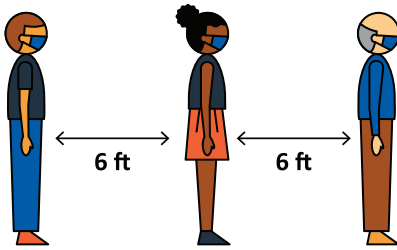


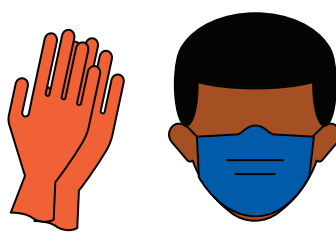
Liiska hubinta wajiga 2aad ee Jimicsiga iyo Tabarada

Caafimaadka iyo Amniga Shaqaalaha

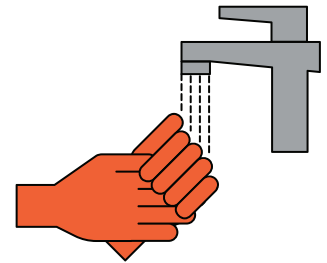
Hubso in aad bixiso jawi shaqo oo badbaado leh oo aad wacyi geliso shaqaalaha adeegga guriga wixii ku saabsan calaamadaha, astaamaha, iyo qodobbada halista ee la xiriira cudurka COVID-19, iyo sida looga hortago faafitaanka coronavirus-ka ee shaqada. Macluumaadkaani waa inuu ku jiraa tillaabooyinka lagu qaadayo goobta shaqada si bulshadu u kale dheraato, gacmo-dhaqid joogto ah, iyo taxaddarro kale, oo lagu bixiyo luqadda uu shaqaaluhu si wanaagsan u fahmo. Booqo bogga www.kingcounty.gov/covid to si aad uga hesho hagista caafimaadka dadweyne in kabadan 30 luqadood.



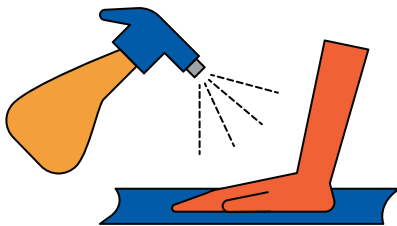
Joogtee ugu yaraan lix fiit in ay isu jirsadaan shaqaalaha iyo macaamiisha markasta.



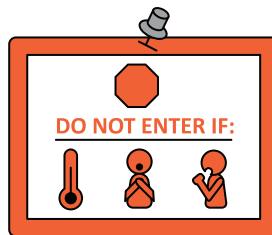
Bixi oo sii shaqaalaha marada daboosha snaka iyo afka iyo gacngashi la tuuri karo marka la isticmaalo. Booqo seattle.gov/mayor/covid-19/seattle-protects si aad u hesho waji dabool adiga iyo shaqaalaha.



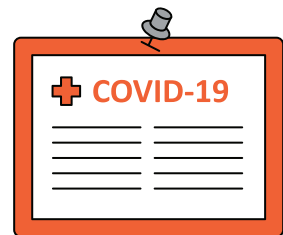
Hubso in aad gacmaha si isdabjoog ah u dhaqid



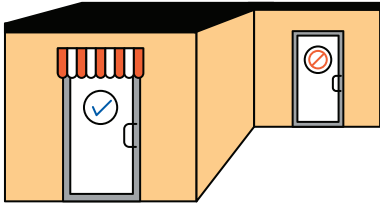
U xilsaar kormeere COVID-19 wakhti/xili kasta oo shaqo isgoo howshiisu tahay kormeerida caafimaadka iyo badbaadada shaqaalaha uuna hubiyo nadaafada saxda ah, iyo in la raacay nidaamka baarista.



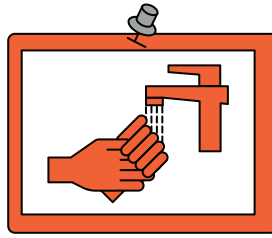
Samee oo baar heerkul ah shaqaalaha ee astaamaha COVID-19 mar kasta uu soo galayo shaqada. Haddii shaqaale uu ka muuqdo astaamo, u diro guriga isla markaaba oo si qoto dheer u nadiifi aagagga / sagxadaha uu shaqaaluhu taabtay.



Macluumaadka badbaadada e COVID-19 iyo shuruudaha muuqaalka la arki karo.



Meesha ugu horeysa ee ganacsiyada lag soo galo waa in ay ahataa albaabka hore lana xaddido gelitaanka albaabada dambe ama meelaha kale ee laga soo galo. Haddii albaabka hore laga soo galo waayo, u oggolow marin kale ee laga soo galo.



Ku dhaji calaamadaha habka isticmaalka faydhowrka dhamaan goobta shaqada; gacmo-dhaqista muddo 20 ilbiriqsiyo, adoo isticmaalaya gacmo nadiifiye, isticmaal gacmagashiga halka mar la isticmaalo marka hababka kale ee nadiifinta gacmaha aan la heli karin.

Caafimaadka iyo Amniga Macmiilka

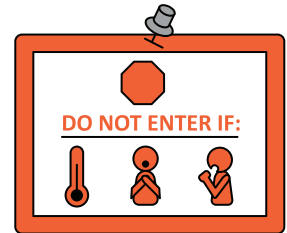
Muuji tilmaamaha caafimaadka guud ee ugu dambeeyay ee luuqadaha badan ee ku saabsan goobtaada. Caafimaadka Dadweynaha - Seattle & King County waxaad ka soo degsan kartaa buustrada darbiga lagu dhajiyo in ka badan 30 luqadood oo bilaash ah oo barta laga heli karo iyo oo bilaasha ah www.kingcounty.gov/covid.



Macaamiisha waa inay saxiixaan tanaasulka oggolaanshaha iyo in ay doonayaan siyaasada dib u furida iy gelitaanka dhismaha; dharka tababarka waa in lagu xirtaa xarunta waana in macaamiishu horey soo qaataan tuwaal u gaar ah, maadaama adeega tuwaalka aan la oggolayn.



Ciyaartoyda kubada Teeniska waa in ay kensadaan kubadooda.



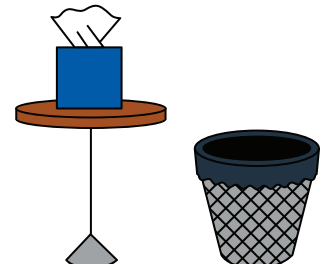
Calaamad ku dhaji ilinka hore ee laga soo galo adigoo u sheegaya macamiisha in aysan soo geli karin haddi laga helay ama eysan wali kasoo kaban cudurka ama ay qabaan calaamadaha COVID-19.



Khadka online ama telefinka ka xajiso yado ay jirto ikhtiyaar hor u bixinta lacagta.

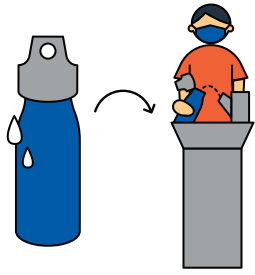


Si joogto ah u nadiifi una nadiifi aagagga dusha sare ee la isticmaalo, musqulaha, iyo aalad kasta oo ay adeegsadaan shaqaalaha.

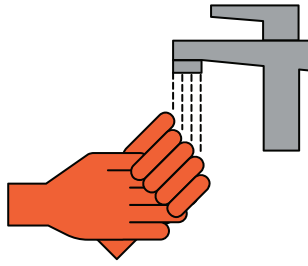


Keen waraaqaha gacmaha la isga tiro, gacmo nadiifiyeyaasha, jeermis-dilaha, iyo Qasac qashinka laga rido dhamaan goobta shaqada lana dhiga meel ay dadku gari karan oo waddi karaan. kharash ah ugu fadhiyin shaqaalaha. Hubso in haamah qashinka aysan xannibin wadooyinka la maro.

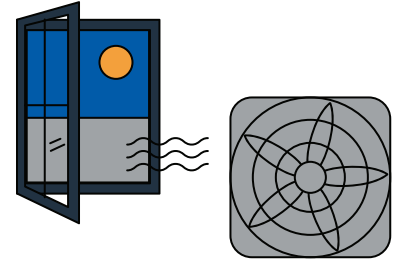
#SupportSeattleSmallBiz
#WeGotThisSeattle



Macaamiisha waa inay keensadaan dhalooyinka biyah lahu shubto si ay haanta biyaha ugu shubtaan dhallooyinka biyaha.



Tababarayaashu waa inay dhaqaan gacmahooda oo ay isticmaalaan gacmo nadiifiye ka hor cashar kasta.



Kordhi hawada markay suurtagal tahay adigoo furaya daaqadaha, albaabada iyo / ama isticmaalaya marawaxadaha.



Tixgeli in macamiishu ay aad rabitaan kood ku ogoladan in ay qoraan magaca, telefoonk numbarka, iyo maalinta ay soo booqdeen meheradaada si ay kaaga caawiso fududeynta raadintooda.

Waad ku mahadsan tahay iskaashigaaga!