

Mayor's Council on African American Elders

C/O – Aging and Disability Services, Seattle-King County
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Meeting Summary

August 18, 2017

Members Present – Mattie Taplin, Chair, Brenda Charles; Dr. Brenda Jackson, Cynthia Winters. **Guests:** Lynda Green, Director, Southeast Seattle Senior Center

Excused –Susan Millender Jim Watkins

ADS Staff – Karen Winston

I. Planning for Our Lives, Our Choices Presentation

The meeting was held at the Southeast Seattle Senior Center (SESSC), in order to prepare for Dr. Jim deMaine's presentation regarding end-of-life (EOL). The presentation is confirmed for Friday, September 22, from 10 – 11:30 a.m., in the Multipurpose Room.

Next steps

- Karen will create a flyer for the event. Members agreed to help with distribution in the community. Target audience: Older adults; adult children; and caregivers. SESSC will initiate a robo-call about the event to their membership.
- Karen will make copies of the PowerPoint slides.
- Karen will bring a laptop and projector.
- SESSC will provide coffee and snacks.
- Lunch will be provided after the event. Cost - \$4 for people age 60 and older.

Members also discussed topics for future presentations, including guardianship and financial fraud.

II. Future Collaborations with SESSC

Members discussed other possible topics for future presentations, including:

- Displacement of older adults in Columbia City and the limited affordable housing. Several buildings are being converted to condos. Many seniors, mostly women, are being impacted.
- A panel discussion about medication management, including information about opioids and medical marijuana.
- Many people age 60 and older have cancer. A panel discussion on surviving a cancer diagnosis

III. September Meeting

There will be no meeting in September. Instead, Dr. deMaine's presentation will be the meeting. The next meeting will be Friday, October 20, at the Seattle Municipal Tower.

Co-sponsored by:



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