

2023 Culturally Nourishing Foods for Older Adults RFP

Theory of Change Term		
Population Accountability	Population HSD Population Priority Population	All 60+ older adults living in King County Older adults; 60 years and older, low income, immigrant/refugee, or unhoused/unsheltered
	Desired Result	All older adults experience stable health and are able to age in place
	Indicator(s) HSD Indicator(s)--REQUIRED Additional Indicator(s)--OPTIONAL	% of older adults reporting fair or poor health % of older adults experiencing food insecurity
Racial Equity Population Accountability	Racial Disparity Indicator Data	<ul style="list-style-type: none"> • % of adults reporting fair or poor health in Seattle:¹ <ul style="list-style-type: none"> ○ % of American Indian/Alaska Native People ○ 9% of Asian People ○ % of Black/African American People ○ 16% of Hispanic/Latinx People ○ % of Native Hawaiian/Pacific Islander People ○ % of People who Identify as Two or More Races ○ 12% White People • % of adults experiencing food insecurity in Seattle² <ul style="list-style-type: none"> ○ % of American Indian/Alaska Native People ○ 6% of Asian People ○ 33% of Black/African American People ○ 28% of Hispanic/Latinx People ○ % of Native Hawaiian/Pacific Islander People ○ 134% of People who identify as Two or More Races ○ 8% of White People
	Focus Population	<ul style="list-style-type: none"> • American Indian/Alaska Native • Asian • Black/African American/African Descent • Hispanic/Latinx • Native Hawaiian/Pacific Islander
	Population-Level Racial Equity Goal(s)	<ul style="list-style-type: none"> • % of BIPOC older adults reporting fair or poor health • % of BIPOC older adults experiencing food insecurity

¹ Public Health Seattle-King County BRFSS, Avg. 2015-2019. Missing data - data suppressed if too few cases to protect confidentiality and/or report reliable rates.

² Public Health Seattle-King County BRFSS, 2008-2020. Missing data - data suppressed if too few cases to protect confidentiality and/or report reliable rates.

Program Accountability	Strategies	Food and meals Food access Social engagement
	Activities of RFQ	<ul style="list-style-type: none"> • Food and meals –culturally nourishing groceries or meals that cannot be funded through other fund sources. • Food access – transportation to culturally nourishing food activities • Social engagement – activities that promote older people to connect to each other and center on culturally nourishing food (e.g., nutrition education, farm field trips, cultural celebrations, etc.)
	Performance Measure	<p>Performance measures will be developed in collaboration with successful applicants which may include the following:</p> <p><u>Food and/or Meals</u></p> <p>A. Quantity</p> <ul style="list-style-type: none"> • # of older adults (unduplicated) • # of food bags or meals <p>B. Quality</p> <ul style="list-style-type: none"> • Older adults report food and/or meals are culturally relevant <p>C. Impact</p> <ul style="list-style-type: none"> • % of older adults who have increased food security due to receiving culturally nourishing food and/or meals <p><u>Food Access</u></p> <p>A. Quantity</p> <ul style="list-style-type: none"> • # of older adults (unduplicated) • # of trips <p>B. Quality</p> <ul style="list-style-type: none"> • Older adults report transportation service met their need <p>C. Impact</p> <ul style="list-style-type: none"> • % of older adults who have access to culturally nourishing food and meals <p><u>Social Engagement</u></p> <p>A. Quantity</p> <ul style="list-style-type: none"> • # of older adults (unduplicated) • # of activities <p>B. Quality</p> <ul style="list-style-type: none"> • Culturally nourishing social connectivity activities are offered in older adults preferred language <p>C. Impact</p> <ul style="list-style-type: none"> • % of older adults report feeling connected to their cultural and local community

	Racial Equity Performance Measures	<p>Performance measures will be developed in collaboration with successful applicants which may include the following:</p> <p><u>Food and/or Meals</u></p> <p>D. Quantity</p> <ul style="list-style-type: none"> • # of BIPOC older adults (unduplicated) • # of food bags or meals for BIPOC older adults <p>E. Quality</p> <ul style="list-style-type: none"> • BIPOC older adults report food and/or meals are culturally relevant <p>F. Impact</p> <ul style="list-style-type: none"> • % of BIPOC older adults who have increased food security due to receiving culturally nourishing food and/or meals <p><u>Food Access</u></p> <p>D. Quantity</p> <ul style="list-style-type: none"> • # of BIPOC older adults (unduplicated) • # of trips for BIPOC older adults <p>E. Quality</p> <ul style="list-style-type: none"> • BIPOC older adults report transportation service met their need <p>F. Impact</p> <ul style="list-style-type: none"> • % of BIPOC older adults who have access to culturally nourishing food and meals <p><u>Social Engagement</u></p> <p>B. Quantity</p> <ul style="list-style-type: none"> • # of BIPOC older adults (unduplicated) • # of activities for BIPOC older adults <p>D. Quality</p> <ul style="list-style-type: none"> • Culturally nourishing social connectivity activities are offered in BIPOC older adults preferred language <p>E. Impact</p> <ul style="list-style-type: none"> • % of BIPOC older adults report feeling connected to their cultural and local community
--	------------------------------------	--