

Sweetened Beverage Tax Community Advisory Board

Values and Meeting Ground Rules

Values

- 1. Racial Justice and Social Equity** – We will strive for equitable distribution of resources and power to address the effects of classism and historic racism and its impact on health and education disparity.
- 2. Cultural humility** – We recognize we will not know all the nuances of the cultural ways for everyone represented in the City of Seattle and therefore approach with humility, an open mind, and respect.
- 3. Voice of the community** – We will center on the communities most impacted by health and education inequities and make space for them to speak their concerns and solutions.
- 4. Balance between community-driven solutions and scientific evidence** – We acknowledge that innovative community ideas can provide important solutions to consider in balance with evidence-based programs.
- 5. Transparency** – We commit to open and honest communication within the Community Advisory Board, community and government regarding the tax decision making and how funds are used and distributed.
- 6. Accountability** – We are responsible to hold the City accountable to the actions outlined in the ordinance and advise the City Council and Mayor based on our role of representing the community.
- 7. Trust** – We commit to cultivating trust by building and repairing relationships

Ground rules

1. Value time

- a. Be present and come to meetings prepared
- b. Commit to good facilitation and time keeping
- c. Take responsibility for your contributions

2. Share airtime

- a. Be aware when it's appropriate to step up and when to step back
- b. One speaker at a time, don't speak over or interrupt others when they are speaking

3. Propose something better, don't just criticize

- a. No blame – accept collective responsibility for decisions the group has made
- b. Avoid making inferences – seek understanding
- c. Don't react – first, listen to understand and then comment

4. Be willing to accept a level of discomfort and be courageous and kind

- a. Addressing issues of racism and social inequities challenges dynamics and can put people in vulnerable positions.
- b. We commit to facing these issues with courage and kindness to seek authentic solutions

5. Pay attention to power dynamics

- a. Call out when you see an abuse of power
- b. Call in when someone is being pushed out, neglected or ignored

6. Balance between knowledge and lived experience

- a. We value the lived experiences of communities who collectively drive solutions as well as evidence based approaches to improving health inequity

7. Think outside the box and challenge our own lens

- a. Be open to new and different ideas than the ones you hold

8. Respect different learning styles and processing styles

- a. Accommodate slow thinkers and time for reflection
- b. Include activities for various ways of processing information

9. Keep focus on the common goal

- a. Avoid getting caught in unnecessary details if we are not able to accomplish what is in front of us