

# Presentation on ACE's: Learn about the stunning link between childhood trauma and adult public health problems

**July 24, 2013**

On July 24, 2013, the Office for Education and the Office of City Auditor sponsored a presentation on a significant epidemiological study by the Centers for Disease Control that traces the origins of many adult public health problems to a common source: Adverse Childhood Experiences (ACEs).

The first research results were published in 1998, followed by 57 other publications through 2011. The research showed that there was a direct link between childhood trauma and adult onset of chronic disease (including heart disease, lung cancer, diabetes and many autoimmune diseases), as well as depression, suicide, being violent, and becoming a victim of violence.

**Dr. Laura Porter**, Director of ACE Partnerships at the Washington State Department of Social and Health Services presented findings from the ACEs study and describe efforts in Washington State to incorporate this research into practice.

Then, **Isabel Munoz-Colon** from the City of Seattle Office for Education and **Sara L. Rigel**, from the Seattle and King County Public Health Department described a new pilot program that incorporates learning from the ACEs study into practice in Seattle Public Schools.

**Recorded Presentation:** <http://www.seattlechannel.org/misc-video?videoid=x21666>

## **Powerpoint presentations:**

- Adverse Childhood Experience in Washington
- Local Efforts
- ACES: Context for Local Effort