

Great healthcare just got easier

City of Seattle partners with Accolade to provide you with **convenient** and **high-quality** healthcare that **saves you money** — no matter where you are on your healthcare journey.

Personalized Benefits Guidance

Get answers to your health and benefits questions from your Health Assistant and nurse — at no cost

- View and access benefits that would be helpful for you and your family
- Discuss symptoms and find in-network care*
- Understand coverage, costs and confusing medical bills



Activate your Accolade account at member.accolade.com or scan the code to get started.

Expert Medical Opinion

Direct access to a world-renowned specialist — at no cost

- Get a second opinion about a diagnosis, treatment plan or medication
- Connect to a top specialist for your condition or concern
- Convenient phone or video consultations within days



Activate your 2nd.MD account at 2nd.md/activate or scan the code to get started

Ready to get started?

Call **1-866-540-5418** Monday to Friday, 5AM – 8PM PT, or send a secure message through the Accolade mobile app by texting **ONST** to 67793.