# **Proposal Prompts**

**General Information:**

*Directions:* Provide contact and role information for your school’s lead point of contact for this proposal.

* Lead point of contact for proposal information and follow-up:
  + Name:
  + School Role:
  + Contact Information:
* If the lead point of contact for the planning and implementation of this work is different, please provide:
  + Name:
  + School Role:
  + Contact Information:
* If either of these points of contact is not an administrator, please designate the administrator who will provide support to this staff member:
  + Name:
  + School Role:
  + Contact Information:

**Commitment to Participating in Student Mental Health Supports Network (SMHSN):**

Selected schools will be required to be active participants in the SMHSN. Participation includes designating a school representative to attend quarterly convenings, hosting at least one site visit for DEEL staff during SY 2023-24, and a commitment to coordinate engagement with students and community participants to support the SMHSN learning agenda. Additional details will be provided by Fall of SY 2023-24. If your school is awarded funding and selected to join the SMHSN, can you commit to being an active participant in the SY 2023-24 Network activities, including recruiting student and community partner participants, attending convenings, and participating in additional activities?

* Yes
* No

**Section 1: Identified Student Need and Proposed Intervention(s)**

*Directions:* Review the details in the Proposal Overview and **Appendix A: Identified Student Need and Proposed Interventions** for examples and guidance to answer the prompts. While schools are not limited to interventions on this list, it is strongly encouraged to use it as reference for the types of supports this investment intends to fund.

**Section 1; Prompt 1:**

What mental health needs have you and your students identified in your school? How do these needs show up in student behaviors or mindsets? How have students, families and staff informed the mental health needs identified in your school? *Examples of student need may include adverse lived experiences**students go through that can have a negative impact on their mental health (ex. Physical or Sexual Violence; Physical or psychological abuse; Family economic instability such as food insecurity and homelessness) and/or behaviors or mindsets that students might exhibit if they are struggling with their mental health (ex. Substance Use; Disengagement from School - Chronic Absence).*

**Section 1; Prompt 2**: What is/are the proposed intervention(s) for each student mental health need you have identified? How do your proposed intervention(s) address the student need?

*Question to consider in your response:* How do your proposed intervention(s) build on school, community, and student and family assets to provide students with experiences and environments that can sustain and improve their mental health? *Examples of school, community, and student and family assets include students experiencing social-emotional well-being, such as hope, self-efficacy, and agency; Positive Behavior & Safety, Belonging & Relationships, Equity & Antiracism; and Having Trusted Adults in school or in community to talk to/seek help from.*

**Section 1; Prompt 3**: How will you engage student voice in the implementation of your proposed interventions? What evidence or stakeholder input have you gathered to inform your proposed intervention(s)?

**Section 1; Prompt 4:** Describe how your proposal aligns with one or more of the Student Mental Health Support Network goals (see page 3 in Opportunity Overview).

**Section 2: Culturally Specific & Responsive**

*Key term:* ***Culturally Specific and Responsive (CSR):*** *mental health supports specifically targeted to BIPOC youth, with supports “rooted in cultural awareness, sensitivity, humility and BIPOC lived experience that responds to cultural needs to feel understood and validated”.*

**Section 2; Prompt 1**: Describe the student population(s) you intend to serve and the specific strategies and approaches in your proposal that make mental health supports more culturally responsive, identity affirming, and equitable for BIPOC students and families.

*Questions to consider in your response:* What population(s) of students are you targeting supports and interventions to? How do your strategies and approaches recognize and build on the strengths and cultural assets of this student population, and how is the approach responsive to their needs and the challenges they face?

**Section 3: Progress Monitoring**

**Section 3; Prompt 1**: Describe how you will know if the approach/strategy/intervention is successful. *Question to consider in your response:* What will success look like for the students and/or families participating in your school’s proposed services?

**Section 3; Prompt 2:** Describehow you plan to track progress towards achieving goals and outcomes. *Questions to consider in your response*: What indicators will you use to measure student progress and success specific to the intervention in your proposal (i.e., student attendance; lower incidents of violence; school climate survey data; etc.)? How do you plan to support continuous improvement of the mental health intervention? How will you engage students, families, and community partners in ongoing continuous improvement?

**Section 4: Readiness**

*Key term:* ***Readiness*** *refers to a school’s ability to successfully implement the proposed intervention across a range of readiness factors that include a strategic vision for how CSR student mental health supports fit into the broader landscape of student services offered at your school, collective “buy-in” from school leadership and staff on this vision, and ability to effectively partner with community, family, and students to accomplish the vision.*

**Section 4; Prompt 1**: Briefly describe your school’s current strategy to support student mental health and wellness, including connections to work already happening in your school and community. *Questions to consider in your response:* Is the intervention(s) described in this proposal a continuation or enhancement of existing interventions at your school? If so, why did you decide to continue or enhance this intervention? If this is a new intervention to your school, how will it be integrated with existing student support systems in your school or community?

**Section 4; Prompt 2**: Please describe your school’s plan for staffing and administration of this proposed intervention. How does your school’s leadership and administration prioritize and integrate this strategy into your school’s overall strategic planning?

**Section 4; Prompt 3:** How do you successfully partner with communities, other organizations, and/or students and families to support student mental health? How will you engage these stakeholders in planning and implementing these supports? *Questions to consider in your response:* How will you authentically create opportunities to incorporate student voice into how your school supports student mental health?​

**Section 5: Budget**

*Complete the SY 2023-24 Student Mental Health Supports Network budget template (*[*linked here*](https://www.seattle.gov/documents/Departments/DEEL/FundingOpportunities/RFIs/2023/Student%20Mental%20Health%20Supports%20RFI/2023_24_MH_Application_BudgetTemplate.xlsx)*).*

**Appendix B: Scoring Criteria**

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| --- | --- | --- |
| ***Criteria*** | ***Description*** | ***Total Points*** |
| Proposed Intervention | 1. Proposal includes a clear description of intervention activities, participants, and timeline. 2. Proposal demonstrates thorough understanding of the school mental health climate and challenges being addressed by the intervention, including evidence such as data points and input from students, families, and/or staff. 3. Proposal specifies how the intervention addresses these challenges to support student mental health and demonstrates alignment with one or more SMHSN goals. 4. Proposed intervention is supported by an evidence base (examples of evidence include research and student and community input), or a concrete plan to incorporate learning and community involvement to inform development of the program. | 20 |
| Culturally Specific & Responsive Strategies | 1. Proposal clearly articulates different subgroups of students being engaged in the intervention (specific race/ethnicities, gender identities, etc.) 2. Proposal describes how implementation of the intervention is differentiated based on the strengths and cultural assets of the student populations identified. 3. Culturally specific and responsive strategies are clearly described and integrated into multiple aspects of the proposed intervention (such as outreach, staffing, etc.) 4. Youth/community feedback and/or supporting research is included to support the proposed culturally specific and responsive strategies. | 20 |
| Progress Monitoring | 1. School articulates a target mental health outcome that is clearly aligned with the proposed intervention. 2. School describes anticipated changes in student mindsets, behavior, or school climate that are associated with progress toward the outcome. A strong response will demonstrate an understanding of risk and protective factors that influence student mental health. 3. Proposed plan for tracking progress toward intended outcomes includes potential measures and data sources. 4. Proposal describes a planned or current process for supporting continuous improvement of the mental health intervention, including use of data and/or participant engagement (e.g., students, families, partner organizations). | 20 |
| Readiness | 1. Proposed plan for staffing and administration of the intervention is clear and commensurate with the intended scale or effort. 2. School demonstrates presence of existing student support systems (such as student support staff, community partnerships, related initiatives and funding) to bolster the mental health intervention. 3. School describes concrete actions (past or planned) that demonstrate leadership and administration support for the mental health intervention. 4. Proposal provides clear details about how engagement and partnership with community (students, families, organizations) will support the implementation of this mental health intervention. A strong response will demonstrate recent success engaging stakeholders (students, families, partner organizations) to develop and support this or a similar intervention. | 40 |
| Budget | *Not scored, mandatory submission to be considered for review* | |
| **Total** |  | **100** |