

Mayor's Council on African American Elders

C/O – Aging and Disability Services, Seattle-King County
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Meeting Summary

March 17, 2017

Members Present – Mattie Taplin, Chair, Brenda Charles (Appointment pending); Dr. Brenda Jackson; Jim Watkins (Appointment pending), Robert Wood (Appointment pending)

Excused – Susan Millender; Cynthia Winters (Appointment pending)

ADS Staff – Karen Winston

I. Introductions

Robert Wood attended the meeting and is interested in being appointed to the MCAAE. His background includes organizational development, leadership training and strategic planning.

II. MCAAE History

Mattie reviewed information about the MCAAE, including the background and how it was initiated. She also reviewed the MCAAE mission and the duties and responsibilities of commissioners.

III. ADS Updates

Age-Friendly Seattle - Karen provided an update on the Age-Friendly Task Force.

- Task Force workgroups have been established, based on the age-friendly domains, and will start with focus on (1) Social Participation; (2) Civic Engagement & Employment; (3) Respect & Inclusion; and (4) Communication & Information.
- Everyone was encouraged to join Mayor Ed Murray at the official Age-Friendly launch, scheduled for Wednesday, March 22, at 10:30 a.m., at the Pike Market Senior Center.
- For an overview of age-friendly communities, visit: www.agingkingcounty.org/what-we-do/age-friendly-communities/

Legislative – Mattie attended Senior Lobby Day in Olympia and provided a brief overview. Karen distributed copies of the AARP Fact Sheets on Medicare and Medicaid, that reviews what the impact would be on Washington State, if the proposed changes are enacted. She also reviewed an n4a announcement that outlined what the Trump Administration's plan would mean for vulnerable adults and struggling caregivers. There are serious concerns.

Co-sponsored by:



Black History Month Celebration with Mayor Ed Murray – Mattie attended the event and was on the agenda to talk about the MCAAE and encourage participation. Mattie reported the event was excellent, with a great turnout, despite the weather. As a result, two individuals expressed interest in learning more about the commission.

IV. HIV is Ageless Debrief

Mattie and Karen provided an overview of the **HIV is Ageless** event. About 40 individuals attended the forum, held at the Rainier Beach Community Center. The purpose of the event was to increase awareness about HIV/AIDS among adults age 50 years and older. In King County, among those diagnosed with HIV, about 1,800 (25%) are age 55 and older. HIV positive individuals are living longer due to antiretroviral medications, and for that reason, HIV is now classified as a manageable chronic disease, and many baby boomers are living positive as they continue to age. Presentation topics covered: The Impact of HIV/AIDS Among Older African Americans; Taking Care of the Body, Mind and Spirit; and Keys to Prevention. Forum co-sponsors included: The Mayor's Council on African American Elders; African American Reach & Teach Health (AARTH); Aging and Disability Services; AIDS Healthcare Foundation; Center for Multicultural Health; Fred Hutch; HIV Vaccine Trials Unit; The Legacy Project; and POCAAN (People of Color Against AIDS Network).

V. 2017 Work Plan

Mattie reviewed past MCAAE events and activities, and members discussed future possible events. Brenda suggested an event in June, in recognition of Elder Abuse Day, which is June 15. This will be re-visited when all members are in attendance.

VI. April Meeting

- Kent Black Action – Invite them to the March meeting or schedule a separate meeting.

The meeting was adjourned at 3:45 p.m.