Great healthcare just got easier

City of Seattle partners with Accolade to provide you with convenient and high-quality healthcare that saves you money — no matter where you are on your healthcare journey.

**Personalized Benefits Guidance**

Get answers to your health and benefits questions from your Health Assistant and nurse — at no cost

- View and access benefits that would be helpful for you and your family
- Discuss symptoms and find in-network care*
- Understand coverage, costs and confusing medical bills

Activate your Accolade account at [member.accolade.com](http://member.accolade.com) or scan the code to get started.

**Expert Medical Opinion**

Direct access to a world-renowned specialist — at no cost

- Get a second opinion about a diagnosis, treatment plan or medication
- Connect to a top specialist for your condition or concern
- Convenient phone or video consultations within days

Activate your 2nd.MD account at [2nd.md/activate](http://2nd.md/activate) or scan the code to get started.

Ready to get started?

Call 1-866-540-5418 Monday to Friday, 5AM – 8PM PT, or send a secure message through the Accolade mobile app by texting ONST to 67793.