

February 2019

Join us for coffee and conversation on
Elder Abuse Prevention

Thursday, February 21
10:00–11:00 a.m.

The Central Building
810 3rd Avenue
1st Floor Conference Room
(between Columbia & Marion
in downtown Seattle)



Kathi Church



Jean Mathisen

Exploitation of any kind can take a heavy toll on vulnerable adults. Kathi Church from Aging and Disability Services will explain how to recognize the signs of possible elder abuse and where to turn for support. Jean Mathisen from the AARP Fraud Watch Network will cover ways on how to spot and avoid identity theft and fraud so you can protect yourself and your family.

New this year: we'll produce short video stories ("vlogs") about each coffee hour that you can share with your friends or anyone else who wants to learn about these events.

For questions about accessibility or to request an accommodation, contact Lenny Orlov (206-386-1521 or agefriendly@seattle.gov) at least three days prior to the event.



Age Friendly Seattle Coffee Hours are held on the third Thursday of every month at the Central Building and on other dates in Seattle neighborhoods.

The events bring community elders closer to City officials to explore topics of interest. Presentations often include cutting edge information about healthy aging, legal and planning issues, and more.

Participants learn about City programs and services, and officials hear from their constituents.

Coffee and refreshments are served.

Age Friendly Seattle

Tel. 206-223-5121
711 Relay Service

agefriendly@seattle.gov
www.seattle.gov/agefriendly

