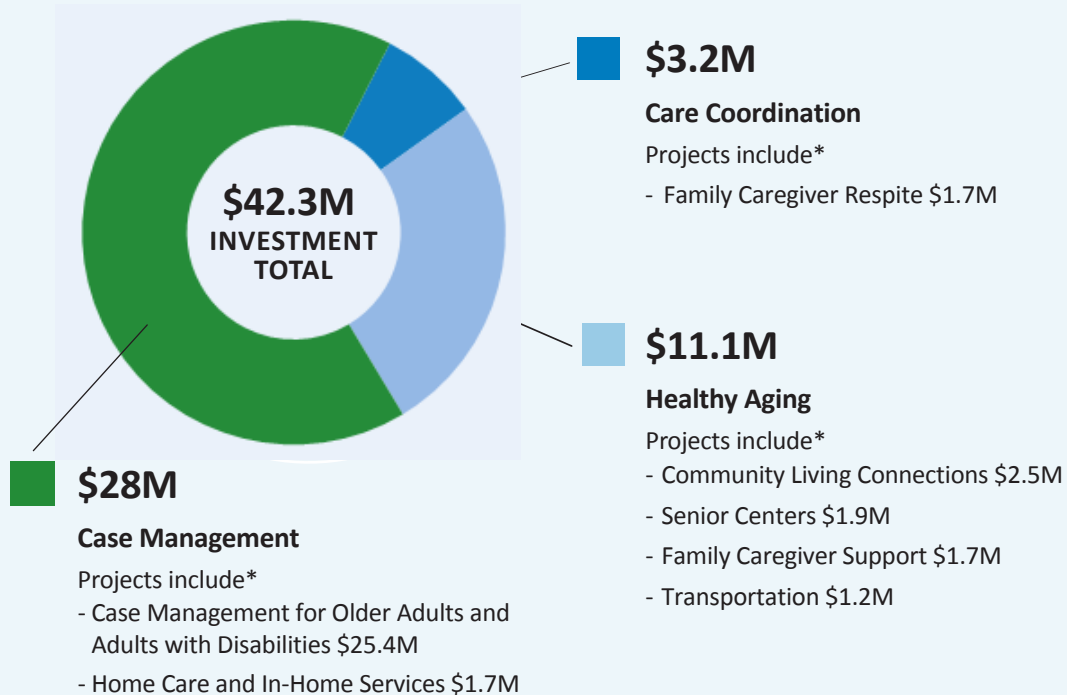


# Promoting Healthy Aging



HSD's Aging and Disability Services (ADS) Division is designated by the state and federal governments as the Area Agency on Aging. In this Agency role, staff plan, coordinate, and advocate for a comprehensive, countywide service-delivery system for older people, family caregivers, and individuals with disabilities. The division funds and delivers an array of long-term services and supports: including case management for clients who receive in-home care, nutrition services, caregiver support, senior centers, and information and referrals to ensure that all older people and adults with disabilities experience stable health and are able to age in place. In 2019, ADS conducted 12,186 long-term care assessments and authorized \$377,940 in services for 12,598 people.

## 2019 Budget



*\*Projects mentioned do not reflect all services funded for this impact area.*

## Making Seattle Age-friendly

An age-friendly city is a community in which people can grow up and grow old with ease. The World Health Organization (WHO) determined specific environmental, economic, and social factors that influence the health and well-being of older adults. Sometimes, these are called “The 8 Domains” of livability. Through Age Friendly Seattle, HSD collaborates with other City departments and stakeholders to make improvements in:

1. Transportation
2. Housing
3. Outdoor Spaces and Buildings
4. Social Participation
5. Respect and Social Inclusion
6. Civic Participation and Employment
7. Community and Health Services
8. Communication and Information



### Students Help Promote Age Friendly Business

HSD’s ADS division worked with a UW Information School team on a project that “capped” undergraduate degrees for four students. The Age Friendly Business team produced a website ([GoAgeFriendly.org](http://GoAgeFriendly.org)) that provides tips and tools for age-friendly employment practices and customer service.

## Promoting Accessibility and Universal Design

HSD’s ADS division received a 2019 Aging Achievement Award from the National Association of Area Agencies on Aging for accessibility advocacy based on their advocacy for accessible events and meetings (see picture on previous page). The Northwest Universal Design Council (NWUDC) and Age Friendly Seattle hosted a large forum on accessible events and meetings at City Hall in May. In August, the NWUDC, Age Friendly Seattle, and the Washington Assistive Technology Act Program collaborated on “Doorway to Inclusion and Independence,” an exhibit at the two-day Seattle Design Festival Block Party at South Lake Union Park.



### Area Plan for 2020–2023

In October, the Aging and Disability Services division submitted its updated four-year plan to the State for services that support older people, adults with disabilities, caregivers, and families throughout King County. Learn more at [www.agingkingcounty.org](http://www.agingkingcounty.org).

## Community Living Connections

HSD funds Community Living Connections—a network of community providers—to connect older people, adults with disabilities, caregivers, family members, and professionals to resources and service options. Provider collaboration in 2019 enabled network expansion to support new agencies serving LGBTQ and south Asian elders and African American caregivers. The network now has greater capacity for south King County residents and improved access to transportation services.



To access services, call 1-844-348-5464 or visit [communitylivingconnections.org](http://communitylivingconnections.org)