

Fall 2019



Seattle
Parks & Recreation

All City
Aquatics Schedule
September 3-December 31

This brochure is provided as a quick reference guide. A more complete schedule of programs including swimming lessons is available at your neighborhood pool.

For more information about other Seattle Parks and Recreation programs, policies and special events call 206-684-4075 for recreation information or visit us online at

www.seattle.gov/parks/aquatics/index.htm



SWIM LESSON REGISTRATION

Registration for group swim lessons at all pools begins online, in person, or by phone at Noon on the following dates:

Winter 2020

Tuesday, December 3, 2019

All pools offer private lessons. Call for scheduling information.

POOLS	PUBLIC SWIMS	FAMILY SWIMS ♦	ADULT/SENIOR SWIMS
Ballard 1471 NW 67th St 684-4094 <i>CLOSED Oct 21-Dec 22</i>	Mon-Fri 1/2 Pool 1:30-2:30pm Tue/Fri 7:30-8:30pm Wed 6:30-7:30pm Sat 12:30-1:30pm Sun 1:30-2:30pm	Sun 4:30-5:30pm Thu - *Playland Swim 10:30 -11:30am (*Full Pool till 11 then 1/2 Pool.)	Mon-Fri 12:00-1:15pm MASTERS WORKOUT Mon 8:30-9:30pm
Evans 7201 E Green Lake Dr. N 684-4961	Mon-Sat 1/2 Pool 1:30-2:30pm *Tue/Thu Full Pool 7:00-8:00pm Sat Full Pool 3:30-4:30pm Friday: Family SKWIM* 6:45-7:20pm Friday: All Rules SKWIM* 7:25-8:10pm *except 10/4 *Tuesday: teens swim \$2.25 w/school ID	Mon/Wed 3:00-4:00pm	ADULT/SENIOR SWIMS Mon-Sat* 1/2 pool 12:00-1:30pm Tue/Thu 1/2 pool 9:00-10:00pm *May share space with lessons Swimstrong WORKOUT Tue/Thu 5 lanes 8:00-9:00pm
Madison 13401 Meridian Ave N 684-4979 Scheduled closure to at least October 21, 2019 Please call for updates	Mon/Wed/Fri shallow end 1:30-2:30pm Mon/Wed 7:30-8:30pm Fri 6:00-8:00pm *Shallow end only 6:00-7:00pm Sun** 3:00-5:00pm **shallow end only 4:00-5:00pm	Sun Pool Playland Noon-1:15pm Shallow end only	ADULT/SENIOR SWIMS Coached Swimming Tue/Thu 5 lanes 6:30-7:30pm Sun 5 lanes 10-11:00am
Meadowbrook 10515 35th Ave NE 684-4989 <i>CLOSED Sep 16-Sep 29</i>	Fri 4:30-5:30pm Fri 7:30-8:30pm Sat 1:30-3:00pm Pool Playland Mon/Fri 1/2 Pool 2:30-3:30pm Wed 1/2 Pool 2:30-3:30pm	Tue/Thu 7:00-8:00pm Sat 4:30-5:30pm WOMEN ONLY SWIM-Ages 12+ Sat Public Swim 6:45-8:00pm (3 lap lanes)	ADULT/SENIOR SWIMS Mon-Sat 12:00-1:30pm JUNIOR MASTERS Mon/Wed/Fri 6:30-7:30pm
Medgar Evers 500 23rd Ave 684-4766 Scheduled closure to at least November 4, 2019 Please call for updates	Mon/Wed 7:00-8:00pm Fri 7:00-8:30pm Sat 1:30-2:30pm Sun 2:00-3:30pm	Mon-Thu shallow end 1:00-2:00pm	ADULT/SENIOR SWIMS See Lap Swim times MASTERS WORKOUT Tue/Thu 7:00-8:00pm
Queen Anne 1920 1st Ave W 386-4282	Tue/Thu shallow end until 8 7:30-8:30pm Sat 3:30-4:30pm Sun 3:00-4:00pm	Wed Pool Playland 10-11am Fri Pool Playland 7:00-8:00pm Sat 10:00-11:00am	Sun-Fri 12:00-1:30pm Sat* Sr/Sp only 12:30-1:30pm Sat 1:30-2:30pm *Swim Lessons will use a portion of the shallow end*
Rainier Beach 8825 Rainier Ave S 386-1925	Mon-Fri (Leisure Pool) 7:00-8:00pm Sat 1:25-2:25pm Sat 3:30-4:30pm Sat 4:45-5:45pm Sun 1:30-2:30pm Sun 3:00-4:00pm	POOL PLAYLAND NO SLIDE Mon-Sun 11am-12pm WOMEN ONLY SWIM-Ages 12+ Sun Rec Swim 4:25-5:25pm	ADULT/SENIOR SWIMS Mon-Fri Leisure Pool 12:00-2:30pm Mon-Thr Leisure Pool 8:00-9:00pm
Southwest 2801 SW Thistle St 684-7440	Mon/Wed shallow end 7:30-8:30pm Tue/Thu 7:30-8:30pm Fri 4:30-5:30pm Sat 1:00-2:00pm Sun 4:00-5:00pm	Fri 7:00-8:00pm Sun 2:00-3:00pm	ADULT/SENIOR SWIMS Mon-Fri 3 lanes 12:00-1:30pm Sun 3 lanes 11:00am-12:30pm MASTERS WORKOUT Mon/Wed 5:30-6:30pm Fri 6:00-7:00pm

Pools Closed on Thursday, September 19, 2019 for a Parks and Recreation wide all day staff retreat.

Indoor pools closed on Holidays-Sept 2, Nov 11, Nov 28, 29, Dec 25, Jan 1, and close at 3pm on Dec 24, 31

♦ Family Swims require that a parent or guardian accompany all participants under 18 into the water

POOLS	LAP SWIMS	SHALLOW WATER FITNESS	DEEP WATER FITNESS
Ballard Served by Metro Bus Number 15 & Rapid Ride D <i>CLOSED Oct 21-Dec 22</i>	Mon-Fri ★ up to 3 lanes 5:45-7:00am Mon-Fri 1:30-2:30pm Mon/Wed/Thu 3 lanes 7:30-8:30pm Tue/Thu 2 lanes 8:30-9:15pm Fri 5 lanes 5:30-6:30pm Sat 5 lanes 7:30-9:00am Sun 4 lanes 11:15am-12:45pm, 5:30-6:30pm	Mon/Wed/Fri 11:10-11:55am Sat 9:10- 9:55am Sun 10:25-11:10am	Tue/Thu aqua jog 11:10-11:55am Tue/Thu 8:30-9:15pm Sun HydroFit 12:45-1:30pm
Evans Served by Metro Bus Number 16, 26 & 48	Mon-Fri ★ 6 lanes 5:30-6:45am Mon/Wed 3 lanes 11:30am-4pm Tue/Thu 3 lanes 12:00-4:00pm Mon-Thu 6 lanes 5:30-6:30pm Tue/Thu 3 lanes 9:00-10:00pm Sat 6 lanes 8:30-10:00am Sat 6 lanes 4:30-5:30pm	Mon-Fri 10:00-10:55am	Mon-Sat 10:00-10:45am Mon/Wed 8:10-8:55pm
Madison Served by Metro Bus Number 316 & 346 Scheduled closure to at least October 21, 2019 Please call for updates	Mon-Fri 4 Lanes Noon-2:30pm Mon/Wed 3 Lanes 6:30-7:30pm Fri 6 Lanes 6:00-7:00pm Sun 4 Lanes 11:30am -1:30pm Sun 6 Lanes 4:30-5:30pm Tue/Thu 6 Lanes 7:30-8:30pm	Mon/Wed low impact 12:05-12:50pm Tue/Thu Stretch & Flex 1:00-2:00pm	Mon/Wed 6:40-7:25pm Tue/Thu 11:00-11:45pm Fri aqua jog 12:00-12:45pm
Meadowbrook Served by Metro Bus Number 65 <i>CLOSED Sep 16-Sep 29</i>	Fri 4:00-5:00pm Mon/Fri 3 lanes 2:30-3:30pm Wed 3:30-4:30pm Mon/Wed/Fri 3 lanes @6:30 5:30-7:30pm Sat 8:00-9:30pm Mon-Fri ★ 5:30-7:00am	Tue/Thu 11:15am-12:00pm	Mon/Wed/Fri 1:30-2:15pm Tue/Thu 8:00-8:45pm Sat 9:30-10:15am
Medgar Evers Served by Metro Bus Number 3, 4 & 48 Scheduled closure to at least November 4, 2019 Please call for updates	Tues/Thu ★ 5:30-7:00am Mon-Fri 11:00am-2:30pm Mon/Wed 3 lanes 6:30-8:00pm Tues/Thu 5:30-7:00pm Fri 6:00-7:00pm Sat 9:00-10:30am, 12:30-2:30pm Sun 12:30-2:00pm	Mon/Wed/Fri 12:00-1:00pm Tue/Thu 7:00-8:00pm Sat 9:00-10:00am	Mon/Wed aqua jog 6:00-6:45pm Tue/Thu aqua jog 12:00-12:45pm
Queen Anne Served by Metro Bus Number 3, 4 & 13	Mon-Fri ★ 6 Lanes 5:30-7:00am Mon/Tues/Thurs/Fri 1:30-3pm, Wed 1:30-2:30pm Wed 3 Lanes 10:00-11:00am Fri 3 Lanes 7:00-8:00pm M/W/F 4 Lanes 8:00-9:00pm Tue/Thu 6 Lanes 8:30-9:30pm Sat 6 Lanes 7:30-9:00am	Tue/Thu 11:10am-11:55am LAP SWIM CONTINUED Sat 6 Lanes 4:30-5:30pm Sun 6 Lanes 4:00-5:00pm MASTERS WORKOUT M/W/F 2 Lanes 8:00-9:00pm	Mon/Wed 11:10am-11:55am Tue/Thu 7:10-7:55pm Fri* 11:10am-11:55am Sat 9:10-9:55am Sun 11:10am-11:55am *High Intensity Interval training
Rainier Beach Served by Metro Bus Number 7, 9, 36, 42, 49, 106, 107	Mon-Fri ★ 5:30-7:00am Mon-Fri 12-2:30pm Mon-Thr 8:00-9:00pm Sat/Sun 5 Lanes 12:15-1:15pm Sat 2 Lanes 1:25-2:25pm Sat 2 Lanes 4:45-5:45pm Sun 2 Lanes 3:00-4:00pm	Mon/Wed/Fri Gental 10:30-11:15am Mon Aqua Zumba 7:10-7:55pm Tue Shallow 7:10-7:55pm Wed Shallow 7:10-7:55pm Sun Shallow 9:10-9:55am	Tue/Thu Deep 10:30-11:15am Thu Deep 7:10-7:55pm Sat Deep 9:35-10:20am
Southwest Served by Metro Bus Number 22	Tue/Thu ★ 5:30-7:00am Mon/Wed/Fri 3 lanes 3:00-4:00pm Mon/Wed 3 lanes 5:30-6:30pm Tue/Thu 3 lanes 5:00-6:00pm Fri 3 lanes 5:30-7:00pm Sat 3 lanes 9:30-10:30am, 12-1pm Sun 3 lanes 5:00-6:00pm	Mon/Wed/Fri Deep/Shallow 1:30-2:15pm Tue/Thu Gentle Fitness 1:30-2:15pm Tue/Thu Shallow 8:30-9:15pm	Mon/Wed Deep WX 7:30-8:15pm Mon/Wed/Fri Deep/Shallow 1:30-2:15pm

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★ Advance purchase of Quick Card, or exact change or check required