

Navigating your health and benefits is easy. Just ask Accolade.

You and your family can ask Accolade for help with health and benefits questions, big or small. Connect with an Accolade Health Assistant who will take the time to get to know you and understand your needs, while partnering with a team of doctors, nurses and benefits specialists to help support you each step of the way and guide you to the right care.

Accolade is a confidential service provided by City of Seattle at no cost to you.

You can ask your Health Assistant questions like these:



Is this procedure going to be covered?



Why was I billed for this test?



When am I eligible for benefits election?



Can you help me find an in-network provider?



I was just diagnosed with diabetes - now what?



What questions should I ask my doctor?

"My Health Assistant was very informative and explained everything in a way I could understand. She was very kind and helpful. It's nice to have a program like this for me to rely on and be able to talk to the same person who knows my situation." — Accolade member

Download

Send secure messages on the go with the [Accolade mobile app](#).

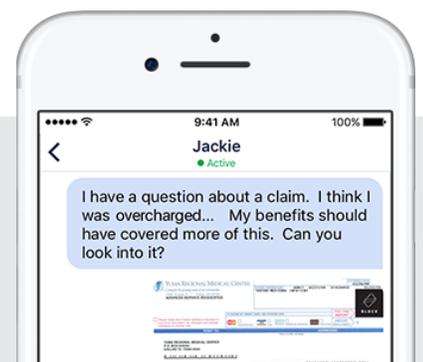
Call

[866-540-5418](tel:866-540-5418)
Monday - Friday, 5AM - 8PM PT
Nurses also available after hours

Visit

member.accolade.com

Call or message a Health Assistant today. Visit member.accolade.com or download the [Accolade mobile app](#).*



*Message and data rates may apply. Visit accolade.com for privacy policy.

Accolade does not practice medicine or provide patient care. We are an independent resource to support and assist you as you use the healthcare system and receive medical care from your own doctors, nurses and healthcare professionals. If you have a medical emergency, please contact 911 immediately. ©2020 Accolade. All rights reserved.

Part of your health benefits provided by

