

Helping a Member Support His Dependent and Subsequently Himself

1 Right Member



- Member reached out because his wife was struggling with alcoholism – drinking daily, had been arrested, and had multiple drunk driving accidents.
- He wanted to help her, but didn't know what options were available or what he could do for her.

2 Right Decision



- Accolade behavioral health nurse connected with the member and his wife to review options and offer support.
- The nurse assessed the situation and provided information on various care levels available to treat alcoholism.

3 Right Path



- The nurse located in-network intensive outpatient programs to treat alcoholism and shared educational information on alcohol abuse and dependence.
- The nurse referred the member to Al-Anon and the EAP counseling program so he can help himself while coping with his wife's condition.

IMPACT

With the guidance of Accolade nurses, a care plan was constructed with the member and his wife to address their behavioral health needs.

Accolade provided resources for the member and his wife to get the care they both needed.

Accolade has become a trusted resource for the member to navigate his health care going forward.

