

2026 Time Stamp – New Employee TBE Benefits Orientation Recording

0:00	Introduction
1:50	Making the Most of Your Employee Benefits
2:22	Employee Initial Responsibilities
4:60	Medical Premium Payments
7:07	Medical Plan Options
9:00	Aetna Plans
12:42	Accolade Advocacy Services
13:46	Kaiser Permanente Plan
16:62	Dental Plan Options
23:31	VSP Plan Options
25:59	Health Plan Wrap Up
26:67	Employee Well-Being Programs
31:22	Hinge Health
31:41	2nd.MD
32:49	Reach Well-Being Program
33:69	Long-Term Disability Insurance
34:54	Group Term Life Insurance
37:34	Ongoing Employee Responsibilities
39:27	Things to Remember