



Rainier Beach Pool

8825 Rainier Avenue South
 Seattle WA 98118
 (206) 386-1925

September 26 - December 31

Fall 2022 Pool Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Deep and Shallow Water Exercise CLASS (Lap Pool) 10:30– 11:15 am					
Adult Swim (4 lanes & Leisure Pool) Noon – 2:30 pm					Adult Swim (4 lanes & Leisure Pool) Noon - 2:00 pm
Lap Swim Lap pool only 2:45-4pm	Rec Swim Leisure Pool only 3:00 -4:00 pm				Public Swim Leisure & Lap Pool 2:30 - 3:30 pm
Rec Swim Leisure Pool only 4:30-5:30pm					Public Swim Leisure & Lap Pool 3:45 - 4:45 pm.
Rec Swim Leisure Pool only 5:45-6:45 pm	Rec Swim Leisure Pool only 7:00-8 pm				Public Swim Leisure & Lap Pool 5:00 - 6:00 pm
Aqua Zumba Monday ONLY 7:00 - 8:00 pm	Lap Swim Lap Pool ONLY (6 Lanes) 7:30 – 8:30 PM				Teen Late Night 7:00- 8:30 pm

Recreation Pricing

Youth (1-17)	\$4.25
Adult (18-64)	\$6.25
Senior (65+)	\$4.25
Special Populations	\$4.25

Fitness Pricing

Youth (1-17)	\$4.75
Adult (18-64)	\$6.75
Senior (65+)	\$4.75
Special Populations	\$4.75

ATTENTION:

Admission to swims are sold **15 minutes prior** to each swim. Swims may sell out as we are operating in limited capacity.

Pool Closure dates: 9/29, 10/10, 11/11, 11/24, 11/25, 12/15, 12/26,



Lap Swim

A continuous lap swim for swimmers of all ages. We have 3-6 lanes available, divided according to speed. Please circle swim and observe courtesy rules.

Shallow /Deep Water Fitness

This combined class hopes to entice all fitness abilities to participate. Our instructors create workouts that pump up the cardio and increase the stretch. Equipment is available for both deep and shallow water needs. Strong swimming ability is not essential. There is something for everyone in this combined workout program.

COVID Safety Points:

Please do not come to the pool if you have COVID symptoms, have recently tested positive or have recently been exposed. .

All sessions will be available for in person drop-in admission only, on a first come, first served basis. Admission for all swims will be sold 30 mins prior to each swim. Please keep in mind that there is a maximum capacity to swims and swims may sell out.

Recreation Swim

Recreation swim is a time set aside for swimmers of all ages to swim recreationally. Children younger than 6 years of age OR under 48" in height must be directly supervised in the water by an adult (no more than a 2:1 ratio) who is within arm's reach at all times. All youth under the age of 13 must be accompanied by an adult.

Adult and Senior Swim

Adult and Senior Swim is time set aside for recreational swimming for adults 18 or older. We set aside 4 lanes of the pool for lap swimming and leave the rest of the pool available for less structured swimming or water fitness activities. The Leisure pool is also available for enjoyment.

Public Swim

We are welcoming back this Friday night swim. Both pools are open for fun. Diving board and slide will also be available at this program.

Late Night Teen Lifeguarding Program

This is a FREE drop-in program that ranges from beginning swim lessons all the way to learning lifeguarding skills. Ages 13-18.

E-13 form is required.

Features:

- 92 degree Leisure Pool
- 85 degree Lap Pool
- 90+ foot water slide
- Lazy River
- Spray and Play park
- Dry Sauna
- Spa with Jets

10 Punch Rec Card

Youth (1-17)	\$37.00
Adult (18-64)	\$54.00
Senior (65+)	\$37.00
Special Populations	\$37.00

10 Punch FIT Card

Youth (1-17)	\$37.00
Adult (18-64)	\$59.00
Senior (65+)	\$37.00
Special Populations	\$37.00

30 Day FAST Pass

Youth (1-17)	\$45.25
Adult (18-64)	\$65.25
Senior (65+)	\$45.25
Special Populations	\$45.25