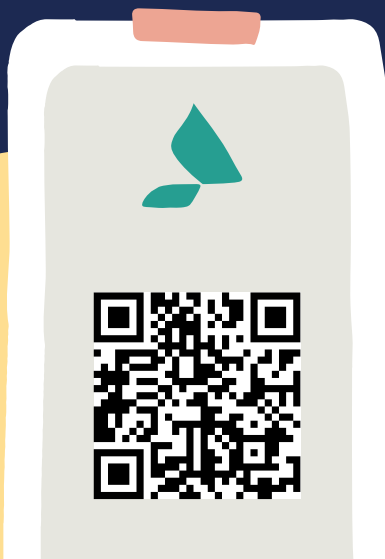


# Access to mental health counseling – at little to no out-of-pocket cost to you\*

Your Accolade Health Assistant can help you learn more about mental health counseling and other valuable resources provided through your Employee Assistance Program (EAP).



## Contact Accolade to learn about your mental health benefits

- Visit [member.accolade.com](https://member.accolade.com)
- Download the Accolade app by texting **ACCD** to 67793\*\* or simply **scan the code to get started**



\*Employee Assistance Program coverage is limited to 12 primary care or other medical consultation visits and 12 mental health consultation visits annually. If you require additional visits, such additional visits will be billed directly to you.

\*\*Message and data charges may apply. Visit [accolade.com](https://accolade.com) for privacy policy.

CALL 911 IF YOU ARE HAVING A MEDICAL EMERGENCY.

Accolade and its affiliates ("Accolade") are not an emergency medical service.

Accolade provides a personalized healthcare information service to support you to better understand and utilize your benefits, receive information from expert medical resources, and facilitate your access to medical care from various healthcare professionals, including virtual medical care services. Virtual medical care services offered by Accolade are provided through independent professional medical practices, including under the PlushCare brand, to which Accolade provides various platform and related services.

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