



# Age Friendly Seattle Virtual Civic Coffee Hour

Civic Coffee Hours bring community elders closer to local government officials to explore topics of interest. Learn how decisions are made, how to get involved, and how to take advantage of programs and services. Pour a cup of coffee to enjoy with us!

For more information, subscribe to [youtube.com/c/AgingKingCounty](https://youtube.com/c/AgingKingCounty) and look for Virtual Events, Civic Coffee Hour and other playlists.

## Age Friendly Seattle

Tel. 206-233-5121  
711 Relay Service

[agefriendly@seattle.gov](mailto:agefriendly@seattle.gov)  
[www.seattle.gov/agefriendly](http://www.seattle.gov/agefriendly)

Closed captioning provided in Arabic, Chinese, English, Korean, Russian, Spanish and Vietnamese.

## Have aging or disability issues?

Call Community Living Connections  
(toll-free) 1-844-348-5464  
[CommunityLivingConnections.org](http://CommunityLivingConnections.org)

Join us for a *live, online* conversation with



**Cathy Knight  
and June Michel**

**Aging and Disability  
Services**



**Thursday, July 16, 2020 • 10:30–11:30 a.m.**  
at [bit.ly/AgeFriendlyLive](https://bit.ly/AgeFriendlyLive)

**Use link above to join online and participate in Q&A**  
(Or, by phone: 206-686-8357; Conference ID: 224 689 164#)

Aging and Disability Services (ADS), a division of City of Seattle's Human Services Department, is the Area Agency on Aging (AAA) for Seattle and King County.

Meet Director Cathy Knight and Advisory Council's Advocacy Committee Chair June Michel as they talk about the current work of the AAA, such as administration of federal and state funding and advocacy for older adults and people with disabilities.

