MEDICAL INFORMATION

Having important medical information for household members and pets is critical in case you need to leave your house after a disaster.

PHYSICIAN:

Name: _____

Phone number: _____

PHARMACY:

Name: _____

Phone number: _____

HEALTH INSURANCE:

Provider: _____ Group Number: _____ ID Number: _____

CLOSEST FACILITY WITH GENERATOR IF POWER FOR MEDICAL EQUIPMENT IS REQUIRED:

_____

MEDICATIONS:

	(PERSON NAME)	(NAME OF MEDICATION)	(DOSAGE)
1			
2			
3			
4			

PET INFORMATION:

Pet Name: _____ Breed: _____ Approx. Age: _____

Pet Name: _____ Breed: _____ Approx. Age: _____

	(PET NAME)	(NAME OF MEDICATION)	(DOSAGE)
1			
2			

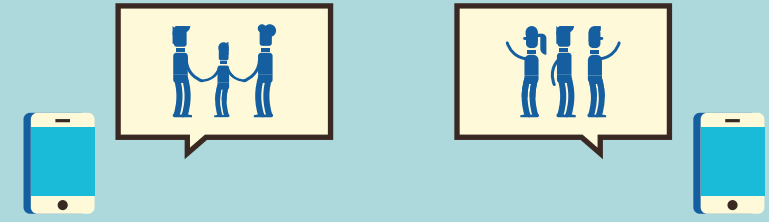
Seattle
Office of Emergency
Management

BE PREPARED

Gather Your Emergency Information

IMPORTANT PHONE NUMBERS

This might seem unnecessary — but how many phone numbers do you actually have memorized?



FRIENDS, IMMEDIATE FAMILY MEMBERS AND OUT-OF-AREA CONTACTS:

	(NAME)	(PHONE)
1		
2		
3		
4		

PUBLIC SAFETY LOCATIONS

Whether you need help during a disaster or not, knowing who provides your home with safety services is important

Public safety locations can be a centralized location for information and support for your community

FIRE STATION

Address: _____

_____

Phone number: _____

Total miles to station: _____

Potential route hazards: _____

_____

POLICE STATION

Address: _____

_____

Phone number: _____

Total miles to station: _____

Potential route hazards: _____

_____

MEDICAL FACILITY

Address: _____

_____

Phone number: _____

Total miles to station: _____

Potential route hazards: _____

_____

COMMUNITY GATHERING POINT

Address: _____

_____

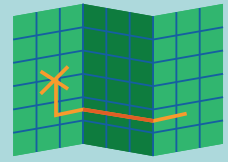
Phone number: _____

Total miles to station: _____

Potential route hazards: _____

_____

ALTERNATIVE ROUTES TO WORK



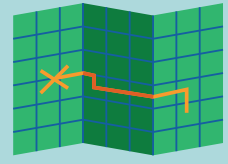
CURRENT ROUTE HOME: _____

_____

Total miles: _____

Potential hazards for route: _____

_____



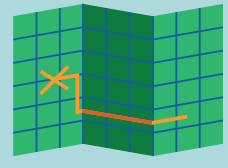
ALTERNATIVE ROUTE #1: _____

_____

Total miles: _____

Potential hazards for route: _____

_____



ALTERNATIVE ROUTE #2: _____

_____

Total miles: _____

Potential hazards for route: _____

_____

To help find routes and methods home, the following resources may help:

CARPOOL OPTIONS

1. _____

2. _____

VIABLE PUBLIC TRANSPORTATION OPTIONS

1. _____

2. _____

3. _____