Age Friendly Seattle Virtual Civic Coffee Hour

Civic Coffee Hours bring community elders closer to local government officials to explore topics of interest. Learn how decisions are made, how to get involved, and how to take advantage of programs and services. Pour a cup of coffee to enjoy with us!

Age Friendly

For more information, subscribe to <u>youtube.com/c/AgingKingCounty</u> and look for Age Friendly Minutes on coffee hours and other topics.

Age Friendly Seattle

Tel. 206-233-5121 711 Relay Service

agefriendly@seattle.gov www.seattle.gov/agefriendly

Closed captioning provided in Chinese, English, German, Korean, Russian, Spanish and Vietnamese.

Have aging or disability issues? Call Community Living Connections (toll-free) 1-844-348-5464 CommunityLivingConnections.org



Join us for a live, online conversation with

Anne Shields Public Health – Seattle & King County

Thursday, April 16, 2020 • 10:30–11:30 a.m. at <u>bit.ly/CoffeeHourLive</u>

Click on the link above and enter as "Anonymous" Use moderated chat for questions and comments (phone option not currently available)

Meet Anne Shields, public health practitioner and healthcare consultant currently volunteering with Public Health - Seattle & King County in the COVID-19 Community Mitigation Branch.

Anne will review local health directives aimed at helping you protect yourself and your family, including the CDC's new recommendation to wear a face covering when you must go out to public places.





