

2023 Congregate Meals for Older Adults RFQ

Theory of Change Term		
Population Accountability	Population HSD Population Priority Population	All 60+ older adults living in King County Defined by the Older American's Act: <ul style="list-style-type: none"> • Residing in rural areas; • With greatest economic need; • With greatest social need; • With severe disabilities; • With limited English proficiency; • With Alzheimer's disease and related disorders; • At risk for institutional placement
	Desired Result	All older adults experience stable health and are able to age in place
	Indicator(s) HSD Indicator(s)--REQUIRED Additional Indicator(s)--OPTIONAL	% of older adults reporting fair or poor health % of older adults experiencing food insecurity
Racial Equity Population Accountability	Racial Disparity Indicator Data	<ul style="list-style-type: none"> • % of adults reporting fair or poor health in King County:¹ <ul style="list-style-type: none"> ○ 25% of American Indian/Alaska Native People ○ 9% of Asian People ○ 18% of Black/African American People ○ 20% of Hispanic/Latinx People ○ 8% of Native Hawaiian/Pacific Islander People ○ 12% of People who Identify as Two or More Races ○ 11% White People • % of older adults experiencing food insecurity in King County² <ul style="list-style-type: none"> ○ 52% of American Indian/Alaska Native People (Alone or in combination with other race/ethnicity) ○ 6% of Asian People ○ 24% of Black/African American People ○ 24% of Hispanic/Latinx People ○ 24% of Native Hawaiian/Pacific Islander People ○ 17% of Native Hawaiian/Pacific Islander People (alone or in combination with other

¹ Public Health Seattle-King County BRFSS, Avg. 2015-2019

² Public Health Seattle-King County BRFSS, Avg. 2008-2020 For all race categories except White interpret with caution because of small response rates.

		<p>race/ethnicity)</p> <ul style="list-style-type: none"> ○ 24% of People who identify as Two or More Races ○ 7% of White People
	Focus Population	<ul style="list-style-type: none"> • American Indian/Alaska Native • Asian • Black/African American/African Descent • Hispanic/Latinx • Native Hawaiian/Pacific Islander
	Population-Level Racial Equity Goal(s)	<ul style="list-style-type: none"> • % of BIPOC older adults reporting fair or poor health • % of BIPOC older adults experiencing food insecurity
Program Accountability	Strategies	Congregate meals with engagement and nutrition education
	Performance Measure	<p>Quantity:</p> <ul style="list-style-type: none"> • # of unduplicated older adults • # of meals <p>Quality:</p> <ul style="list-style-type: none"> • Older adults receive nutritious meals • Older adults receive meals that are culturally relevant • % of older adults who engage in activities provided around meals <p>Impact:</p> <ul style="list-style-type: none"> • % of older adults have increased food security as a result of the Congregate Meal Program
	Racial Equity Performance Measures	<p>Quantity:</p> <ul style="list-style-type: none"> • # of BIPOC unduplicated older adults • # of meals served to BIPOC older adults <p>Quality:</p> <ul style="list-style-type: none"> • BIPOC older adults receive nutritious meals • BIPOC older adults receive meals that are culturally relevant • % of BIPOC older adults who engage in activities provided around meals <p>Impact:</p> <ul style="list-style-type: none"> • % of BIPOC older adults have increased food security as a result of the Congregate Meal Program