



MEMORY SUNDAY

June 2018



SAVE THE DATE

What is Memory Sunday?

Memory Sunday is an annual event in June in which congregations serving African Americans provide education on Alzheimer's prevention, treatment, research studies, and caregiving.

Memory Sunday brings national and local attention to the tremendous burden that Alzheimer's and other dementias are having on the African American community, utilizing the power and influence of the African American pulpit, to bring awareness, distribute facts, encourage participation in research studies, and support persons living with Alzheimer's and their caregivers.

FACTS ABOUT ALZHEIMER'S AND MEMORY LOSS

- Alzheimer's is a type of dementia that causes problems with memory, thinking, and behavior. Symptoms usually develop slowly and get worse over time, becoming severe enough to interfere with daily tasks.
- Alzheimer's disease accounts for 60%-80% of dementia.
- Available statistics indicate that, in the U.S., older African Americans are twice as likely as older whites to have Alzheimer's disease and other dementias.
- Alzheimer's disease is the sixth leading cause of death in the United States, and the third leading cause of death in King County. It kills more than breast cancer and prostate cancer combined.

PARTICIPATING CHURCHES

Saturday, June 9

Emerald City 7th Day Adventist

801 25th Ave, Seattle 98122
206-322-0717

Sunday, June 24

Emerald City Bible Fellowship

7728 Rainier Ave S, Seattle 98118
206-722-0455

First AME Church

1522 14th Ave, Seattle 98122
206-324-3664

Mount Zion Baptist Church

1634 19th Ave, Seattle 98122
206-322-6500

Call for times and other information.



City of Seattle
Mayor's Council on
African American Elders



ads *Aging and Disability Services*
Area Agency on Aging for Seattle and King County

Public Health
Seattle & King County 



**Seattle
Parks & Recreation**
healthy people healthy environment strong communities



For general information, visit www.balmingilead.org/memorysunday.

For information about local Memory Sunday programs and resources, contact Karen Winston, Aging and Disability Services, Seattle Human Services Department (karen.winston@seattle.gov or 206-684-0706).