

SOUTHWEST POOL



Seattle
Parks & Recreation
healthy people healthy environment strong communities

September 13th—November 30th

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Schedule subject to changes based on COVID guidance from State and County.					Lap Swim 9:30-11:00
					Swim Lessons will resume when face to face contact is allowed
Adult Swim 3 lanes Noon—2:30pm	Adult Swim 3 lanes Noon—1:30pm	Adult Swim 3 lanes Noon—2:30pm	Adult Swim 3 lanes Noon—1:30pm	Adult Swim 3 lanes Noon—2:30pm	Adult Swim 3 lanes 11:30-1:00
	Water Fitness 1:30-2:15pm		Water Fitness 1:30-2:15pm		Public Swim 1:30-2:30pm
Lap Swim 3:00-4:30pm	Lap Swim 3:00-4:30pm	Lap Swim 3:00-4:30pm	Lap Swim 3:00-4:30pm	*High School Meet 3:00-6:00pm	
Swim Lessons will resume when face to face contact is allowed					
Lap Swim 5:00-6:30pm	Lap Swim 5:00-6:00pm	Lap Swim 5:00-6:30pm	Lap Swim 5:00-6:00pm		
	Public Swim 6:30-7:30pm		Public Swim 6:30-7:30pm		
Deep Water Ex 7:00-7:45pm		Deep Water Ex 7:00-7:45pm			
Pool Closed for Holidays 11/11, 11/25, 11/26					

For more information visit seattle.gov/parks or call 206-684-7440



SOUTHWEST POOL

SEPT 13 –NOV 30

2801 SW Thistle St

Seattle, Washington 98126

206-684-7440

SEATTLE.GOV/PARKS/AQUATICS/SWPOOL.HTM

FALL LOBBY HOURS:

Monday & Wednesday Noon-7:30pm

Tuesday & Thursday Noon-7:00pm

Friday Noon-6pm

Saturday 9:30am-2pm

Pool Closed for Holidays 11/11, 11/25,11/26

FEES

RECREATIONAL SWIM PRICES:

Children under 1	Free
Youth (Age 1-17)	\$4.25
Adult (Ages 18-64)	\$6.25
Senior Adults (Ages 65+)	\$4.25
Special Populations	\$4.25

FITNESS SWIM PRICES:

Adult Fitness	\$6.75
Youth/Senior/Special Populations	\$4.75

OTHER FEES:

“Just a Shower”	\$6.25
Towel Rental	Suspended due to COVID
Coin-Operated Lockers	\$0.25

DISCOUNT SWIM CARD!

Swim Cards are a prepaid discount admission card that provides access to many recreational choices at Seattle Parks and Recreation. 10 visits can be loaded at the discount rate.

Recreational Swim Pass

(10 visits)

Youth (Age 1-17)	\$37.00
Special Population	\$37.00
Adult (Ages 18-64)	\$54.00
Senior Adults (Ages 65+)	\$37.00

Fitness Swim Passes

(10 visits)

Youth (Age 1-17)	\$37.00
Special Population	\$37.00
Adult (Ages 18-64)	\$59.00
Senior Adults (Ages 65+)	\$37.00



30 Day Passes currently on hold.

RECREATIONAL SWIM

Adult/Senior Adult Swim: This is a recreational lap swim period for adults 18 years and older. There is an open area for water walking or exercise.

Lap Swim: This program is designed for swimmers of all speeds, and those who want to work on conditioning. Some lanes may be reserved for personal lessons.

Public Swim: This is a recreational swim for swimmers of all ages. Children under 6, and those who do not meet our height requirement of 4 feet, must be accompanied into the water by an adult 18 years or older.

FITNESS PROGRAMS

Water Fitness: A water exercise class designed to build strength, flexibility, and cardiovascular fitness. It takes advantage of your buoyancy in the water and the resistance the water creates. This is a terrific exercise program regardless of your age or fitness abilities, and it allows you to exercise at your own comfort level.

Deep Water Exercise: This deep water class uses specially designed buoyancy and resistance equipment that provides a demanding workout for the whole body. Tone and strengthen your muscles without impact on your joints, recover from an injury, and increase your endurance. Great music keeps you working hard! Deep water comfort required.

FALL 2021 COVID OPERATIONS

MODIFIED PROGRAMS: We are working to allow as much pool use as possible and still minimize face to face contact between individuals. Swim Lessons will resume when face to face contact is allowed.

REDUCED CAPACITIES: We are limiting capacities to minimize crowding in enclosed spaces and to allow for safe operations based on staffing levels.

MINIMIZE EXPOSURE: We ask that swimmers limit their locker room and shower use to five minutes or less. Consider changing and showering at home.

CONTACT TRACING: We are asking that admissions be tied to a PARKS account for contact tracing through use of a Swim Card, tying your cash/credit admission sale to your account, or tracing form at the cashier desk.

MASKS REQUIRED: Participants are required to wear a mask at all times except while in the shower or swimming. This means all indoor locations including lobby, locker rooms, and pool deck. You may remove your mask at the edge of the pool prior to entering the water. You must re-mask as you exit the pool. Non-compliance with masking policies will result in removal from the facility with no refunds.

LIMITED AMENITIES: The FITNESS ROOM, SAUNA and SPA will remain closed until mask and social distancing recommendations allow for full use.