

Mayor's Council on African American Elders

C/O – Aging and Disability Services, Seattle-King County
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Meeting Summary

January 19, 2018

Members Present – Brenda Charles, Chair, Cynthia Winters; Noris Daniel (Appointment pending), Claudette Thomas (Appointment pending); **Emeritus** – Mattie Taplin

Excused – Dr. Brenda Jackson, Jim Watkins

HSD/ADS Staff – Cathy Knight, ADS Director, Mia Kato, Student Intern, Dominique Stephens, HSD Community Engagement Manager, Karen Winston

I. ADS Senior Center RFP

ADS program specialist, Carlos Pulido provided an overview of the senior centers Request for Proposals (RFP). The RFP will be released in April 2018. Senior centers provide age-friendly local service hubs where people of all ages can actively engage in their community. The anticipated funding available is \$ 1,710,479. New contracts will begin January 1, 2019. The RFP will focus on:

- Preventing social isolation and enabling older residents of Seattle to access a range of activities and services.
- Improving the health, well-being, and independence of older adults through food and nutrition programs; health promotion, wellness and fitness; education, recreation, socialization and personal growth; social services; and outreach.

Carlos had several questions for MCAAE members regarding their experiences at senior centers. He indicated that their feedback will be used to help shape the content for the RFP application.

II. ADS Updates - ADS director Cathy Knight, provided the following ADS updates.

Age Friendly Seattle

ADS is in the process of hiring an Age-Friendly Strategic Advisor. Cathy invited MCAAE members to attend the Task Force meetings held every 3rd Friday, at 9:00 a.m., in the SMT, 40th floor.

Caregiver Support

Cathy also discussed the Medicaid Transformation Demonstration (MTD). MTD is a program intended to transform the delivery system for the 25% of Washington's population served by Medicaid. The goal is to provide support for clients, caregivers, providers, and communities in achieving improved health better care and lower costs. Karen will schedule a presentation for a future meeting.

Co-sponsored by:



City of Seattle



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Advocacy

Cathy shared the Age Wave Coalition's legislative agenda, and invited members to participate in upcoming legislative advocacy days. ADS will register participants and provide transportation.

- January 31 – W4A Lobby Day
- February 22 – Senior Lobby Day

Veterans, Seniors & Human Services Levy

The levy passed, and ADS is working with King County to help shape the Request for Funding (RFP) process, scheduled to be released in the spring. More to come.

III. 2018 Retreat

Members agreed on the following regarding their 2018 retreat.

Date: March 23, 2018
Location: SMT 40th Floor
Lunch: Will be provided.

Tentative Agenda:

1. Review pending items from the 2017 work plan.
2. Discussion items:
 - How can the MCAAE assist with Community Living Connections outreach and information other programs for caregivers and older adults.
 - How can the MCAAE assist with helping seniors find affordable housing.
3. Preliminary planning for meeting with Mayor Jenny Durkan.

The meeting was adjourned at 3:30 p.m. The next meeting is scheduled for Friday, February 16, 2018.