

Age Friendly Discount Directory. Updated August, 2026.

Arts & Leisure

Ballard Pool, Seattle Parks and Recreation

BALLARD:

1471 NW 67th St, Seattle, WA 98117

206-684-4094

No card required

Adults 65+ and people with disabilities enjoy \$2.00 off (a 30% discount!) pool access and fitness programs. We offer adult and senior adult lessons, exercise classes like aqua jogging, Hyrdofit and water exercise, plus family, public and lap swim times.

Bellevue Art Museum

510 Bellevue Way NE, Bellevue WA, 98004

425-519-0770

No card required

Enjoy discounted admission for individuals 65+. Check Website for reopening details.

Beneath the Streets Underground History Tours

DOWNTOWN:

102 Cherry St, Seattle, WA 98104

206-624-1237

No card required

Enjoy a \$26 ticket (\$3 off adult price). AAA discount can also be applied on top of the senior discount (additional \$2 off). Enjoy boutique underground tours that provide authentic, one-of-a-kind, explorations of Seattle's historic underground passageways in Pioneer Square, the city's original neighborhood.

Bill Speidel's Underground Tour

PIONEER SQUARE:

614 1st Ave, Seattle, WA 98104

206-682-4646

No card required

Enjoy \$2 off a guided tour in Seattle through subterranean storefronts and sidewalks entombed after the great fire of 1889.

Bitter Lake Community Center

BITTER LAKE:

13035 Linden Ave N, Seattle, WA 98133

206-684-7524

No card required

Coffee social every 2nd Tuesday of the month at 8:30am, with free coffee and snacks for seniors!

Brooke Westlund Studio and Gallery

DOWNTOWN:

1514 Western Avenue, Seattle, WA 98101

425-681-6037

Gold or FLASH card required

Enjoy 25% off artwork by local Seattle artist Brooke Westlund. Local mixed media and abstract art, hand-crafted in the heart of the city.

Chihuly Garden and Glass

SEATTLE CENTER:

305 Harrison St, Seattle, WA 98109

206-753-4940

No card required

Discounted admission for individuals 65+.

Colman Pool (summer only), Seattle Parks and Recreation

FAUNTLEROY:

8603 Fauntleroy Way SW, Seattle, WA 98136

206-684-7494

No card required

Adults age 65+ and people with disabilities enjoy \$2.00 off (a 30% discount!) pool access. Enjoy a stunning setting on the beach. The pool is heated saltwater and has an ADA lift and portable access stairs.

Dementia-Friendly Recreation, Seattle Parks and Recreation

Locations vary

(206) 615-0100

No card required

Offers free or low-cost recreational and social engagement opportunities for people living with memory loss throughout Seattle. If you or someone you care for is experiencing memory loss, this program is designed for you.

Evans Pool, Seattle Parks and Recreation

GREENLAKE:

7201 E Greenlake Dr N, Seattle, WA 98115

206-684-4961

No card required

Adults 65+ and people with disabilities enjoy \$2.00 off (a 30% discount!) pool access and fitness programs. We offer adult and senior lessons, along with exercise classes like shallow water aerobics, deep water aerobics, and “Swimstrong” workouts. Family, public, and lap swim times are also available.

Frye Art Museum

FIRST HILL:

704 Terry Ave, Seattle, WA 98104

206-622-9250

No card required

Free admission to ongoing exhibits, art classes & workshops for people of all ages, and ongoing events.
Museum is open Wed-Sun, 11-5pm.

Harmonia Orchestra & Chorus

DOWNTOWN:

1916 Pike Place Ste 12 #112, Seattle, WA 98101

206-682-5208

Gold or FLASH card required

Enjoy 60% off with \$10 tickets (regular price \$25). Select the 'Concession' price option when ordering online or at the box office.

Haunted Burrow Books

CAPITOL HILL:

430 15th Ave E., Seattle, WA 98112

253-292-7367

Gold or FLASH card required

10% off purchase at this local bookstore that specializes in horror, dark fantasy, sci-fi, and other scary books.
Gold or FLASH Card serves as proof of eligibility. No additional proof of eligibility required.

Helene Madison Pool, Seattle Parks and Recreation

NORTHGATE:

13401 Meridian Ave N, Seattle, WA 98133

206-684-4979

No card required

Adults 65+ and people with disabilities enjoy \$2.00 off (a 30% discount!) pool access and fitness programs.
Offering adult and senior lessons, a variety of exercise classes, and family, public, and lap swim times.

Kubota Gardens

RANIER BEACH:

9817 55th Ave S, Seattle, WA 98118

206-684-4584

No card required

Free admission for all visitors to a 20-acre Japanese-style garden. Hidden in South Seattle, find a landscape that blends Japanese garden concepts with native Northwest plants.

Last Resort Fire Department Museum

PIONEER SQUARE:

301 2nd Ave S, Seattle, WA 98104

206-783-4474

Gold or FLASH card required

Free admission to explore a collection of antique fire apparatus and artifacts, preserving rich history of the Seattle Fire Department. Open every THURSDAY.

Lifelong Recreation Program, Seattle Parks and Recreation

Locations vary

206-684-4075

No card required

View brochure for details on in-person & virtual classes at website or find on site at any community center.

Further reduced price scholarships for income eligible individuals at:

<https://www.seattle.gov/parks/scholarships-and-financial-aid>

Lucky Rabbet Custom Framing

HILLMAN CITY:

5701 Rainier Ave S, Ste C, Seattle, WA 98118

206-489-3307

No card required

Enjoy 10% off products and services (repairs, designs, frames, etc.) *Discount does not include local artist sales*

Meadowbrook Pool, Seattle Parks and Recreation

MEADOWBROOK:

10515 35th Ave NE, Seattle, WA 98125

206-684-4989

No card required

Adults age 65+ and people with disabilities enjoy \$2.00 off (a 30% discount!) pool access and fitness programs. Offering adult and senior lessons, exercise classes like aqua jogging, Hydrofit, and water exercise, plus family, public, and lap swim times.

Meany Center for the Performing Arts

U-DISTRICT:

4040 George Washington Lane Northeast, Seattle, WA 98195

206-543-4880

No card required

Age 65+: Subscription discount is 20% off regular single ticket prices. Single ticket discounts are 5% off regular single ticket prices, subject to availability.

Medgar Evers Pool, Seattle Parks and Recreation

CENTRAL DISTRICT:

500 23rd Ave, Seattle, WA 98122

206-684-4766

No card required

Adults age 65+ and people with disabilities enjoy \$2.00 off (a 30% discount!) pool access and fitness programs.

Melody Dance Institute

LAKE CITY:

14026 20th Ave NE, Seattle, WA 98125

206-822-9096

Gold or FLASH card required

10% off adult fitness classes, designed to provide comprehensive physical and mental exercise. Every Thursday evening 7-9pm, \$10 per hour, \$20 per class.

Mounger Pool (summer only), Seattle Parks and Recreation

MAGNOLIA:

2535 32nd Ave W, Seattle, WA 98199

206-684-4708

No card required

Adults age 65+ and people with disabilities enjoy \$2.00 off (a 30% discount!) pool access. Enjoy the outdoor pool with an ADA lift and portable access stairs.

Museum of History & Industry (MOHAI)

SOUTH LAKE

UNION:

860 Terry Ave N, Seattle, WA 98109

206-324-1126

No card required

Seniors ages 65+ get to rediscover our region's history with our \$20 senior rate (a 20% discount). Enjoy various exhibits such as: the Maritime Seattle, Bezo's Center for Innovation, and other rotating exhibits.

National Nordic Museum

BALLARD:

2655 NW Market St Seattle WA 98107

206-789-5707

Gold or FLASH card required

50% off admission for cardholders to the Nordic Museum, where you can explore the rich history, art, and culture, of Nordic countries.

NOCCO - North Corner Chamber Orchestra

Locations vary

425-200-4390

No card required

Senior discount on tickets and subscriptions of at least 25% off regular price. Enjoy immersive and vibrant music performances that connect the musicians and audiences through unconducted performances in intimate settings. Free Ticket Program available for use and contributions, too; see website for details.

Northwest African American Museum - NEW!

CENTRAL DISTRICT:

2300 S Massachusetts St, Seattle, WA, 98144

206-518-6000

No card required

20% off general admission tickets for all elders to celebrate the history, art, and culture of the Black community past and present in the Northwest. Come see the exhibits on display and experience heritage, hope, & healing.

Olympic Sculpture Park

BELLTOWN:

2901 Western Avenue, Seattle, WA 98121

206-654-3100

No card required

Entrance to 9-acre waterfront outdoor sculpture park is open and FREE 365 days a year! No card required. In-person, audio and cell-phone tours available at our website.

Pacific Northwest Ballet

SEATTLE CENTER:

301 Mercer St, Seattle, WA 98109

206-441-2424

No card required

Receive 50% off select tickets to the Pacific Northwest Ballet! Enjoy excellence in the performing arts, both contemporary and classical. Use or mention promo code 26AgeFriendly when buying tickets online, in person or by phone. Discount applies to any of six regular season performances (everything but The Nutcracker or family-matinee performances). Review shows and ticket availability at website below.

Queen Anne Pool, Seattle Parks and Recreation

QUEEN ANNE:

1920 1st Ave W, Seattle, WA 98119

206-386-4282

No card required

Adults age 65+ and people with disabilities enjoy \$2.00 off (a 30% discount!) pool access and fitness programs. ADA lift available.

Rainier Beach Pool, Seattle Parks and Recreation

RAINIER BEACH:

8825 Rainier Ave S, Seattle, WA 98118

206-386-1944

No card required

Adults age 65+ and people with disabilities enjoy \$2.00 off (a 30% discount!) pool access and fitness programs. Offering a wide array of aquatics programs for all ages and abilities. Exercise classes include aqua jogging, hydro-fit exercise, water exercise, and senior adult swim lessons.

Seattle Aquarium

DOWNTOWN:

1483 Alaskan Way (Pier 59), Seattle, WA 98101

206-386-4300

Gold or FLASH card required

75% off entrance to an immersive experience into the marine life of the Pacific Northwest, featuring exhibits with local sea creatures, interactive touch pools, and educational programs to inspire ocean conservation. Must check in at Aquarium Pier 59 via the walk-up line for a ticket to access all buildings.

Seattle Art Museum

DOWNTOWN:

1300 First Ave, Seattle, WA 98101

206-654-3210

Gold or FLASH card required

\$5 admission includes access to everything on view (82% savings!). Visit the largest fine art museum in the Pacific Northwest. Card verification is required. Available onsite only. This discount doesn't apply to group visits, discounts can NOT be stacked.

Seattle Asian Art Museum

CAPITOL HILL:

1400 E Prospect St, Seattle, WA 98112

206-654-3210

Gold or FLASH card required

\$5 admission (a 72% savings!) includes access to everything on view. Explore art and ideas across time and across Asia. Includes access to everything on view. Card verification is required. Available onsite only. This discount doesn't apply to group visits, discounts can NOT be stacked.

Seattle Children's Museum - NEW!

SEATTLE CENTER:

305 Harrison St, Seattle, WA 98109

206-441-1768

No card required

\$2 off admission (13% off) for visitors 65+ at the Seattle Children's Museum. Come experience joyful learning!

Seattle Japanese Garden

MADISON PARK:

1075 Lake Washington Blvd E, Seattle, WA 98112

206-684-4725

No card required

Discount entry rate of \$6 (\$4 off!) for adults with disabilities or age 65+, to a serene 3.5-acre garden featuring traditional Japanese landscaping, koi ponds, and seasonal blooms for peaceful reflection and cultural appreciation. Includes FREE admission for caregivers.

Seattle Mariners Baseball

SODO:

1250 1st Ave S, Seattle, WA 98134

206-346-4001

No card required

Mariners Value Games discount at 50% off! Snag \$10 View Level, \$20 Main Level or \$30 Terrace Club seats to select games (weekdays on M, Tu, W & select Th only) throughout the season. Premium/weekend games not included.

Seattle Opera

SEATTLE CENTER:

363 Mercer St, Seattle, WA, 98109

206-389-7676

Gold or FLASH card required

\$40 Community Rush tickets for any opera performance (a savings of between 50% to 80%). Experience the magic of world-class opera at Seattle Opera! With stunning performances and unforgettable stories, we bring timeless classics and bold new works to life. Rush tickets available on the day of a performance if availability permits. Purchase in-person at Opera Center between 10AM-5PM weekdays (1-5PM Saturdays) or from McCaw Hall Box Office 90 minutes before the performance starts. Can call ahead to check availability and may purchase multiple tickets if all for eligible cardholders.

Seattle Pinball Museum

CHINATOWN/

INTERNATIONAL

DISTRICT:

508 Maynard Ave S, Seattle, WA 98104

206-623-0759

No card required

\$3 off admission to the Seattle Pinball Museum, where visitors can explore and play a wide range of classic and modern pinball machines in an interactive, retro-inspired setting. Bring your grandkids and play with pinball machines from the 1960s to today, or even join a league!

Southwest Pool, Seattle Parks and Recreation

DELRIDGE:

2801 SW Thistle St, Seattle, WA 98126

206-684-7440

No card required

Adults age 65+ and people with disabilities enjoy \$2.00 off (a 30% discount!). Enjoy a spacious, heated indoor swimming area, along with exercise equipment and a sauna. The pool also hosts swimming lessons, swim teams, and water safety courses for youth and adults.

Spir Candle Co. - NEW!

BALLARD:

Ballard Ave NW, Seattle, WA, 98107

No card required

30% off purchase. Each candle is handmade by young men with periods of incarceration, to provide jobs, mentorship, and space to breathe.

Taproot Theatre - NEW!

GREENWOOD:

204 N 85th St, Seattle, WA 98103

206-781-9707

Gold or FLASH card required

25% off purchase of up to two tickets at any mainstage show. Come experience profound stories of hope and the energy of young artists at this local Seattle theatre company.

The Memory Hub's Alzheimer's Café

FIRST HILL:

1021 Columbia St, Seattle, WA 98104

206-432-8265

No card required

Join the Frye Art Museum and UW Memory and Brain Wellness Center at the Alzheimer's Café—a free program where people with dementia, care partners, family, and friends enjoy music, snacks, and artwork. Advanced registration required.

The Museum of Flight

KING COUNTY

INTERNATIONAL

AIRPORT:

9404 E. Marginal Way South, Seattle, WA 98108

206-764-5700

Gold or FLASH card required

Soar to new heights at the Seattle Museum of Flight! Gold Card holders: \$22 admission (25% off). FLASH Card holders: \$3.00 Admission (90% off). Available onsite only. Free admission to caregiver/aide accompanying any visitor with a disability. Check out our Sensory Days calendar or even more reduced-price Aviator Membership online.

The SeaMar Museum of Chicano/a/Latino/a Culture

SOUTH PARK:

9635 Des Moines Memorial Drive S, Seattle, WA 98108

No card required

Admission is free. Artifacts and art forms create historical legacy bringing to life the story of Chicano/a/Latino/as in the Pacific Northwest.

Town Hall Seattle

FIRST HILL:

1119 8th Ave, Seattle, WA 98101

206-652-4255

No card required

\$30 Memberships are available for seniors. Benefits include a mailed monthly events calendar, \$5 off tickets to Town Hall-produced events, and more. A Gold/FLASH Card is not required to become a Member. Learn more at thsea.org/join.

University of Washington School of Music

U-DISTRICT:

University of Washington, 17th Ave NE, Seattle, WA 98195

206-543-4880

Gold or FLASH card required

Cardholders get to enjoy up to two free tickets to select UW School of Music concerts. Select from a dynamic annual lineup of performances, recitals, and events, showcasing the talents of students, faculty, and guest artists. To claim, call 206-543-4880 at least 24 hours prior to the show. View eligible events and locations at music.washington.edu/upcoming.

Volunteer Park Conservatory

CAPITOL HILL:

1400 E Galer St, Seattle, WA 98112

206-322-4112

Gold or FLASH card required

Senior discount tickets are \$2 off (33% off) for ages 65+; Gold card discount extends same the discount to anyone age 60+. Enjoy our guided tours and information on our rare plant collection, unique workshops, and music-dance-visual arts events that connect community in our “living botany museum.”

Washington Park Arboretum

WASHINGTON

PARK:

2300 Arboretum Drive E, Seattle, WA 98112

206-543-8616

No card required

Free admission for all visitors to the Washington Park Arboretum, a 230-acre botanical garden with diverse plant collections, scenic trails, and seasonal blooms, offering a peaceful retreat and a chance to explore the beauty of the Pacific Northwest's flora.

Washington State Department of Fish and Wildlife--North Puget Sound

16018 Mill Creek Boulevard, Mill Creek, WA 98012

425-775-1311

No card required

Reduced fishing/shellfish license fees for older adults (age 70+ at 75% off) and adults with disabilities (80% off). Call or go online for more info: <https://wdfw.wa.gov/licenses/fishing/types-fees>

Washington State Parks

For use at over 140+ State Parks throughout Washington

360-902-8500

No card required

Discounts for park use, including: Off-Season Senior Citizen Pass, Senior Citizen Limited Income Pass, Disability Pass, and Disabled Veteran Lifetime Pass. Explore more than 140 state parks, historic sites, trails, marine parks and properties right in our own back yard! Call or e-mail to request cost information or an application. infocent@parks.wa.gov

Washington Talking Book & Braille Library

SOUTH LAKE

UNION:

2021 9th Avenue, Seattle, WA 98121

206-615-0400 or 800-542-0866

No card required

Free services available to all WA residents who are unable to read standard print due to one or more vision-related conditions.

Wing Luke Museum

CHINATOWN/

INTERNATIONAL

DISTRICT:

719 S King St, Seattle, WA, 98104

206-623-5124

No card required

Immerse yourself in the rich history of Seattle's Chinatown-International District! Enjoy \$2 off (12% off) tickets for adults 62+. Caretakers accompanying guests with disabilities receive free admission, please ask at the front desk.

Woodland Park Zoo

PHINNEY RIDGE:

601 N 59th St, Seattle, WA 98103

206-548-2500

Gold or FLASH card required

75% off full price admission rate only. Age 60+ or adults with disabilities. Discover fascinating wildlife from around the world where conservation and education meet to create an unforgettable experience for all ages! One discount per card. May not be combined with other discounts.

Auto & Transportation

Courtesy Tire

WEST SEATTLE:

4820 California Ave SW, Seattle, WA 98116

206-932-5044

No card required

10% off labor and tires (excluding ad prices). Age 60+ or adults with disabilities. We utilize the latest that the automotive industry has to offer in products, education and equipment.

Downtown Automotive

QUEEN ANNE:

702 6th Ave N, Seattle, WA 98109

206-270-8500

Gold or FLASH card required

10% off labor, quality service provided by experts you can trust. Our mechanics take time to explain recommendations and do our best to allow you to drive away safe and happy that same day.

Eurocar Service

U-DISTRICT:

5821 Roosevelt Way NE, Seattle, WA 98105

206-527-8828

No card required

10% off labor up to \$50. We are dedicated to making sure our clients receive dependable European auto repair. Cannot be combined with any other offer.

Express Tires and Auto Service

COLUMBIA CITY:

5000 Martin Luther King Jr Way S, Seattle, WA, 98118

206-722-2400

No card required

Revitalize your vehicle and enjoy 10% off parts and labor. This includes oil changes, tires and mechanical repairs. Excludes Michelin tires.

GH12 Automotive

12005 NE 12th St, Ste 12, Bellevue, WA 98005

425-463-4263

Gold or FLASH card required

10% off Labor costs. We welcome all car types and our services include both major and minor repairs, as well as regular maintenance.

Lee's Automotive

BITTER LAKE:

13281 Aurora Ave N, Seattle, WA 98133

206-204-0990

No card required

10% off. We provide quality auto body collision repair, done by highly skilled technicians with professional service.

Metro Taxi Scrip

PIONEER SQUARE:

201 S. Jackson St, Seattle, WA 98104

206-553-3000 (WA Relay: 711)

No card required

50% discount for income-eligible riders to get taxi rides for appointments or errands. The Taxi Scrip Program serves low-income King County residents age 18 to 64 who have a disability, or ages 65+. Learn more via phone or online: <https://kingcounty.gov/en/dept/metro/fares-and-payment/reduced-fares>

North Seattle Transmission, Inc

SHORELINE:

14711 15th Ave NE, Shoreline, WA, 98155

206-364-3131

No card required

10% off parts & labor up to max of \$250 discount. Age 60+ or adults with disabilities.

Price 4 Limo

Online only

866-265-5479

Gold or FLASH card required

Price4Limo is a ground transportation provider for limousine, party bus and charter bus services. We are available 24/7 365 days for your transportation needs. Enjoy \$100 off your next rental at <https://www.price4limo.com/>

Regional Reduced Fare Permit (RRFP), METRO King County

PIONEER SQUARE:

King Street Center, 201 South Jackson St, Seattle, WA 98104

206-553-3000

No card required

The Regional Reduced Fare Permit (RRFP) gives riders ages 65+, riders with disabilities, and Medicare card holders reduced fares on participating transit agencies in the Puget Sound area, including Link Light Rail, ACCESS vans, VIA to transit, and more.

Rose Street Auto Repair

RAINIER VALLEY:

8335 Rainier Ave S, Seattle, WA 98118

206-723-7500

No card required

10% off parts and labor, excluding dealer parts. Our technicians provide repairs, maintenance, and diagnostics for all makes and models. Keep your car running smoothly and get back on the road with their expert care.

Seattle Center Monorail

SEATTLE CENTER:

370 Thomas St, 2nd Floor, Seattle, WA 98109

206-905-2601

No card required

50% off fare for adults 65+ and people with disabilities. Providing fast, fun, direct transportation between Downtown and Seattle Center since 1962.

T-Auto Repair

RAINIER BEACH:

9480 Rainier Avenue S, Seattle, WA 98118

206-721-5306

Gold or FLASH card required

20% off entire purchase of parts or labor. We provide auto repair services, free towing within a 20-mile radius for major repairs, financing options (and more!), and pride ourselves on our customer-first approach.

Tom's Automotive Service

WEST SEATTLE:

3616 SW Oregon St, Seattle, WA 98126

206-937-1144

Gold or FLASH card required

10% off up to \$40 on all auto repair services.

Tony's Greenwood Auto Body - NEW!

GREENWOOD:

8208 Greenwood Ave N, Seattle, WA, 98103

206-706-2778

Gold or FLASH card required

10% off purchase. Gold or FLASH Card serves as proof of eligibility. No additional proof of eligibility required.

Your Family Auto Service

CENTRAL DISTRICT:

2715 E Cherry St, Seattle, WA 98122

206-568-0039

Gold or FLASH card required

10% discount on all auto services. Call for a free estimate!

Home Garden & Pet

Bellevue Nursery

842 104th Ave SE, Bellevue, WA 98004

425-454-5531

No card required

Offers a 10% senior discount every Tuesday on all regularly priced merchandise. Enjoy locally sourced plants, good soil, helpful advice, and other environmentally-friendly products.

Best Plumbing and Rooter

GREENWOOD:

8820 Aurora Ave N, Seattle, WA 98103

206-633-1700

Gold or FLASH card required

Free annual plumbing inspection for a one-time fee of \$89. Age 62+

City of Algona

200 Washington Blvd, Algona, WA 98001

253-833-2897

No card required

Provides discount rates on City utilities for low-income senior citizen (65+) or people with permanent disabilities.

City of Auburn

25 West Main St, Auburn, WA 98001

206-804-5078

Gold or FLASH card required

Discount on basic cable service through Comcast for eligible adults age 62+ or with permanent disabilities.

City of Bellevue

450 110th Avenue NE, Bellevue, WA 98004

425-452-5285

No card required

Up to 75% off utility costs for qualifying low-income adults age 62+ and persons with disabilities.

City of Black Diamond

24301 Roberts Drive, PO Box 599, Black Diamond, WA 98010

360-888-5700

No card required

Utility rate reductions of up to 50% for water, sewer and stormwater charges for residents aged 62+ or have a permanent disability, and are low income.

City of Burien

400 SW 152nd St Suite 300, Burien, WA 98166

206-241-4647

No card required

A number of programs exist for assistance with utilities, available to income qualified households. Utility tax relief provided in the form of a reimbursement.

City of Covington

18631 SE 300th Place, Covington, WA 98042

253-631-0565

No card required

Provides a utility tax rebate for low-income adults over 65 and those with disabilities.

City of Des Moines

2045 S 216th, Des Moines, WA 98198

206-878-1642

No card required

Program offers utility assistance to Des Moines residents who are struggling to address negative economic impacts caused by the public health emergency.

City of Duvall

15535 Main Street NE, Duvall, WA 98019

425-788-1185

No card required

Provides a reduced water rate, sewer rate and storm drain rate for low-income customers.

City of Enumclaw

1339 Griffin Ave, Enumclaw, WA 98022

360-825-3591

No card required

Utility discount program for low-income individuals aged 65+, or those who are permanently disabled. Eligible individuals receive 30% discount on basic charges for water, sewer, garbage, and natural gas.

City of Federal Way

33325 8th Ave S, Federal Way, WA 98003

253-835-2527

No card required

Utility Tax Rebate program is for low-income residents. Instructions, eligibility and application info at website.

City of Issaquah

130 E Sunset Way, Issaquah, WA 98027

425-837-3070

No card required

Discount rate for qualifying low-income senior citizens (62+). Financial assistance of 75% discount off the minimum water and sewer billings and excludes clients from paying the stormwater fee.

City of Kent

220 4th Ave S, Kent, WA 98032

253-856-5201

No card required

Utility rate reductions (water, sewer, storm drainage, and solid waste) for eligible senior citizens (62+) and people with disabilities based on income.

City of Kirkland

123 5th Ave, Kirkland, WA 98033

425-587-3150

No card required

Offers reduced water, sewer, and garbage rates for qualifying low-income single-family households with residents 62+, those with disabilities, or home kidney dialysis customers: 50% off water, 75% off sewer, and 60% off garbage rates.

City of Redmond

15670 NE 85th Street, Redmond, WA 98052

425-556-2152

No card required

Provides a 50% discount on City of Redmond utility bills for qualifying low-income senior citizens (62+) and those who are disabled (18 years or older).

City of Seattle - Utility Discount Program

PO Box 34215, Seattle, WA 98124

206-684-0268

No card required

Offers income-eligible customers 60% discount on their Seattle City Light bill and 50% discount on their Seattle Public Utilities bill.

City of Shoreline

17500 Midvale Ave N, Shoreline, WA 98133

206-801-2260

No card required

Utility assistance qualifying customers (residents age 65+, low-income residents with disabilities, and low-income residents) of Seattle City Light (SCL) and Seattle Public Utilities (SPU - water) can save 50% on electric & water bills.

City of Tukwila

6200 Southcenter Boulevard, Tukwila, WA 98188

206-433-7190

No card required

Through the Utility Relief Program, provides reduction in electricity and gas for customers age 62+ or those permanently disabled; income restrictions apply.

Clean Heat Program, City of Seattle - NEW!

PIONEER SQUARE:

700 5th Ave, Seattle, WA, 98104

206-233-3361

No card required

Save up to \$6,000 on a heat pump or even qualify for a free heat pump when you convert from oil heat! Heat pumps can cut your heating bill in half compared to oil heat, provide air conditioning in the summer, and are more environmentally friendly. Visit our website to see what rebate amount you could get or if you can even get a free heat pump!

Collier Plumber, Inc

10814 5th Ave S, Seattle WA 98168

206-246-5325

No card required

10% off plumbing repairs. Age 60+.

Covington Water District

Covington, WA

253-631-0565

No card required

Offers qualified low income senior citizens (62+) and low-income disabled customers a rate discount. The discount is equivalent to the standard residential flat rate.

Greenwood True Value Hardware

GREENWOOD:

7201 Greenwood Ave N, Seattle, WA 98103

206-783-2900

No card required

Enjoy 10% off a wide selection of green products, including lawn and garden supplies, housewares, paint, electrical and plumbing items (excludes sale items). Discount available for adults 60+ or adults with disabilities.

HAPPY AEC Contractors

SHORELINE:

15025 Dayton Ave N, Shoreline, WA 98133

206-446-1668

Gold or FLASH card required

Free inspection & estimation for house maintenance and repair (including plumbing, electricity, remodeling, etc.), with an extra 5% off for cardholders. Call or email today!

Homa Rugs

DOWNTOWN:

1216 1st Ave, Seattle, WA 98101

206-623-7663

Gold or FLASH card required

10% discount applies to all purchases and services Homa Rugs provides, including cleaning, repair, and rug pads. Find beautiful selection of handwoven area rugs. Discount is not in addition to any other promotions or sales.

LawnStarter

U-DISTRICT:

5000 25th Ave NE #3203, Seattle, WA 98105

877-518-0382

No card required

\$20 off your first service when you use promo code SEATTLE20 at checkout. LawnStarter is a professional lawn mowing and landscaping service.

Merry Maids 486-West Seattle

WHITE CENTER:

9801 17th Ave SW, Seattle, WA 98106

206-209-0762

Gold or FLASH card required

Enjoy 10% off your first house cleaning service visit for a clean, reenergized space.

NE Seattle Tool Library

MEADOWBROOK:

10228 Fischer Pl NE, Seattle, WA, 98125

206-524-6062

Gold or FLASH card required

Pay-what-you-can tool library membership. Personal ID required. Visit our Shoreline Tool Library location, where cardholders get 10% off used material, tool, and bike sales.

OnePlus Kitchen & Home

CHINATOWN/

INTERNATIONAL

DISTRICT:

650 S Jackson Street, Seattle, WA 98104

206-624-4821

Gold or FLASH card required

20% off regularly priced selected items (discount not available for all items). Additional 10% off items already on sale.

PCs for People

FREMONT:

3415 Stone Way N, Seattle, WA 98103

206-222-2060

No card required

Special discounts on refurbished laptop and desktop computers, generally 30% less expensive than comparable new one. Low income laptop special.

Pet Food Bank, Seattle Animal Shelter

QUEEN ANNE:

2061 15th Ave W, Seattle, WA 98119

206-386-7387

No card required

The Pet Food Bank helps keep pets with their families by providing free pet food to those in need. The Pet Food Bank is open the first Saturday of every month from 10 a.m. to noon at the Seattle Animal Shelter. Reach out if you need help outside of that timeframe.

Seattle Animal Shelter

QUEEN ANNE:

2061 15th Ave W, Seattle, WA 98119

206-386-7387

Gold or FLASH card required

50% discount on altered pet license fees and 50% off pet adoption fees. The Seattle Animal Shelter provides care and safe homes for animals in need. Adopt, volunteer, or support our mission to help pets find their forever families!

Seattle Fire Department - NEW!

PIONEER SQUARE:

301 2nd Ave S, Seattle, WA, 98104

206-386-1400

No card required

Free combination smoke/CO alarms are provided and installed in the homes of qualifying Seattle homeowners. To qualify, applicants must live in the city of Seattle and own their home. Applicants must also identify as a Senior (age 65+), live on a low income and/or have any type of disability. Alarms are installed by Seattle firefighters.

Senior Property Tax Exemption - King County - NEW!

Online Only

206-296-3920

No card required

Residents of King County: Property tax exemption credit for seniors 61+ or for people with disabilities, who own their home and make less than the annual income limit.

Senior Property Tax Reduction Program - WA State - NEW!

Online Only

No card required

Residents of all Washington State counties: Property tax reduction program is available for anyone 61+ or with a disability, both within income thresholds set by each county. Visit the Department of Revenue Washington State website for county-specific info about contacts, required documents, etc. Printable copies available for some counties. Call your local county's assessor's office for questions, or the general tax assistance helpline at 360-705-6705 for guidance.

Shoreline Tool Library

SHORELINE:

16610 Aurora Ave N, Seattle, WA 98133

206-524-6062

Gold or FLASH card required

10% off used material, tool, and bike sales. Senior discount and pay-what-you-can memberships for borrowing also available. Government ID required for membership. Volunteers receive a free membership and volunteers who come in 3 times/month (9 hours) earn a free class. No experience or knowledge required!

Side Sewer Assistance Program, City of Seattle

PIONEER SQUARE:

700 5th Avenue, Seattle, WA 98104

206-684-0244

No card required

0% interest loans up to \$45,000 for income-qualified Seattle homeowners experiencing a side sewer emergency.

Sky Nursery

SHORELINE:

18528 Aurora Ave, Shoreline, WA 98133

206-546-4851

Gold or FLASH card required

Wednesday is Senior Discount Day at Sky Nursery! Anyone age 60+ receives a 10% discount on regularly priced purchases. Discount does not apply to gift certificates, bulk deliveries, delivery fees, sale items or prior sales

Trees for Neighborhoods, City of Seattle

Seattle, WA

206-684-TREE (8733)

No card required

Free trees to plant in your yard and/or parking strip, per availability and location. Includes help with tree planting, location selection and finding the right tree, as well as training and workshops on proper planting and care.

Urban Feed and Garden

BEACON HILL:

4878 Beacon Ave S, Seattle, WA 98108

206-420-2047

Gold or FLASH card required

10% discount. Neighborhood center offering everything you need for your plants and garden, including pet & chicken supplies, soil delivery & garden consulting (for a fee), and free advice! Come on by or call us.

Personal Home & Learning

9Round Kickboxing Ballard - NEW!

BALLARD:

2821 NW Market St., Seattle, WA 98107

206-420-2214

Gold or FLASH card required

Our lowest price for our workout is \$99 but for older adults and people with disabilities we will offer \$79 (savings 20%!) Come try 30 minute kickboxing classes that build confidence, improve strength, and boost your endurance.

Be A New Creation Spa

SHORELINE:

1207 N 200th St, Seattle, WA 98133

206-533-9999

No card required

Discounts available to all seniors on the following treatments: permanent hair removal, massage, counseling, treating incontinence, and other modalities.

BK Nail

NORMANDY PARK:

19893 1st Ave S, Ste 205, Normandy Park, WA 98148

206-212-6338

Gold or FLASH card required

Enjoy a 10% discount if you spend \$100. One discount per family. Whether you need weekly essentials or need to get ready for a night on the town, we can craft the right package of nail services for you.

Clear Hearing and Audiology

SOUTH LAKE

UNION:

213 Yale Ave N, Seattle, WA 98109

206-596-2099

Gold or FLASH card required

Receive \$200 off any pair of hearing aids.

Community Living Connections

County-wide

206-962-8467

No card required

Free, objective, confidential information by phone or appointment about community resources and service options for older adults, adults with disabilities, caregivers, and family members.

Day Interpreting

Online only

1-800-969-6853

No card required

10% discount on any translation and interpretation services. Our company provides real-time multilingual interpreting. You can connect to a phone interpreter instantly with our easy to use, real-time interpretation app or website: <https://dayinterpreting.com/>

Day Translations, Inc.

Online only

212-537-6123

No card required

10% discount on any of our translation and interpretation services. <https://www.daytranslations.com/>

Donaldson & Knigge, LLC

SOUTH LAKE

UNION:

210 Summit Ave E, Seattle, WA 98102

206-915-0137

No card required

Free initial phone consultation 10% discount off traffic ticket defense.

Dr. Quick Books, Inc.

WEDGEWOOD:

2304 NE 89th St, Seattle, WA 98115

206-789-8328

No card required

30% off your first year. Starting a new business or side gig? You'll need accounting and bookkeeping software to track your income and expenses.

Earl's Cuts & Styles

CENTRAL DISTRICT:

2320 E Union St, Seattle, WA, 98122

206-322-2687

No card required

A longtime pillar in the community in the Central District, Earl's Cuts & Styles offers a wide range of services, such as haircuts, beard trims, shaves, hair styling, scalp treatments, brows, and more. Receive a \$30 traditional haircut from a master barber—just ask for Earl! Schedule appointment on the website with Earl directly.

Float Seattle - NEW!

Multiple Locations: BELLEVUE, GREENLAKE, GREENWOOD, RENTON LANDING, SOUTH LAKE UNION

206-673-5132

Gold or FLASH card required

\$49 intro 60-minute float (reg. \$89 - 45% off) plus \$59/month ongoing membership (reg. \$69 - 14% off). Float therapy provides a weightless, quiet, low-stimulation space as you lie in shallow skin-temperature Epsom salt water. Many guests use floating to support relaxation, deep rest, stress & pain relief, and sleep. Available at five Seattle-area studios.

Franks Barbershop on Madison

FIRST HILL:

1026 Madison St, Seattle, WA 98104

206-747-3636

Gold or FLASH card required

Enjoy a \$2 discount on a wide range of hair services.

Gorin Sports Tukwila - NEW!

18264 Southcenter Pkwy, Tukwila, WA 98188

425-358-9963

No card required

30% off all group sports programs for adults 55+ at Gorin Sports Tukwila. Tennis, pickleball, volleyball, basketball & table tennis. Whether you're new to sports or an experienced player, you'll enjoy a welcoming community and opportunities to participate in tennis, pickleball, table tennis, basketball, and volleyball. All skill levels are welcome.

Junction Hot Yoga - West Seattle

WEST SEATTLE:

4747 California Ave SW, Seattle, WA 98116

425-481-4810

Gold or FLASH card required

20% off on any single or multi class package, including our new student unlimited intro. 20% off on branded product and rolled yoga mats. Discount does not apply to special events and teacher trainings. No doubling with other sales or promotions. Discount does not apply to mat/towel rentals, bottled water or travel mats.

Just in Case

Online only

206-708-9800

Gold or FLASH card required

Disaster preparedness coaching, 50% off Classic Plan & 25% off Ultimate Plan. The Classic Plan is our In-Home Readiness Assessment. Virtual or in-person individual consultation is also available at a rate of \$50/hr. <https://www.justincaseplans.com/disaster-kit-pricing>

Kang Acupuncture & Herbal Medicine Center

11226 NE 15th St, Bellevue, WA 98004

425-401-8885

No card required

20% off acupuncture treatments, 10% off Chinese herbs. Age 60+ or adults with disabilities.

Karibu Barber Shop

COLUMBIA CITY:

3855 Rainier Avenue South, Seattle, WA 98118

206-407-4147

Gold or FLASH card required

Step into the shop for a fresh, tailored haircut in a relaxed and welcoming atmosphere. 10% discount on services on Mondays for anyone 60+ and/or with a disability.

Legacy Hair & Beauty Supply

RAINIER VALLEY:

5719 Rainier Ave S, Seattle, WA 98118

253-294-4376

No card required

Enjoy 10% off on men and women's hair products

NCN Hair Pro Salon

10700 SE 208th St, Unit 23106, Renton, WA 98031

206-283-1291

Gold or FLASH card required

25% discount on a range of hair services for men and women.

North Seattle Community Acupuncture

PINEHURST:

11329 Pinehurst Way NE, Seattle, WA 98125

206-524-6428

No card required

Accupuncture with a flexible payment policy that allows you to pay what's comfortable within their ranges. New patient visits cost \$40, returning visits are \$30-\$55. Accupuncture Plus and Facial Bodywork treatments are \$55-\$75.

Northwest Center--People of All Abilities

1119 SW 7th Street, Renton, WA 98057

206-285-9140

No card required

Employment Services for adults with disabilities include transition services, vocational training, job placement, and supported employment. Donations of clothing and household items can also be arranged at 800-992-2060.

One Step Ahead Fall Prevention Program

Cities in King County (except Seattle)

206-263-8544

No card required

To enroll in this free program to receive your own home safety walk-through, you must be a resident of King County (outside of & excluding Seattle), 50 years of age or older, ambulatory and have fallen within the past 6 months and called 911.

Othello Station Pharmacy

OTHELLO:

4219 S Othello St. Ste 105F, Seattle, WA, 98118

206-620-2400

Gold or FLASH card required

5% discount on over-the-counter items. Examples of OTC items include multivitamins, hair care, first aid supplies, feminine hygiene products, allergy & pain medications, and infant care. We provide services in multiple languages, offer vaccinations and free medication delivery. Also have Tukwila location.

Peel Tech

Online only

866-702-7335

Gold or FLASH card required

We are offering a discounted hourly rate of \$110hr, usually \$125hr. Peel Tech is like having your own IT department at your beck and call. We are here to assist you with your technology challenges. From cell phones, to laptops, desktop and printers, to helping you navigate the world wide web we have your back. We come to you and we'll tackle any challenge with you, so give us a call today.

Pinup Salon

WEST SEATTLE:

4151 Fauntleroy Way SW, Suite 108, Seattle, WA 98126

206-932-5077

Gold or FLASH card required

20% off purchase with select stylists. We offer many specialized hair treatments and respect clients' lifestyles and budgets with creative solutions to make you look and feel your best, every day. To schedule using your Gold or FLASH Card, book us by email or phone, and note in advance that you would like to use your discount. We look forward to serving you.

Rock Paper Scissors

MADRONA:

1131 34th Ave, Seattle, WA 98122

206-325-5096

Gold or FLASH card required

20% off entire purchase & products, excluding sale items. Our services include haircuts, color, treatments, and styling that elevate our client's natural radiance.

T. Brooks Quality Cuts

COLUMBIA CITY:

5222 Rainier Avenue S, Seattle, WA 98118

206-723-5157

No card required

Senior cuts on Tuesdays for \$15 at a long-standing family-friendly barbershop in Columbia City.

Taproot Theatre - Reignite the Mind

GREENWOOD:

525 N 85th St, Seattle, WA, 98103

206-529-3668

Gold or FLASH card required

20% off purchase of any in-person or remote Reignite the Mind Improv Class, designed to stimulate brain health, laughter, & connection for anyone going through Early-Stage Memory Loss and their care-partners. Hosted online via Zoom and in-person at Greenwood Senior Center. Use code AFS20 at check out to apply the discount.

TechConnectWA

Statewide WA

800-216-1132

No card required

Our Community Helpdesk provides FREE basic computer technical support, digital navigation, internet connectivity guidance, and referrals for hardware fixes to all WA residents in multiple languages.

The Polytech

NORTHGATE:

540 NE Northgate Way Suite D, Seattle, WA 980125

206-557-4646

Gold or FLASH card required

Enjoy a 10% discount on all driving and tutoring services. We make the process of learning to drive (and improving driving skills) manageable for older adults, and high-functioning neurodiverse and anxious learners ages 15 and older. This includes prep for the written exam, use of a commercial-grade driving simulator, and more!

Tina Hair & Nail Salon

COLUMBIA CITY:

5101 Rainier Avenue S, Seattle, WA 98118

206-723-2999

Gold or FLASH card required

10% off haircuts, hair coloring, and a variety of nail services!

Trinity Financial Advisor LLC - NEW!

Online only

206-849-2964

Gold or FLASH card required

10% off on all services, including estate planning, wills & living trusts, life/health insurance, mortgage payoff, and 401k rollover. Services available in English & Vietnamese. Call or email to connect.

Tukwila Station Pharmacy

TUKWILA:

15320 33rd Ave S, Suite 222, SeaTac, WA 98188

206-388-3807

Gold or FLASH card required

5% discount on over-the-counter items. Examples of OTC items include multivitamins, hair care, first aid supplies, feminine hygiene products, allergy & pain medications, and infant care. We provide services in multiple languages, offer vaccinations and free medication delivery. Also have South Seattle location.

Vital Kinesis, PLLC

2800 Northup Way Suite 200, Bellevue, WA 98004

253-234-4601

No card required

Tai Chi classes (in-person or virtually) to improve your balance, coordination, and mobility. Classes are free while donations are welcome and made to NW Parkinson's Foundation.

Washington Connection

Statewide WA

No card required

A quick and easy way to apply for services like Food, Cash, Long-Term Care, and Medicare Savings Programs. Eligibility and discounts are based on income. Individuals 65+, blind, or disabled can also apply for medical assistance.

Worry-Free Wednesdays

Online or in-person Seattle area

206-390-8550

Gold or FLASH card required

FREE 30-minute end-of-life planning consultation to help identify what you or a loved one might need to have affairs in order at end-of-life.

Restaurant & Shopping

1DayBanner.com

Online only

Gold or FLASH card required

Go to <https://www.1daybanner.com/> & enter coupon code "GOVDEALS" during checkout for 10% Instant Discount on vinyl banners. Ships nationwide.

5 Star Cafe & Bar

BELLTOWN:

2231 2nd Ave, Seattle, WA, 98121

206-595-3728

Gold or FLASH card required

Enjoy 10% off entire order, excluding alcohol, AND any coffee purchase also includes a free croissant! 5 Star Cafe & Bar offers a wide variety of delicious tea, coffee, pastries, food, and alcohol.

Agelgil Ethiopian Restaurant

CENTRAL DISTRICT:

2800 E Cherry St A, Seattle, WA 98122

206-324-6402

Gold or FLASH card required

Enjoy 10% off of delicious Ethiopian cuisine.

All The Best Pet Care - NEW!

Multiple Locations:

BALLARD,

BELLEVUE,

BURIEN, CAPITOL

HILL,

CENTRAL DISTRICT,

COLUMBIA CITY,

EDMONDS,

GREENWOOD,

ISSAQUAH,

KENMORE,

KIRKLAND, LAKE

CITY,

MADISON VALLEY,

MERCER ISLAND,

QUEEN ANNE,

REDMOND,

WALLINGFORD, &

WEST SEATTLE

206-782-1500

Gold or FLASH card required

10% off dog and cat food, treats, and litter at any All The Best Pet Care location. Use the coupon code GOLDFLASH for online orders. Customers that spend over \$35 can get free, same-day local delivery. Not valid on Amazon orders. Cannot be combined with other offers.

Aloha Plates

CHINATOWN/

INTERNATIONAL DISTRICT:

511 S Weller St, Seattle, WA 98104

253-282-0060

Gold or FLASH card required

Receive 10% off a high quality and authentic Hawaiian dining experience.

Andaluz

COLUMBIA CITY:

4908 Rainier Avenue S, Seattle, WA 98118

206-384-5255

Gold or FLASH card required

Enjoy 10% off jewelry, candles, skincare, books, and more at this unique gift shop!

Anderson's Comfort Footwear

FIRST HILL:

1012 Madison St, Seattle, WA, 98104

206-682-1737

Gold or FLASH card required

Enjoy a 10% discount every Tuesday on a range of orthotics and comfort shoes.

Angora Rugs

WEST SEATTLE:

4517 California Ave SW, Seattle, WA 98116

206-419-7422

Gold or FLASH card required

10% off entire purchase. Come find beautiful Turkish rugs, lamps, and more in a local business that has been operating for over 27 years!

Bananas Grill - NEW!

COLUMBIA CITY:

4556 Martin Luther King Jr Way S, #2151, Seattle, WA 98108

206-420-4839

Gold or FLASH card required

10% off entire purchase for seniors at this affordable halal Mediterranean restaurant. Family owned in the heart of Columbia City for 15 years!

Blue Moon Burgers Alki

ALKI:

2504 Alki Ave SW, Seattle, WA, 98116

206-457-4398

Gold or FLASH card required

15% off your purchase. Come enjoy burgers made with 100% organic free-range PNW beef, a variety of vegan/gluten free options, and hand-dipped Tillamook milkshakes.

Broadcast Coffee: Yesler Cafe

CENTRAL DISTRICT:

1918 E Yesler Way, Seattle, WA, 98122

206-322-0807

Gold or FLASH card required

Enjoy 10% off any drink purchase from a local specialty-roaster cafe!

Bua 9 Thai Cuisine

COLUMBIA CITY:

5020 Rainer Avenue S, Seattle, WA 98118

206-323-9445

Gold or FLASH card required

Enjoy 15% off an authentic taste of Thailand brought to the PNW!

Camelback Grill

SEATAC:

15320 33rd Avenue S, Suite 232, SeaTac, WA 98188

206-806-8263

Gold or FLASH card required

We are pleased to offer 2% off meals. Enjoy a variety of culinary flavors from the Mediterranean and East Africa, such as kabobs, lamb shank, and mezze plates.

Canton Wonton House

CHINATOWN/

INTERNATIONAL DISTRICT:

608 S Weller St, Seattle, WA 98104

206-682-5080

Gold or FLASH card required

On Tuesdays, receive 10% off entire purchase , excluding sale items. A hidden gem in Chinatown International District offering authentic Cantonese noodle dishes. Cannot be combined with other offers.

CanvasDiscount.com

Online only

855-335-9926

no card required

15% OFF all Photo Canvas Prints. Use coupon code SEATTLE15 at checkout at <https://www.canvasdiscount.com/>

Central Ethiopian Bar and Restaurant

RAINIER VALLEY:

4433 S Graham St, Seattle, WA 98118

206-538-3464

Gold or FLASH card required

Discount available Monday thru Thurs after 6pm. 5% off food and alcoholic beverages. Enjoy good Ethiopian food and service.

Cheapo Ticketing

Online only

888-306-9050

No card required

Use coupon "GOVSAVER" at <https://www.startickets.com/> for a 10% discount on sports, concerts and theatre events.

Crow's Nest Comics

CENTRAL DISTRICT:

831 Hiawatha Pl S, Seattle, WA 98144

Gold or FLASH card required

Enjoy 5% off comics, books, and zines. Whether you're a superhero fanatic, an indie comic enthusiast, or just on the hunt for something fresh, we've got the story you're looking for. Explore our collection of graphic novels, classic comics, rare collectibles, and all kinds of geeky gear! Cannot be combined with other discounts.

Deli Cut Subs

PIONEER SQUARE:

300 5th Ave Ste 150, Seattle, WA 98104

206-262-0631

Gold or FLASH card required

Enjoy 20% off food purchases and 35% off on Passport Photos.

Donburi House

DOWNTOWN:

999 3rd Ave #201, Seattle, WA 98104

206-829-9393

Gold or FLASH card required

Enjoy 5% off flavors of Japan & Korea. Also provide free miso soup upon request! For elevator access to Plaza Level, enter at 3rd & Madison via Starbucks doors.

Dubsea Coffee

WHITE CENTER:

9910 8th Ave SW, Seattle, WA 98106

206-992-5155

No card required

Senior Tuesday Coffee days give you 50 cents off any cup. Enjoy connection and 50 cent discount off your favorite cup in the beautiful Greenbridge neighborhood in White Center.

Enat Ethiopian Restaurant

LAKE CITY:

11546 15th Ave NE, Seattle, WA 98125

206-362-4901

Gold or FLASH card required

Enjoy a 10% discount on authentic Ethiopian cuisine.

Eyman's Pizza

OTHELLO:

6711 Martin Luther King Jr Way S, Seattle, WA 98118

206-226-7087

Gold or FLASH card required

Seniors and their families get to enjoy 5% off a delicious meal. Family-owned restaurant offering pizza, burgers and gyros for takeout.

Fair Trade Winds

BALLARD:

5323 Ballard Ave NW, Seattle, WA 98107

206-743-8500

Gold or FLASH card required

Enjoy 10% off and find the perfect gift for any occasion with a variety of jewelry, clothes, greeting cards, and more!

Feed Co. Burgers - NEW!

CENTRAL DISTRICT:

1190 24th Ave, Seattle, WA, 98122

206-726-6000

Gold or FLASH card required

10% off entire purchase at your neighborhood burger spot. We use all local PNW ingredients, and have a seasonal menu of ciders, kombucha, and decadent milkshakes.

Fini

DOWNTOWN:

86 Pine Street Seattle, WA 98101

206-443-0563

Gold or FLASH card required

Enjoy 10% off your purchase. Explore unique selection of accessories. Does not apply to sale merchandise.

Friendship BBQ

BITTER LAKE:

13520 Aurora Ave N, Seattle, WA, 98133

206-333-1688

Gold or FLASH card required

3 special meal deals for Gold/FLASH Card holders: 1) Egg fried rice + 3 chicken skewers + coke - \$15.99. 2) Fried noodle + 3 chicken skewers + coke - \$16.99. 3) Spicy sour egg drop soup + rice + 3 chicken skewers - \$15.99

Fryzone

COLUMBIA CITY:

5901 Rainier Ave S Seattle, WA 98134

206-856-1449

Gold or FLASH card required

Enjoy 10% off various flavors of fries at the only fry spot in town!

Fusion Bistro Indian Cuisine

PIONEER SQUARE:

601 2nd Ave, Seattle, WA 98104

206-596-7117

Gold or FLASH card required

Enjoy 10% off your purchase of Indian fusion cuisine.

Grillbird

HIGH POINT:

6501 35th Ave SW, Seattle, WA 98126

206-218-7969

Gold or FLASH card required

Enjoy 20% off at a neighborhood modern teriyaki place

Habesha Cafe

COLUMBIA CITY:

5710 Rainier Avenue S, Seattle, WA 98118

206-324-2527

Gold or FLASH card required

5% off Seattle's deliciously-authentic Eritrean & Ethiopian Restaurant and Deli.

Hi Spot Cafe

MADRONA:

1410 34th Ave, Seattle, WA, 98122

206-325-7905

Gold or FLASH card required

10% off beverage purchases, excluding cocktails. Come enjoy breakfast or lunch at this Madrona classic cafe that's been around for over 35 years!

HK Dim Sum

BITTER LAKE:

13200 Aurora Ave N, #F, Seattle, WA, 98133

206-829-9189

Gold or FLASH card required

Receive a free gift when Gold/FLASH cardholders show their cards. The gift is a random item that changes each day!

Honey Girl Books & Gifts

WEST SEATTLE:

West Seattle art shows & online

574-400-9362

No card required

20% off all quilts, toys, and original children's books! Enter Seattle Seniors special promo code "SEASRS" at checkout in online Etsy store to receive discount. Free delivery in the Seattle area.

Hotwire Coffeehouse - NEW!

WEST SEATTLE:

4410 California Ave SW, Seattle, WA, 98116

206-321-0387

Gold or FLASH card required

15% off purchase of any Hotwire Coffee product at this locally-owned and community-operated coffee shop. Gold or FLASH Card serves as proof of eligibility. Excludes merchandise.

Hung Long Asian Market

WHITE CENTER:

9988 15th Ave SW, Seattle, WA 98146

206-403-1626

Gold or FLASH card required

Purchase \$50 of groceries and enjoy a 5% discount on groceries, except beer.

J&B African Market

WHITE CENTER:

10327 3rd Ave S, Seattle, WA 98168

206-915-5178

Gold or FLASH card required

Enjoy 10% off the full retail price of a wide variety of African Foods.

Jing Jing Asian Market

12402 SE 38th St, Bellevue, WA 98006

425-644-3548

No card required

Wednesday morning 9am-12 noon, 10% off grocery items for seniors age 62+. Find fresh seafood, produce and hard-to-find Asian goodies. ID required, see store for details.

Kaffa Coffee and Ethiopian Food

RAINIER VALLEY:

8136 Rainier Avenue S, Seattle, WA 98118

206-453-3558

No card required

10% off entire purchase of Ethiopian coffee and cuisine for seniors.

Kaffeeklatsch

LAKE CITY:

12513 Lake City Way NE Suite H, Seattle, WA 98125

206-462-1059

Gold or FLASH card required

Enjoy 10% off on coffee and authentic German baked goods!

KAVU Outlet Store--White Center

WHITE CENTER:

9064 Delridge Way Southwest Suit B, Seattle, WA 98106

206-456-9329

Gold or FLASH card required

Gear up for the outdoors and enjoy 20% off from the MSRP retail price of any current season items. From selling locally in Washington to selling locally worldwide! This store is an outlet, so there are lots of items marked down below 50% off!

KAVU--Ballard

BALLARD:

5419 Ballard Ave NW, Seattle, WA 98107

206-783-0060

Gold or FLASH card required

Gear up for the outdoors and enjoy 20% off from the MSRP retail price of any current season items. From selling locally in Washington to selling locally worldwide! Discount available at Ballard and the outlet White Center stores.

Kebena Ethiopian Restaurant

RAINIER VALLEY:

7636 Rainier Ave. S., Ste A, Seattle, WA 98118

206-268-0037

Gold or FLASH card required

10% off on authentic Ethiopian food on Mondays from 3pm to 7 pm.

Las Brisas Boutique - NEW!

DELRIDGE:

10032 16th Ave SW, Seattle, WA, 98146

(206)219-9071

Gold or FLASH card required

10% off purchase at this beautiful dress shop that does quinceañeras, weddings, and prom dresses.

Local Coffee Spot

DOWNTOWN:

808 3rd Ave, Seattle, WA 98104

206-453-3469

Gold or FLASH card required

30% off food and drinks. Enjoy grilled sandwiches, pastries and sweets, and exceptional coffee. Discount can be applied towards any food or beverage item on the menu.

Lockspot Café - NEW!

BALLARD:

3005 NW Locks Pl, Seattle, WA 98107

206-789-4865

No card required

Seniors can get a meal for \$10 or under, or \$20 or less if adding a drink or cocktail. Our Senior Menu (Ages 55+) also offers smaller portions. This tavern has been in Ballard for over 100 years, and is known for its fish and chips, all day menu, and welcoming atmosphere.

Loving Hut Seattle

CHINATOWN/

INTERNATIONAL DISTRICT:

1228 S Jackson St, Seattle, WA 98144

206-299-2219

Gold or FLASH card required

Enjoy 10% off vegan Asian cuisine.

Mammoth

QUEEN ANNE:

220 Mercer St, Seattle, WA 98109

206-946-1065

Gold or FLASH card required

Enjoy 10% off at Seattle Center's local, neighborhood sandwich & beer shop.

McMenamins--Queen Anne

QUEEN ANNE:

200 Roy St, Seattle, WA 98109

206-285-4722

Gold or FLASH card required

Enjoy 15% off total order. Enjoy handcrafted beverages and pub food in the shadow of the Space Needle.

Merchant's Cafe & Saloon

PIONEER SQUARE:

109 Yesler Way, Seattle, WA 98104

206-467-5070

Gold or FLASH card required

Enjoy 10% off any drinks and delicious, handcraft dishes!

Michael Birawer Gallery

DOWNTOWN:

1003 1st Ave, Seattle, WA 98104

612-239-9041

Gold or FLASH card required

Enjoy 10% off original artwork and fine art prints. Find unique paintings and prints of urban neighborhoods, and more.

Minna Mediterranean Restaurant

CENTRAL DISTRICT:

2522 E Cherry St, Seattle, WA 98122

206-577-8021

Gold or FLASH card required

10% off delicious Mediterranean & Middle Eastern food, including shawarma, falafel, gyros, kebabs, ice cream, and more!

Molly Moon's - NEW!

Multiple Locations:

BELLEVUE, CAPITOL

HILL, COLUMBIA

CITY,
EDMONDS,
MADRONA,
QUEEN ANNE,
REDMOND, U
VILLAGE,
WALLINGFORD,
WATERFRONT, &
WEST SEATTLE

206-294-4389

Gold or FLASH card required

15% off purchase at any of the 11 Molly Moon's locations across Seattle. Molly Moon's is known for its delicious homemade ice cream, locally sourced ingredients, and commitment to giving back to the community.

Monster

BALLARD:

1716 NW Market St, Seattle, WA 98107

206-789-0037

Gold or FLASH card required

Get crafty and enjoy 15% off clothing, jewelry, art, craft supplies, and art classes.

Moonlight Cafe

CENTRAL DISTRICT:

1919 S Jackson St, Seattle, WA 98144

206-485-7313

Gold or FLASH card required

Enjoy 15% off everything, excluding alcohol, at this delicious Vietnamese cafe, with a variety of vegan and vegetarian options!

Moonshot Coffee - NEW!

DELRIDGE:

9622 16th Ave SW, Seattle, WA, 98106

206-620-0315

Gold or FLASH card required

15% off beverages at this cozy cafe that is known for their specialty coffee and delicious pastries.

Mount & Bao Restaurant

LAKE CITY:

12534 Lake City Way NE, Seattle, WA, 98125

206-556-7137

Gold or FLASH card required

Free snack item with order for Gold/FLASH cardholders. Choose one of 3 options: 1) A plate of 6 steamed dumplings 2) Fried sweet rice sticks with brown sugar sprinkle or 3) Bowl of egg drop soup or spicy sour soup.

Naiyow Mohamed Tailoring

OTHELLO:

6727 MLK Junior S #R Seattle, WA, 98118

816-882-7091

Gold or FLASH card required

We are happy to offer a 5% discount on tailoring services. We have been offering this discount to seniors in the East African community so are excited to join the Gold/FLASH card program.

Ngon Ngon Seattle Catering

360 Corporate Dr N, Tukwila, WA 98188

206-888-7155

Gold or FLASH card required

Enjoy 5% off Vietnamese catered cuisine with a modern twist.

Nissi Bánh Mi

OTHELLO:

Martin Luther King Jr Way S Ste 101B, Seattle WA 98118

206-549-1455

Gold or FLASH card required

For orders with 10 Vietnamese sandwiches, receive 10 eggrolls FREE. Swing by the King Plaza mall and enjoy authentic Vietnamese food, from sandwiches to rice dishes to an assortment of drinks.

No. 9 Alley Hot Pot

BITTER LAKE:

930 N 130th St, Seattle, WA 98133

206-734-5098

Gold or FLASH card required

20% off (\$23.99 total price) for cardholders for All You Can Eat authentic Sichuan hotpot!

Other Coast Cafe

BALLARD:

5315 Ballard Ave NW, Seattle, WA 98107

206-789-0936

Gold or FLASH card required

Enjoy 15% off of food and beverage at a neighborhood sandwich shop that puts customers first.

Pagliacci Pizza - NEW!

Multiple Locations:

BALLARD (85th St),

BALLARD LOCKS,

BELLEVUE

(Crossroads),

BELLEVUE

(Eastgate),

BELLEVUE (Main St),

CAPITOL HILL

(Miller

St), CAPITOL HILL

(Pike

St), COLUMBIA

CITY,

EDMONDS,

FREMONT,

KENMORE,

KIRKLAND

(Bridle Trails),

206-726-1717

Gold or FLASH card required

Enjoy a 10% discount (up to \$100) at Pagliacci Pizza—a Seattle favorite since 1979, with 24 convenient locations. Award-winning whole pies, pizza by the slice, salads, ice cream, and more. In-store orders only; cannot be combined with other offers.

Panterelli Patisserie

WEST SEATTLE:

4210 SW Alaska St, Seattle, WA, 98116

206-413-5109

Gold or FLASH card required

15% off at this local patisserie that specializes in French choux pastry techniques. Come try the exquisite eclairs and cream puffs!

Pegasus Pizza & Pasta

WEST SEATTLE:

4520 California Ave SW, Seattle, WA 98116

206-932-4849

Gold or FLASH card required

20% off your order. Come enjoy delicious pizza and pasta in this West Seattle staple that is kid-friendly, wheelchair-accessible, and has a patio and party room!

Percy's & Co.

BALLARD:

5233 Ballard Ave NW, Seattle, WA 98107

206-420-3750

Gold or FLASH card required

Enjoy 15% off at a cozy apothecary style cocktail bar with a chef-driven kitchen and patio seating.

Phở Số 1

CHINATOWN/

INTERNATIONAL DISTRICT:

1207 S Jackson St, Seattle, WA 98144

206-860-2824

Gold or FLASH card required

Enjoy 20% off of authentic Vietnamese cuisine.

Piatti - NEW!

U-DISTRICT:

2695 NE Village Ln, Seattle, WA, 98105

206-524-9088

Gold or FLASH card required

15% discount on food and non-alcoholic beverage for Gold or Flash card holders at this Italian restaurant that hand cuts and rolls their pasta each day. The offer is for card holders only. No discounts on alcohol. Can only be used for one person only, does not extend to their guests' meals.

Pistil Books Online

Online only

206-323-9370

No card required

Enjoy 10% off purchase up to \$100. Browse or search our quality used and collectible books in all subjects at our website. Use coupon code "GoldDisc" at online checkout. www.pistilbooks.net

Poke to the Max

RAINIER VALLEY:

5300 Rainier Ave S Seattle, WA 98118

206-208-7142

Gold or FLASH card required

Enjoy 10% off a true taste of Hawaii! Including poke, spam musubi, loco moco, garlic chicken, and much more.

Puffy Pandy

WHITE CENTER:

9828 16th Ave SW Seattle, WA 98106

206-841-0052

Gold or FLASH card required

10% off purchase, offering Asian-inspired flavors and unique desserts, including macaron tower party cakes. A fun and family-friendly neighborhood spot!

Ras Dashen Ethiopian Restaurant

CENTRAL DISTRICT:

2801 E Cherry St, Seattle, WA 98122

206-709-7626

Gold or FLASH card required

Enjoy a 10% discount on a wide range of Ethiopian cuisine. Discount is only offered on weekends.

Ravenna Refills - NEW!

RAVENNA:

6505 16th Ave NE, Seattle, WA, 98115

206-569-4023

Gold or FLASH card required

10% off at this sustainable product refill shop, offered upon request for anyone age 60+ and current FLASH cardholders. Come find sustainable options for everyday items and refills of your favorite cleaning products and skincare. *Due to building limitations, please contact Ravenna Refills about accessibility accommodations if needed.

Ravenna Rocks, LLC - NEW!

RAVENNA:

1516 NE 65th St, Seattle, WA, 98115

206-607-9432

Gold or FLASH card required

15% off your purchase at this beautiful crystal shop, offered to FLASH cardholders & anyone over age 60 who joins our free loyalty program and enters their month and year of birth. No verification is currently required.

Retail Therapy

CAPITOL HILL:

905 East Pike St, Seattle, WA 98122

206-324-4092

Gold or FLASH card required

10% off for cardholders at this independent art boutique. Come find clothing, gifts, candles, accessories, irreverent cards, and more!

Rose Pho

NORMANDY PARK:

19865 1st Ave S, Ste 302, Normandy Park, WA 98148

206-592-2451

Gold or FLASH card required

Enjoy \$5 OFF on every purchase over \$50. Come enjoy authentic Vietnamese food at a family-owned restaurant, with rich flavors of various classic Vietnamese dishes.

Saigon Drip Cafe

PIONEER SQUARE:

161 S Washington St, Seattle, WA 98104

206-280-1797

Gold or FLASH card required

Step into an enchanting Vietnamese Oasis. Spend \$25 and enjoy 15% off food and drink. Spend \$50 and enjoy 20% off.

Seaside Grill

ALKI:

2820 Alki Ave SW, Suite A, Seattle, WA 98116

206-556-3133

Gold or FLASH card required

Cardholders can get 10% off when they spend \$20 and 20% off when spend \$50. Come enjoy all-American classic dishes, seafood, and housemade burgers.

Señor Carbón Peruvian Cuisine

DOWNTOWN:

625 1st Ave, Ste 100, Seattle, WA 98104

206-588-0046

Gold or FLASH card required

Enjoy 10% off authentic Peruvian Cuisine.

Shewa-Ber® Bar & Restaurant

CENTRAL DISTRICT:

1801 S Jackson St, Seattle, WA, 98144

206-466-2393

Gold or FLASH card required

10% off purchase. Come enjoy real food from Ethiopia, traditional Ethiopian coffee, and a variety of vegan dishes while supporting small sustainable farmers.

Skål Beer Hall

BALLARD:

5429 Ballard Ave NW, Seattle, WA 98107

206-829-9615

Gold or FLASH card required

Enjoy 15% off your bill at a Viking-inspired beer hall, honoring the Nordic roots of Ballard, with indoor and outdoor seating.

Skylark Cafe & Club

NORTH DELRIDGE:

3803 Delridge Way SW, Seattle, WA 98106

206-935-2111

Gold or FLASH card required

10% off entire lunch, dinner, or weekend brunch. American food and live music.

Snapdoodle Toys & Games

Multiple Locations:

BELLEVUE,

REDMOND,

ISSAQUAH,
KENMORE,
SEATTLE, & TOTEM
LAKE

425-590-9576

Gold or FLASH card required

10% off on your purchase. Discount honored at any of six Snapdoodle Toys locations (Seattle, Kenmore, Redmond, Issaquah, Totem Lake & Bellevue).

Solo Bar & Eatery

QUEEN ANNE:

200 Roy St, Seattle, WA, 98109

206-213-0080

Gold or FLASH card required

Enjoy 10% off drinks. Bar & restaurant serving Lower Queen Anne with its theaters, arena and arts, and its own programming, too. Age 21+ establishment.

Spice Waala

Multiple Locations:

BALLARD, CAPITOL

HILL,

& COLUMBIA CITY

206-457-8691

Gold or FLASH card required

FREE Mango Lassi with any purchase of \$15 or more at any one of our locations in Columbia City, Capitol Hill or Ballard.

Sunset Cafe

RAINIER VALLEY:

8115 Rainier Ave S, Seattle, WA, 98118

206-495-5591

Gold or FLASH card required

10% discount on authentic East African food and beverages on Monday, Tuesday and Wednesdays from 12 PM to 6 PM.

Tenoch Mexican Grill

BEACON HILL:

2414 Beacon Ave S, Seattle, WA, 98144

206-550-6259

Gold or FLASH card required

Enjoy 10% off on authentic Mexican cuisine, fresh gluten free, vegetarian options, and more.

Thanh Vi Restaurant

CHINATOWN/

INTERNATIONAL DISTRICT:

1046 S Jackson St, Seattle, WA 98104

206-329-0208

No card required

Enjoy 20% off of mouthwatering Vietnamese cuisine.

The Beer Junction

WEST SEATTLE:

4511 California Ave SW, Seattle, WA, 98116

206-938-2337

Gold or FLASH card required

20% off of draft beer, draft cider, wine glass pours, and food!

The Great American Diner & Bar

WEST SEATTLE:

4752 California Ave SW, Seattle, WA 98116

425-417-6797

Gold or FLASH card required

15% off when you spend \$25. Come experience American hospitality at this classic diner that serves breakfast, lunch, dinner, and features a sports bar!

The Whisky Bar

BELLTOWN:

2122 2nd Ave, Seattle, WA, 98121

206-443-4490

Gold or FLASH card required

10% off all purchases at this Belltown whisky bar that has been around for 24 years and offers whiskies from around the world, as well as classic cocktails and craft brews.

Ugly Baby

PIKE MARKET:

1430 Western Ave, Seattle, WA 98101

206-696-0089

Gold or FLASH card required

15% off purchase. Check out quirky & fun artwork, crafts, clothing, and home goods.

Union N Bar & Restaurant

RAINIER VALLEY:

8824 Renton Ave S, Seattle, WA 98118

206-722-2011

Gold or FLASH card required

Indulge in Eritrean/Ethiopian delights. Enjoy 10% discount for every service Tuesdays and Wednesdays, 12-6pm.

Weyni Market & Catering

RAINIER VALLEY:

5999 Rainier Ave S, Seattle, WA 98118

425-524-1071

Gold or FLASH card required

From 1-2pm everyday, enjoy 15% off vibrant flavors from Ethiopia, along with catering services.

Zagol Ethiopian Restaurant

CENTRAL DISTRICT:

2722 E Cherry St, Seattle, WA 98122

206-322-1019

Gold or FLASH card required

Enjoy 10% off unique home-made Ethiopian cuisine and coffee.

Zobel Ethiopian Restaurant

CENTRAL DISTRICT:

1219 E Jefferson St, Seattle, WA 98122

206-323-1408

Gold or FLASH card required

Enjoy modern interpretations of classic Ethiopian cuisine. 10% discount any time except Tuesdays.

Free Opportunities

Alki Beach Park

ALKI:

2665 Alki Ave SW, Seattle, WA 98116

206-684-4075

No card required

FREE PARK - Been looking for a beach day? Alki provides that and more! With picnic tables, volleyball courts, a bathhouse with an art studio, and more.

Alki Point Lighthouse & Tours

ALKI:

3201 Alki Avenue SW, Seattle, WA 98116

No card required

FREE TOUR - Step into Seattle's maritime past at Alki Point Lighthouse, where century-old coastal charm meets sweeping views of Puget Sound and Mount Rainier. Climb the spiral staircase and hear real lighthouse lore—all guided by the U.S. Coast Guard Auxiliary.

Ballard (Hiram M. Chittenden) Locks

BALLARD:

3015 NW 54th St, Seattle, WA 98107

206-783-7059

No card required

FREE MUSEUM - Watch boats passing through the Ballard Locks from the Ship Canal into the Sound, and see migrating salmon navigate the fish ladder, too! Fish ladder and walkways are wheelchair accessible.

Beach Naturalist Program with the Seattle Aquarium

Various Locations

206-386-4300

No card required

FREE BEACH GUIDE - Enjoy getting to know the beach and all the creatures on our shores with the expert knowledge of a beach naturalist! The website lists times and days that guides will be present at each beach in the area.

Beacon Open Harvest/ Beacon Food Forest

BEACON HILL:

15th Ave S & S Dakota St, Seattle, WA, 98108

No card required

FREE GARDEN - Beacon Food Forest is a free, community-powered food forest in Seattle where anyone can harvest from over 100 edible, medicinal, and crafting plants year-round. Rooted in the values of sustainability and food equity, it's open to all—just bring a bag and take what you need, leaving some for others. Come explore, harvest, volunteer, and grow with us!

Burke Gilman Trail

Starts at Golden Gardens Park

206-684-4075

No card required

FREE NATURE TRAIL - The most iconic trail in Seattle, stretching from Golden Gardens for twenty miles. The most popular section is between the

Carkeek Park

BROADVIEW:

950 NW Carkeek Park Rd., Seattle, WA 98177

206-684-4075

No card required

FREE PARK - A 3.5 mile roundtrip loop with a stunning blend of forest trails, sandy beaches, and breathtaking Puget Sound views.

Center for Wooden Boats--Sunday Public Sail

SOUTH LAKE UNION:

1010 Valley St, Seattle, WA 98109

206-382-2628

No card required

FREE SAIL TOUR - Set sail with a Seattle tradition! On the last Sunday of each month from April to October, join volunteer skippers and crew on a boat ride out on Lake Union. A variety of boats are available, but at a first come first served basis. Sign-ups begin in person at 10:00am in front of the Wagner Education Center

Cheshiahud Lake Union Loop

Seattle, WA, Cheshiahud Lake Union Loop, Seattle, WA 98102

206-684-4075

No card required

FREE TRAIL - This 6.5 mile loop around Lake Union connects more than 35 pocket parks, including Gasworks and other Lake Union Parks. This loop provides open spaces for bicycling, walking, or a family picnic with a view of the lake.

Duwamish Longhouse & Cultural Center

DUWAMISH VALLEY:

4705 W Marginal Way SW, Seattle, WA 98106

206-431-1582

No card required

FREE MUSEUM - Learn about the Duwamish and other cultures, with art galleries and ongoing workshops, along with other monthly special events.

Food Lifeline

Various Locations

206-545-6600

No card required

FREE SERVICE - This map lists nearby food assistance locations, their different services, and their contact information

Free Little Art Gallery (FLAG)

QUEEN ANNE:

1st Ave North between Garfield & Galer, Seattle, WA 98109

No card required

FREE ART GALLERY - Take a piece, leave a piece, or just enjoy the sights at the smallest free art gallery in Seattle! Created by artist Stacy Milrany during the pandemic, the tiny gallery offers connection and community through art to anyone passing by.

Free Waterfront Shuttle

Various Locations along waterfront

No card required

FREE SEASONAL SERVICE - Ride the shuttle along the waterfront, from Seattle Center to the stadiums, with stops by Pier 69, Pier 62, the Seattle Art Museum, Aquariums, and more!

Freeway Park

DOWNTOWN:

700 Seneca St, Seattle, WA 98101

206-684-4075

No card required

FREE PARK - This unique park is made up of concrete and features plants and water, creating the perfect scenery for pictures or a talk in the park.

Gas Works Park

WALLINGFORD:

2101 N Northlake Way, Seattle, WA 98103

206-684-4075

No card required

FREE PARK - Once a coal gasification plant, now an iconic Seattle landmark, Gas Works Park is the perfect place to spend a sunny day. Gas Works overlooks a view of the water and the Seattle skyline, and features trails around the original coal plant.

Golden Gardens Park

BALLARD:

8498 Seaview Ave NW, Seattle, WA 98117

206-684-4075

No card required

FREE PARK - A 2.5 mile roundtrip with extraordinary views of the Puget Sound and the Olympic Mountains. It features sandy beaches and trails through the lush forest.

Green Lake Park / Trail

GREENLAKE:

7201 E Green Lake Dr N, Seattle, WA 98115

206-684-4075

No card required

FREE TRAIL - A gorgeous 2.8 mile roundtrip trail around Greenlake, with a lush scenery. It has minimal elevation change, so it's suitable for people of all ages. It also features a basketball court and pickleball court nearby.

Henry Art Gallery

U-DISTRICT:

4099 15th Ave NE, Seattle, WA 98195

206-543-2280

No card required

FREE MUSEUM - See art spanned across time, with both historic and contemporary art at Washington's first art museum.

HistoryLink's Walking Tours of Seattle-area Neighborhoods

Various Locations

206-447-8140

No card required

FREE SELF GUIDED TOUR - Learn about the history of various iconic locations in Seattle, including Pike Place, Central District, Pioneer Square, and more! Now with audio and translation.

Jackson Street Jazz Trail

CHINATOWN/

INTERNATIONAL DISTRICT:

303 South Jackson Street, Seattle, WA 98104

No card required

FREE SELF GUIDED TOUR - Immerse yourself into Seattle's history and step into the rhythm of Seattle's past with the Jackson Street Jazz Trail—a self-guided journey through the storied clubs and street corners that were once Seattle's historic jazz district.

Kerry Park

QUEEN ANNE:

211 W Highland Dr, Seattle, WA 98119

206-684-4075

No card required

FREE PARK - Overlooking the city and framed by the space needle and Mt. Rainier, this park offers a stunning view of Seattle. It is often considered the most iconic view of the city and has a spectacular view at sunset and nighttime. Amenities also include a play area and a basketball court.

KEXP

QUEEN ANNE:

472 1st Ave N, Seattle, WA 98109

206-520-5800

No card required

FREE MUSIC - Tune in and get a chance to see free performances. Tickets can be claimed in person 90 minutes before the performance, with up to 70 visitors at a time.

Klondike Gold Rush Visitor Center

PIONEER SQUARE:

319 2nd Ave S, Seattle, WA 98104

206-220-4240

No card required

FREE MUSEUM - Art, exhibitions, film screenings, and more of the Gold Rush that made Seattle rich!

Amenities include a gift shop and tactile exhibits..

Ladies Musical Club of Seattle Public Concert Series

Various Locations

206-386-4636

No card required

FREE MUSIC - Free classical musical performances around Seattle from October - May.

Magnuson Park Public Art

SAND POINT:

7400 Sand Point Way NE, Seattle, WA 98115

206-684-4075

No card required

FREE TRAIL - Get your outdoor gear ready and explore the various paths at Magnuson Park. Combining nature with art, stop by and see the Sound Garden and Fin Project structures.

McCarthy & Schiering

Multiple Locations: QUEEN ANNE & RAVENNA

206-282-8500

No card required

FREE WINE TASTING - Every Saturday from 11-5pm, enjoy curated selections of free wine tasting. Featured wines change each Saturday.

Northwest Trolls

Various locations

No card required

FREE ART - 6 hand-built giant troll structures spread out across Washington and Portland, these works of art each represent an environmental story and the support of Danish-American relations.

Olympic Sculpture Park

BELLTOWN:

2901 Western Ave, Seattle, WA 98121

206-654-3100

No card required

FREE PARK / TOUR - See where world class art meets stunning natural beauty. At this park you can stroll the beach, or take a public guided tour, and more!

Outdoorsforall- Lake Sammamish

2300 NW Sammamish Rd, Issaquah, WA, 98027

206-838-6030

No card required

FREE RECREATION - Hit the trails in a brand-new location—Sunset Beach in Lake Sammamish State Park! Enjoy free weekend rides all October long on accessible bikes designed for people with disabilities, with scenic park paths and regional trails waiting to be explored. For people with disabilities ages 7+.

Outdoorsforall- Magnuson Park

SAND POINT:

Building 406, 6344 NE 74th Street, Seattle, WA 98115

206-838-6030

No card required

FREE RECREATION - Open from May 1st - September 30th, enjoy free adaptive cycle rentals for everyone! On site 7 days a week, except for a select few Sundays where we're set up at different parks.

Pop-Up Concerts in the Park

Various Locations

206-332-9900

No card required

FREE MUSIC - Celebrate summer and 25 years of community with Pop-Up Concerts in the Park! Join us for free, all-ages concerts featuring local artists in beautiful Seattle parks on Wednesdays, 6:30pm - 8pm in July and August 2025. Each show brings vibrant music and neighborhood pride to the heart of our public spaces.

Seattle Center Festál

SEATTLE CENTER:

305 Harrison St, Seattle, WA 98109

206-684-7200

No card required

FREE FESTIVALS - Come celebrate the heart of the world in the heart of Seattle. Through live performances, global cuisine, art, and traditions, you can experience and appreciate different ethnic cultures.

Seattle Center International Musical Fountain

SEATTLE CENTER:

305 Harrison St, Seattle, WA 98109

206-684-7200

No card required

FREE PARK - This water park provides a lively atmosphere, with a water park for kids to play in and many restaurants near to enjoy, it has it all! Not to mention the beautiful backdrop of the Space Needle!

Seattle Chinese Garden

WEST SEATTLE:

5640 16th Ave. SW, Seattle, WA 98106

206-934-5219

No card required

FREE GARDEN - Experience beauty and tranquility at this 4.6 acre Chinese garden that also comes alive with vibrant cultural events, festivals, and workshops.

Seattle Murals Map

Various Locations

No card required

FREE ART - Discover the Hope Corps Downtown Seattle Mural Project—over 30 vibrant murals transforming the city's core from SODO to Belltown. Spend the day celebrating local artists by visiting their art around the city.

Seattle Neighborhood Art Walks

Various locations

206-684-7171

No card required

FREE ART - Support local artists and stop by - these art walks transform the neighborhood into a living gallery! Every step is a chance to meet the artists or find your new favorite food spot.

Seattle Wall of Gum

DOWNTOWN:

1428 Post Alley, Seattle, WA 98101

No card required

FREE ART - One of Seattle's most famous landmarks, the Gum Wall has been an essential piece of Seattle since the 90s. Don't be afraid to add onto this tourist hot spot with your own piece of gum.

Seward Park

SEWARD PARK:

5902 Lake Washington Blvd S, Seattle, WA 98118

206-684-4396

No card required

FREE PARK - Visit 300 acres of beautiful forest, along with a 2.4 mile bike and walking path, an amphitheater, a playground, beaches, and more.

Shakespeare in the Park

Various Locations

206-748-1551

No card required

FREE SEASONAL PERFORMANCE - Travel back in time with these classic tales in a modern setting at the park. Just grab a spot in the grass and enjoy different stories in different parks.

Sound Generations: Volunteer Opportunities

Various locations

206-448-5757

No card required

VOLUNTEER OPPORTUNITY - Make a difference in your community and volunteer with Sound Generations! There's a variety of opportunities for people of all talents, interests, and schedules.

Sound Giving Garden Network: Grow to Give

Various locations

304-580-8798

No card required

FREE RECREATION - A helpful handbook that shows you how to grow food in your garden for yourself and others, including places to donate and give your harvested food to.

Sound Steps Walking Program, Seattle Parks and Recreation

Seattle WA

206-684-4664

No card required

FREE RECREATION - Year-round walking program designed to get adults age 50+ moving, exploring, and gaining the health benefits of regular exercise. Participants are connected to other walkers at their level and

given tools to measure progress. Weekly walking groups/monthly hikes. Currently looking for walking tour volunteers.

STAR of Seattle Public Computer Lab

NORTH BEACON HILL:

2600 S Walker St, Seattle, WA, 98144

206-615-3580

No card required

FREE SERVICE - A space for public computer access to all.

The Fremont Troll

FREMONT:

North 36th Street, Troll Ave N, Seattle, WA 98103

No card required

FREE ART - Lurking playfully beneath the Aurora Bridge, the Fremont Troll is a towering 18-foot Seattle landmark. Come stop by and take a photo with a real life giant!

The Garden Hotline

Online only

206-633-0224

No card required

FREE SERVICE - Create a vibrant landscape in your garden with advice from local horticultural experts. With practical and natural solutions, we'll help you reduce waste, conserve water and resources, just call or email!

The Spheres

BELLTOWN:

2111 7th Ave, Seattle, WA 98121

No card required

FREE GARDEN - Step into a rainforest in the middle of Seattle, with it's unique design and lush plants, Seattle's Spheres defines where nature meets innovation. It is recommended to book 15 days in advance for the free first and third Saturdays of the month.

The Waterfront Park

DOWNTOWN:

1401 Alaskan Way, Seattle, WA 98101

206-684-4075

No card required

FREE PARK - Come see the new and improved Waterfront Park! With a beautifully sculpted light up stair way / seating area that overlooks the water. Fun events create for a lively atmosphere such as the seasonal farmer's markets and firepit social events.

Theodor Jacobsen Observatory

U-DISTRICT:

4324 Memorial Way NE, Seattle, WA 98195

206-543-2888

No card required

FREE OBSERVATORY - Enjoy a free night sky viewing in the observatory, with a talk led by UW students or faculty and guided telescope viewing from the Seattle Astronomical Society. Free viewings are every 1st and 3rd Tuesday of the month during April-September at 8 or 9pm (whenever the sky darkens).

Trees for Seattle, Tree Walks

Various Locations

206-684-TREE (8733)

No card required

FREE SELF GUIDED TOUR - Discover the hidden forest in your own backyard with Seattle Tree Walks—free guided or self-guided tours that turn everyday strolls into leafy adventures. Can request printed route at your local library. Perfect for curious minds and nature lovers alike, these walks will change the way you see your city—one tree at a time.

UW Campus Tree Tours

U-DISTRICT:

Variety of places around campus

No card required

FREE TOUR - Discover the natural beauty of UW, with over 500 different kinds of trees. Join a guided tour that's offered once a month during Fall - Spring quarters, or use the "Self-Guided" tour pages to explore yourself!

Volunteer Park Activities

CAPITOL HILL:

1247 15th Ave E, Seattle, WA 98112

206-684-4075

No card required

FREE PARK - Swing by volunteer park for an array of fun outdoor activities. This includes seeing the Lily Ponds, Burke Memorial, watching performances at the Amphitheater, visiting the playground, and more!

Wa Na Wari

CENTRAL DISTRICT:

24th Ave, Seattle, WA, 98122

206-485-7563

No card required

FREE ART - Come visit the Wa Na Wari home, a center of Black art and belonging. Located within a historic 5th generation Black-owned house, the spaces features new exhibits every 3 months of work from local Black artists, as well as community events that focus on healing, organizing, and legacy.

Washington Park Arboretum

WASHINGTON PARK:

2300 Arboretum Dr E, Seattle, WA 98112

206-685-8033

No card required

FREE TOUR - Offered on the first Thursday of each month, come learn about history and see a variety of different lush plants, led by expert tour guides. Tour starts at 11:30am, runs January through November.

Woodland Park Rose Garden

PHINNEY RIDGE:

750 N 50th St, Seattle, WA 98103

206-548-2500

No card required

FREE PARK - A flower garden with over 200 different types of roses. With the flower of love, it can make for a romantic date, or just a fun walk through!

Yerbona Yoga in the Park

Gasworks Park: 2101 N Northlake Way, Seattle, WA 98103 OR Woodland Park: Picnic Shelter 6, Seattle, WA 98103

No card required

FREE SEASONAL RECREATION - Get up and get active in the park! Every Thursday from 6 pm - 8pm from May 22nd - September 25th, join a FREE 1 hour yoga class at Gas Works Park or Woodland Park.

Discover a wide range of free opportunities in Seattle open to the whole community, from services to events and activities. Know any other fun free activities happening around town? Let us know! Contact us at AgeFriendly.seattle.gov

