

## FAMILIES AND EDUCATION LEVY APPROVED ORGANIZATION OVERVIEW

Name: Asian Counseling and Referral Service

Website: www.acrs.org

RFQ Area Approved (select all applicable):

College and Career Readiness     Expanded Learning Opportunities     Social, Emotional, Behavioral, and Family Support

### PROGRAM CONTACT INFORMATION

Individual's Name: Junko Yamazaki

Cell Phone:

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### PROGRAM OVERVIEW (Check all applicable)

Seattle Area(s) Served:

Northeast     Northwest     Central     Southeast     Southwest

Grades Served:

Elementary (K-5)     Middle (6-8)     High (9-12)

Special Populations Served:

English Language Learners     Special Education     Other

Please specify: Asian

Pacific American Immigrants/refugees and LGBT communities

Areas of Support:

Math/Science     Reading/Writing     Attendance     College/Career     Language Acquisition

Passing Core Courses     Social, Emotional, Behavioral, and Family Support

Service Delivery:

Before School     After School     During School     Weekends     School Breaks

Current Levy-Funded School Partners (if applicable): West Seattle High School

Key Program Strategies (Please provide a brief overview of program strategies including number of students served and program costs):

1. Comprehensive bicultural and bilingual services to address social, emotional, and behavioral issues: including Individual Counseling, Support Groups, Family Therapy, Psychiatric Evaluations, Drug/Alcohol Assessment, Case Management
2. Family & Parent Support Services that are culturally and linguistically relevant, including linkages to needed resources to build household stability
3. Education and support for young people to promote positive cultural identity, healthy relationships, and civic engagement;
4. Consultation and education for families, school personnel, and community members on cross-cultural parenting issues, challenges facing recent immigrant/refugee families; and substance abuse treatment
5. School and community-based services, including both in-school and after-school activities

Results Achieved (Bullets or Brief Description):

- Outcome achievement for mental health and chemical dependency services is tracked through indicators over time, comparing findings from intake assessment and every 90 days over the course of services. One example is the YEP where progress and achievement by the youth are compared from assessment. In 2010 and 2011, 471 youth demonstrated fulfillment of one or more improvement goals (stay engaged in treatment, improve school attendance, on track for graduation). Of the 250 youth that were enrolled into Chemical Dependency treatment, 90% of the youth retained in treatment, and 75% completed treatment.
- For clients receiving mental health services, success is tracked through review of progress on reaching service goals, engagement in age appropriate activities and use of tools such as the Children's Global Assessment Scale (CGAS) which rates level of functioning on a health-illness continuum. Of the 714 clients receiving mental health counseling in 2009 and 2010, 95% achieved successes, having met at least one goal on their individual treatment plan, engaging in an age appropriate activity, such as school, and increased or maintained a positive CGAS score.
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Additional Notes:

Founded in 1973, Asian Counseling and Referral Service (ACRS) provides culturally competent and language specific counseling and prevention services targeting Asian/Pacific Islander (API) immigrant and refugee families. Speaking over 40 languages and dialects, ACRS works with vulnerable families facing multiple stressors such as language and cultural barriers, family and generational trauma, substance abuse, domestic violence, poverty, and unemployment. We assist families through an array of 13 programs. Staff work with children, youth, parents, schools and community groups to strengthen families and build capable and resilient youth. Our team includes highly trained, masters level, licensed mental health and certified chemical dependency professionals. Although our target population are APIs, services are accessible to youth regardless of geography, ethnicity, class, gender, income, education, sexual orientation, age, ability or language.

In 2010, ACRS provided mental health, chemical dependency, and/or case management services to over 550 youth, with an ethnic/racial breakdown: Asian (72%), African American (6%), Latino/Hispanic (6%) and Caucasian (16%). Of these clients, over 95% were low-income. Given the stigma around seeking counseling services, as well as barriers to access including adequate transportation, language and poverty, our counselors meet youth and their families at school, home, and in the community. Whether it is the basketball court, community center, park, library, or mall, ACRS counselors reach out and engage youth in their context.

ACRS offers a variety of resources to help young people succeed. ACRS is a licensed provider of mental health and substance abuse services and provide services under Medicaid as well as private insurance. In addition to our clinical programs, ACRS also offers assistance with employment services, citizenship, nutrition programs, and a limited housing assistance program. For more information about these programs, please visit our website at [www.acrs.org](http://www.acrs.org).

**REFERENCE #1**

School/Organization Name: King County Chemical Abuse and Dependency Services Division Partnership Start and End Dates: May 1, 2009 to present

Contact Person: Mr. Geoff Miller Phone: 206-263-8960 Email: [geoff.miller@kingcounty.gov](mailto:geoff.miller@kingcounty.gov)

**REFERENCE #2**

School/Organization Name: City of Seattle Human Services Dept. Partnership Start and End Dates: *Jan 1, 2007 to present*

Contact Person: Dwight Mizoguchi Phone: 206-386-1044 Email: [dwight.mizoguchi@seattle.gov](mailto:dwight.mizoguchi@seattle.gov)

**PROSPECTIVE SCHOOL PARTNERSHIPS**

Please list the school with whom you would be interested in partnering during school year 2013-2014 (see next page for list of schools):

- 1) Chief Sealth      2) Cleveland      3) South Lake      4)