

STAYING CONNECTED NEWSLETTER

Cinco de Mayo celebration - A success!

The 5 de Mayo celebration at the Columbia Tower was a great success. Governor Christine Gregoire and Mayor Greg Nickels addressed the audience of over 60 people.

Latino City Employees members Patty Cortez-Quinones, Luis Hillon, Patricia López, Luis Ramirez, Susan Sánchez, Veronica Vaca, and Virginia Wehr, attended and met people from Boeing, Microsoft, the Latino Community Fund, University of Washington, Centro de la Raza, Baseline Engineering Inc., La Raza newsletter, Harborview Medical Center, Consejo, Univision, as well as different departments from the City of Seattle.

It was a lovely, well attended party!



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The purpose of the Latino City Employees organization is to encourage professional excellence, provide resources and to advocate the objectives of Latino City Employees.

Independence day!

Congratulations! to the following countries in the American continent who celebrated their national independence in the first half of the year:



Cuba declared its independence from Spain December 10, 1898; and from the US on May 20, 1902.



Dominican Republic - February 27, 1844, from Haiti.



Haiti - January 1, 1804 from France.



Guyana - May 26, 1966

Guyana declared its independence from the UK.



Paraguay - May 14, 1811 from Spain.

The history behind 5 de Mayo

Cinco de Mayo (Spanish for "Fifth of May") is a holiday in Mexico, and popular among Mexican-Americans in the United States.

The holiday commemorates a military victory at Puebla, Mexico, in 1862. In itself, the battle was not that important. But symbolically, it meant a great deal.

The Mexican people had gained independence from Spain in 1810. This was followed by internal political wars, then the Mexican-

American war, and finally the Mexican Civil War of 1858. These were now behind them, but the economy was in ruins.

France, using as an excuse Mexico's failure to pay its debt, sent an invading army to take over Mexico City and install Napoleon's relative, Maximilian of Austria, as ruler. The French army was moving toward Mexico City when, on May 5, 1862, a small and poorly armed detachment of Mexican soldiers defeated them.



France eventually sent a much larger army that managed to take over Mexico City in 1864, but the occupation was short-lived, lasting only three years.

Cinco de Mayo honors the spirit of the outnumbered militia that bravely withstood the powerful French army.

In the US it is a very good reason to say: **Salud!**

Cinco de Mayo is not the Mexican independence day. It celebrates the defeat of the French army in 1862.



This is a popular recipe from Chile.

Ingredients:

6 large ears of corn, grate the kernels.
8 leaves of fresh basil, finely chopped
1 tsp. Salt
3 tbsp. Butter
1/2 - 1 cup milk
4 large onions, chopped
3 tbsps. oil
1 lb. (1/2 kg) finely ground lean beef
1 tsp. ground cumin
4 hard-boiled eggs, sliced
1 cup black olives
1 cup raisins

12 pieces of chicken, browned in hot oil, seasoned with salt, pepper and cumin
2 tbsps. confectioners' sugar

How to prepare:

Heat the grated corn, chopped basil, salt and butter in a large pot. Add the milk little by little, stirring constantly until the mixture thickens.

Cook over low heat for 5 minutes. Leave to one side while you prepare the meat filling. Fry the onions in oil until transparent, add the ground meat and stir to brown. Season with salt, pepper and ground cumin.

To prepare the pie use an oven-proof dish that you can take to the table. Spread over the bottom of the dish the onion-ground meat mixture. Arrange over this the hard-boiled egg

slices, olives and raisins. Put the chicken pieces on top, bone the chicken if you like. Cover the filling with the corn mixture. Sprinkle the confectioners' sugar over the top.

Bake in a hot oven 400 Deg. F (205 Deg. C) for 30-35 minutes until the crust is golden brown. Serve at once. In Chile more sugar is served to sprinkle over the "pastel" as it is eaten.



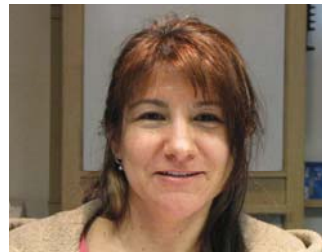
The 2009 LCE Leadership Team



Patricia Lopez. Co-chair.
Neighborhoods
Events and Latino Heritage
Month Committee
684-0713



Gladys Cuellar - Member
Parks and Recreation
Outreach Committee
684-7137



Patty Cortez-Quinones
Member
Seattle Public Utilities
Communications Committee
615-1632



Luis Hillon - Co-chair
Seattle Public Utilities
Training and Speaker Series
Committee
233-8734



Iris Guzman - Member
Human Services
Outreach Committee
684-0622



Carmen Valerio - Treasurer
Information Technology
Communications Committee
684-8341

Come get involved
with LCE! Get in
touch with our
leadership team to
find out how your
can participate!

Upcoming events

LCE membership meeting
Second Wednesday of the month
May 13, June 10, July 8, Au-
gust 12, September 9, October
14, November 11, December 9
Noon—1:00 pm
SMT 4540

Spanish Speaking Lunch
Starting July 7, 2009
Learning Spanish: Tuesdays
Conversational Spanish: Thursdays
Noon—1:00 pm

2nd floor, Columbia Tower
Tables outside the Complete Office
Solutions store.

Sunday, August 2
Affinity Group Summer Picnic
Noon—7:00 pm
Lincoln Park Shelter #5
patricia.lopez@seattle.gov
Phone: 206-684-0713

Saturday, October 3
Latino Heritage Celebration

8:00 pm—1:00 am
Seattle Aquarium, Pier 59
latinocityemployees@seattle.gov

Cine Seattle
September 24-27
<http://www.cineseatle.org/>

For additional information on all
LCE events, visit our website:

[http://www.seattle.gov/
latinoheritage/](http://www.seattle.gov/latinoheritage/)

Did you know?

The American continent is formed by North and South America. There are 35 sovereign states and 23 dependent territories. Official languages include Spanish, English, French, Portuguese, Dutch, Greenlandic, and many Amerindian dialects. The sovereign states are:

Country	Capital	Official language
Antigua and Barbuda	Saint John's	English
Argentina	Buenos Aires	Spanish
Bahamas	Nassau	English
Barbados	Bridgetown	English
Belize	Belmopan	English
Brazil	Brasilia	Portuguese
Canada	Ottawa	English, French
Chile	Santiago	Spanish
Colombia	Bogota	Spanish
Costa Rica	San José	Spanish
Cuba	Havana	Spanish
Dominica	Roseau	English
Dominican Republic	Santo Domingo	Spanish
Ecuador	Quito	Spanish
El Salvador	San Salvador	Spanish
Grenada	St. George's	English, Patois
Guatemala	Guatemala City	Spanish, Mayan dialects
Guyana	Georgetown	English, Arawak, Hindi
Haiti	Port-au-Prince	French, Haitian Creole
Honduras	Tegucigalpa	Spanish
Jamaica	Kingston	English
Mexico	Mexico City	Spanish and 62 indigenous Amerindian languages
Nicaragua	Managua	Spanish
Panama	Panama City	Spanish
Paraguay	Asuncion	Spanish, Guarani
Peru	Lima	Spanish
Saint Kitts and Nevis	Basseterre	English
Saint Lucia	Castries	English
Saint Vincent and the Grenadines	Kingstown	English
Suriname	Paramaribo	Dutch
Trinidad and Tobago	Port of Spain	English
United States of America	Washington, D.C.	English
Uruguay	Montevideo	Spanish
Venezuela	Caracas	Spanish

The American continent is formed of 58 countries speaking Spanish, Dutch, Portuguese, English, French, Greenlandic and many native dialects.