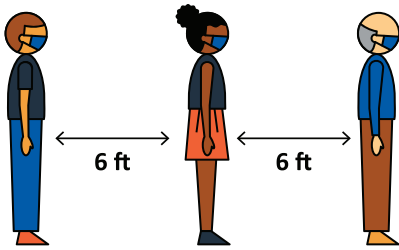


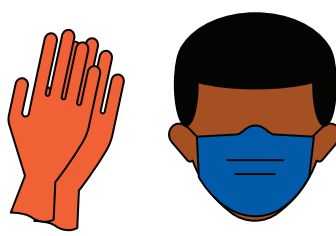
Liiska Hubinta Wajiga 2aad ee Adeegyada

Caafimaadka iyo Badbaa-

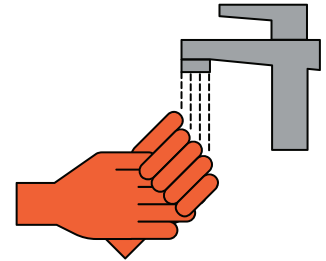
Hubso in aad bixiso jawi shaqo oo badbaado leh oo aad wacyi geliso shaqaalaha adeegga guriga wixii ku saabsan calaamadaha, astaamaha, iyo qodobbada halista ee la xiriira cudurka COVID-19, iyo sida looga hortago faafitaanka coronavirus-ka ee shaqada. Macluumaadkaani waa inuu ku jiraa tillaabooyinka lagu qaadayo goobta shaqada si bulshadu u kale dheraato, gacmo-dhaqid joogto ah, iyo taxaddarro kale, oo lagu bixiyo luqadda uu shaqaaluhu si wanaagsan u fahmo. Booqo bogga www.kingcounty.gov/covid to si aad uga hesho hagista.



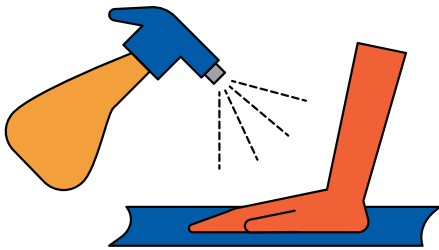
Dayac tir ugu yaraan lix fiit ha u dhaxeeyso shaqaalaha iyo macaamiisha markasta.



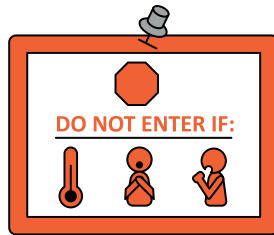
Bixi oo sii shaqaalaha marada daboosha snaka iyo afka iyo gacngashi la tuuri karo marka la isticmaalo. Booqo seattle.gov/mayor/covid-19/seattle-protects



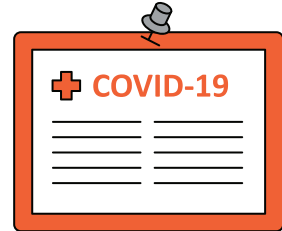
Hubso in aad gacmaha si isdabjoog ah u dhaqid.



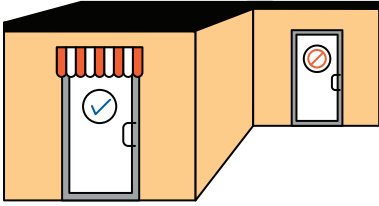
U xilsaar kormeere COVID-19 wakhti/xili kasta oo shaqo isgoo howshiisu tahay kormeerida caafimaadka iyo badbaadada shaqaalaha uuna hubiyo nadaafada saxda ah, iyo in la raacay nidaamka baarista.



Samee oo baar heerkul ah shaqaalaha ee astaamaha COVID-19 mar kasta uu soo galayo shaqada. Haddii shaqaale uu ka muuqdo astaamo, u diro guriga isla markaaba oo si qoto dheer u nadiifi aagagga / sagxadaha uu shaqaaluhu taabtay.



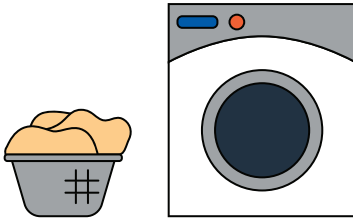
Macluumaadka badbaadada e COVID-19 iyo shuruudaha muuqaalka la arki karo.



Meesha ugu horeysa ee ganacsiyadaha lag soo galo waa in ay ahataa albaabka hore lana xaddido gelitaanka albaabada dambe ama meelaha kale ee laga soo galo. Haddii albaabka hore laga soo galo waayo, u oggolow marin kale ee laga soo galo.

Caafimaadka iyo Amniga Macmiilka

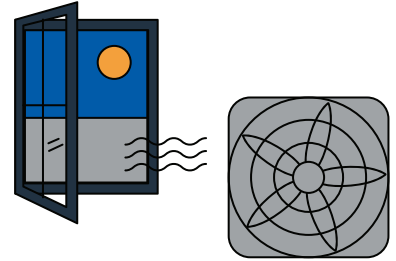
Muuji tilmaamaha caafimaadka guud ee ugu dambeeyay ee luuqadaha badan ee ku saabsan goobtaada. Caafimaadka Dadweynaha - Seattle & King County waxaad ka soo degsan kartaa buustrada darbiga lagu dhajiyo in ka badan 30 luqadood oo bilaash ah oo barta laga heli karo iyo oo bilaasha ah www.kingcounty.gov/covid.



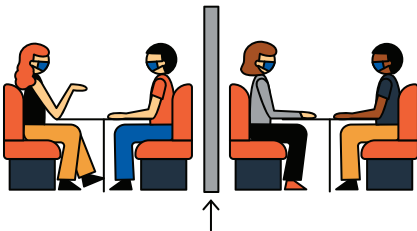
Dhamaan maryaha, dahyaha qiijiyaasha iyo wax la mid ka ha waa in la dhaqo.



Ku dabool wejiga macaamiisha tuwaal markaad timaha ka dhaqayso ama siiso ikhtiyaari kale oo lagu ilaaliyo afkooda, sankooda, iyo indhahooda.



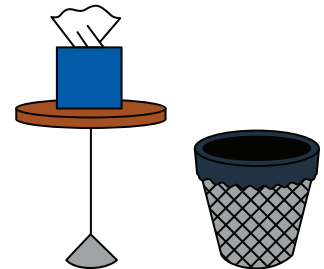
Kordhi hawada markay suurtagal tahay adigoo furaya daaqadaha, albaabada iyo / ama isticmaalaya marawaxadaha.



Dhamaan buudadka iyo / ama saldhigyada waa in ay kala xirnadaan haddi u dhexeynta lixda fiit aan suragal aheyn.

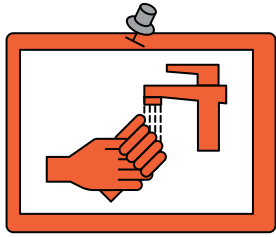


Si joogto ah u nadiifi una nadiifi aagagga dusha sare ee la isticmaalo, musqulaha, iyo aalad kasta oo ay adeegsadaan shaqaalaha.

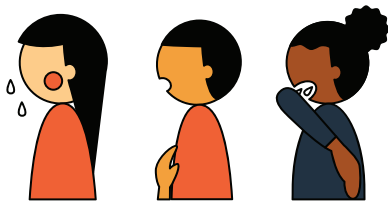


Keen waraaqaha gacmaha la isga tiro, gacmo nadiifiyeyaasha, jeermis-dilaha, iyo Qasac qashinka lagu rido dhamaan goobta shaqada lana dhiga meel ay dadku gari karan oo waddi karaan.

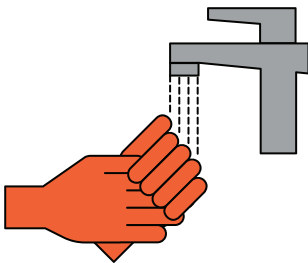
PHASE 2 LIISKA HUBINTA EE ADEEGYADA GURIGA



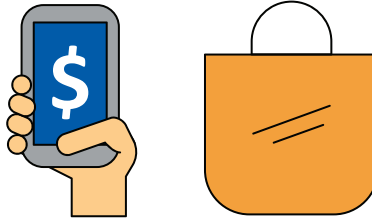
Ku dhaji darbiga habka isticmaalka faayadhowrka dhaan goobta shaqada; dhaqista gacmaha muddo 20 ilbiriqsiyo, adoo isticmaalaya gacmo nadiifiye, igacmo gashi markii hababka kale ee nadiifinta gacmaha aan la heli karin.



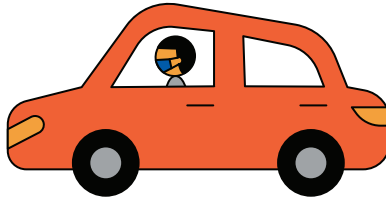
Ogeysii macaamiishaada in ay iskood isaga soo baaraan astaamaha COVID-19 kahor intaadan u imaan meheradaada.



Macaamiilku waa in ay wejiga daboolashada ka hor intaysan shaqada bilaabin oo ay gacmahooda dhaqaan markay soo galayaan.



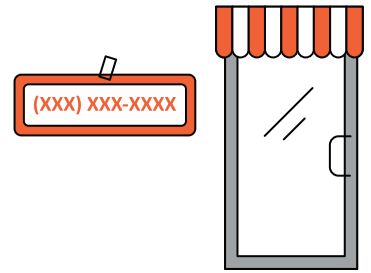
Markay suuroggal tahay, bixinta waa in lagu sameeyaa kareedhit kaarka ama Debit Kaar iyadoo la adeegsanayo nidaamka taabashad si loo yareeyo gacan ku heynta lacagta.



Ogeysii macaamiishaada in aysan keenin marti marka laga reebo daryeele bixiye ama caruur ka yar 16 sano.



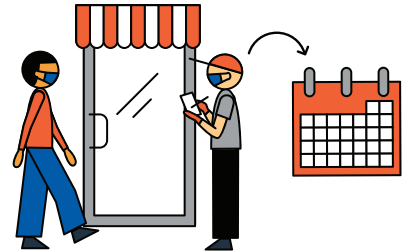
Bixiyeyaasha adeegga waa in ay gashadaan koofiyad nadiif ah ama gamabluus lana siiyo macaamiisha. Waa in la dhaqo ama hal mar la isticmaalo oo la tuuraa.



Ku dhaji calaamad calaamadaha kor loo tagayo oo leh saacadaha shaqada, lambarka taleefanka, iyo noocyada adeegyada.



Macaamiisha waa inay soo wacaan, qoraal ama email u soo diraan si ay ballantooda ugu yimadaan.



Tixgeli in macamiishu ay aad rabtaan kood ku ogoladan in ay qoraan magaca, telfoonk numbarka, iyo maalinta ay soo booqdeen meheradaada si ay kaaga caawiso fududeynta raadintooda.

Waad ku mahadsan tahay iskaashigaaga!