

Benefits Orientation Time Stamp Map

Introduction

Making the Most of your Benefits – 1:59

Initial Employee Responsibilities – 2:43

Medical Plans

- 2020 Medical Premium Payments – 5:55
- Medical Plan Options – 8:25
- Aetna In-Network Services – 10:40
- Aetna Out-of-Network Services – 12:59
- Aetna Prescription Drug Coverage – 14:12
- Kaiser Permanente Plans – 16:20
- Kaiser Permanente Prescription Drug Coverage – 18:30
- Accolade – Advocacy Service – 20:33
- More Information – Medical Plan – 21:43

Employee Well-Being Programs – 22:59

REACH – Well-Being Program – 27:32

Dental Plan

- Dental Plan Options – 28:25
- 2020 Dental Premium Payments – 30:53
- Dental Plan Options – Side by Side Comparison – 31:30
- Dental Plan Options – Side by Comparison Continued – 33:37

Vision Plan

- VSP Plan Options – 36:17
- 2020 Vision Premium Payments – 37:08
- VSP Plan Options – In-Network Services – 38:10
- VSP Plan Options – In-Network Services Continued – 39:22
- VSP Plan Options – Out-of-Network Services – 40:57

Health Care Flexible Spending Account – 41:44

Day Care Assistance Program FSA – 45:30

Optional Insurances – 47:00

- Long-Term Disability Insurance – 47:50
- Basic Group Term Life Insurance – 49:58
- Supplemental Group Term Life Insurance – 52:36
- Accidental Death & Dismemberment Insurance – 54:30

Ongoing Employee Responsibilities – 56:34

Things to Remember – 59:02