



Engage at Every Age

An Older Americans Month Forum on Social & Civic Engagement

Seattle City Councilmember Sally Bagshaw invites you to attend an Older Americans Month forum on social and civic engagement

"May is Older Americans Month. This year's theme—Engage at Every Age—emphasizes that you are never too old (or too young) to take part in activities that can enrich your physical, mental, and emotional well-being.

"Learn about ways the City of Seattle can help you keep active and stay connected. Celebrate the many ways that older adults are making a difference in our city."

— Seattle City Councilmember Sally Bagshaw

Friday, May 4, 2018

1-3 p.m.

(doors open at 12:30 p.m.)

Mirabella Seattle
116 Fairview Ave N, Seattle

Learn about:

- Age Friendly Seattle—making Seattle a great place to grow up AND grow old
- Community Resource Hub—Seattle Department of Neighborhoods' one-stop shop for City resources and information
- Lifelong Recreation, Dementia-friendly Recreation, Sound Steps, Rainbow Recreation—Seattle Parks and Recreation programs for people age 50+
- And ways that older adults are making a difference in our community!

RSVP: surveymonkey.com/r/engageMay4

For accessibility information or to request an accommodation, call 206-684-0662 or e-mail agefriendly@seattle.gov.



City of Seattle

Seattle City Council
Seattle Department of Neighborhoods
Seattle Human Services Department
Seattle Parks and Recreation
The Seattle Channel



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