

Mayor's Council on African American Elders

2022 Highlights & Accomplishments

Visit our website for more information at

www.seattle.gov/mcaae

Month	Topic	Outcome
January	Washington Homeownership Resource Center	Outreach Specialist Stephanie Lennon discussed resources for potential homebuyers provided by the Washington State Homeownership Resource Center www.homeownership-wa.org
February	Sharing History Through Active Reminiscing and Photo-Imagery (SHARP Seattle)	Co-leads Marigrace Becker and Karen Winston presented the new SHARP Seattle pilot—a culturally celebratory neighborhood walking and reminiscing program for Black older adults. https://bit.ly/3HzhpcB
March	Age Friendly: First 5 Years Report – 2017-2021.	Age Friendly manager, Dinah Stephens provided an overview of the 5-year report covering Age Friendly Seattle's activities and shared goals.
May	Foundation for MCAAE Priorities: A look at Local Data on African Americans Age 60+	Public Health: Seattle & King County Epidemiologist MyDuc Ta, presented existing King County data for African Americans aged 60+ and members discussed potential strategies for addressing gaps.
June	Generational Wealth: A Discussion re Priorities	Staff from the Peoples Economy Lab sought input from MCAAE members on the City of Seattle's effort to address the racial wealth divide to support Black, Indigenous, and People of Color in building generational wealth. About 15 faith-based organizations in Seattle and King County participated in Memory Sunday , an annual event aimed at increasing awareness about Alzheimer's and dementia.
July	Seattle Comprehensive Plan	Members learned about the Seattle Comprehensive Plan . The plan serves as the framework for most of the big-picture decisions on growth, preservation, and improving Seattle neighborhoods.
August	Healthy Seattle Initiative	Mayor's Office staff, Edwina Martin-Arnold, Equitable Strategies Manager, and Jeff Sukuma, Health Integration Strategist, presented an overview on the Mayor's proposed Healthy Seattle Initiative, a plan to not only provide health care to "all" city residents, but to promote healthy living.



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September	<p>Grandparents Day</p>  <p>Older Black Adults and Mental Health</p>	<p>The 4th Annual Grandparents Day Celebration was September 11, in partnership with AARP and the Northwest African American Museum (NAAM). The event featured professional storyteller Zelda Foxall, Kibibi Monet, and the NAAM African American Cultural Ensemble (ACE). About 30 individuals joined the virtual event.</p> <p>George Dicks, Harborview Medical Center Geriatrics Mental Health Specialist discussed mental health challenges faced by older Black adults.</p>
October	<p>Heart'n Soul Hospice</p> 	<p>Nathan Yemane, Founder and Owner of Heart'n Soul Hospice returned to provide an update on the development of the first Black-owned hospice organization in King County.</p>
November	<p>African American Caregiver Forum: Legacy of Love</p>  	<p>About 35 caregivers and individuals attended the virtual forum on November 12. Dr. Raina Croff, Assistant Professor of Neurology at Oregon Health & Science University, presented on "<i>Black Joy Matters for Caregiver Health</i>." The forum also included a panel of local caregivers who shared their caregiving journeys, and Catherine Cordova, Chaplain, Evergreen Hospice Services, discussed demystifying conversations about hospice and end of life.</p> <p>Thanksgiving Turkey Giveaway – For the first time MCAAE members collaborated with the University District Rotary, Women United, Maverick Cares, and Modern Family Solutions to provide 150 turkeys, sides, and produce boxes, to families in need in southeast Seattle.</p>
December	<p>Tubman Center for Health & Freedom</p>	<p>Chief Executive Officer, AyeNay Abye provided an overview of the mission/vision/goals of the Tubman Center and plans for addressing Black health and wellness in Seattle and King County.</p>

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