p.m.

## TEMPORARY REDUCTION OF PROGRAMS

Specialized Programs is entering Spring Quarter with several full-time staff vacancies. Due to staffing capacity, we will be reducing some of our program offerings temporarily, including: Pottery Class, Spring Training, session 2 of Sunshine Social at Bitterlake CC, and Saturday Travels.

# ADULT PROGRAMS

## FOR AGES 21 AND OLDER

Please call Specialized Programs at **206-684-4950** starting on the time/dates listed on page 5. Please let us know if you are using Access and if you are using DDA Respite Care or have qualified for a scholarship.

### **PAYMENT INFORMATION:**

Payments due by **Friday, March 22**  
Payments for classes can be made by credit card OR check.  
Please made check payable to: **City of Seattle**

### **MAIL CHECKS TO:**

**SPECIALIZED PROGRAMS**  
Magnuson Building 30  
6310 NE 74th St  
Seattle WA 98115



## FITNESS WITH FRIENDS

A movement-based program where we stretch, play games, and try new exercise routines. All activities can be adapted to meet participant's mobility levels.

**Registration:** You may register for Fitness or Health. Space is limited to 10 participants. Refer to page 5 for registration information.



### SESSION 1

Dates	Times	Locations	Cost
Tuesdays, March 26 - May 28	10 - 11:15 a.m.	Meadowbrook Community Center 10517 NE 35th Ave. Seattle, 98125	▶ \$10
Access Drop-Off Time Drop-Off Appointment Time: 10:15 a.m.		Access Pick-Up Window Pick-Up Window: 11 - 11:30 a.m.	

### SESSION 2

Dates	Times	Locations	Cost
Tuesdays, March 26 - May 28	Noon - 1:15 p.m.	Meadowbrook Community Center 10517 NE 35th Ave. Seattle, 98125	▶ \$10
Access Drop-Off Time Drop-Off Appointment Time: 12:15 p.m.		Access Pick-Up Window Pick-Up Window: 1 - 1:30 p.m.	

### SESSION 3

Dates	Times	Locations	Cost
Tuesdays, March 26 - May 28	2 - 3:15 p.m.	Meadowbrook Community Center 10517 NE 35th Ave. Seattle, 98125	▶ \$10
Access Drop-Off Time Drop-Off Appointment Time: 2:15 p.m.		Access Pick-Up Window Pick-Up Window: 3 - 3:30 p.m.	





## SUNSHINE SOCIAL

This weekly program offers structured group activities that build social skills, independence, and friendships. Join us for themed celebrations, games, crafts, and more.

**Registration:** Call the Specialized Programs Office at 206-684-4950. Sign up for 1 of the 3 sessions. Space is limited to 15 participants per session. Refer to page 5 for registration information.

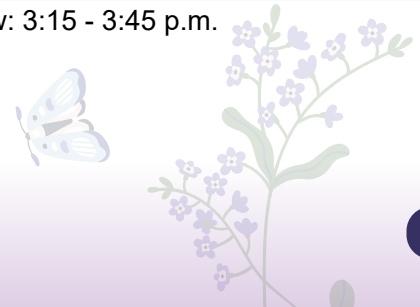
**Important Information:** If you choose to enroll in Sunshine Social Session 2 on Wednesdays, please do not take Access directly to the the Transition Baking Club Program at Miller Community Center. If you plan to register for both programs, sign up for an alternate Sunshine Social session or use private transportation.

Dates	Times	Locations	Cost
Wednesdays, March 27 - May 29 No program April 10 and 17 due to floor refinishing	Session 1: 10 a.m. - noon  Session 2: 1:30 - 3:30 p.m.	Rainier Beach Community Center 8825 Rainier Ave. S Seattle, 98118	▶ \$30 (reduced price for 2 week closure)

Dates	Times	Locations	Cost
Thursdays, March 28 - May 30	Session 1: 10 a.m. - noon  No session 2 offered this quarter due to staffing limitations.	Bitter Lake Community Center 13035 Linden Ave. N Seattle, 98133	▶ \$35

SESSION 1 Access Drop-Off Time	SESSION 1 Access Pick-Up Window
Drop-Off Appointment Time: 10:15 a.m.	Pick-Up Window: 11:45 a.m. - 12:15 p.m.

SESSION 2 Access Drop-Off Time	SESSION 2 Access Pick-Up Window
Drop-Off Appointment Time: 1:45 p.m.	Pick-Up Window: 3:15 - 3:45 p.m.



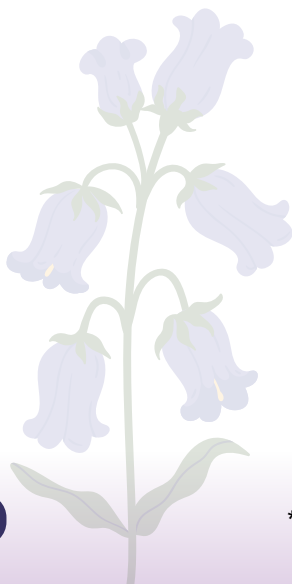
## HEALTH

We will start each program with active time in the gym and learn about nutrition and wellness. We will not be making food in this program this quarter. Activities will be planned with social distancing in mind and can be adapted to meet various mobility levels.

**Registration:** Space is limited to 20 participants. Can sign up for Health or Fitness. Refer to page 5 for registration information.

Dates	Times	Locations	Cost
Fridays, March 29 - May 31	1 - 3 p.m.	Van Asselt Community Center 2820 S. Myrtle St. Seattle, 98108	▶ FREE

Access Drop-Off Time	Access Pick-Up Window
Drop-Off Appointment Time: 1:15 p.m.	Pick-Up Window: 2:45 - 3:15 p.m.



## FRIDAY NIGHT HANGOUTS!

Come hang out and have dinner with your friends on a Friday night! For this event we will be meeting at a community center to socialize with friends, play games, and make memories. Dinner will be provided for this program.

**Registration:** Space is limited to 25 participants each day. Sign up for 1 of the 2 dates and be on the waiting list for the other. Refer to page 5 for registration information.

Dates	Times	Locations	Cost
Friday, April 19	5:30 - 8 p.m.	Camp Long 5200 35th Ave SW Seattle, 98126	▶ \$15
Friday, May 17	5:30 - 8 p.m.	Magnuson Community Center 7110 62nd Ave NE Seattle, 98115	▶ \$15

Access Drop-Off Time	Access Pick-Up Window
Drop-Off Appointment Time: 5:45 p.m.	Pick-Up Window: 7:45 - 8:15 p.m.

**April 19: Karaoke at Camp Long!** ▶ \$15

**May 17: Bingo at Magnuson Community Center!** ▶ \$15



## TEMPORARY REDUCTION OF PROGRAMS

Specialized Programs is entering Spring Quarter with several full-time staff vacancies. Due to staffing capacity, we will be reducing some of our program offerings temporarily, including: Pottery Class, Spring Training, session 2 of Sunshine Social at Bitterlake CC, and Saturday Travels.

# SPECIALIZED PROGRAMS

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Seattle, WA 98115  
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## BE A VOICE FOR YOUR COMMUNITY!

The Specialized Programs Advisory Council is seeking a Specialized Programs participant to serve on the council.

### DUTIES:

- Represent and advocate on behalf of the community
- Advise on programs and activities that meet community needs
- Assist with fundraising and promotions
- Help plan special events and support as a volunteer
- Commitment: One hour-long meeting each month

INTERESTED? Contact [Kyle.Bywater@seattle.gov](mailto:Kyle.Bywater@seattle.gov) or call 206-684-7548



**Seattle**  
Parks & Recreation

