

**FORM F**  
**Individualized Health Plan for Children with Seizures in Childcare**

Child's Name \_\_\_\_\_ Birth date: \_\_\_\_\_ Age \_\_\_\_\_  
 Health Care Provider's Name \_\_\_\_\_  
 Health Care Provider's Phone \_\_\_\_\_  
 Health Care Provider's Address \_\_\_\_\_  
 Preferred Hospital \_\_\_\_\_ ER Phone # \_\_\_\_\_  
 Emergency Contact 1: \_\_\_\_\_ Emergency Contact 2: \_\_\_\_\_  
 Relationship \_\_\_\_\_ Relationship \_\_\_\_\_  
 Phone: \_\_\_\_\_ Phone: \_\_\_\_\_

**SEIZURE INFORMATION**

Type[s] of Seizure Disorder: \_\_\_\_\_  
 Approximately how long does your child's seizure last? \_\_\_\_\_

**During the child's seizure, do you typically see:**

	Yes	No		Yes	No
Arm movement			Leg Movement		
Staring			Loss of Bladder Control		
Eye Blinking			Falling Down		
Lip Smacking			'Spacing Out'		
Loss of Bowel Control			Other: (please describe)		

**Some people routinely have responses before or after a seizure. Does your child have:**

	Before Seizure	After Seizure
Confusion		
'Aura' - appearance		
Sleepy		
Other:		

What do you do when your child has a seizure?

What else must we know about your child's typical seizure?

**MEDICATION**

Please list all medicines your child takes at home and at school. For all *essential* medications, we ask for a 3 day supply to be kept here in case of an earthquake or other disaster.

Name of Medicine	Times Given	Dose and Method	Side Effects

Does this child require a 3-day emergency supply of medication at child care? Yes  No   
 If yes, please complete the 3-Day Emergency Medication Supply form

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**Emergency Plan for Children  
with Seizures in Childcare**

**Child's Name:** \_\_\_\_\_ **Birth date:** \_\_\_\_\_ **Age:** \_\_\_\_\_

If, (child's name) \_\_\_\_\_ has a typical seizure (as described) while attending child care, we *will* do the following:

- Cushion the child's head
- Loosen clothing around the neck, if appropriate
- After seizure, roll child on his side to prevent choking
- Provide privacy, as able

**We will not,**

- Restrict movement, except to prevent injury
- give fluids

**After the seizure, we will**

- Document the seizure activity, including the length of the seizure
- Provide personal care, as needed
- Notify parents
- Other:

**We will call 911 if your child's seizure is different than described by you, or should the following occur:**

- Duration of seizure lasts longer than \_\_\_\_ minutes
- A second seizure occurs
- Any difficulty breathing is noted
- Any blueness around the lips or fingernails is noted

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**I agree with the above classroom seizure management plan and emergency plan.**

**Parent signature** \_\_\_\_\_ **Date** \_\_\_\_\_

**Director's Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

**Health Provider's Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

Revised 3/1/07

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