

# PROCLAMATION

- WHEREAS,** We are all aging, and have loved ones who are older adults; and
- WHEREAS,** Seattle is home to a growing number of older adults, with approximately 101,000 people age 65 and older; and
- WHEREAS,** older adults play a vital role in our city, enriching our communities with skills, wisdom, historical knowledge, and opportunities for intergenerational connection and knowledge sharing; and
- WHEREAS,** we celebrate Seattle's recent ranking as the third most livable large city in the U.S., as defined by AARP; and
- WHEREAS,** our ongoing commitment to creating an age-inclusive community is reflected in our nearly 10-year-old citywide initiative, called Age Friendly Seattle; and
- WHEREAS,** we acknowledge the important work of Aging and Disability Services, a division of Seattle's Human Services Department that is designated as our region's Area Agency on Aging and works with aging network partners to provide long-term care and support to over 50,000 clients each year; and
- WHEREAS,** creating an age-friendly city takes multi-sector collaboration, and we applaud the 200+ businesses voluntarily participating in the Age-Friendly Discount Directory, the Senior Centers and other organizations providing care and connection, Seattle Parks and Recreation's Lifelong Recreation and Dementia-Friendly programs, and Seattle Public Library's aging-related events and resources; and
- WHEREAS,** we acknowledge that older adults in Seattle still face many challenges, including living on a fixed income in an increasingly expensive city, staying socially connected, and caring for loved ones; and
- WHEREAS,** we recommit to addressing the needs of older adults, including homes and streets designed for accessibility, opportunities to engage socially and civically, and avoiding displacement from beloved neighborhoods; and
- WHEREAS,** this year's Older Americans Month theme is "Champion Your Health" and there is a growing body of evidence showing that ageism harms our health and even decreases our longevity; and
- WHEREAS,** we encourage people—including our City of Seattle colleagues and our fellow Seattle residents—to take the publicly available online anti-ageism training created by Age Friendly Seattle.

*NOW, THEREFORE, I, KATIE B. WILSON, MAYOR OF SEATTLE DO HEREBY  
PROCLAIM MAY, 2026, TO BE*

## OLDER AMERICANS MONTH

*Katie B. Wilson*

Mayor Katie B. Wilson  
City of Seattle

