### SEXUAL ASSAULT INFORMATION WHEN YOU NEED IT

BEGIN REPORTING WHEN YOU ARE READY

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SEEKTHENSPEAKSEATTLE.COM

# CONTACT

For questions or support, email: seekthenspeak@seattle.gov



TO BEGIN, SCAN THE QR CODE OR VISIT THE LINK BELOW

### SEEKTHENSPEAKSEATTLE.COM

This tool does not replace existing emergency services. Call 911 or seek immediate medical care if:

- Assault occurred in the last 10 days
- You're in pain or possibly injured
- Threat of harm to you or others

Seek then Speak is supported by:







A NEW PATHWAY TO JUSTICE FOR SURVIVORS OF SEXUAL ASSAULT

**SEEK**: Explore Your Options **SPEAK:** Begin the Reporting Process **CONNECT**: Find Local Resources



# **SEEK: EXPLORE OPTIONS**

In SEEK, survivors can privately gather information and consider next steps.

Topics include:

- Sexual Assault
- Crime Victim Rights
- Victim Advocacy
- Medical Care / Forensic Exams
- Reporting to Police

SEEK is designed to address real-world questions that survivors are likely to have.

An additional section of SEEK is designed for support people, with concrete tips on how to respond and support survivors.

# SPEAK: BEGIN REPORTING

Begin the process of reporting your sexual assault in SPEAK, a self-guided interview.

## HOW IT WORKS:

- Complete the interview at your own pace, at a time and place that feels right for you.
- Once finished, the program generates a downloadable pdf that you can:
  - Save or print for your own records
  - Email to law enforcement

To submit your report to Seattle Police Department, email the pdf to: SEEKTHENSPEAK@SEATTLE.GOV

## WHAT HAPPENS NEXT:

- After you submit your report, advocate will be in touch to follow up.
- Police will review your report and may open an investigation to determine what crimes were committed based on state law and evidence available.





#### ACCESSIBLE:

- Free to use, available on any digital device.
- User-friendly interface enhances accessibility.
- Translated into a wide range of languages.

### SURVIVOR-CENTERED:

- You are in control each step of the way.
- You can provide as much or as little info as you want, and take as much time as you need.
- You decide if and when you want to report.

#### TRAUMA-INFORMED:

• Prompts replicate the investigative interview done by a law enforcement officer trained in sexual assault victimization and trauma.

### CONFIDENTIAL:

• For your privacy, the site will prompt you to clear your data after downloading your report to ensure that your information is kept private.





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