



Seattle

For health and living - take charge!



A happier, healthier life starts here.

The City of Seattle is committed to helping you, your eligible spouse and adult dependent reach your wellness goals—to lose weight, eat healthier, move more, develop a more positive mindset, or all of the above—by offering discounted pricing on the WW offerings listed below. Join WW, and you'll get access to lots of exciting features, including exclusive mindset content through Headspace®, and incredible products and experiences through our rewards program, **WellnessWins™**.

There has never been a better time to join WW!

Choose the plan that's right for you	Digital	Digital + Workshops	WW for Diabetes
City of Seattle Discounted Price	\$16.96	\$38.22	\$56.06
City of Seattle 50% subsidy per month	\$8.48	\$19.11	\$36.95
Your price per month	\$8.48	\$19.11	\$19.11
Easy-to-use app and website Track your food, activity, and weight any time with our digital tools.	*	*	*
Endless food options With our database of 4,000+ delicious recipes, you'll eat what you love and lose weight.	*	*	*
Encouragement from a vast online community Keep in touch with other members on their weight-loss journeys and share tips, tricks, and ideas with each other.	*	*	*
Motivation from others with similar goals Share your journey with fellow members through weekly in-person workshops.		*	*
Insightful coaching from a WW expert Get strategies from someone who's been in your shoes and lost weight.		*	*
Food plan Tailored to individual needs.			*
Weekly emails Information on diabetes and weight-loss management.			*
Confidential and unlimited access to a Certified Diabetes Educator (CDE).			*

Plans automatically renew monthly. See below for details.

***Who is eligible? All regular City of Seattle employees on City-sponsored medical plans and covered spouses/domestic partners/adult dependents are eligible for the WW discounted rates and subsidy.**

To purchase any of these WW offerings, or for more information, visit ww.com/us/cityofseattle

*remember to have your unique ID ready when registering. Unique ID = employee ID + last 4 digits of SSN

For questions or assistance registering please call the WW Wellness Hotline at **866-204-2885**.

Digital subscription: Pay \$8.48 today for your first month. Plan automatically renews monthly thereafter at \$8.48 until you cancel.

Digital + Workshops subscription: Pay \$19.11 today for your first month. Plan automatically renews monthly thereafter at \$19.11 until you cancel. Sold in participating areas only; may not be accepted for local workshops and/or Workshops in the workplace in all areas. Minimum enrollment and participation required to start and maintain Workshops in the workplace.

WW for Diabetes subscription: May be available to those who meet eligibility criteria, and participation requires a Digital + Workshops subscription, the availability of which will vary in accordance with company size and commitment. Further restrictions apply.

The WW for Diabetes information and guidance provided by the CDE is not intended as a substitute for medical diagnosis or treatment; you should always consult your physician about any healthcare issues.

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