



# 2026 Plan Guide

# **City of Seattle**

UnitedHealthcare® Group Medicare Advantage (HMO)

**Group Number:** 76041

Effective: January 1, 2026 through December 31, 2026

United Healthcare<sup>®</sup> Group Medicare Advantage

# With the UnitedHealthcare Group Medicare Advantage (HMO) plan, you get more

Your former employer or plan sponsor has selected UnitedHealthcare® to provide health care and prescription drug coverage to their Medicare-eligible retirees. With this plan, you'll enjoy an easier than ever Medicare experience. You've earned it.



### Read through this Plan Guide to get to know your new plan

The guide includes:

- A description of the plan and how it works
- Information about benefits, programs and services, and how much they cost
- Information about covered drugs and how much they cost
- What you can expect after you're enrolled in the plan

Please keep this Plan Guide. It has information that will be helpful once you become a member.

You can also get plan information at **retiree.uhc.com**. Select the **Chat now** button to connect with one of our knowledgeable Customer Service Advocates. Or, use the Group Number on the front cover of this book to access plan materials online.



### How to enroll

- 1 Find the Enrollment Request Form near the end of this guide
- **2** Fill out the form completely making sure to sign and date the form
- **3** Return your completed form to the address or fax number on the form before your enrollment deadline



### Take control of your health

We can help you get access to the care you need when you need it. Let us help you find ways to save money on your health care so you can focus on what matters most to you.



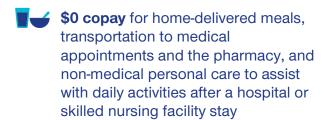


# More than health insurance

With this UnitedHealthcare Group Medicare Advantage (HMO) plan you get medical and prescription drug coverage and so much more. More benefits. More savings. More experience. More choices. More convenience.

### Here's just some of what this plan offers





Earn rewards to spend on eligible items like gifts, clothing, groceries and more

Free delivery with Optum® Home
Delivery Pharmacy for prescriptions
you take regularly\*

Free standard gym membership at participating locations



Free Optum® HouseCalls visit from one of our licensed health care practitioners

\$0 copay for a hearing exam and \$500 allowance to spend on a broad selection of hearing aids for both ears every 3 years

Virtual doctor and behavioral health visits using your computer, tablet or smartphone – anytime, day or night

Special programs to help you if you are living with a chronic disease, like diabetes or heart disease, or other complex health needs

Free diabetic supplies like needles and test strips



Review the Summary of Benefits in this guide for more details

\*Optum® Home Delivery Pharmacy and Optum Rx affiliates are not available in all areas.

Y0066\_GRP\_ModBen\_2026\_M UHEX26HO0308866\_000



# More from your health plan

Your HMO plan is a Medicare Advantage plan, also known as Medicare Part C. This plan has all the benefits of Medicare Part A (hospital coverage) and Medicare Part B (doctor and outpatient care) plus extra programs that go beyond Original Medicare (Medicare Parts A and B). Medicare has rules about what types of coverage you can add or combine with a group-sponsored Medicare Advantage plan.



# Here's how this HMO plan works



Get care from providers in our large Medicare National Network



Select a primary care provider (PCP) to oversee and help manage your care

If you need to see a specialist, get a referral from your PCP first.



You pay a standard copay or coinsurance, or \$0 in some cases, to see a provider in network

We work closely with our network (contracted) providers to make sure they have access to resources and tools to help them work with you for better health outcomes.



This plan has separate maximum annual out-of-pocket amounts for medical and prescription drugs

If you reach your plan's medical limit, the plan will pay 100% of your Medicare-covered services for the rest of the plan year. After you and others on your behalf have paid a combined total of \$2,100 for your prescription drugs, you won't pay anything for your Medicare-covered Part D drugs for the rest of the calendar year.



Emergency and urgently needed services are covered anywhere in the world



This plan includes prescription drug coverage for thousands of brand name and generic drugs

To search for a network provider or pharmacy, visit **retiree.uhc.com**. You can also view the plan Drug List (Formulary) to see what drugs are covered and if there are any restrictions.

Scan this code to view the Drug List



# More ways to learn about your plan

It's important that you understand your plan and what benefits are covered. You can find the Drug List, Provider and Pharmacy directories and more at **retiree.uhc.com**.



# Review the online Drug List to see what prescription drugs are covered

And what drug tier they are in. Generally, the lower the drug tier, the less you'll pay.



# Review the online Provider Directory to see if your providers are in the network

Always see network providers for your care. Your plan doesn't cover care from providers outside the network, except in an emergency.



# Review the online Pharmacy Directory to see what pharmacies are in our network

If your pharmacy is not in the network, you will need to select a new network pharmacy to pay your plan's lowest cost for prescription drugs.



# Review the Summary of Benefits in this guide to see how much you'll pay for medical services and prescription drugs

You can also review the Summary of Benefits online.

If you're not sure if you are enrolled in Medicare Part B, check with Social Security at ssa.gov/locator or call 1-800-772-1213, TTY 1-800-325-0778, 8 a.m.-7 p.m., Monday-Friday, or call your local office.

You may be disenrolled from this plan if you stop paying your Medicare Part B premium.



# You're eligible to enroll in this plan if you:



Are entitled to Medicare
Part A and enrolled in
Medicare Part B.



Continue to pay your Part B premium (unless it's paid for you).



**Remember:** If you drop or are disenrolled from your group-sponsored retiree coverage, you may not be able to re-enroll. Limitations and restrictions vary by former employer or plan sponsor.



# **Summary of** Benefits 2026

**UnitedHealthcare® Group Medicare Advantage (HMO)** 

Group Name (Plan Sponsor): City of Seattle Group Number: 76041

H3805-806-000

Look inside to learn more about the plan and the health and drug services it covers. Contact us for more information about the plan.



retiree.uhc.com



Toll-free **1-877-714-0178**, TTY **711** 

8 a.m.-8 p.m. local time, Monday-Friday

United Healthcare **Group Medicare Advantage** 

Y0066\_SB\_H3805\_806\_000\_2026\_M

# **Summary of Benefits**

# January 1, 2026 - December 31, 2026

This is a summary of what we cover and what you pay. Review the Evidence of Coverage (EOC) for a complete list of covered services, limitations and exclusions. You can call Customer Service if you want a copy of the EOC or need help. When you enroll in the plan, you will get more information on how to view your plan details online.

# **UnitedHealthcare® Group Medicare Advantage (HMO)**

Medical premium and limits			
	In-network		
Monthly plan premium	Contact your group plan benefit administrator to determine your actual premium amount, if applicable.		
Maximum out-of-pocket amount (does not include prescription drugs)	\$2,000 annually for Medicare-covered services.		
	If you reach the limit on out-of-pocket costs, you keep getting covered for hospital and medical services and we will pay the full cost for the rest of the plan year.		
	Please note that you will still need to pay your monthly premiums, if applicable, and cost-sharing for your Part D prescription drugs.		

Medical benefits				
		In-network		
Inpatient hospital care <sup>1</sup>		\$200 copay per stay		
		Our plan covers an unlimited number of days for an inpatient hospital stay.		
Outpatient hospital <sup>1</sup>	Ambulatory surgical center (ASC)	\$100 copay		
Cost sharing for additional plan	Outpatient surgery	\$100 copay		

Medical benefits				
		In-network		
covered services will apply.	Outpatient hospital services, including observation	\$100 copay		
Doctor visits	Primary care provider (PCP)	\$10 copay		
	Virtual visit	\$0 copay		
	Specialist <sup>1</sup>	\$20 copay		
Preventive	Routine physical	\$0 copay; 1 per p	olan year	
services	Medicare-covered	\$0 copay		
	<ul> <li>Abdominal aort screening</li> <li>Alcohol misuse</li> <li>Annual wellnes</li> <li>Bone mass mederate (mammogram)</li> <li>Cardiovascular (behavioral there is Cardiovascular (behavioral and vascreening)</li> <li>Colorectal cand (colonoscopy, fitest, flexible signification between the coloring in the coloring in Diabetes acreed monitoring in Diabetes - Selfit training in Dialysis training in Glaucoma screed in Hepatitis C screed in HIV screening</li> </ul>	counseling s visit asurement screening disease rapy) screening ginal cancer cer screenings fecal occult blood amoidoscopy) eening nings and -Management	<ul> <li>Kidney disease education</li> <li>Lung cancer with low dose computed tomography (LDCT) screening</li> <li>Medical nutrition therapy services</li> <li>Medicare Diabetes Prevention Program (MDPP)</li> <li>Obesity screenings and counseling</li> <li>Prostate cancer screenings (PSA)</li> <li>Sexually transmitted infections screenings and counseling</li> <li>Tobacco use cessation counseling (counseling for people with no sign of tobaccorelated disease)</li> <li>Vaccines, including those for the flu, Hepatitis B, pneumonia, or COVID-19</li> <li>"Welcome to Medicare" preventive visit (one-time)</li> </ul>	

Medical benefits			
		In-network	
	Any additional preventive services approved by Medicare during the contract year will be covered.  This plan covers preventive care screenings and annual physical exams at 100%.		
Emergency care	\$50 copay (worldwide)		
		If you are admitted to the hospital within 24 hours, you pay the inpatient hospital cost sharing instead of the emergency care copay. See the "Inpatient Hospital Care" section of this booklet for other costs.	
Urgently needed s	ervices	\$35 copay (worldwide)	
		If you are admitted to the hospital within 24 hours, you pay the inpatient hospital cost sharing instead of the urgently needed services copay. See the "Inpatient Hospital Care" section of this booklet for other costs.	
Diagnostic tests, lab and radiology services, and X- rays	Diagnostic radiology services (e.g. MRI, CT scan) <sup>1</sup>	\$25 copay	
	Lab services <sup>1</sup>	\$0 copay	
	Diagnostic tests and procedures <sup>1</sup>	\$0 copay	
	Therapeutic radiology <sup>1</sup>	\$25 copay	
	Outpatient X-rays <sup>1</sup>	\$0 copay	
Hearing services	Exam to diagnose and treat hearing and balance issues <sup>1</sup>	\$20 copay	
	Routine hearing exam	\$0 copay, 1 exam per plan year	
	Hearing Aids UnitedHealthcare Hearing	Through UnitedHealthcare Hearing, the plan pays a \$500 allowance for hearing aids (combined for both ears) every 3 years.	

Medical benefits					
		In-network			
Vision services	Exam to diagnose and treat diseases and conditions of the eye <sup>1</sup>	\$20 copay			
	Eyewear after cataract surgery	\$0 copay			
	Routine eye exam	\$20 copay, 1 exam every 12 months			
Mental	Inpatient visit <sup>1</sup>	\$200 copay per stay, up to 190 days			
health		Our plan covers 190 days for an inpatient hospital stay.			
	Outpatient group therapy visit <sup>1</sup>	\$10 copay			
	Outpatient individual therapy visit <sup>1</sup>	\$20 copay			
	Outpatient therapy or office visit with a psychiatrist <sup>1</sup>	\$20 copay			
	Virtual behavioral visits	\$20 copay			
Skilled nursing fac	ility (SNF) <sup>1</sup>	\$0 copay per day: days 1-20 \$50 copay per day: days 21-100			
		Our plan covers up to 100 days in a SNF per benefit period.			
Outpatient Rehabilitation (physical, occupational, or speech/language therapy) <sup>1</sup>		\$25 copay			
Ambulance <sup>2</sup>		\$50 copay			
Routine transporta	tion	Not covered			
Medicare Part B Drugs	Chemotherapy drugs <sup>1</sup>	20% coinsurance			

Medical benefits		
		In-network
Part B drugs may be subject to Step Therapy. See your Evidence of Coverage for details.	Other Part B drugs <sup>1</sup>	20% coinsurance

Prescription drugs				
Deductible	The plan does not have a prescription drug deductible. Your coverage starts in the Initial Coverage stage.			
Initial coverage	In this stage, you'll pay your plan copays or coinsurance. The plan pays the rest. Once you, and others on your behalf, have paid a combined total of \$2,100 you move to the Catastrophic Coverage stage.			
Tier drug coverage (After you pay your deductible, if	Retail Cost-Sharing	Mail Order Cost-Sharing		
applicable)	30-day supply	90-day supply		
Tier 1: Preferred Generic	\$4 copay \$8 copay			
Tier 2: Preferred Brand ~	\$28 copay \$74 copay			
Tier 3: Non-Preferred Drug	\$58 copay \$164 copay			
Tier 4: Specialty Tier	33% coinsurance 33% coinsurance			
Catastrophic coverage	Once you're in this stage, you won't pay anything for your Medicare-covered Part D drugs for the rest of the plan year.			
	If your plan includes additional prescription drug coverage, you will continue to pay the cost-sharing amounts from the Initial Coverage stage for those drugs. Please see your Additional Drug Coverage list for more information.			

### **Prescription drugs**

Subject to Medicare guidance, coinsurance may not apply to Part D insulin products. You will pay a maximum of \$35 for a 1-month supply of each Part D insulin product covered by our plan. Most adult Part D vaccines are covered at no cost to you.

If the actual cost for a drug is less than the normal cost-sharing amount for that drug, you will pay the actual cost, not the higher cost-sharing amount.

Your plan sponsor offers drug coverage in addition to your Part D prescription drug benefit. The drug copays in this section are for drugs that are covered by both your Part D benefit and your additional drug coverage. For more information, see your Additional Drug Coverage list. You can also view the Certificate of Coverage at **retiree.uhc.com** or call Customer Service to have a hard copy sent to you.

If you reside in a long-term care facility, you will pay the same for a 31-day supply as a 30-day supply at a retail pharmacy.



### You may qualify for Extra Help from Medicare

Extra Help is a program for people with limited incomes who need help paying Part D premiums, deductibles and copays. There's no penalty for applying, and you can reapply every year. To see if you qualify for Extra Help, call:

- ☐ The Social Security Administration at 1-800-772-1213, TTY 1-800-325-0778
- ☐ Your state Medicaid office



# The UnitedHealthcare Savings Promise

UnitedHealthcare is committed to keeping your prescription drug costs down. As a UnitedHealthcare member, you have our Savings Promise that you'll get the lowest price available. That low price may be your plan copay, the pharmacy's retail price or our contracted price with the pharmacy.

Additional benefits			
		In-network	
Acupuncture services	Medicare-covered acupuncture (for chronic low back pain)	20% coinsurance	

Additional benefits		
		In-network
Chiropractic services	Medicare-covered chiropractic care (manual manipulation of the spine to correct subluxation) <sup>1</sup>	50% coinsurance
Diabetes management	Diabetes monitoring supplies <sup>1</sup>	\$0 copay
	Medicare covered Continuous Glucose Monitors (CGMs) and supplies <sup>1</sup>	\$0 copay
	Diabetes self- management training	\$0 copay
	Therapeutic shoes or inserts <sup>1</sup>	20% coinsurance
Durable medical equipment (DME) and related supplies	Durable Medical Equipment (e.g., wheelchairs, oxygen) <sup>1</sup>	20% coinsurance
	Prosthetics (e.g., braces, artificial limbs) <sup>1</sup>	20% coinsurance
Fitness pro SilverSneak	—	\$0 copay for SilverSneakers, a health and fitness program designed for Medicare plan members. It includes a standard monthly membership at participating fitness locations plus online classes, workshops and more.
		Call or go online to learn more and to get your SilverSneakers ID number. 1-888-338-1722, TTY 711 or SilverSneakers.com/StartHere.

Additional benefits				
		In-network		
Foot care (podiatry	Foot exams and treatment <sup>1</sup>	\$20 copay		
services)	Routine foot care	\$20 copay, 6 visits per plan year		
UnitedHealthcare Healthy at Home Post-discharge program		\$0 copay for the following benefits for up to 30 days following each inpatient hospital and SNF stay:  28 home-delivered meals, referral required 12 one-way trips to medically related appointments and the pharmacy, up to 50 miles per trip, referral required 6 hours of non-medical personal care services like companionship, meal prep, medication reminders and more with a professional caregiver, no referral required  Services must be provided by approved vendors. Call Customer Service for more information, to request a referral after each discharge and to use your benefits.		
Home healt	h care <sup>1</sup>	\$0 copay		
Hospice		You pay nothing for hospice care from any Medicare- approved hospice. You may have to pay part of the costs for drugs and respite care. Hospice is covered by Original Medicare, outside of our plan.		
Opioid treatment p	rogram services <sup>1</sup>	\$0 copay		
Outpatient substance use	Outpatient group therapy visit <sup>1</sup>	\$10 copay		
disorder services	Outpatient individual therapy visit <sup>1</sup>	\$20 copay		
Renal dialysis <sup>1</sup>		20% coinsurance		

<sup>&</sup>lt;sup>1</sup> Some of the network benefits listed may require your provider to obtain prior authorization. Please refer to the

Evidence of Coverage for a complete list of services that may require prior authorization. <sup>2</sup> Authorization is required for non-emergency Medicare-covered ambulance air transportation. Authorization is not required for non-emergency Medicare-covered ambulance ground transportation. Emergency ambulance (ground or air) does not require authorization.

Requires a referral from your doctor.

# **About this plan**

UnitedHealthcare® Group Medicare Advantage (HMO) is a Medicare Advantage HMO plan with a Medicare contract.

To join this plan, you must be entitled to Medicare Part A, be enrolled in Medicare Part B, live in our service area as listed below, be a United States citizen or lawfully present in the United States, and meet the eligibility requirements of your former employer, union group or trust administrator (plan sponsor).

Our service area includes these counties in:

**Washington:** Benton, Clallam, Clark, Cowlitz, Franklin, Island, Jefferson, King, Kitsap, Lewis, Mason, Pierce, Skagit, Snohomish, Spokane, Thurston, Walla Walla, Whatcom, Yakima.

# **Use network providers and pharmacies**

UnitedHealthcare® Group Medicare Advantage (HMO) has a network of doctors, hospitals, pharmacies and other providers. This health plan requires you to select a primary care provider (PCP) from the network. Your PCP can handle most routine health care needs and will be responsible to coordinate your care. If you need to see a network specialist or other network provider, you may need to get a referral from your PCP. We encourage you to find out which specialists and hospitals your PCP would recommend for you and would refer you to for care, prior to selecting them as your plan's PCP. If you use providers or pharmacies that are not in our network, the plan may not pay for those services or drugs, or you may pay more than you pay at a network pharmacy.

You can go to **retiree.uhc.com** to search for a network provider or pharmacy using the online directories. You can also view the plan Drug List (Formulary) to see what drugs are covered and if there are any restrictions.

# **Required Information**

UnitedHealthcare® Group Medicare Advantage (HMO) is insured through UnitedHealthcare Insurance Company or one of its affiliated companies, a Medicare Advantage organization with a Medicare contract. Enrollment in the plan depends on the plan's contract renewal with Medicare.

Plans may offer supplemental benefits in addition to Part C and Part D benefits.

If you want to know more about the coverage and costs of Original Medicare, look in your current "Medicare & You" handbook. View it online at medicare.gov or get a copy by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

UnitedHealthcare does not discriminate on the basis of race, color, national origin, sex, age, or disability in health programs and activities.

UnitedHealthcare provides free services to help you communicate with us such as documents in other languages, Braille, large print, audio, or you can ask for an interpreter. For more information, please call Customer Service at the number on your member ID card or the front of your plan booklet.

UnitedHealthcare ofrece servicios gratuitos para ayudarle a que se comunique con nosotros. Por ejemplo, documentos en otros idiomas, braille, en letra grande o en audio. O bien, usted puede pedir un intérprete. Para obtener más información, llame a Servicio al Cliente al número que se encuentra en su tarjeta de ID de miembro o en la portada de la guía de su plan.

This information is available for free in other languages. Please call our Customer Service number located on the first page of this book.

Benefits, features and/or devices vary by plan/area. Limitations and exclusions may apply.

Optum® Home Delivery Pharmacy and Optum Rx are affiliates of UnitedHealthcare Insurance Company. You are not required to use Optum Home Delivery Pharmacy for medications you take regularly. If you have not used Optum Home Delivery Pharmacy, you must approve the first prescription order sent directly from your doctor to the pharmacy before it can be filled. There may be other pharmacies in our network. Optum Home Delivery Pharmacy and Optum Rx affiliates are not available in all areas.

The Formulary, pharmacy network, and/or provider network may change at any time. You will receive notice when necessary.

You must continue to pay your Medicare Part B premium.

Out-of-network/non-contracted providers are under no obligation to treat UnitedHealthcare members, except in emergency situations. Please call our customer service number or see your Evidence of Coverage for more information, including the cost-sharing that applies to out-of-network services.

Always talk with your doctor before starting an exercise program.

- 1. Participating locations ("PL") are not owned or operated by Tivity Health, Inc. or its affiliates. Use of PL facilities and amenities are limited to terms and conditions of PL basic membership. Facilities and amenities vary by PL.
- 2. Membership includes SilverSneakers instructor-led group fitness classes. Some locations offer members additional classes. Classes vary by location.

SilverSneakers is a registered trademark of Tivity Health, Inc. © 2025 Tivity Health, Inc. All rights reserved.

# **Additional Drug Coverage**

Your plan provides prescription drug coverage beyond what is listed in the plan's Drug List (Formulary).

To see the complete Drug List, scan the QR code or visit **retiree.uhc.com** 



### **Bonus drug list**

Your plan includes coverage for the following prescription drugs that are not listed on your plan's Drug List. Each drug is placed into a tier. See the Summary of Benefits for tier descriptions and costs.

Payments for these bonus drugs don't count towards your Medicare Part D out-of-pocket maximum.

You cannot file a Medicare appeal or grievance for these drugs and Extra Help from Medicare does not apply to these drugs.

Drug name	Drug tier	Coverage rules or limits on use		
Genitourinary agents - drugs to treat bladder	, genital a	nd kidney conditions		
<b>Erectile Dysfunction</b>				
Tadalafil	1	QL (maximum of 6 tablets per month)		
Vardenafil (tablets)	1	QL (maximum of 6 tablets per month)		
Vardenafil (orally-disintegrating tablets)	1	QL (maximum of 6 tablets per month)		
Stendra	3	QL (maximum of 6 tablets per month)		
Sildenafil (25 mg, 50 mg, 100 mg)	1	QL (maximum of 6 tablets per month)		
Nutritional supplements - drugs to treat vitan	nin & mine	ral deficiencies		
Vitamins and Minerals				
Cyanocobalamin (Injection) (Vitamin B12) (1000 mcg)	1			
Folic Acid (1mg) (Rx only)	1			
Phytonadione	1			
Infuvite (Adult) (Injection) 3				

**Bold type = Brand name drug** Plain type = Generic drug

Drugs with coverage rules or limits are noted in the chart and described below.

### **QL - Quantity limits**

The plan will only cover a certain amount of this drug for one copay or over a certain number of days. These limits can help ensure safe and effective use of the drug.

### **MME - Morphine Milligram Equivalent**

Additional quantity limits may apply to all opioid drugs used to treat pain. This additional limit is called a cumulative Morphine Milligram Equivalent (MME). It's designed to monitor safe dosing levels of opioids for people who may be taking more than one opioid drug for pain management. If your doctor or prescriber prescribes more than this amount or thinks the limit is not right for your situation, you or your doctor or prescriber can ask the plan to cover the additional quantity.

### 7D - 7-day limit

An opioid drug used to treat pain may be limited to a 7-day supply if you don't have a recent history of using opioids. This limit helps minimize long-term opioid use. If you are new to the plan and have a recent history of using opioids, the pharmacy may override the limit when appropriate.

### **DL** - Dispensing limit

Dispensing limits apply to this drug. This drug is limited to a one-month supply per prescription.

BDL: B

This information is not a complete description of benefits. Contact the plan for more information. Limitations, copay, and restrictions may apply.

Benefits and/or copay/coinsurance may change each plan/benefit year.

The Drug List may change at any time. You will receive notice when necessary.

This information is available for free in other languages. Please call our Customer Service number on the cover.

Y0066 070524 011500 C

CGEX26MP0314351\_000

# Here's what you can expect next

Once you're a member, the UnitedHealthcare Customer Service team and your online account make it easier to get the care you need, when and how you need it.



### Manage your plan online

If you haven't done so already, use your Medicare number or member ID number and email address to create an account at **retiree.uhc.com**. Online you can:

- Look up your latest claim information and complete your health assessment
- Find network providers, pharmacies, your Drug List (Formulary) and other benefit information and plan materials
- Learn more about health and wellness topics
- Sign up to get plan information and your Explanation of Benefits online

### Once your coverage begins

- Schedule your annual wellness visit
- Get a yearly in-home visit with Optum<sup>®</sup> HouseCalls. Visit UHCHouseCalls.com to learn more
- Get your medications with free delivery through Optum® Home Delivery Pharmacy\*

## Benefits and costs may change at the end of your plan year

We'll send you an Annual Notice of Changes before your plan year ends that will tell you about any changes to your plan for the next plan year.

# Thank you for trusting UnitedHealthcare with your health care coverage

If you have any questions, please call the toll-free number on the back of this Plan Guide. This number will also be on your member ID card when you get it.

Scan this code to access the member site



<sup>\*</sup>Optum® Home Delivery Pharmacy and Optum Rx affiliates are not available in all areas.

Y0066\_GRP\_HWYCEN\_2026\_C

UHEX26HO0304513\_000

# Statements of understanding

### By enrolling in this plan, I agree to the following:

- This is a Medicare Advantage Plan contracted with the federal government. This is not a Medicare Supplement Plan.
  - I need to keep my Medicare Part A and Part B, and continue to pay my Medicare Part B and, if applicable, Part A premiums, if they are not paid for by Medicaid or a third party. To be eligible for this plan, I must live in the plan's service area and be a United States citizen or be lawfully present in the U.S.
- This plan covers a specific service area. If I plan to move out of the area, I will call my plan sponsor or this plan to disenroll and get help finding a new plan in my area.

  I may not be covered while out of the country, except for limited coverage near the U.S. border. However, under this plan, when I am outside of the U.S. I am covered for emergency or urgently needed care.
- **✓** I can only have one Medicare Advantage or Prescription Drug Plan at a time.
  - Enrolling in this plan will automatically disenroll me from any other Medicare health plan.
  - If I enroll in a different Medicare Advantage Plan or Medicare Part D Prescription Drug Plan, I will be automatically disenrolled from this plan.
  - If I disenroll from this plan, I will be automatically transferred to Original Medicare.
  - Enrollment in this plan is for the entire plan year. I may leave this plan only at certain times of the year or under special conditions.
- My information will be released to Medicare and other plans, only as necessary, for treatment, payment and health care operations.
  - Medicare may also release my information for research and other purposes that follow all applicable federal statutes and regulations.
- **✓** For members of the Group Medicare Advantage Plan.
  - I understand that when my coverage begins, I must get all of my medical and prescription drug benefits from the plan. Benefits and services provided by the plan and contained in the Evidence of Coverage (EOC) document will be covered. Neither Medicare nor the plan will pay for benefits or services that are not covered.



# **2026 Enrollment Request Form**

1. Plan information					
Plan sponsor					
City of Seattle					
Group number		GPS employ	er ID		
76041	76041				
GPS branch number		GPS Bill Gro	up (as a	applicable)	
004					
<b>Effective date requested:</b> (i.e., your probegin)	oposed eff	ective date, c	or on wh	at day your c	overage should
Plan sponsor use ONLY: Please date st completed and signed form.	tamp this d	ocument to i	ndicate	when you red	eived the
To enroll in the UnitedHealthcare® Gathe following:	roup Medi	care Advant	age (HN	/IO) plan, ple	ase provide
2. Information about you (Pleas	se type or		ack or b	olue ink)	
Last name		First name Middle ini		Middle initial	
Birth date		Sex: ☐ Male ☐ Female			
Home phone number	Mobile ph	none number Medicare number			
( ) —	( )	_			
You can stay on top of your plan and h	ealth with t	imely, helpfu	l calls.	•	
☐ Check here to consent to receive ca technology. You can change your pr			ificial or	prerecorded	voice
Permanent residence street address (Displayers) homelessness, a P.O. Box may be con					
City			State ZIP code		
Mailing address (only if it's different fr	om above.	You can giv	e a P.O.	Box)	
City	City		State	ZIP code	
Email address					

Page 2 of 5

Last name	First name	Medicare number	-		
of Changes, electror review online. ☐ Check here if you	nically (quicker than mail).  prefer to receive paper co	as your Explanation of Benefits and Ann . We'll email you when new documents a opies by mail. You can change your deli	are ready		
preference at any					
		ge, including other private insurance, TRICs s or State Pharmaceutical Assistance Pro		deral	
Will you have other	prescription drug cover	age in addition to our plan?	☐ Yes □	No	
If "yes", what is it?					
Name of other insura	ance				
Member number		Group number	Group number		
Rx Bin		Rx PCN (optional)			
Your answer to the	following questions will	not keep you from being enrolled in th	nis plan:		
3. A few question	ons to help us manag	e your plan			
1. Which language of	or accessible format do y	ou prefer for future plan information?			
□ English □ Spani	ish				
□ Braille □ Large	print $\square$ Audio CD $\square$	Data CD			
If you don't see the la	anguage or format you wa	ant, please call us toll-free at			
<b>1-877-714-0178</b> , (T	TY <b>711)</b> during 8 a.m8 p	.m. local time, Monday-Friday			
If no selection is ma	ade, you will receive plan	ı information in English.			
2. Do you or your sp	oouse work?		□ Yes	□ No	
If "no", what was you	ur retirement date?				
		han Medicare, such as private enefits or other employer coverage?	□ Yes	□ No	
If "yes", please prov	ide the following:				
Name of the health in	nsurance				
Member number					
4. Please give us th	e name of your primary	care provider (PCP), clinic or health c	enter.		
Provider or PCP full	name				

Page 3 of 5

Last name	First name	Medicare nu	umber		
Provider/PCP numbe	r	(Please enter the number exactly as it appears on the website or in the Provider Directory. It will be 10 to 12 digits. Don't include dashes.)			
Are you now seeing o	r have you recently seer	this provider?	□ Yes □ No		
5. Do you live in a nu community?	rsing home, long-term	care facility, or senio	or □ Yes □ No		
If "yes", please give ufacility, or senior com	s information on the nur munity:	rsing home, long-term	n care		
Name					
Address					
City		State	ZIP code		
Date you moved there	)				

# 4. ATTENTION – please sign and date

I understand that my signature on this enrollment request form means that I have read and understood the contents of this enrollment request form, including the Statements of Understanding, and that the information provided by me is accurate and complete. If my plan includes outpatient prescription drug benefits, I understand that my signature on this enrollment request form means that I will be automatically enrolled in my plan's outpatient prescription drug benefits which includes Part D and supplemental prescription drug coverage. I understand that if I intentionally provide false information on this form, I will be disenrolled from the plan.

This enrollment request form must be signed, dated and received prior to your desired effective date. Upon receipt, the plan will process the form according to Medicare guidelines.

Signature of applicant/member/authorized representative	Today's date	

Last name First name Medicare number

## 5. Authorized representative information

If I sign as an authorized representative, it means I have the legal right under state law to sign. I can show written proof (power of attorney, guardianship, etc.) of this right if Medicare asks for it. I understand that I will need to submit written proof of this right, to the plan, if I wish to take action on behalf of the member beyond this application. After this application has been approved and I have received my UnitedHealthcare member ID card, I can call customer service at the number on my UnitedHealthcare member ID card to update my authorization information on file.

UnitedHealthcare member ID card to update my authorization information on file.							
Signature	Today's date						
6. For Individuals helping enrollee with completing this form only							
Complete this section if you're an individual (i.e. agents brokers, SHIP counselors, family members, or other third parties) helping an enrollee fill out this form.							
Signature (of individual who assisted in completing this form)  Today's date							
☐ Plan representative, check here if you signed above and assisted in completing this form.	Relationship to applicant						
Name	Phone number						
Address							
Sales representative/broker, please provide your signature and complete the information below:							
Licensed sales representative/broker signature	e Today's date						
Licensed sales representative/broker name (pleas	co print)						
Licensed sales representative/broker flame (pleas	ье ріші						
Agent/broker number	Referring broker number						

Last name	First name	Medicare number		
7. For office use only				
Agent name				
Agent number			NIPR number	
Effective date	Group number		PBP number	
□ SEP □ Employer Group SEP □ ICEP/IEP □ AEP (type)				

# Please send this completed form to:

United Healthcare P.O. Box 30770 Salt Lake City, UT 84130-0770

Fax: 888-950-1170
Fax the front and back of each page

### Notice of nondiscrimination

Our Companies comply with applicable civil rights laws and do not discriminate on the basis of race, color, national origin, age, disability, or sex (including pregnancy, sexual orientation, and gender identity). We do not exclude people or treat them less favorably because of race, color, national origin, age, disability, or sex.

We provide free aids and services to help you communicate with us. You can ask for interpreters and/or for communications in other languages or formats such as large print. We also provide reasonable modifications for persons with disabilities.

If you need these services, call the toll-free number on your member identification card (TTY **711**).

If you believe that we failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can send a complaint to the Civil Rights Coordinator:

Civil Rights Coordinator UnitedHealthcare Civil Rights Grievance P.O. Box 30608

Salt Lake City, UT 84130

UHC\_Civil\_Rights@uhc.com

Optum Civil Rights Coordinator

1 Optum Circle

Eden Prairie, MN 55344

Optum\_Civil\_Rights@Optum.com

If you need help filing a complaint, call the toll-free number on your member identification card (TTY **711**).

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights:

Online: https://ocrportal.hhs.gov/ocr/portal/lobby.jsf

Phone: **1-800-368-1019, 800-537-7697** (TDD)

Mail: U.S. Department of Health and Human Services

200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201

Complaint forms are available at: http://www.hhs.gov/ocr/office/file/index.html.

This notice is available at: https://www.uhc.com/nondiscrimination-med https://www.optum.com/en/language-assistance-nondiscrimination.html

# Notice of availability of language assistance services and alternate formats

**ATTENTION:** Free language assistance services and free communications in other formats, such as large print, are available to you. Call the toll-free number on your member identification card.

**ማሳሰቢያ፦ አማርኛ (Amharic)** የሚናንሩ ከሆነ፣ ነፃ የቋንቋ እንዛ አንልግሎቶች እና ነፃ ተግባቦቶች እንደ ትልቅ እትም ባሉ ሌሎች ቅርፀቶች ለእርስዎ ይገኛሉ። በአባልነት መታወቂያ ካርድዎ ላይ ያለውን ነፃ የስልክ ቁጥር ይደውሉ።

ملاحظة: إذا كنت تتحدث اللغة العربية (Arabic)، ستتوفر لك خدمات المساعدة اللغوية المجانية والمراسلات المجانية بتنسيقات أخرى، مثل الطباعة بأحرف كبيرة. اتصل بالرقم المجاني المدون على بطاقة تعريف العضو خاصتك.

請注意:如果您說中文 (Chinese),您可以獲得免費語言協助服務和大字體等其他格式的免費通訊。請致電您的會員身份卡上的免付費電話號碼。

**توجه**: اگر به زبان **فارسی (Farsi)** صحبت میکنید، خدمات رایگان کمک زبانی و ارتباطات رایگان در قالبهای دیگر، مانند چاپ بزرگ، در دسترس شما هستند. با شماره رایگان مندرج روی کارت شناسایی عضویتتان تماس بگیرید.

**ATTENTION**: Si vous parlez **français** (**French**), des services d'assistance linguistique et des communications dans d'autres formats, notamment en gros caractères, sont mis à votre disposition gratuitement. Appelez le numéro gratuit figurant sur votre carte de membre.

ध्यान दें: यदि आप हिंदी (Hindi) बोलते हैं, तो आपके लिए मुफ्त भाषा सहायता सेवाएँ और अन्य प्रारूपों में मुफ्त संचार, जैसे कि बड़े प्रिंट, उपलब्ध हैं। अपने सदस्य पहचान पत्र पर दिए गए टोल-फ्री नंबर पर कॉल करें।

ATENSION: No agsasaoka iti Ilocano (Ilocano), magun-odmo dagiti libre a serbisio ti tulong iti pagsasao ken libre a komunikasion iti dadduma a pormat, kas iti dadakkel a letra. Tawagan ti awan-bayadna a numero a masarakan iti kard a pakabigbigam kas miembro.

注意事項:日本語 (Japanese) を話される場合、無料の言語支援サービスや、拡大文字 など他の形式での無料のコミュニケーションをご利用いただけます。会員証に記載されているフリーダイアルにお電話ください。

ចំណាំ៖ ប្រសិនបើអ្នកនិយាយ**ភាសាខ្មែរ (Khmer)** សេវាជំនួយភាសាឥតគិតថ្លៃ និងការទំនាក់ ទំនងឥតគិតថ្លៃក្នុងទម្រង់ផ្សេងទៀត ដូចជាពុម្ពអក្សរធំ មានសម្រាប់អ្នក។ ទូរសព្ទមកលេខ ឥតគិតថ្លៃនៅលើបណ្ណសម្គាល់សមាជិករបស់អ្នក។

**알림 사항**: 한국어(Korean)를 사용하시는 경우 무료 언어 지원 서비스와 대형 활자체 등 다른 형식으로 된 의사 소통 매체를 이용하실 수 있습니다. 회원 ID 카드에 나와 있는 무료 전화번호로 전화해 주십시오.

ਧਿਆਨ ਦਿਓ: ਜੇ ਤੁਸੀਂ ਪੰਜਾਬੀ (Punjabi) ਬੋਲਦੇ ਹੋ, ਤਾਂ ਤੁਹਾਡੇ ਲਈ ਮੁਫ਼ਤ ਭਾਸ਼ਾ ਸਹਾਇਤਾ ਸੇਵਾਵਾਂ ਅਤੇ ਹੋਰ ਫਾਰਮੈਟਾਂ, ਜਿਵੇਂ ਕਿ ਵੱਡੇ ਪ੍ਰਿੰਟ, ਵਿੱਚ ਮੁਫ਼ਤ ਸੰਚਾਰ ਉਪਲਬਧ ਹਨ। ਆਪਣੇ ਮੈਂਬਰ ਪਛਾਣ ਕਾਰਡ 'ਤੇ ਟੋਲ-ਫ੍ਰੀ ਨੰਬਰ 'ਤੇ ਕਾਲ ਕਰੋ।

**ВНИМАНИЕ**! Если вы говорите на **русском** языке (Russian), вам доступны бесплатные услуги языковой поддержки и бесплатные материалы в других форматах, например напечатанные крупным шрифтом. Звоните по бесплатному номеру телефона, указанному на вашей идентификационной карте участника.

**ATENCIÓN**: Si habla **español (Spanish)**, hay servicios de asistencia de idiomas y comunicaciones en otros formatos como letra grande, sin cargo, a su disposición. Llame al número gratuito que figura en su tarjeta de identificación de miembro.

**PAUNAWA**: Kung nagsasalita ka ng **Tagalog (Tagalog)**, may makukuha kang mga libreng serbisyo ng tulong sa wika at libreng komunikasyon sa ibang mga format, tulad ng malalaking print. Tawagan ang walang bayad na numero na nasa iyong ID card ng miyembro.

โปรดทราบ หากคุณพูดภาษาไทย (Thai) ได้ คุณสามารถใช้บริการช่วยเหลือด้านภาษาฟรีและการ สื่อสารในรูปแบบอื่น ๆ ฟรี เช่น การพิมพ์ด้วยตัวอักษรขนาดใหญ่ โทรไปยังหมายเลขโทรฟรีสำหรับ สมาชิกตามบัตรประจำตัวของคุณ

**ЗВЕРНІТЬ УВАГУ**! Якщо ви розмовляєте **українською (Ukrainian)**, ви можете безоплатно користуватися послугами мовної підтримки, а також безоплатно отримувати інформаційні матеріали в інших форматах, як от набрані великим шрифтом. Телефонуйте на безкоштовний номер телефону, зазначений на вашій ідентифікаційній картці учасника.

**LƯU Ý**: Nếu quý vị nói **Tiếng Việt (Vietnamese)**, quý vị sẽ được cung cấp các dịch vụ hỗ trợ ngôn ngữ miễn phí và các phương tiện trao đổi liên lạc miễn phí ở các định dạng khác, chẳng hạn như bản in chữ lớn. Gọi đến số điện thoại miễn phí có trên thẻ định danh thành viên của quý vị.

# **NOTES**

# **NOTES**

# **NOTES**



With exclusive benefits for retirees like you, get more of what matters for your health with a group Medicare Advantage plan from UnitedHealthcare.

# Let us help you. You've earned it.



Download the UnitedHealthcare app



Visit **retiree.uhc.com** and select the **Chat now** button



Call toll-free **1-877-714-0178**, TTY **711** 8 a.m.-8 p.m. local time, Monday-Friday

Scan this code to download the UnitedHealthcare app

